

# New job has woman worried; grad wonders what it's all about

Dear Dr. Brothers: Two weeks ago, I got a new job at a good office-products firm. The people seem friendly enough, and I think I can handle the amount of work I will have.

So what's the problem? Well, I'm a self-directed type of person, but it looks like I won't have any say about what I do or how I do it.

Everything is sort of set in stone here. Also, my boss and his boss are not very encouraging. Do you think I can be happy here?

— J.E.

Dear J.E.: I think you should give the job a chance for a few months and see how you feel about it after you have had time to get to know the routine and the people a bit better.

Sometimes what seems written in stone in the first few weeks might simply reflect a sort of trial period where the people you work for are assessing your capabilities and accomplishments.

If you do well, they may increase your autonomy and have you take on additional responsibilities and a variety of projects, as well as give you more latitude in decision-making about work procedures. Your supervisors might be more supportive as they get to know you.

All that said, I think you have to pay attention to your gut reactions to the job.

If autonomy is important to your working style, you are going to suffer if it is lacking. Similarly, if encouragement and good feedback are strong needs of yours, the lack of them could hurt more



**Dr. Joyce Brothers**

● Ask Dr. Brothers

than your output.

A study reported in the American Journal of Epidemiology showed that women who had low influence at work and those who had low supervisor support were both twice as likely to develop symptoms of severe depression over five years. So give it a shot, but pay attention to your feelings, too.

\*\*\*

Dear Dr. Brothers: I graduated from college earlier this year, and the various speeches I heard at commencement are still ringing in my ears.

I know that people tend to be very idealistic at college-graduation time, but they raised some questions I am grappling with now.

I am trying to decide whether I should go for the highest-paying jobs and the most "toys" and all that, or be less selfish, take on more meaningful work and go without some of the stuff I want.

I just want to have a worthwhile life.

— C.A.

Dear C.A.: You are a very thoughtful young person, and I assure you that most college graduates spend very little time considering their options in light

of what is the "right" way to live life. Usually the details of starting out, getting a job and a place to live, and being a full-fledged adult are enough to occupy their thoughts until their new life is well under way.

The fact that you are wondering about the big picture tells me that you are a sensitive person who would probably benefit from seeking out more meaningful work and spending some time giving back as you go along.

In psychology, there is a movement toward having people take a positive view of what they can do with their life. Devoting years of therapy to figuring out what went wrong and why is giving way to an interest in making the rest of their lives count for something, to figure out where they fit in and to devote themselves to meaningful work and play. It's a cliché that happiness is gained through volunteering, donating and sharing, but it seems to be true.

A sense of compassion and purpose might give you much longer-lasting satisfaction than gathering toys. Good luck!

(c) 2007 by King Features Syndicate

# New group at Kansas University designing better health care

LAWRENCE (AP) — A group of architecture and fine arts faculty and students at the University of Kansas is working to improve the experience of going to the doctor or staying in the hospital.

Gregory Thomas, chairman of the university's department of design, came up with the idea after visiting his father at a Wichita hospital and noticing how inefficient its design was to helping patients get well.

Some people involved in the group, called Design for Wellness, have worked for decades to improve the design of health care buildings.

"We have this whole cast of characters who are out there doing their own thing."

"Why don't we just pull them together?" Thomas said.

"Nobody's really doing anything new; we're just packaging it differently because we want to make people here at KU and the state know that these kinds of things are going on."

In all, nine faculty members, with expertise ranging from industrial design to music therapy, are part of Design for Wellness.

"We don't wear lab coats and

**"We don't wear lab coats and carry around test tubes. We're approaching it from other sensitivities and from a design standpoint."**

— Gregory Thomas, chair department of design

carry around test tubes," said Thomas, who recently designed a Kansas license plate that will be used to raise money for cancer research. "We're approaching it from other sensitivities and from a design standpoint."

The group's first project is a new course this semester that's helping design emergency examination rooms for two area hospitals. The class is taught by design professor Richard Branham and architecture professor Kent Spreckelmeyer. The hospitals can't be identified because of a confidentiality agreement.

