This is a logic-based number placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to today's Sudoku puzzle is at the bottom of the page.

Test topic: Post holiday blues

after the holidays that you find yourself wondering if they were all worth it? If you do, this little test may be for

1. If you do find that you tend to get a bit depressed after holidays have passed, you're in the minority. True()False()

2. One of the best and quickest ways to get over any post-holiday blahs — whether it's the period after Christmas and New Year's or when you're returning from a holiday trip any time of the year - is to relax, sleep, do nothing and plan nothing. True()False()

3. Loneliness is frequently a prob-

of depression after returning from almost any kind of holiday. True() False() 4. Discipline and the kind of per-

lem and a cause of an overall feeling

sonality a person has aren't related to whether or how much anyone suffers after a holiday. **True**() **False**()

5. Basically, the letdown after the December-January holidays isn't different in any way from the letdown after any vacation.

True() False()

6. The post-vacation blahs after returning to reality after long holiday weekends are the worst for both kids and adults, because no one welcomes it. **True** () **False** ()

7. When away from home for almost any holiday or celebration, especially if it's a public holiday, returning one or two days earlier is a way to lessen the blues and blahs.

True() False()

8. Post-holiday depression, even after a one- or two-day holiday, never indicates any problem other than the usual fatigue or slight loneliness.

True()False()

1. False. According to studies, most claim to suffer from some type of post-holiday depression. Part of the depression at the end of the winter holidays in particular is that they're another reminder of the passage of time, of getting another year older.

2. **False**. While it's usually a wise idea to catch up on much-needed sleep, one of the greatest helps in dissolving or escaping the blues is to plan some special treat for your return. It could simply be booking a table at a special restaurant, or picking up a travel brochure to help plan for some future holiday.

3. **True**. This is most true for those who return home after holidays and have to leave some family members and friends behind. Some might get the blues because they realize their memories of family and friends were incorrect or badly flawed.

4. False. Discipline and how impulsive a person is can have a great deal to do with whether someone went back to the office after the holidays 20 pounds heavier or having had nonstop hangovers during the holidays, or whether they'd overspent and left themselves with serious debt

5. **False**. Both Christmas and New Year's carry certain magical messages of love, optimism, a sense of the basic goodness of others, and often of unrealistic and unwarranted hope for the future. The end of these holidays can easily burst the bubble of such

Sudoku Answer

Difficulty Level ★★★



Dr. Joyce Brothers

Ask Dr. Brothers

6. **False**. A surprising number of people are relieved and pleased when they can return to the relative comfort course, can hardly wait for almost any vacation to end.

7. **True**. If you're going for a week or more, it helps to pack the day before, and definitely plan to return 24 hours before you'd planned. Often this can lessen traffic delays as well

as allow a person time to settle in. This gives a transition period, a time to change roles as well as wardrobe.

8. **False**. There are those who use and safety of a job. Workaholics, of holidays as an attempt to run away from difficult problems at home, with family or with work, and for them, holidays are only a temporary fix. If you answered six of these eight

questions correctly, you're better informed than most on this subject.

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Public Notice

Public Notice

NOTICE OF SALE

Pursuant to KSA 8-1102, the following abandoned motor vehicles, which have been impounded by the Thomas County Sheriff's Office, will be sold at public auction to the highest bidder for cash, February 3, 2007 at 10:00 AM at the Thomas County Law Enforcement Impound Lot, 225 N. Court, Colby, Kansas.

If a vehicle was previously titled by a state other than Kansas or as a non-highway vehicle, a Motor Vehicle Identification number verification form will also be required to obtain title of any vehicle purchased and will be the responsibility of the buyer to request the verifica-

The Thomas County Sheriff's Office and the Colby Police Department reserves the right to withdraw any or all of the described vehicles prior to time of sale. No implied warranty of

Owners, if any, have failed to claim impounded vehicles. The owners thereof may claim their vehicles and contents within ten days of the date of the second publication of this notice by paying the removal and storage charges incurred.

All sales shall be made under conditions imposed by the auctioneer representing the Thomas Co Sheriff's Office and the Colby Police Department and all sales must be settled at the time of sale. Titles will be transferred to buyers, if available. Requirements of the state regarding titles to abandoned or unclaimed vehicles will be met by furnishing an Affidavit of Sale and proof of publication

Vehicles to be sold:

1989 blue 4 door Subaru station wagon VIN# JF2AN52BXKD407452 registered to Andrew Blackhart and/or Jason Blackhart

1990 grav 4 door Lincoln Town Car VIN# 1LNCM81F7LY786299, registered to Michael

1998 black 4 door Nissan Altima VIN# 1N4DL01D8WC173918, registered Damian

1995 white 4 door Taurus Ford VIN# 1FALP52U5SG269214, registered to Richard 1970 It blue 2 door Ford Maverick VIN# 0K91L354997, registered to Rusty Montoya

