

Family

Deaths

Jesse D. Smith

Jesse D. Smith, 83, of Kansas City, Mo., died Saturday, Nov. 4, 2006, in Kansas City, Mo. Mr. Smith was born Aug. 11, 1923, in Clay County. He was a retired insurance adjuster for Farm Bureau Insurance Company.

Mr. Smith is survived by a son, Greg D. Smith of San Antonio, Texas; one daughter, Gayle D.

Osborne of Kansas City, Mo.; six grandchildren and two great-grandchildren. He was preceded in death by his wife, Pearl, June 27, 1998.

Services will be at 11 a.m. Wednesday at Kersenbrock Funeral, 745 S. Country Club Drive, Colby, with Drew Osborne officiating. Burial will be at Beulah Cemetery in Colby, with military rites.

Ashley Ruder

Ashley Ruder, 21, died Monday, Nov. 6, 2006, in Wichita. She was the daughter of Steve and Eileen

Ruder of Oakley.

Services will be at 2 p.m. Saturday at Sunrise Baptist Church in

Nadine B. Shull

Nadine B. Shull of Colby died in Wichita died Monday, Nov. 6, 2006, in Wichita.

Services are pending with Harrison Chapel, 190 S. Franklin St., in Colby.

Rexford resident 'lands' buck

Deb Spresser did not buy a deer-hunting permit for the season but she landed one Monday evening nine miles east of Colby. The buck totaled her car and we are thankful Deb was not hurt.

The chilly but calm weather Halloween evening did not keep the trickster-treaters from calling or pumpkin glows from illuminating the night.

There were spooks, insects, and critters ringing my doorbell for a treat of candy and it was enjoyable seeing the children in their costumes. My granddaughter, Morgan Wark, who is two, was dressed as a tiger, but her face was painted like a kitty cat she told me.

The Rexford Lions and Royal Neighbors annual Pheasant Hunter's Dinner was well attended on Saturday. An extended appreciation and thank you to all who helped prepare for this event and for your public support.

Guest of Darrel and Marjorie Leh for four days this past week was Darrel's daughter, Sandy Olsson, of Amarillo, Texas.

The *Oberlin Herald* had a correspondent luncheon on Friday at the Landmark Inn in Oberlin, which I was able to attend this year. It was very nice to match a face to the familiar voices I have become accustomed to via the telephone. In addition to the delicious meal served, those attending received a gift from the publisher, Cynthia Haynes.



Vicki Allison

● Rexford Correspondent

Rex and Betty Carswell accompanied their daughter and son-in-law, Steve and Terry Salter, to Waterloo, Iowa, last weekend to visit their granddaughter and family, Jason and Jaimee Barta and Campbell.

Rex and Betty also attended the Carswell cousin reunion in Alton Oct. 22.

Recent visitors of Jean Hawkins were her son, Steve Hawkins; Orlando, and her daughter, Linda Stewart, of Plantation, Fla.

Cleda Moeder and Buck Harper drove to Salina, Sunday, Oct. 29, to meet Robert "Bob" and Sharon Seider. Bob taught at Rexford High School in 1959, 1960, and 1961. He then was accepted to go overseas and teach in the American Independent Schools.

They were overseas for 44 years teaching in Okinawa, Spain, Turkey and Germany. Bob retired in August and he and Sharon are retiring in St. Augustine, Fla.

Before coming home Cleda and Buck visited Irma Hibbs.

Bob Rogers will be leaving for Florida this week to be with his parents; We want to remember Bob in

Visitation will be until 8 p.m. today and from 9 a.m. until service time Wednesday at Kersenbrock Funeral chapel.

Memorials are suggested to First Presbyterian Church in Colby and donations may be sent in care of Kersenbrock Funeral Home, 745 S. Country Club Drive, Colby, Kan., 67701.

Oakley.

Visitation will be from 2 to 9 p.m. Friday at Kennedy-Koster Funeral Home, 217 Freeman, in Oakley.

Memorials are suggested to the Ashley Ruder Memorial Fund and may be sent in care of Kennedy-Koster Funeral Home, 217 Freeman, P.O. Box 221, Oakley, Kan., 67748.

prayer as he continues to deal with cancer.

Roger Wark was back visiting his mother, Hulda Wark, at Hoxie Long Term Care and sister, Sondra Barnett, Rexford.

Be sure to get out and vote on Tuesday, Nov. 7. The voting booths will be set up at Golden Plains High School in the commons area of the gym.