Students in the class are building a life-size cardboard model of an emergency examination room, with tools, shelves and monitors attached by Velcro to the walls. The

models will be taken to the two hospitals next month and set up for the day, so doctors and nurses can try out the design.

"We're just going to randomly place equipment everywhere so there's no logic to it," said Matt Hutcherson, a graduate student in design from Kansas City, Mo. "We're going to encourage them to create it how they feel it would best exist."

Eventually, the hospitals will be remodeled with the students' input on what the new emergency rooms should look like.

"Health care is such a large part of the economy," Branham said. "There's so much construction going on all over the country."

"The opportunity here is just incredible."

# Special collection offers special help

PITTSBURG (AP) — Libraries can be a great place to do research. Books and periodicals on almost any topic can be found.

But what if you want to dig a little deeper into a subject, or not only read about a topic but hold an actual artifact in your hand?

The Special Collections Department in the basement of the Axe Library on the campus of Pittsburg State University gives special access to these artifacts.

The department houses thousands of documents, photographs, paintings, artifacts and old periodicals that tell a history of southeast Kansas and beyond.

The collection was started at the university in the 1960s as a place to collect artifacts and information about southeast Kansas.

"The original purpose for creating this special collections department was to document this region, so we started out as a regional collection," said Randy Roberts, curator of Special Collections at Pittsburg State.

Originally, 14 counties in southeast Kansas were the primary focus, but the department has since collected materials on Kansas, Kansas history, Kansas authors and a much broader area.

"We document things in all of this region of the country," Roberts said.

"We spill over to Missouri and Arkansas and elsewhere. Some of our collections take us far beyond this region as well."

Books in the collection date back to the 1600 and 1700s, like an early book called "The Psalms of David" written by Isaac Watts and published in 1786 by Isaiah Thomas, who was one of the earliest printers in the United States.

The collection has materials about Coffeyville native Eva Jessye, an internationally known choral director who was one of the few female African American touring choir directors in the early and mid twentieth century.

"Her collection of papers and books and other materials takes us well beyond the physical, geographical boundaries of southeast Kansas, much in the same way some of our more significant collections like the Appeal to Reason," Roberts said.

The collection houses one of what Roberts says is the largest collection of Appeal to Reason, a socialist newspaper that was the most read newspaper in the United States in the early part of the 1900s. The paper was published by J.A. Wayland in Girard.

The E. Haldeman-Julius collection contains publications of the Little and Big Blue Books, various

newspapers and magazines, correspondence, the private library, business records and many other artifacts relating to Haldeman-Julius and his wife Marcet Haldeman-Julius.

Haldeman-Julius was another socialist publisher based out of Girard in the early 1900s and his Little Blue Books gained worldwide notoriety offering literary works from authors such as Shakespeare, Henry David Thoreau and many others.

"We have a large collection of papers that document the socialist parties activities in the United States, not just this here in the area," Roberts said.

Besides these, Special Collections is home to the history of Pittsburg State University, like a photograph of William Brandenburg, president of the university from 1913 to 1941, Walter McCray, who was one of the founders of the music department at PSU and John Philip Susa, world famous band director and composer.

The collection also has documents and photographs from the early days of Pittsburg, when it was called Iowa City, and during the mining days.

"It's genealogy, it's people interested in the coal mines and the immigrant heritage that we have."

