

Only child concerns mom; dad worries about daughter

Dear Dr. Brothers: Our son, now 14, is an only child, and he has four adoring grandparents. He also happens to be the only grandchild they have, so you can imagine the kind of attention he gets.

We’ve wanted him to be self-confident, but lately I’m beginning to wonder if there is such a thing as having too much self-esteem.

He’s been labeled the “wonder boy,” and his expectations for huge success are limitless.

My husband keeps saying, “Be glad,” and that part of my anxiety about his ego and expectations is due to the fact that we couldn’t have a brother or sister for him and my guilt about this. — H.M.

Dear H.M.: Only children have many advantages in life, and parents often worry needlessly about the old myth that an only child is automatically a spoiled child, or is deprived. One reason may be because most youngsters now start preschool experiences — where they meet and play with others their age and learn social skills — earlier than they did in the past.

In answer to your question regarding too much self-esteem, the answer is yes. A child with too much not only can be obnoxious, but he’s apt to have fewer friends, and his social relationships throughout life often will suffer. This may hit him hard when he finds stiffer competition in college and discovers that there are other equally gifted youngsters. When expectations are too high, or are unrealistic for some reason, unhappiness, depression, withdrawal, ceasing to try and dropping out can result.

Dear Dr. Brothers: Both my husband and I are concerned about our daughter’s success at her first job



Dr. Joyce Brothers

● Ask Dr. Brothers

since her graduation from college. The job is great, and my husband’s thrilled and a bit surprised that she landed it so soon.

Although her school credentials couldn’t be better, her father is worried that she’s too aggressive and too pushy for her own good, especially because she’s in an all-male environment and she’s making more money than a lot of the guys are. I agree with him, even though I love my daughter. We both just want her to be happy and not lose this job. — G.R.

Dear G.R.: First of all, before you say anything to her about your concerns, take the time to ask yourselves exactly how you’re defining that word “aggressive.” The best way to do this, to learn if you’re correct or perhaps being biased, is to ask yourselves if you’d feel the same way if she were a son instead of a daughter. While it’s true that aggression is accepted and tolerated more in a male than in a female, this attitude is changing.

Despite this, it’s important for both sexes to recognize that there is a great difference between being aggressive and being assertive, and whether in the workplace or in the home, we’d all do better if we were aware of the differences. Both words involve a person getting what he or she wants.

Dear Dr. Brothers: My family seems to be falling apart since I

bought a beautiful house for them in the country.

I did this because I’m doing so much better financially and felt that my wife no longer had to work and that our 13-year-old son, now in middle school, would profit from the move from the city. Unlike in the city, where so many of the kids in his school were too poor, these kids are spoiled and too rich. I’m worried about the girls in his class, who look and dress as if they are much older. In addition to my concerns about that, I think and am practically sure that my wife is contemplating having an affair. I’m frantic; everything seems to be a mess. — W.C.

Dear W.C.: If possible, you might save your family and your own health if you could take a few days off — time to be with your wife and your son, get some extra sleep, relax and try to figure out if you’ve been overreacting and have lost perspective.

While you may be pressured — doing too much at your place of business, never having enough time — the opposite may be happening with them. I say this quite seriously. Boredom is a frequent problem for young adolescents and for wives in the suburbs, and they’re often unaware of the cause behind their restlessness. Your wife may need extra intellectual stimulation; she may be lonely and simply not have enough to keep her busy.

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Electric costs come with emissions price

TOPEKA (AP) — A kilowatt-hour of electricity generated in Kansas costs significantly less than the national average but contributes much more to global warming than power generated in most other states.

It shouldn’t be a surprise that those two facts are connected.

Three-fourths of the electricity generated in the Sunflower State comes from coal-fired plants, and coal is the go-to fuel for supplying electricity around-the-clock because it’s readily available and cheap. But Kansas ranks among the top 10 states in utilities’ carbon dioxide emissions per person.

