

# Buffalo cheese stampede

BANGOR, Calif. (AP) — Think fresh mozzarella and buffalo tomatoes are more likely to come to mind than water buffalos.

But true mozzarella can only be made from the rich, fatty milk of the water buffalo. For years, chefs and gourmards in the United States would settle for nothing less than the smooth, white balls of mozzarella di bufala, airlifted from Italy.

Hanns Michael Heick is hoping to crack Italy's mozzarella monopoly in a quixotic quest to produce the finest mozzarella this side of Naples.

"There was a point in my life where I didn't even know water buffalo existed," said Heick, who was born in Vienna and spent much of his adult life as a wine exporter. "Now I'm an expert."

His water buffalo, about 200 head, roam a 50-acre spread in the remote foothills of the northern Sierra Nevada mountains.

Fresh mozzarella has become a \$48 billion specialty food trend in the United States. Heick and his Italian-born wife, Grazia Perrella, whose family has produced mozzarella for three generations, operate

the larger of two mozzarella-producing water buffalo dairies in the country.

The average American ate a record 10 pounds of mozzarella last year, twice the rate of a decade ago, according to data compiled by the University of Wisconsin. But nearly all of it was made from cow's milk and manufactured by a handful of large, industrial dairies.

For centuries, Italian cheese makers dominated the gourmet mozzarella market, due largely to the domestication of large herds of imported water buffalo during Da Vinci's lifetime. How and when the water buffalo — a common beast of burden that originated in Asia — got to Italy is a mystery.

Unlike other cheeses that improve with age, mozzarella is best served as soon as it is made. Airlifting fresh mozzarella from Italy is costly. The freight charges can exceed the cost of the cheese of itself, which fetches upward of \$20 a pound.

Many argue it is worth the expense. Fresh buffalo mozzarella is silkier and tastier than the leathery, plastic-wrapped cow milk mozza-

rella lining grocery store shelves and grated onto millions of pizzas.

So far, Heick is managing to squeeze out \$1 million in annual sales, an increase from the \$350,000 the dairy took in four years ago.

"If we had more milk, we could sell much more cheese," said Heick, who plans to expand his water buffalo herd in the next few years.

Still, the dairy is a long way from profitability, held down by the expenses of an operation that is spread across California at three locations. The herd lives in Bangor. Buffalo ready for milking are shipped to San Bernardino and the cheese is made Gardena.

By this time next year, Heick said the entire operation will be located at the Bangor site, which is now being outfitted with new refrigerators, pasteurizing machines and all the other equipment needed for a dairy.

He'll then work to improve on the annual mozzarella output of 150,000 pounds a year, a pittance compared to the 2.14 billion pounds of various cheeses California churns out annually.

# Super Six Picks

The final Super Six Picks of the season includes Kansas high school football state championship games this weekend.

Six area people pick the winners from selected high school playoff games and college.

The super six are KXXX/KQLS radio manager Mike Fell, radio broadcaster Rich Epp, His Shop owner Dave Jennings, Thomas County Commissioner Ron Evans, Thomas County Insurance's Jim

McLaughlin and *Free Press* Publisher John Van Nostrand.

This week's games are: Hutchinson vs. SM West; Great Bend vs. Blue Valley; Andale vs. Paola; Garden Plain vs. Silver Lake; Smith Center vs. St. Mary's; Kansas vs. Missouri; LSU vs. Arkansas; Texas vs. Texas AA&M and Mississippi vs. Mississippi State.

Who they think will win is listed below their picture.



Epp



Evans



Fell



Jennings

SM West  
Blue Valley  
Andale  
Silver Lake  
Smith Center  
Kansas  
LSU  
Texas  
Mississippi

Hutchinson  
Blue Valley  
Andale  
Silver Lake  
Smith Center  
Kansas  
Arkansas  
Texas  
Mississippi

Hutchinson  
Blue Valley  
Andale  
Silver Lake  
Smith Center  
Missouri  
LSU  
Texas  
Mississippi

Hutchinson  
Blue Valley  
Andale  
Garden Plain  
Smith Center  
Kansas  
Arkansas  
Texas  
Mississippi



McLaughlin



Van Nostrand

## Season Standings

Evans	Van Nostrand	Fell
Last week	Last week	Last week
7-3	7-3	7-3
Overall	Overall	Overall
94-26	92-28	89-31

Epp	Jennings	McLaughlin
Last week	Last week	Last week
6-4	7-3	5-5
Overall	Overall	Overall
88-32	87-33	84-36

Hutchinson  
Blue Valley  
Andale  
Garden Plain  
Smith Center  
Kansas  
Arkansas  
Texas  
Miss. St.

