

Colby to induct 19 into honor society

Colby High School's annual induction ceremony for the National Honor Society will be 7:30 p.m. Tuesday in the Colby High School Auditorium.

To be eligible for membership, students must have a cumulative grade point average of 3.75. Potent-

tial members must meet high standards of leadership, service and character. Members of the junior and senior classes were evaluated for membership by the NHS faculty council. Leadership is based on the student's participation in community and school activities. Students

are screened by a faculty council of Derek Bissitt, Roni Dietz, Linda Jones, Gordon Rasmussen, Donna Roberts, and Brad Wildeman. This year 19 members of the junior class are being inducted.

Students are: Stephanie Albers, Joshua Baden, Bryan Brewer, Leah

Cox, Jenny Dickman, Laura Dougherty, Curtis Fulwider, Kelly Gerstner, Joe Huffles, Kevin Lang, Lissa Mazanec, Courtney Ress, Rochelle Shoemaker, Paige Stephens, Cody Wark, Logan Wark, Johnna Wiens, Spencer Young and Todd Ziegelmeier.

Natural Resources office release program deadlines

The Natural Resources Conservation Service (NRCS) state conservationist for Kansas Harold L. Klaege announced the following farm bill program Fiscal Year 2007 funding cutoff dates:

Wetlands Reserve Program (WRP), Friday, Nov. 17

Wildlife Habitat Incentives Program, Friday, Dec. 15

Environmental Quality Incentives Program, Friday, Dec. 15

Applications for these programs are accepted on a continuing basis throughout the year. For EQIP and WHIP, applications received after the cutoff date will be processed with the next cutoff date. Producers can expect fund-

ing decisions to be completed by Dec. 1 for WRP; Feb. 16, 2007, for WHIP; and March 2, 2007, for EQIP.

Producers interested in participating in WRP, WHIP, and EQIP can apply at any time at their United States Department of Agriculture Service Center at their local NRCS office.

Information about WRP, WHIP, and EQIP for Fiscal Year 2007 is available on the Web site at www.ks.nrcs.usda.gov/programs and scrolling to the specific program or at your local USDA Service Center from the NRCS or conservation district staff.

Mom concerned about father and daughter

Dear Dr. Brothers: My husband and I are concerned about a situation that is developing with our young daughter. Although she is only 9 years old, we are seeing signs of some preteen development already. I guess that's normal, because her friends are also at that stage. Anyway, my husband has always been very affectionate with everyone — kissing and hugging are second nature to him. Now he is afraid to have her snuggling up to him and sitting on his lap — and he has been pushing her off. She seems hurt, and we don't know what to do about the situation. — J.F.

Dear J.F.: Your unspoken problem is one that many families with preteen children have to face. If the father has been very affectionate in the past, he is generally not prepared for the changes in his daughter that make her more womanly — or even remind him of his wife in earlier years. The worst thing that he fears is being aroused by his daughter and feeling like a dirty old man. Or worse yet, having her guess that this is happening. Most fathers are too embarrassed to confront the issue head-on, so they might do some things that seem rejecting. And



Dr. Joyce Brothers

• Ask Dr. Brothers

the daughter often doesn't understand why.

So, your job as a family is to acknowledge that there comes a time for dads and daughters to have a slightly more physically distanced relationship, while still loving one another. You can use this opportunity to talk to your daughter about her body and the changes she will be going through, and how Dad doesn't want to intrude on her space as she is becoming a young woman. Many fathers wait till their daughters ask them to stop giving kisses or hugs, or even push them away, but I recommend that your husband have the foresight to simply start removing himself from physically intimate situations with your daughter. If he must kiss, hug and cuddle, you can still be there for him!

Dear Dr. Brothers: I am very upset about my son, who is struggling through his early 20s with a terrible issue — he has breasts! This situation brought on many jokes during his teenage years, and caused him to be rather unpopular in high school. Now he is working, but he has become very shy and unsociable, and as far as getting him to go to the beach in the summer ... forget it. Is this going to cripple him emotionally? Should he consider surgery? I've heard of some people doing that. Or would that mess with his head even more? — H.V.

Dear H.V.: I'm sure you hate to see your son suffering, and finding his personality changing because of a cosmetic problem is very sad. By all means, if he is interested, you can help him explore some alternatives to just going around being teased for

having "man breasts." This condition — which has the more scientific name of gynecomastia — is not all that uncommon among adolescent boys, especially those who are overweight. But though it is caused by an imbalance of so-called female and male hormones, which can tend to get out of whack in that topsy-turvy period, most guys do eventually outgrow it. Those who don't find that no amount of exercise or dieting helps.

If your son does decide to have surgery, he should find a highly recommended professional to do it so that scarring will be minimized and a natural appearance will be the end result. If he is apprehensive, he can always keep his shirt on all the time or resort to "homemade" remedies. Some men even like to keep their breasts, feeling that they are natural. Once your son has the situation resolved, you will see a guy who can develop into a happy and well-socialized being, over time. Don't push him. Just let him know you are there for him, and let him lead the way when he is ready. (c) 2006 by King Features Syndicate

Murder trial date set

BOZEMAN (AP) — Trial dates have been set for the spring and early summer for two former Montana State University athletes charged with kidnapping and killing a Bozeman man.

John Lebrum and Branden Miller, both 22, are charged in the June 23 shooting death of Jason Wright. Miller played basketball at Colby Community College before attending Montana State.

District Judge Mike Salvagni scheduled Miller's trial to begin April 3.

Lebrum's trial is set for July 10. In his order, Salvagni said he scheduled the trials to keep the cases moving through the court

system. Miller's trial was scheduled first at the request of Gallatin County Attorney Marty Lambert. He would not say why.

It is not unusual for judges to allow prosecutors to choose which trial is first in related cases. Court records show Miller told police that Lebrum drove off with Wright the night he was shot.

With the trial dates set, the state crime lab is expected to analyze DNA evidence sooner, Lambert said. Lebrum was a redshirt football player at MSU. Miller played basketball until becoming academically ineligible in late 2005.

Colby Free Press contributed to this story.