Gov. Kathleen Sebelius and other officials are caught in a policy dilemma created by those facts. Cheap electricity is undoubtedly popular and raising its cost could hurt the economy. But carbon dioxide, its link to global warming and the possible consequences of climate change are getting more attention in Kansas.

“Up until recently, Kansas electricity has been considered inexpensive because we only considered its cost in terms of fuel, generation, and transmission,” Sebelius said in a statement last week.

She added: “But we now understand that the ‘costs’ of energy include environmental damage and health hazards for our citizens. Frankly, those costs are very hard to quantify in terms of dollars and cents, but we know they are significant.”

Kansas is at the center of a national debate over global warming because of plans by Hays-based Sunflower Electric Power Corp. to build two or three new coal-fired plants next to one it operates outside Holcomb in southwest Kansas. Sunflower is seeking the necessary air-quality permit for two of them from the state Department of Health and Environment.

Sunflower has said the technology it will use will prevent the new plants from increasing pollution that the state does regulate, such as mercury and sulfur dioxide. The utility also says it will comply with whatever regulations on CO2 emissions are enacted — though neither the state nor federal government has any in effect.

But the plans still have drawn strong criticism from environmentalists and the attorneys general of eight states, including California and New York.

Sebelius has sent mixed messages. She has said the state relies too heavily on coal-fired plants, but she’s also said it makes little sense for Kansas to prevent Sunflower or other utilities from building them, only to see them built just across the

state line.

Last month, she and executives from six utilities — including Sunflower — announced they had agreed on goals to increase the use of wind energy and promote conservation programs.

But some of those executives said coal would remain part of any effort to meet future power needs. Earl Watkins Jr., Sunflower’s chief executive, said the new coal plants would lead to new transmission lines, which in turn would create a way of delivering wind-generated power.

And Senate Utilities Committee Chairman Jay Emler, R-Lindsborg said when it comes to meeting future demand, “We can’t do it all with wind.”

An analysis of federal energy data suggests some correlation between high reliance on coal and relatively low electric costs per kilowatt-hour.

Kansas’ average cost in 2005 was 6.55 cents per kilowatt-hour, the 15th lowest in the nation and almost 20 percent lower than the national average of 8.14 cents, according to the federal Energy Information Administration.

Half of the 14 states with lower costs than Kansas obtained 85 percent or more of their power from coal-fired plants. Kentucky had the lowest cost, 5.01 cents per kilowatt-hour, and obtained 91 percent of its power from coal.

Four other states relied most heavily on coal but had significant contributions from nuclear plants. The remaining three — Idaho, Oregon and Washington — received much of their power from water-powered turbines.

What’s also significant is that only one of the 10 states with the highest electric cost per kilowatt-hour — Massachusetts — generated more than a quarter of its power from coal-fired plants. Six of them also were in the bottom 10 for utilities’ CO2 emissions per person.

In contrast, carbon dioxide emissions from Kansas utilities in 2003, the latest data available, were nearly 14 tons per person, or 77 percent higher than the national average, which was less than 8 pounds per person.

Other cheap-electricity states relying heavily on coal ranked high in

per-capita emissions: Wyoming, first; North Dakota, second; West Virginia, third; Kentucky, fourth; Indiana, sixth, and Utah, ninth.

Some legislators and coal industry officials pin much hope on developing technology to capture, store and reuse carbon dioxide so that it doesn’t go into the atmosphere. Some environmentalists don’t see the technology developing quickly enough to combat the immediate threat they see in global warming.

But environmentalists also suggest a way out of the energy bind — conservation.

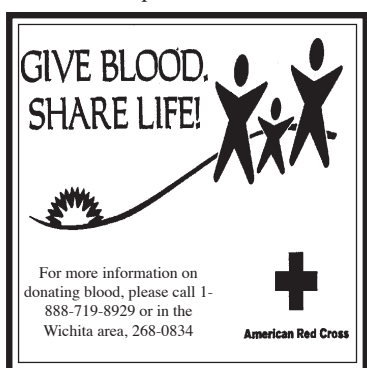
Generally, legislators seem to assume that demands for power will increase as Kansans put the latest computers, big-screen televisions and cool gadgets in their homes. After all, Kansas’ net generation of power increased 34 percent from 1990 to 2005.