2001 silver 3 door Ford Focus VIN# 3FAFP31371R191360, registered to Donovan A

1997 white Chevrolet Venture mini van VIN# IGNDU03E7VD247763, registered to Michael Juenemann and/or Michelle Dehart (wrecked)

White Morgan enclosed homemade trailer, unk registered owner

1997 orange YZ2250 Yamaha dirt bike VIN# JYA4XLW01VA003119, unk registered

1991gray 4 door Nissan VIN# JN1HJ01P0MT558837, registered to John Kuder

1993 green 4 door Tovota VIN# 4T1VK13EXPU102952, registered to Karen Sorensen

1993 black 2 door Mercury VIN# 1MEPM31X3PK648090, registered to Richard J

1991 white Pontiac Grand Prix VIN# 1G2WJ14T8MF207003, registered to Dale A

1995 green 4 door Hyundai Accent VIN# KMHVD14NXSU010760, registered to Helena

1988 blue 4 door Honda Accord 1HGCA5647JA106377, registered to Crystal Jenkins 1994 blue 4 door Chevrolet Corsica VIN#1G1LD55M8RY287055, registered to Jessica

2000 white 4 door Chevrolet Malibu VIN# 1G1ND52J5Y6251188, registered to

1984 blue Chevrolet station wagon VIN# 2G1AW35X4E1118888, registered to Anthony

1987 silver 2 door Pontiac Grand AM VIN# 1G2NE11U4HC769663, registered to

1993 silver 4 door Chevrolet Corsica VIN# 1G1LT53T9PY117099, registered to

1996 green Isuzu station wagon VIN# 4S2CM58VXT4324167, registered to Charles

DRUG FORFEITURE VEHICLES THAT MAY BE SOLD ARE: 1999 blue 4 door Ford Taurus 2000 silver 2 door Mitsubishi

OTHER VEHICLES THAT MAY BE SOLD BY THE THOMAS CO SHERIFF'S OFFICE 2003 blue 4 door Ford Crown Victoria

2002 brown 4 door Ford Crown Victoria 2002 white 4 door Ford Crown Victoria

Thomas County Sheriff

2000 red 4- door Ford Focus

(Published in the Colby Free Press January 10 and 17, 2007.)

TV LISTINGS

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COLBY FREE PRESS

WEE	KDAYS JANUARY 9 - JANUARY 15												15
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10	AM	10:30	11 AM	11:30
KLBY/ABC 4 6	Good Mo Kansas	rning	Good Mo	rning Amer	rica		Martha			The View		Million- aire	News
KSNK/NBC 8 8	News Co	nt'd	Today						Live Y		Regis	Paid Program	Paid Program
KBSL/CBS	News Co	nt'd	News		The Early	The Early Show The 700 Club			The Price Is Right		The Youn Restless	g and the	
K15CG (2)	Busi- ness	Body Electric	Curious George	Clifford- Red	Dragon Tales	Big Big World	Beren. Bears	Lions	Sesa	me S	treet	Teletub- bies	Barney- Friends
ESPN (28)	Sports- Center	Varied	SportsCe	nter	SportsCe	nter	Sports- Center	Varied	SportsCenter		NFL Live	Varied	
USA (37)	JAG		JAG Walker, Texas Ranger		exas	Walker, Texas Ranger		Walker, Texas Ranger		Varied Programs			
TBS 38	Saved by Bell			Dawson's Creek		Movie				Home Improve.	Home Improve.		
WGN 39	Chang- ing	Believer Voice	Hillbil- lies	Hillbil- lies	Matlock		Magnum, P.I.		Homicide: Life on the Street		Da Vinci's	Inquest	
TNT (40)	Angel		Charmed		Charmed		ER		ER		Judging A	\my	
DSC 42	Cope- land	Paid Program	Joyce Meyer	Paid Program	Cash Cab	Cash Cab	It Takes a	Thief	Varie	d Pro	grams	How It's Made	How It's Made