Those celebrating a birthday this week are Amanda Rall, Nov. 4, Kade Spresser, Nov. 8, and Darla Dible Nov. 10. A happy anniversary is extended to Dennis and Shawn Spresser, Nov. 6.

A belated birthday wish goes out to Jacy Moss who had a birthday Nov. 1 and also to her mother, Jennifer Moss, who celebrated the next day, Nov. 2.

Red Barn events: Barnswallows meet each Monday at 2 p.m. and the Come On Down get together is every Thursday at 2 p.m. If you like pinocle or want to learn, you are invited to join in anytime.

Those at Barnswallows were Darlene Robben, Deb Stepper, Grace Cheney, Jean Hawkins, Dick Sanford, and Rex Carswell.

Attending Koffee Klatch on Friday were Sondra Barnett, Berneda Zoberst, Delores Dible, Pat Williams, Evelyn Proffitt, Jean Hawkins, Grace Cheney, Eunice Sanford, Cleda Moeder, and Vesta Roth.

Until next time, make your week a memorable one!

John Athey chapter meets in Gove

By Eva Lee Wheeler

Secretary

John Athey members of the Daughters of the American Revolution met at the Tower House in Gove for lunch Oct. 23. After lunch the meeting was called to order by Regent Judith Watkins, in ritualistic form. Judith gave the president's general message.

National Defense was given by Kay Weber and Irene Cressler, concerning Veterans Day in Brookside in Poestienkill of Fife Major Ira Hayford where they placed a new brass plaque.

He was 17 years of age when he

served, born 22, November, 1762, in Connecticut. The VFW, Bugle and Color Guard were in attendance.

This was the 230th year of the birth of George Washington. King George III was 22 years of age when he took the throne in 1760.

Roll call was answered showing or telling about a family heirloom. The minutes of the last meeting were read, corrected and passed. Irene gave the treasurer's report.

Motion was made by Kay and seconded by Sharon to send the families of veterans cards for Veterans Day. Motion passed. Having received the Braille papers a motion

was made by Kay to donate them to the Hays library and to Northwest Kansas Educational Service Center. Sharon will make frames for the Braille papers.

Judith gave some instruction about avoiding the Asian flu. Flag etiquette was given by Sharon. Meeting closed with prayer by Irene.

Our next meeting will be held in Quinter at the Q Inn Restaurant March 28, 2007. The Daughters finished the afternoon at the Gove City Yarn and Antiques Shop learning how to use the Hardinger Spinning wheel and being entertained with the ladies that work at the yarn shop.

Stress of the holidays can be avoided

It is no wonder that people feel stressed out this time of year, especially when the anticipation of the holiday season begins months before the actual events.

For several weeks, television and other media portray holiday settings in advertising and programming, often unrealistically. And the stores are stocked early with decorations and numerous items for any event.

Families begin to plan get-togethers, and expect those celebrations to be full of love and harmony. To help feel less stress, and reduce the hustle and bustle of the season, consider the following:

- Plan Ahead: discuss the holiday schedule with other family members and ask for help.
- Keep it simple and stay within a budget: people tend to overextend themselves during this time of year, not realizing that traditional meals and simple gifts are just as appreciated.

Markets

Quotes as of close of previous business day
Hi-Plains Co-op

Wheat	\$4.75
Corn	\$3.41
Milo	\$5.62
Soybeans	\$5.69

Plain Sense

- Try something new: families change as time goes by. Be willing to establish a new tradition, and keep the old as a special memory.
- Be realistic: not all family members will get along well with each other, or appreciate getting together.

It is also important to practice good stress management in order to maintain both mental and physical

well-being. Watch your time commitments and make sure there is opportunity to rest and relax. Eat healthy, especially when there is the temptation of all those holiday goodies available.

Lower your expectations and accept that not everything will work out as planned

And when things don't happen as desired, keep a sense of humor. *Editor's note: Contributed by Karen D. Schueler, High Plains Mental Health in Hays.*

Community Calendar

TUESDAY, NOV. 7

Election Day, polls open in Thomas County from 7 a.m.-7 p.m. After school program, Colby Community Building, 3:30 p.m. Family Night Storytime, Pioneer Memorial Library, 7 p.m. Narcotics Anonymous, City Hall basement, 8 p.m.

WEDNESDAY, NOV. 8

21st Century Learner Discussion, Colby School District Administration Building, 3:45 p.m.

THURSDAY, NOV. 9

Annual Fall Extravaganza, Sacred Heart School, 3-8 p.m. After school program, Colby Community Building, 3:30 p.m. Colby Community College Ambassador Classic basketball tournament begins, Colby Community Building, 6 p.m. Colby High School play, "The Perils of Lulu," CHS auditorium, 7 p.m.