Hutchinson  
Great Bend  
Andale  
Garden Plain  
Smith Center  
Kansas  
LSU  
Texas  
Mississippi

# TV LISTINGS

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## SUNDAY NOVEMBER 26

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC (4, 6)	In Touch (CC)		Good Morning America (CC)		This Week-George Stephanopoulos (CC)		Hour of Power (CC)		The Coral Ridge Hour (CC)		First United Methodist Church	
KSNK/NBC (3, 8)	(Off Air)	Paid Program	Today (CC)		Meet the Press (CC)		Paid Program	Paid Program	Your Bible (CC)	Paid Program	Paid Program	Paid Program
KBSL/CBS (12, 11)	Paid Program	Messiah Baptist	Madeline (CC)	Sabrina Series	CBS News Sunday Morning (CC)		Face the Nation (CC)		Trollz (E)	Horse-land (E)	NFL Today Host James Brown. (Live)	
K15CG (2)	Euro. Journal	Wealth-Track	Jakers!-Jinks!	Big Big World	Ribert & Robert's	Franny's Feet	Eyes of Nye	Fetch! With	Keeping Kids Healthy Body	Business To the Contrary		
ESPN (28)	Sports-Center	College Football Final (CC)	NFL Matchup		Sports-Center	Outside Lines	Sports Reports	Sports-Center	Sunday NFL Countdown (Live) (CC)			
USA (37)	Paid Program	Paid Program	Ed Young	Joel Osteen	Movie: The Chamber ** 1/2 (1996, Drama) Chris O'Donnell. (CC) (DVS)				PGA Tour Sunday (CC)		Monk (CC)	
TBS (38)	(4:30) Movie: Serendipity (2001) Two destined lovers tempt fate and lose each other. (CC)				Movie: Message in a Bottle ** (1999) A woman seeks the author of a letter that washed ashore. (CC)				HomeTeam New York (N) (CC)		NASCAR Angels	NASCAR Angels
WGN (39)	Changing- Richard Lee (CC)	Key of David	Paid Program	This Is Authority	Feed the Children	Paid Program			HomeTeam New York (N) (CC)		NASCAR Angels	NASCAR Angels
TNT (40)	(4:00) Movie: First Knight ** 1/2 (1995) The evil Malagant threatens the peace of Camelot. Sean Connery. (CC)				Movie: The Fog of War ** 1/2 (2003, Documentary) Robert McNamara discusses military issues. (CC)				Movie: Gone With the Wind **** (1939) Civil War rogue Rhett Butler loves Southern belle Scarlett O'Hara.		Civil War rogue Rhett Butler loves Southern belle Scarlett O'Hara.	
DSC (42)	Paid Program	Paid Program	Joel Osteen	Paid Program	Eik in America (CC)				Wild Discovery Whitetails in America		Outback Cowboys Cattle workers.	Extreme Engineering (CC)
A&E (47)	Old House	Ask This Old	Breakfast With the Arts (CC)						Movie: U-571 ** 1/2 (2000, Suspense) GIs try to steal an encryption device from a German sub. (CC)			Movie: Nostradamus: 500 Years Later (CC)
HIST (48)	Sciencists	History-CTR	History in Focus	TBA	Vanishings!							
NICK (55)	Grown Up	OddParents	Jimmy Neutron	Jimmy Neutron	SpongeBob	SpongeBob	OddParents	Mr. Meaty	Kappa Mikey	Avatar-Last Air	Danny Phantom	Danny Phantom
DISN (56)	The Wiggles	Higglytown	Einsteins	Einsteins	Mickey Mouse	Mickey Mouse	Handy Manny	Handy Manny	Doodlebops	Charlie & Lola	Lilo & Stitch	Emperor New
FAM (58)	Family Matters	Family Matters	Step by Step	Step by Step	Full House	Full House	Boy Mts. World	Boy Mts. World	Grounded-Life	Grounded-Life	Movie: Mrs. Doubtfire (1993)	
HALL (60)	The World of Faith and Values		Mass From Notre Dame		Movie: Dodson's Journey (2001, Drama) David James Elliott, Alicia Morton. (CC)				Naomi's New Morning		Touched by an Angel (CC)	