# TV LISTINGS

sponsored by the

**COLBY FREE PRESS**

WEEKDAYS												MARCH 6 - MARCH 12			
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30			
KLBY/ABC (4, 6)	Good Morning Kansas		Good Morning America				Martha		The View		Millionaire	News			
KSNK/NBC (3, 8)	News Cont'd		Today				Live With Regis and Kelly		Paid Program		Paid Program				
KBSL/CBS (12, 11)	News Cont'd		News		The Early Show		The 700 Club		The Price Is Right		The Young and the Restless				
K15CG (2)	Business	Body Electric	Curious George	Clifford-Red	Dragon Tales	Big Big World	Beren Bears	Lions	Sesame Street	Teletubbies	Barney-Friends				
ESPN (28)	SportsCenter		SportsCenter	Varied	SportsCenter		SportsCenter		SportsCenter	Varied	Basketball	Varied			
USA (37)	JAG		JAG		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger				
TBS (38)	Saved by Bell	Saved by Bell	Saved by Bell	Saved by Bell	Dawson's Creek		Movie				Drew Carey	Home Improve.			
WGN (39)	Chang-ing	Believer Voice	Hillbilities	Hillbilities	Matlock		Magnum, P.I.		Homicide: Life on the Street		Da Vinci's Inquest				
TNT (40)	Angel		Charmed		Charmed		ER		ER		Judging Amy				
DSC (42)	Paid Program		Joyce Meyer	Paid Program	How It's Made	How It's Made	Deadliest Catch		MythBusters		How It's Made	How It's Made			
A&E (47)	The District		24		City Confidential		American Justice		Cold Case Files		Crossing Jordan				
HIST (48)	Varied Programs										Modern Marvels	Varied			
NICK (55)	Danny Phantom	OddParents	SpongeBob	SpongeBob	Dora the Explorer	Go Diego	Blue's Clues	Backyardigans	Wonder Pets	Dora the Explorer	Go Diego	Blue's Clues			
DISN (56)	The Wiggles	Higglytown	Einsteins	Mickey Mouse	Handy Manny	Doodlebops	Charlie & Lola	Koala Brothers	The Wiggles	Higglytown	Lilo & Stitch	Little Mermaid			
FAM (58)	Family Matters	Family Matters	Boy Mts. World	Boy Mts. World	Home Videos	Living the Life	The 700 Club		Gilmore Girls		Full House	Full House			
HALL (60)	New Morning		The Waltons		The Waltons		Little House on the Prairie		Little House on the Prairie		Touched by an Angel				

WEEKDAYS												MARCH 6 - MARCH 12			
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
KLBY/ABC (4, 6)	All My Children		One Life to Live		General Hospital		Millionaire		Judge Judy	News	Judge Judy	News	ABC Wild News		
KSNK/NBC (3, 8)	News	Extra	Days of our Lives		Passions		The Ellen DeGeneres Show		Jeopardy!	Jeopardy!	News	NBC News			
KBSL/CBS (12, 11)	News	Bold, Beautiful	As the World Turns		Guiding Light		Dr. Phil		Oprah Winfrey		News	Evening News			
K15CG (2)	Reading Rainbow	Caillou	Varied Programs		Curious George		Cyber-chase	Arthur	Maya & Miguel	Post-cards	Cliff Pup	Business			
ESPN (28)	Basketball	Varied	Basketball	Varied Programs			Rome-Burning	Around the Horn	Interruption	SportsCenter					
USA (37)	Movie Cont'd		Varied Programs												
TBS (38)	News-Radio	Cosby Show	Steve Harvey	Steve Harvey	Home Improve.	Home Improve.	Yes, Dear	Yes, Dear	King of Queens	King of Queens	Seinfeld	Seinfeld			
WGN (39)	WGN News at Noon		The Greg Behrendt Show		America's Funniest Home Videos		Moesha	Cosby Show	Even Stevens	Lizzie McGuire	Home Improve.	Home Improve.			
TNT (40)	Judging Amy		Law & Order		Law & Order		Charmed		Charmed		Varied Programs				
DSC (42)	Varied Programs				Deadliest Catch		MythBusters		How It's Made	How It's Made	It Takes a Thief				
A&E (47)	CSI: Miami		24		City Confidential		American Justice		Cold Case Files		Crossing Jordan				
HIST (48)	Modern Marvels		Varied Programs												
NICK (55)	Backyardigans	Wow! Wubbzy!	SpongeBob	SpongeBob	Jimmy Neutron	Danny Phantom	OddParents	Avatar-Last Air	SpongeBob	Drake & Josh	Ned's School	OddParents			
DISN (56)	Timon & Pumbaa	Buzz Light	Whiskers	Proud Family	American Drgn	Kim Possible	Varied Programs				That's-Raven				
FAM (58)	Family Matters	Family Matters	Step by Step	Step by Step	Full House	Full House	Sabrina-Witch	Sabrina-Witch	Gilmore Girls		7th Heaven				
HALL (60)	Matlock		Matlock		Little House on the Prairie		Little House on the Prairie		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H			