Make a Difference - Please Recycle



TV LISTINGS

sponsored by the *COLBY FREE PRESS*

WEEKDAYS

NOVEMBER 7 - NOVEMBER 13

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC 4 6	Good Morning Kansas		Good Morning America				Martha		The View		Millionaire	News
KSNK/NBC 8 8	News Cont'd		Today						Live With Regis and Kelly		The Megan Mullally Show	
KBSL/CBS 12 11	News Cont'd		News		The Early Show		The 700 Club		The Price Is Right		The Young and the Restless	
K15CG 2	Business	Body Electric	Curious George	Clifford-Red	Dragon Tales	Big Big World	Beren. Bears	Lions	Sesame Street		Teletub-bies	Barney-Friends
ESPN 28	Sports-Center	Varied	SportsCenter		SportsCenter		Sports-Center	Varied	SportsCenter		SportsCenter	
USA 37	JAG		JAG		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Movie	
TBS 38	Saved by Bell	Saved by Bell	The Megan Mullally Show		Dawson's Creek		Movie				Home Improve.	Home Improve.
WGN 39	Changing	Believer Voice	Hillbilibies	Hillbilibies	Rockford Files		Magnum, P.I.		Homicide: Life on the Street		Da Vinci's Inquest	
TNT 40	Angel		Charmed		Charmed		ER		ER		Judging Amy	
DSC 42	Paid Program	Paid Program	Joyce Meyer	Paid Program	Biker Build-Off		American Chopper		American Chopper		Varied Programs	
A&E 47	The District		24		City Confidential		American Justice		Cold Case Files		Crossing Jordan	
HIST 48	Varied Programs											
NICK 55	Danny Phantom	OddPar-ents	SpongeBob	SpongeBob	Dora the Explorer	Go Diego	Blue's Clues	Backyardigans	Wonder Pets	Varied	Dora the Explorer	Go Diego
DISN 56	The Wiggles	Higglytown	Einsteins	Mickey Mouse	Handy Manny	Doodle-bops	Charlie & Lola	Koala Brothers	The Wiggles	Higglytown	Lilo & Stitch	Little Mermaid
FAM 58	Family Matters	Family Matters	Boy Mts. World	Boy Mts. World	The 700 Club		Living the Life	Home Videos	Gilmore Girls		Full House	Full House
HALL 60	New Morning		The Waltons		The Waltons		Little House on the Prairie		Little House on the Prairie		Touched by an Angel	

WEEKDAYS

NOVEMBER 7 - NOVEMBER 13

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (4) (6)	All My Children		One Life to Live		General Hospital		Dr. Keith Ablow		Judge Judy	Judge Judy	News	ABC Wild News
KSNK/NBC (8) (8)	News	Extra	Days of our Lives		Passions		The Ellen DeGeneres Show		The Insider	Jeopardy!	News	Nightly News
KBSL/CBS (12) (11)	News	Bold, Beautiful	As the World Turns		Guiding Light		Dr. Phil		Oprah Winfrey		News	Evening News
K15CG (2)	Reading Rainbow	Caillou	Varied Programs			Curious George	Cyber-chase	Arthur	Maya & Miguel	Post-cards	Cliff Pup	Business
ESPN (28)	Series of Poker	Varied Programs			1st and 10	Outside-Lines	NFL Live	Rome-Burning	Around the Horn	Interruption	SportsCenter	
USA (37)	Movie	Varied Programs										Law & Order: Criminal Intent
TBS (38)	News-Radio	Cosby Show	Steve Harvey	Steve Harvey	Home Improve.	Home Improve.	Yes, Dear	Yes, Dear	King of Queens	King of Queens	Seinfeld	Seinfeld
WGN (39)	News		The Greg Behrendt Show		America's Funniest Home Videos		Moesha	Moesha	Even Stevens	Lizzie McGuire	Home Improve.	Home Improve.
TNT (40)	Judging Amy		Law & Order		Law & Order		Charmed		Charmed		Law & Order	
DSC (42)	Varied Programs		The New Detectives		The FBI Files		48 Hours: Hard Evidence		Cash Cab	Cash Cab	It Takes a Thief	
A&E (47)	CSI: Miami		24		City Confidential		American Justice		Cold Case Files		Crossing Jordan	
HIST (48)	Modern Marvels	Varied Programs										
NICK (55)	Blue's Clues	Backyardigans	SpongeBob	SpongeBob	Jimmy Neutron	Jimmy Neutron	OddParents	OddParents	SpongeBob	Drake & Josh	Ned's School	Avatar-Last Air
DISN (56)	Timon & Pumbaa	Buzz Light	Whiskers	Proud Family	American Drgn	Kim Possible	Varied Programs			Zack & Cody		
FAM (58)	Family Matters	Family Matters	Step by Step	Step by Step	Full House	Full House	Sabrina-Witch	Sabrina-Witch	7th Heaven		Everwood	
HALL (60)	Matlock		Matlock		Little House on the Prairie		Little House on the Prairie		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H