## SUNDAY NOVEMBER 26

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (4, 6)	Emper New	Replacements	Poker: Pro-Am Equalizer. (Joined in Progress) (CC)		Golf: LG Skins - Day 2. La Quinta, Calif. (CC)						ABC News	News (CC)
KSNK/NBC (3, 8)	Paid Program	Paid Program	Curling: Korbel Elite Challenge. Whistler, B.C. (Live) (CC)		Action Sports (N) (CC)						The Insider	Nightly News
KBSL/CBS (12, 11)	NFL Football: Pittsburgh Steelers at Baltimore Ravens. M&T Bank Stadium. (Live) (CC)				NFL Postgame (N) (CC)				Motorcycle Racing: Freestyle Motocross		CBS News	News (CC)
K15CG (2)	NOW (N)	McLaughlin	Religion-Ethics	Classic Gospel (CC)	Health Sense	Doctors on Call	Sewing-Nancy	Beads, Baubles	Seas-soned	Farmers' TV		
ESPN (28)	PBA Bowling: Windy City Classic. Vernon Hills, Ill. (Live)		Bull Riding: 2006 Dodge Xtreme Bulls Ride Hard Tour.		Figure Skating: Trophée Eric Bompard Cachemire. Paris. (CC)							
USA (37)	Monk Mr. Monk and the TV Star (CC)	Monk Mr. Monk Goes to Jail (CC)	Monk Mr. Monk and the Game Show		Monk Mr. Monk Gets Fired (CC)				Monk Mr. Monk and the Red Herring		Monk Mr. Monk Goes Home Again	
TBS (38)	(11:00) Movie: A Walk to Remember (1995, Comedy-Drama) Paul Hogan. (CC)		Movie: Something to Talk About ** 1/2 (1995, Comedy-Drama) Julia Roberts. (CC)		Movie: My Best Friend's Wedding *** (1997, Romance-Comedy) Julia Roberts.						Movie: The Wedding Planner	
WGN (39)	Movie: Lightning Jack ** (1994, Western) Paul Hogan. (CC)				Movie: Batman & Robin ** 1/2 (1997, Action) Arnold Schwarzenegger. (CC)				Even Stevens	Lizzie McGuire	America's Funniest Home Videos (CC)	
TNT (40)	(9:00) Movie: Gone With the Wind **** (1939, Romance) Clark Gable. (CC) (DVS)				Law & Order: Homicide				Law & Order: Scrambled		Law & Order: Ozymoron	Law & Order in God We Trust
DSC (42)	Extreme Engineering (CC)		Dirty Jobs Dirtiest Tools (CC)		Dirty Jobs Working in a rock quarry.				Dirty Jobs Shrimper Shrimp season. (CC)		Everest: Beyond the Limit (CC)	Everest: Beyond the Limit (CC)
A&E (47)	(11:30) Movie: The River Wild *** 1/2 (1994, Action) Meryl Streep. (CC)				Designing Blind	Sell This House!	Find & Design	Move House	Sell This House!	Big Spender	Sell This House!	Sell This House!
HIST (48)	Nostradamus: 500 Years Later (CC)		Decoding the Past (CC)		Decoding the Past (CC)				Desperate Crossing: The Untold Story of the Puritans' plight. (CC)		Mayflower Story of the Pilgrims	
NICK (55)	Danny Phantom	Danny Phantom	SpongeBob	SpongeBob	Unfabulous	Unfabulous	Ned's School	Ned's School	Zoey 101 Beachside vacation. (CC)		Amanda	Ned's School
DISN (56)	Movie: Cow Belles (2006) Two teenagers try to save their father's business. (CC)				Zack & Cody	That's-Raven	Natural-Sadie	Phil of Future	Sister, Sister	Life Derek	Emperor New	Zack & Cody
FAM (58)	(11:00) Movie: Mrs. Doubtfire *** (1993, Comedy) Robin Williams, Sally Field. (CC)				Movie: Annie ** 1/2 (1982, Musical Comedy) Protects little orphan Annie in 1930s New York. Aileen Quinn.				Daddy Warbucks protects little orphan Annie in 1930s New York. Aileen Quinn.		Movie: Richie-C'mas	
HALL (60)	Movie: The Christmas Box ** (1995, Drama) Maureen O'Hara, Richard Thomas.				Movie: Timepiece (1996, Drama) Richard Thomas, James Earl Jones.				Movie: Fallen Angel (2003, Drama) Gary Sinise, Joely Richardson. (CC)			

