

Family

Deaths

Arnold Orn Jackson

Arnold Orn Jackson, 90, of Norton, died Sunday, Jan. 7, 2007, at Norton County Hospital in Norton. Mr. Jackson was born June 12, 1916, in Penokee to Millard O. and Edith Dean (Hatcher) Jackson. He was raised in Lenora and New Almelo.

He served in the U.S. Navy during World War II.

He married Elma Louise Fietcher Jan. 26, 1939, in Akron, Colo. He was a welder and blacksmith. He was a member of Norton Christian Church, I.O.O.F., Norcatat Commercial Club, Norcatat Cemetery Board and Norcatat Methodist Church.

Mr. Jackson is survived by one son, Terry Jackson and wife Laura of Centennial, Colo.; two daughters, Carole Salter and husband Errol of Wheat Ridge, Colo., and Sharon Schulze and husband Gale of Norton; four brothers, Dallas Jackson and wife Donna of Colby;

Brooks Jackson and wife Cheryl of Colby; Gerald Jackson and wife Judy of Norcatat and Delbert Jackson of Brewster; two sisters, Iris Smith and husband Larry of Clayton and Lois Bieber and husband Ken of Colby; five grandchildren and four great-grandchildren.

He was preceded in death by his parents; wife Elma; brothers Corwin, Lloyd, David and Eldin; infant sister Dora Jackson; sisters Betty Alexander and Pauline Shoemaker and grandchildren Tina Louise and Cody Schulze.

Services today at 2:30 p.m. at Norton Christian Church with Jeff Nielsen officiating. Burial was at Norcatat Cemetery in Norcatat.

Memorials are suggested to the Norcatat Citizen's Alliance, Norcatat Cemetery Fund, Norton Christian Church or Norton Hospice.

Pauls Funeral Home in Oberlin was in charge of arrangements.

Community Calendar

THURSDAY, JAN. 11

Colby Middle School incentive party, 11:30 a.m.
Downtown Alcoholics Anonymous, City Hall basement, 8:30 p.m.
Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.

FRIDAY, JAN. 12

Chamber of Commerce luncheon, Colby Country Club, noon
Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.
Narcotics Anonymous, City Hall basement, 8 p.m.

SATURDAY, JAN. 13

Pancake feed, Colby Community Building, 7 a.m.
Northwest Kansas Piano Teachers League Clinic, Colby Community College, 8 a.m.
Thomas County Wellness Fair, Colby Community College Student Union, 9 a.m.-1 p.m.
Western Kansas Liberty League Tournament, Colby Community Building
Golden Buckle Square Dance Club, Colby Community Building, 8 p.m.

Farm Credit in Colby offering \$500 scholarship

The board of directors of Farm Credit of Western Kansas is announcing the continuation of its Farm Credit Scholarship program. Each year, Farm Credit chooses one student to receive a \$500 per year scholarship which is renewable for up to four years of post-secondary education. Eligible applicants are area high school seniors who are the children or grandchildren of Farm Credit of Western Kansas members.

Interested applicants should contact their high school counselor or Cathy Hawk at the Farm Credit administrative office in Colby, (785) 462-2382, or visit on the Web at www.farmcreditkansas.com. Ap-

plications are due by Feb. 15.

Farm Credit of Western Kansas is located in Colby and can be reached by calling 1-800-657-6048. Farm Credit makes loans for the purchase or refinance of farm, ranch or agribusiness real estate and facilities as well as loans to finance farm operations, agribusiness, livestock and equipment. Farm Credit also has an extensive crop insurance program.

The farmers and ranchers who borrow from Farm Credit own the ACA. Farm Credit of Western Kansas is part of the Farm Credit System, the nation's leading agricultural lender.

Power outages can cause problems with food safety

The Kansas Department of Health and Environment (KDHE) Food Safety Program reminds consumers that winter storms and power outages mean that food safety issues require special attention.

Be Prepared:

- Have a refrigerator thermometer.

- Know where you can get dry ice.
- Keep on hand a few days worth of ready-to-eat, shelf-stable or canned food that do not require cooking or cooling.

When the Power Goes Out:

- Keep the refrigerator and freezer doors closed as much as possible.

- The refrigerator will keep food cold for about 4-6 hours if it is unopened.

- Refrigerated foods should be kept at 40F or below.

Once the Power is Restored:

- If an appliance thermometer was kept in the unit, check the temperature when the power comes back on. If the thermometer reads 40F or below, the food is safe and may be kept refrigerated. It is safe to refreeze the food, but the quality and flavor of the food may be affected.

- If a thermometer has not been kept in the unit, check each package of food to determine its safety. You can't rely on appearance or odor. If the food still contains ice crystals or is 40F or below, it is safe to refreeze or cook and use.

- Refrigerated food should be safe as long as the power was out for no more than 4-6 hours. Keep the door closed as much as possible.

- Discard any perishable food (such as meat, poultry, fish, eggs or

leftovers) that has been above 40F for two hours or more.

- Remember: When in doubt, throw it out!

For more food safety information, please visit www.KSfood-safety.org.