TUESDAY

NOVEMBER 7

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 (6)	News (CC)	Entertainment	Dancing With the Stars (Live) (CC)			Help Me Help You	Vote 2006 (Live) (CC)		News (CC)	Nightline (Live)	Jimmy Kimmel Live (CC)	
KSNK/NBC 8 (8)	News	Wheel of Fortune	Friday Night Lights El Accidente (CC)		Law & Order: Criminal Intent (N)		Decision 2006 (Live) (CC)		News	The Tonight Show With Jay Leno (CC)		Late Night
KBSL/CBS 12 (1)	News (CC)	Inside Edition	NCIS Sandblast (N) (CC)		The Unit Off the Meter (N) (CC)		Campaign 2006: Election Night (CC)		News (CC)	Late Show With David Letterman		Late Late
K15CG (2)	The NewsHour With Jim Lehrer (N)		Nova Wings of Madness (N)		Buffett & Gates Go Back to School		Frontline Can You Afford to Retire?		BBC World	Summer Wine	Charlie Rose (N) (CC)	
ESPN (28)	Sports- Center	NFL Live (CC)	2006 World Series of Poker (CC)		2006 World Series of Poker (CC)				SportsCenter (Live) (CC)		NFL Live (CC)	Fast- break
USA (37)	Movie: Face/Off *** (1997, Action) An FBI agent and a violent terrorist switch identities. John Travolta, Nicolas Cage. (CC)						Law & Order: SVU		Law & Order: Criminal Intent		Law & Order: SVU	
TBS (38)	Ray- mond	Ray- mond	Ray- mond	Ray- mond	Sex and the City	Sex and the City	Friends (CC)	Friends (CC)	Seinfeld (CC)	Seinfeld (CC)	Movie: Cool Runnings (1993)	
WGN (39)	America's Funniest Home Videos (CC)		Funnies Pets	Funnies Pets	Funnies Pets	Funnies Pets	WGN News at Nine (CC)		WGN News	Scrubs (CC)	Scrubs (CC)	Becker (CC)
TNT (40)	Without a Trace Honor Bound (CC)		Law & Order Patriot (CC) (DVS)		Law & Order Paradigm		Law & Order Mega (CC) (DVS)		Law & Order Ramparts		NYPD Blue Danny Boy (CC)	
DSC (42)	Dirty Jobs Geoduck Farmer (CC)		Mega Builders Power plant.		Dirty Jobs Coal Miner Coal mining.		Dirty Jobs Pouring foundations. (CC)		Dirty Jobs Geoduck Farmer (CC)		Mega Builders Power plant. (CC)	
A&E (47)	CSI: Miami Shattered (CC)		CSI: Miami Payback (CC)		Bounty Hunter		Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	CSI: Miami Payback (CC)	
HIST (48)	Modern Marvels 4x4 (CC)		Death Road (CC)		Mega Disasters American Volcano		Man, Moment, Machine (N) (CC)		Modern Marvels Extreme Aircraft		Death Road (CC)	
NICK (55)	OddPar- ents	Jimmy Neutron	Spon- geBob	Danny Phantom	Full House	Hi-Jinks (CC)	Cosby Show	Fresh Prince	Rose- anne	Rose- anne	Design. Women	Fresh Prince
DISN (56)	Phil of Future	That's Raven	Movie: My Date With the President's Daughter ★½ (1998) <i>Darabeyn Coleman.</i>				Life With Derek	Phil of Future	Zack & Cody	That's- Raven	Phil of Future	Kim Possible
FAM (58)	Gilmore Girls Rory's Dance (CC)		Movie: Rodgers & Hammerstein's Cinderella ★★ (1997) <i>Whitney Houston.</i>					Whose Line?	Whose Line?	The 700 Club (CC)		Home Videos
HALL (60)	Walker, Texas Ranger (CC)	Walker, Texas Ranger (CC)	Movie: Hang 'Em High ★★½ (1968, Western) <i>Clint Eastwood.</i> (Premiere)						M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)