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	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4, 6)	America's Funniest Home Videos (CC)		Extreme Makeover: Home Edition (CC)		Desperate Housewives (CC)		Boston Legal Lincoln (Part 1 of 2)		News (CC)	KAKE Sports	Lawyer on Line	Paid Program
KSNK/NBC (3, 8)	Football Night in America (Live) (CC)		NFL Football: Philadelphia Eagles at Indianapolis Colts. RCA Dome. (Live)								24 Day 3: 9:00PM - 10:00PM (CC)	
KBSL/CBS (12, 11)	60 Minutes (CC)		The Amazing Race 10 (N) (CC)		Movie: Candles on Bay Street (2006, Drama) Alicia Silverstone. (Premiere) (CC)				News (CC)	News	Alias Unveiled (CC)	
K15CG (2)	Branson Jubilee (CC)		Nature Land of the Falling Lakes		Masterpiece Theatre Under the Greenwood Tree (CC) (DVS)		Jackson-Love		Globe Trekker (CC) (DVS)		Mystery! (Part 1 of 2) (CC) (DVS)	
ESPN (28)	SportsCenter (Live) (CC)		NBA Basketball: Los Angeles Clippers at Denver Nuggets. Pepsi Center. (Live) (CC)						SportsCenter (Live) (CC)		SportsCenter (Live) (CC)	
USA (37)	Monk Mr. Monk Gets Jury Duty (CC)		Monk (CC)		Monk Mr. Monk Meets His Dad (CC)				Law & Order: SVU		Monk Mr. Monk Meets His Dad (CC)	
TBS (38)	(5:00) Movie: The Wedding Planner (1999, Comedy) Reese Witherspoon. (CC)		Movie: Legally Blonde ** 1/2 (2001, Comedy) Reese Witherspoon. (CC)						Movie: Legally Blonde ** 1/2 (2001, Comedy) Reese Witherspoon. (CC)		Movie: Something to Talk About ** 1/2	
WGN (39)	American Idol Rewind (CC)		Hollywood Christmas Parade Floats and Roadshow (CC)						WGN News	Instant Replay	Sex and the City (CC)	Scrubs (CC)
TNT (40)	Movie: Titanic **** (1997, Drama) A woman falls for an artist aboard the ill-fated ship. Leonardo DiCaprio, Kate Winslet. (CC)								Movie: Titanic **** (1997) A woman falls for an artist aboard the ill-fated ship.			
DSC (42)	MythBusters Beat the Radar Detector		MythBusters More Myths Revisited		MythBusters Diet Coke and Mentos		MythBusters (CC)		MythBusters Beat the Radar Detector		MythBusters More Myths Revisited	
A&E (47)	Flip This House (CC)		Flip This House Rental renovations.		Flip This House It's a Rat Race (CC)				Intervention (CC)		Intervention (CC)	Flip This House Rental renovations.
HIST (48)	Indian Warriors: Civil War		Banned From the Bible Some believe that stories were edited out of the Bible. (CC)						Beyond the Da Vinci: forth incredible hypotheses. (CC)		Code Author sets Banned From the Bible (CC)	
NICK (55)	Drake & Josh (N)	Ned's School	Zoey 101 (N) (CC)	Unfabulous	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince
DISN (56)	Hannah Montana	Hannah Montana	Movie: Molly: An American Girl on the Home Front (2006, Drama) Maya Ritter.						Phil of Future	Natural-Sadie	Zack & Cody	That's-Raven
FAM (58)	(5:00) Movie: Richie-C'mas		Movie: Home Alone 3 (1997) A clever 8-year-old boy defends his home from spies.						Movie: Home Alone 3 (1997) A clever 8-year-old boy defends his home from spies.		Joel Osteen	Feed the Children
HALL (60)	Movie: One Magic Christmas *** (1985, Fantasy) Mary Steenburgen.				Movie: A Season for Miracles ** (1999, Drama) Carla Gugino, Kathy Baker. (CC)				Movie: Timepiece (1996, Drama) Richard Thomas, James Earl Jones.			