TUESDAY												MARCH 6	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC (4, 6)	News (CC)	Entertainment	America's Funniest Home Videos (CC)		Primetime (N) (CC)		Boston Legal Lincoln (Part 1 of 2)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)		
KSNK/NBC (3, 8)	News	Wheel of Fortune	Dateline NBC To Catch a Predator (N)		Law & Order: SVU		Law & Order: SVU		News	The Tonight Show With Jay Leno (CC)	Late Night		
KBSL/CBS (12, 11)	News (CC)	Inside Edition	NCIS Dead and Unburied (CC)		The Unit Force Majeure (CC)		48 Hours Mystery (CC)		News (CC)	Late Show With David Letterman	Late Late		
K15CG (2)	The NewsHour With Jim Lehrer (N)		Doctors on Call	Back Care Yoga	College Basics: Suede Orman: Women & Money Information about financial matters. (CC)		Summer Wine		Charlie Rose (N) (CC)				
ESPN (28)	College Basketball: Mid-Continent Tournament Final -- Teams TBA. (Live)		College Basketball: Horizon League Tournament Final -- Teams TBA. (Live)		SportsCenter (Live) (CC)		Game-night		NFL Live (N) (CC)				
USA (37)	Law & Order: Criminal Intent		Law & Order: SVU		Movie: 2 Fast 2 Furious ** (2003, Action) Paul Walker, Tyrese. (CC)		Law & Order: SVU		The Black Donnelly's Pilot				
TBS (38)	Raymond	Raymond	Raymond	Raymond	Sex and the City	Sex and the City	Friends (CC)	Friends (CC)	Sex and the City	Sex and the City	Movie: Almost Famous (2000)		
WGN (39)	America's Funniest Home Videos (CC)		Funnies Pets	Funnies Pets	Funnies Pets	Funnies Pets	WGN News at Nine (CC)		Sex and the City	Scrubs (CC)	Scrubs (CC)	Becker (CC)	
TNT (40)	Law & Order Bodies (CC) (DVS)		Law & Order In God We Trust		The Closer (CC)		The Closer About Face (CC)		Cold Case	Factory	Law & Order: Burden (CC) (DVS)		
DSC (42)	How It's Made	How It's Made	Dirty Jobs Worm Dung Farmer (CC)		Dirty Jobs Wine Maker Wine making.		Survive This (N)	Survive This (N)	Dirty Jobs Bat Cave Scavenger (CC)	Dirty Jobs Worm Dung Farmer (CC)			
A&E (47)	CSI: Miami Murder in a Flash (CC)		CSI: Miami Legal (CC)		Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	King of Cars (N)	King of Cars	CSI: Miami Legal (CC)		
HIST (48)	Modern Marvels Taxidermy (CC)		Barbarians II Saxon pirates. (N) (CC)		Ancient Discoveries (CC)		Barbarians Mongols (CC)		Barbarians Goths (CC)	Barbarians Goths (CC)	Barbarians II Saxon pirates. (CC)		
NICK (55)	OddParents	Jimmy Neutron	SpongeBob	Full House	Full House	Growing Pains	Roseanne	Roseanne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show	
DISN (56)	Phil of Future	Zack & Cody	Movie: Snow Dogs (2002) A Miami dentist becomes a sled-dog racer in Alaska. (CC)		Life With Derek		Phil of Future	Phil of Future	Zack & Cody	That's-Raven	Phil of Future	Kim Possible	
FAM (58)	Smallville Stray		Movie: Love Don't Cost a Thing ** (2003, Romance-Comedy) Nick Cannon.		Whose Line? Whose Line?		The 700 Club (CC)		Lincoln Heights		Lizzie is kidnapped.		
HALL (60)	Walker, Texas Ranger (CC)		Walker, Texas Ranger No Way Out		Movie: Where There's a Will (2006, Comedy-Drama) Frank Whaley. (CC)		Movie: A Place Called Home (2004, Drama) Ann-Margret, Matthew Settle. (CC)						