City Confidentia

Dora the Go Explorer Diego

The 700 Club

The Waltons

Doodle-

bops

Handy

American Justice

digans

Koala

Home Videos

Little House on the

Blue's Clues

Charlie

Living the Life

WEEKDAYS

ents

Family Matters

Spon-geBob

Little

Spon-geBob

Mickey

Boy Mts. Boy Mts. World World

he Waltons

The District

Danny Phantom

Wiggles

New Morning

HIST

NICK 55

JANUARY 9 - JANUARY 15

Cold Case Files

The Wonder

Wiggles

Little House on the

Varied Programs

Go Diego

Lilo & Stitch

House

Touched by an

Explorer

Blue's Clues

Little

House

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC	All My Ch	ildren	One Life t	o Live	General H	ospital	Dr. Keith	Ablow	Judge Judy	Judge Judy	News	ABC Wid News
KSNK/NBC	News	Extra	Days of o	ur Lives	Passions		The Ellen DeGenere	s Show	The Insider	Jeop- ardy!	News	Nightly News
KBSL/CBS	News	Bold, Beautiful	As the Wo	orld Turns	Guiding L	ight	Dr. Phil		Oprah Wi	nfrey	News	Evening News
K15CG	Reading Rainbow	Caillou	Varied Pro	ograms	•	Curious George	Cyber- chase	Arthur	Maya & Miguel	Post- cards	Cliff Pup	Busi- ness
ESPN 28	NFL's Greatest	Varied Pro	ograms	Madden Nation	1st and 10	Outside- Lines	NFL Live	Rome- Burning	Around the Horn	Interrup- tion	SportsCe	nter
USA 37	Movie Co	nt'd	Varied Pro	ograms			Movie				Law & Or Criminal I	
TBS 38	News- Radio	Cosby Show	Steve Harvey	Steve Harvey	Home Improve.	Home Improve.	Yes, Dear	Yes, Dear	King of Queens	King of Queens	Seinfeld	Seinfeld
WGN 39	WGN New	s at Noon	The Greg Show	Behrendt	America's Home Vid	Funniest eos	Moesha	Cosby Show	Even Stevens	Lizzie McGuire	Home Improve.	Home Improve.
TNT (40)	Judging A	lmy	Law & Ord	der	Law & Ord	der	Charmed		Charmed		Law & Or	der
DSC (42)	Varied Pro	ograms					MythBust	ers	How It's Made	How It's Made	It Takes a	Thief
A&E (47)	CSI: Miam	ni	24		City Confi	dential	American	Justice	Cold Case	Files	Varied Pr	ograms
HIST (48)	Modern M	arvels	Varied Pro	ograms					•		•	
NICK (55)	Backyar- digans	Wonder Pets	Spon- geBob	Spon- geBob	Jimmy Neutron	Danny Phantom	OddPar- ents	Avatar- Last Air	Spon- geBob	Drake & Josh	Ned's School	OddPar- ents
DISN (56)	Timon & Pumbaa	Buzz Light	Whis- kers	Proud Family	Ameri- can Drgn	Kim Possible	Varied Pro	ograms	•	•	•	Zack & Cody
FAM (58)	Family Family Matters		Step by Step	Step by Step	Full House	Full House	Sabrina- Witch Witch		Gilmore Girls		Everwood	
HALL (60)	Matlock	•	Matlock		Little Hou Prairie	se on the	Little Hou Prairie	se on the	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H

THURSDAY

JANUARY 11

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC 4 6	News (CC)	Enter- tainment	Ugly Betty Choice (N)	/ Sofia's (CC)	Grey's An Days (Part		Men in Tro Darkest Da		News (CC)	Nightline (CC)	Jimmy Kii (N) (CC)	mmel Live	
KSNK/NBC	News	Wheel of Fortune	Name Is Earl	The Office	Scrubs (N) (CC)	30 Rock (N) (CC)	ER A Hous (N) (CC)	se Divided	News	With Jay Le		eno (CC) Night	
KBSL/CBS	News (CC)	Inside Edition	Armed & I (N) (CC)	Famous	CSI: Crim Investigat		Shark Dej Over Agai		News Late Show David Letter				
K15CG 2	The News With Jim		Sun- flower	Sun- flower	The This (House Ho		Antiques Roadshov	v (CC)	BBC World	Keeping Up	Charlie Ro (CC)	ose (N)	
ESPN 28	College B Hall. (Live)		St. John's a	t Seton	College B (Live) (CC		Memphis at	Houston.	SportsCei (CC)	nter (Live)	NFL Live (N) (CC)	Game- night	
USA 37	Law & Ord Criminal I		Law & Ord	der: SVU	: SVU Law & Order: SVU Nashville Star (Season Premiere)			Law & Ord Criminal I		Law & Order: SVU			
TBS 38)	Ray- mond	Ray- mond	Friends (CC)	Friends (CC)	Friends (CC)	Friends (CC)		vie: Jersey Girl ** ½ (2004) / man changes the life of a single					
WGN 39	America's Home Vid		Movie: Firestorm ★ (1998) A firefighter battles escaped cons during a forest blaze. (CC)				s at Nine		Scrubs (CC)	Scrubs (CC)	Becker (CC)		
TNT (40)	Without a Between th			cetball : New nter. (Live) (ts at Chica	go Bulls.		cetball : Cle ^o Airways Ce		oenix		
DSC (42)	World's S UFO Stori		A Hauntin Soldier (Co	g Ghost C)	Surgery S Life (N)	aved My	Mystery D	iagnosis	agnosis Stunt Stunt Junkies Junkie		A Haunting Ghost Soldier (CC)		
A&E (47)	CSI: Miam (CC)	i Deadline	CSI: Miam Oath (CC)	i The	The First A Secrets; C		Kansas C Hostages.		Detroit SV	VAT (CC)	CSI: Miami The Oath (CC)		
HIST (48)	Modern M Trash and		Engineeri Empire (C	ng an C)	Decoding the Past (CC)		Modern Marvels ET Tech (CC)		UFO Files over Wash		Engineering an Empire (CC)		
NICK (55)	OddPar- ents	Jimmy Neutron	Spon- geBob	Spon- geBob	Full House	Full House	Rose- anne	Rose- anne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show	
DISN (56)	Phil of Future	That's- Raven		les (2003) to dig at de					2003) Juven ion camp. S			Kim Possible	
FAM (58)	Smallville (CC)	Solitude		dependenc vs. evil alie					The 700 C	lub (CC)	Home Videos	Home Videos	
HALL 60	Walker, To Ranger El		Walker, To Ranger El		Movie: My	stery Won	nan: Game	Time		tlock: The	Ambassac		