## MONDAY NOVEMBER 27

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4, 6)	News (CC)	Entertainment	Wife Swap Rowland/Rivera (N)		The Bachelor: Rome (Season Finale) (N) (CC)				News (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)	
KSNK/NBC (3, 8)	News	Wheel of Fortune	Deal or No Deal (TV) (N) (CC)		Heroes Six Months Ago (N) (CC)		Studio 60 on the Sunset Strip B-12		News	The Tonight Show With Jay Leno (CC)	Late Night	
KBSL/CBS (12, 11)	News (CC)	Inside Edition	How I Met The Class (N)		Two/Half Men	Old Christine	CSI: Miami Come As You Are (N) (CC)		News (CC)	Late Show With David Letterman	Late Late	
K15CG (2)	The NewsHour With Jim Lehrer (N)		Antiques Roadshow (CC)		American Experience RFK Robert F. Kennedy deals with the assassination.				BBC World	Monty Python	Charlie Rose (N) (CC)	
ESPN (28)	Monday Night Countdown (Live) (CC)		NFL Football: Green Bay Packers at Seattle Seahawks. Qwest Field. (Live) (CC)						SportsCenter (Live) (CC)			
USA (37)	Law & Order: Criminal Intent		Law & Order: SVU						Law & Order: Criminal Intent		Law & Order: SVU	
TBS (38)	Raymond	Raymond	Friends (CC)	Friends (CC)	Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)	10 Items or Less	Seinfeld (CC)	Seinfeld (CC)	Movie: Seinfeld (CC)
WGN (39)	America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		WGN News at Nine (CC)		Sex and the City	Scrubs (CC)	Scrubs (CC)	Becker (CC)
TNT (40)	Without a Trace Shadows (CC)		Without a Trace The Innocents (CC)		Law & Order: Love (CC) (DVS)		Law & Order: Merger (CC) (DVS)		Cold Case Discretion (CC)		The X-Files Tunguska (CC)	
DSC (42)	American Chopper Police Bike 2 (CC)		American Hot Rod '40 Woodie 2 (N)		American Chopper Gillette Bike 1 (CC)		American Chopper Gillette Bike 2 (CC)		American Chopper (CC)		American Hot Rod '40 Woodie 2	
A&E (47)	CSI: Miami Big Brother (CC)		CSI: Miami Bait (CC)		Movie: Monster's Ball *** (2001, Drama) A prison guard strikes up a romance with an inmate's wife. (CC)				Bounty Hunter		CSI: Miami Bait (CC)	
HIST (48)	Modern Marvels Overseas Highway		Modern Marvels Snackfood Tech		American Eats Holiday Food (CC)		Engineering an Empire (N) (CC)		UFO Files Britain's Roswell (CC)		Modern Marvels Snackfood Tech	
NICK (55)	OddParents	Jimmy Neutron	SpongeBob	Danny Phantom	Full House	Full House	Cosby Show	Fresh Prince	Roseanne	Roseanne	Design. Women	Fresh Prince
DISN (56)	Phil of Future	That's-Raven	Movie: The Santa Clause *** (1994) An adman takes over for fallen Santa. (CC)				Life With Derek	Phil of Future	Zack & Cody	That's-Raven	Phil of Future	Kim Possible
FAM (58)	Gilmore Girls Sadie, Sadie... (CC)		Movie: A Holiday to Remember (199									