WEDNESDAY												MARCH 7	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC (4, 6)	News (CC)	Entertainment	George Lopez	Knight-Ridg	Accord-ing-Jim	In Case-Emer	Lost Enter 77 (N) (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)		
KSNK/NBC (3, 8)	News	Wheel of Fortune	Friday Night Lights (CC)		Crossing Jordan Hubris (N) (CC)		Medium The Boy Next Door (N) (CC)		News	The Tonight Show With Jay Leno (CC)	Late Night		
KBSL/CBS (12, 11)	News (CC)	Inside Edition	Jericho Heart of Winter (N) (CC)		Criminal Minds The Last Word (CC)		CSI: NY Open and Shut (CC)		News (CC)	Late Show With David Letterman	Late Late		
K15CG (2)	The NewsHour With Jim Lehrer (N)		Johnny Mathis: Wonderful, Wonderful! A Gold 50th		Celtic Woman: A New Journey (CC)		As Time Goes By		Charlie Rose (N) (CC)				
ESPN (28)	College Basketball: Big East Tournament First Round -- Teams TBA. (Live) (CC)		College Basketball: Big East Tournament First Round -- Teams TBA. (Live) (CC)		SportsCenter (Live) (CC)								
USA (37)	Law & Order: Criminal Intent		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: Criminal Intent		Law & Order: SVU		
TBS (38)	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King of Queens	King of Queens	Movie: National Security ** (2003, Comedy) (PA) Martin Lawrence. (CC)				
WGN (39)	America's Funniest Home Videos (CC)		Home Improve.	Home Improve.	Becker (CC)	Becker (CC)	WGN News at Nine (CC)		Sex and the City	Scrubs (CC)	Scrubs (CC)	Becker (CC)	
TNT (40)	Without a Trace Two Families (CC)		ER The Lost (CC)		ER Dear Abby (CC)		ER Shifts Happen (CC)		Without a Trace Trip Box (CC)	Las Vegas Bare Chested in the Park			
DSC (42)	MythBusters Beat the Radar Detector		Mega Builders Fantasy Islands		MythBusters Speed Cameras (N) (CC)		Weapons That Changed the World		Futureweapons Tony Guns		Mega Builders Fantasy Islands		
A&E (47)	CSI: Miami Hell Night (CC)		CSI: Miami Crime Wave (CC)		The Sopranos Toodle...Oo (CC)		The Sopranos Commendatori (CC)		The First 48 (CC)	CSI: Miami Crime Wave (CC)			
HIST (48)	Modern Marvels Large machines.		Barbarians II Franks (N) (CC)		Barbarians II The Lombards. (N) (CC)		Modern Marvels The Barbarians.		History in Focus	Infams Murder	Barbarians II Franks (CC)		
NICK (55)	OddParents	Jimmy Neutron	SpongeBob	Full House	Full House	Growing Pains	Roseanne	Roseanne	Fresh Prince	Fresh Prince	Cosby Show	Cosby Show	
DISN (56)	Phil of Future	Zack & Cody	Movie: Bob the Butler ** (2005, Comedy) Tom Green, Brooke Shields. (CC)		Life With Derek		Phil of Future	Phil of Future	Zack & Cody	That's-Raven	Phil of Future	Kim Possible	
FAM (58)	Smallville Reaper (CC)		Movie: Steel Magnolias *** (1989) Six iron-wired women gather at a Louisiana beauty parlor. (CC)		Whose Line? Whose Line?		The 700 Club (CC)		Home Videos		Home Videos		
HALL (60)	Walker, Texas Ranger (CC)		Walker, Texas Ranger (CC)		Movie: Love Is a Four Letter Word (2007, Romance) Teri Polo. (CC)		Movie: Follow the Stars Home **½ (2001, Drama) Kimberly Williams. (CC)						