But California generated less total megawatt-hours of electricity in 2005 than it did in 2000. Vermont’s figures have seen peaks and valleys from 1990 to 2005.

Sebelius acknowledged, “We have to address the energy issue from both a supply and demand point of view.”

Until now, Kansans haven’t had as much incentive as Californians and Vermonters to conserve electricity because it’s been relatively cheap. Now, with more attention focused on global warming, some appear to be pondering more than the kilowatt-hour charge.

Editor’s note: Political writer John Hanna has covered state government and politics since 1987.



TV LISTINGS

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WEEKDAYS JUNE 5 - JUNE 11

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC (4) (6)	Good Morning Kansas		Good Morning America				Martha		The View		Millionaire	News
KSNK/NBC (8) (8)	News Cont'd		Today						Live With Regis and Kelly		Paid Program	Paid Program
KBSL/CBS (12) (11)	News Cont'd		News		The Early Show		The 700 Club		The Price Is Right		The Young and the Restless	
K15CG (2)	Busi-ness	Body Electric	Curious George	Clifford-Red	Dragon Tales	Big Big World	Beren. Bears	Lions	Sesame Street		Teletub-bies	Barney-Friends
ESPN (28)	SportsCenter		SportsCenter		Sports-Center	Varied	SportsCenter		SportsCenter		Varied Programs	
USA (37)	JAG		JAG		Walker, Texas Ranger		Walker, Texas Ranger		Walker, Texas Ranger		Movie	
TBS (38)	Saved by Bell	Saved by Bell	Saved by Bell	Saved by Bell	Dawson's Creek		Movie				News-Radio	Cosby Show
WGN (39)	Chang-ing	Believer Voice	Hillbil-lies	Hillbil-lies	Matlock		Magnum, P.I.		Homicide: Life on the Street		Da Vinci's Inquest	
TNT (40)	Angel		Charmed		Charmed		ER		ER		Judging Amy	
DSC (42)	Paid Program	Life Today	Joyce Meyer	Paid Program	How It's Made	How It's Made	Deadliest Catch		MythBusters		How It's Made	How It's Made
A&E (47)	The District		24	Varied	Crossing Jordan		Varied	City	Varied	Amer. Justice	Varied	Cold Case
HIST (48)	Varied Programs											
NICK (55)	OddPar-ents	Hidden Temple	Spon-geBob	Spon-geBob	Dora the Explorer	Go Diego	Blue's Clues	Backyar-digans	Wonder Pets	Dora the Explorer	Go Diego	Blue's Clues
DISN (56)	The Wiggles	Higgly-town	Ein-steins	Mickey Mouse	Handy Manny	Charlie & Lola	Zack & Cody	That's-Raven	Hannah Montana	Boy Mts. World	Phil of Future	Cory in House
FAM (58)	Family Matters	Family Matters	Boy Mts. World	Boy Mts. World	Home Videos	Living the Life	The 700 Club		Gilmore Girls		Full House	Full House
HALL (60)	New Morning		Murder, She Wrote		Murder, She Wrote		Little House on the Prairie		Little House on the Prairie		Touched by an Angel	