Markets

Quotes as of close of previous business day	
Hi-Plains Co-op	
Wheat	\$4.12
Corn	\$3.40
Milo	\$5.57
Soybeans	\$5.68

NOW SHOWING
Jan. 5th - Jan. 11th
THIS WEEK ONLY

ROCKY BALBOA
PG 1 hour, 45 min.
Friday 7:00 & 9:00
Saturday 4:00 & 7:00 & 9:00
Sunday 4:00 & 7:00
Monday - Thursday 7:00

NIGHT AT THE MUSEUM
PG 1 hour, 50 min.
Friday 7:00 & 9:00
Saturday 4:00 & 7:00 & 9:00
Sunday 4:00 & 7:00
Monday - Thursday 7:00

Colby Cinema
1333 S. E. 10th
Tel. 262-422-3666
460-9600 • colbycinema.com

WINNER OF 2 MOVIE PASSES:
KENNY WITHINGTON
(Pickup pass at the Colby Free Press. Pass expires in 7 days)

Being 'normal' in high school can be overrated

By Harlan Cohen
King Features Syndicate

Dear Harlan,
I'm 16, and still I'm very different from everyone else. No matter how hard I try to be normal, I can't.

I just get shunned, ignored and so on. I'm in love with nature and animals, though, and they are my true friends. I will go into the forest for hours and just sit there, communicating with nature. It brings me peace. I fit in with animals and nature, but I don't fit in with fellow humans. I feel so lost, and I don't have any answers. Can you help?

Rogue (aka Anonymous)
Dear Rogue,
Stop trying.

You'll never be normal in high school because being normal in high school means being like everyone else. And someone like you, who isn't like everyone else, can't pretend to be normal. (I couldn't either.) In a few years, when you surround yourself with people who are similar to you in the school of Forestry at the University of Montana (or some school like that), the "normal" people, who made you feel abnormal, will still be struggling to be normal (so sad).

Never knowing how to be an individual makes it impossible to stray from the norm. And you'll be working at something you love, surrounded by people who appreciate you. You just have to survive the wilderness of high school.

To do this, find people who share your interests. Consider getting a part-time job at a park, camp or outdoor facility. Get involved in nature-focused clubs and organizations. Appreciate that you are different, and throughout the coming years, it will be normal.

Dear Harlan,
My dad tried to kill himself during a critical time for me, when I really needed his strength to support me. I just recently ended an abusive relationship and had gone through an abortion in the same month. I feel really confused about my dad now. On one hand, he is weak and in pain

and I feel I should support him through his midlife crisis, but on the other hand, I'm going through a change too and I still need his fatherly help and stuff. I don't know if I know how to be helpful. This isn't something our family talks about, so I have no idea what I should be doing.

Needing Dad
Dear Needing Dad,
Because your dad is emotionally unavailable (I hope he's getting professional help), you can't depend on him.

And with depression running in your family, you too need professional help. You need to take care of yourself (without depending on a boyfriend or your dad). Let me be the one to point you to the National Domestic Violence Hotline 1-800-799-SAFE, Planned Parenthood (www.plannedparenthood.org), your spiritual leader and a therapist.

When you finally feel strong enough to take care of the people around you, urge your family to put together a plan to support your dad and each other. This is something a therapist or spiritual leader can help you figure out. None of this is fair or easy (yes, a cliché), but it can get better. As a rule, when you don't know what you should be doing, the answer is to turn to those around you who can help guide you and support you.

Editor's note: Write Harlan at [harlan\(at\)helpmeharlan.com](mailto:harlan(at)helpmeharlan.com) or visit www.helpmeharlan.com online: www.helpmeharlan.com. All letters submitted become property of the author. Send paper to Help Me, Harlan! 2506 N. Clark St., Ste. 223, Chicago, IL 60614.
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American Red Cross
1-800-GIVE-LIFE
AMERICA'S BLOODLINE



Mr. and Mrs. Cody Shaw

Couple has fall wedding

Tawny Rice and Cody Shaw were married Sept. 16, 2006, at First Christian Church in Medicine Lodge with Pastor Tom Walters officiating. Rice is the daughter of Mark and Sandra Rice of Medicine Lodge. Grandparents are Floyd and Rosalie Spade, Irene Rice and the late Ernest Rice, all of Medicine Lodge.

Shaw is the son of Rick and Tammy Shaw of Selden and is the grandson of Carol Shaw and the late Floyd Shaw of Selden; Reed and Marilyn Griest of Jewell and the late Jolene Griest.

Maid of honor was Kendra Keimig, sister of the bride. Bridal attendants were Amanda Ricke, Jodi Dirks, Lisa Ryan, Taryn Oliver, all friends of the couple, and Danae

Rice, sister of the bride.

Best man was Casey Shaw, brother of the groom. Groom's attendants were Corey Shaw, brother of the groom; Chris Broeckelman and Brian Conness, friends of the couple.

Flower girls were Megan Worstell, cousin of the bride and Daylan Dirks, daughter of a friend. The ring bearer was Adyn Keimig, nephew of the bride. Candlelighters were Shanise and Faydra Rice, sisters of the bride.

The couple is currently living and working in Wichita.

Look at Junior so young & wild. Now he's turning 80 so old & mild?



Happy 80th Birthday, Jr. Allen!

Unicel - place 85% in GSN
4x10
place 85% in GSN
Same ad as Monday, CFP