FRIDAY

JANUARY 12

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC 4 6	News (CC)	Enter- tainment	Grey's Anatomy Six Days (Part 1 of 2)		Brothers and Sisters Family Day		20/20 (CC)		News (CC)	Nightline Jimmy Kir (CC) David Arqu			
KSNK/NBC 8 8	News Wheel of Fortune		1 vs. 100 ((CC)	iTV) (N)	Las Vegas Cheating N		Law & Ord Charity Ca		News	News The Tonigl		Late Night	
	News Inside (CC) Edition		Ghost Whisperer Deja Boo (N) (CC) Close to Home Getting In (N) (NUMB3RS Finders Keepers (N) (CC)		News (CC)	Late Show With David Letterman		Late Late		
K15CG 2	The NewsHour With Jim Lehrer (N)		Wash. Week	Kansas Week	Market- Market	NOW (N) (CC)			BBC World	Red Charlie Ro Green (CC)		ose (N)	
ESPN 28	Sports- Center	NBA		etball: Was rom Oklaho			ew Orleans			uston Rocke er. (Live) (C		ts at Denver	
USA 37	Law & Order: Criminal Intent		Law & Ord	ler: SVU	Monk Mr. Private Ey		Psych Death of the Spellmaster. (CC)		House The Mistake (CC)		Monk Mr. Private Ey		
	Ray- mond	Ray- mond					95) Spoiled ough the go		Movie: Sugar & Spic Comedy) Marley Shell				
WGN 39	America's Home Vide					WGN New (CC)	s at Nine	Sex and the City	Scrubs (CC)	Scrubs (CC)	Becker Chris' Ex		
TNT 40	Without a Trace Hang On to Me (CC)		Movie: Under Siege ★★★ (1992) A Navy cook thwarts a plot to hijack a battleship. Movie: Under Siege cook thwarts a plot								ovie: 3000 Miles Graceland (2001)		
	Dirty Jobs questions.		Prowling Sharks in the Mediterranean 10 Deadliest Sharks (Part 1 of 2)		10 Deadliest Sharks (Part 2 of 2)		Stunt Junkies	Stunt Junkies	Prowling the Medite	Sharks in erranean			
A&E (47)	CSI: Miami Not Landing (CC)		CSI: Miam Flight (CC)	CSI: Miami Felony CSI: NY Manhattan CSI: Miami Hurricane Anth			CSI: Miami Crime Wave (CC)		CSI: Miami Felony Flight (CC)				
HIST 48	Modern Marvels Police Technology				Shootout! bin Laden			Dogfights Long Odds (N) (CC)		larvels Gunners	The Lost North Afric		
NICK 55	OddPar- ents	Jimmy Neutron	Spon- geBob	Spon- geBob	Nick- toons TV	Nick- toons TV	Full House	Full House	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show	
DISN 56	Zack & Cody	Zack & Cody	Movie: Jump In! (200 Corbin Bleu. (Premiere			Cory in House	Zack & Cody	That's- Raven	Zack & Cody	That's- Raven	Hannah Montana	Kim Possible	
FAM (58)	Smallville Lexmas (CC)			ter Act ★★ Vhoopi Gol			Lincoln H Pilot (CC)	eights	The 700 C	lub (CC)	Home Videos	Home Videos	
HALL 60	Walker, Te Ranger (C		Walker, Te Ranger (C				nan: Vision ry) Kellie M			atlock: The Andy Griffith		½ (1988,	