WEEKDAYS JUNE 5 - JUNE 11

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC (4) (6)	All My Children		One Life to Live		General Hospital		Millionaire	Judge Judy	News	Judge Judy	News	ABC Wild News	
KSNK/NBC (3) (8)	News	Extra	Days of our Lives		Passions		The Ellen DeGeneres Show		Jeopardy!	Jeopardy!	News	NBC News	
KBSL/CBS (12) (11)	News	Bold, Beautiful	As the World Turns		Guiding Light		Dr. Phil		Oprah Winfrey		News	Evening News	
K15CG (2)	Reading Rainbow	Caillou	Varied Programs			Curious George	Cyber-chase	Arthur	Maya & Miguel	Fetch! With	Cliff Pup	Business	
ESPN (28)	Varied Programs				1st and 10	Outside-Lines	NFL Live	Rome-Burning	Around the Horn	Interruption	SportsCenter		
USA (37)	Movie Cont'd	Varied Programs											
TBS (38)	Steve Harvey	Steve Harvey	Fresh Prince	Fresh Prince	Home Improve.	Home Improve.	Yes, Dear	Yes, Dear	King of Queens	King of Queens	Seinfeld	Seinfeld	
WGN (39)	WGN News at Noon		The Greg Behrendt Show		America's Funniest Home Videos		Cosby Show	Cosby Show	Moesha	Home Improve.	Home Improve.	Funniest Pets	
TNT (40)	Judging Amy		Law & Order		Law & Order		Charmed		Charmed		Varied Programs		
DSC (42)	Varied Programs				Deadliest Catch		MythBusters		Cash Cab	Cash Cab	How It's Made	How It's Made	
A&E (47)	Varied Programs		24	Varied	Crossing Jordan	Varied	City	Varied	Amer. Justice	Varied	Cold Case	Varied	
HIST (48)	Modern Marvels		Varied Programs										
NICK (55)	Backyardigans	Varied Programs								SpongeBob	Drake & Josh	Ned's School	OddParents
DISN (56)	Movie	Varied Programs											
FAM (58)	Family Matters	Family Matters	Step by Step	Step by Step	Full House	Full House	Sabrina-Witch	Sabrina-Witch	Gilmore Girls		7th Heaven		
HALL (60)	Matlock		Matlock		Little House on the Prairie		Little House on the Prairie		M*A*S'H	M*A*S'H	M*A*S'H	M*A*S'H	

TUESDAY JUNE 5

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC 4 6	News (N) (CC)	Entertainment	George Lopez	Accord-Ing-Jim	The 2007 ALMA Awards Celebrating Latino artistic achievement. (N) (CC)				News (N) (CC)	Nightline (N) (CC)	Jimmy Kimmel Live (N) (CC)	
KSNK/NBC 8 3	News (N) (CC)	Wheel of Fortune	Deal or No Deal (iTV) (N) (CC)		America's Got Talent (Season Premiere) Contestants audition for the judges. (CC)				News (N) (CC)	The Tonight Show With Jay Leno (CC)	Late Night	Late Night
KBSL/CBS 12 11	News (N) (CC)	Inside Edition	NCIS Smoked (CC)		The Unit The Broom Cupboard (CC)		48 Hours Mystery (CC)		News (N) (CC)	Late Show With David Letterman	Late Late	Late Late
K15CG 2	The NewsHour With Jim Lehrer (N)		Brenda Watson's H.O.P.E. Formula			Donovan Concert: Live in L.A. (CC)			BBC World	Summer Wine	Charlie Rose (N) (CC)	
ESPN 28	Sports-Center	NFL (Live)	U.S. Poker Championship (CC)		U.S. Poker Championship (CC)		Baseball Tonight (Live)		SportsCenter (Live) (CC)		Fast-break	Baseball Tonight
USA 37	Law & Order: Criminal Intent		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
TBS 38	Ray-mond	Ray-mond	Ray-mond	Ray-mond	Sex and the City	Sex and the City	Friends (CC)	Friends (CC)	Sex and the City	Sex and the City	Movie: Remember the Titans (2000)	
WGN 39	America's Funniest Home Videos (CC)		MLB Baseball: Chicago Cubs at Milwaukee Brewers. Miller Park. (Live) (CC)				WGN News		Scrubs (CC)	Scrubs (CC)	Becker (CC)	Becker (CC)
TNT 40	Without a Trace Thou Shalt Not...		Without a Trace Light Years (CC)		The Closer The Butler Did It (CC)		The Closer LA Woman (CC)		Without a Trace Sons and Daughters		Law & Order A Losing Season	
DSC 42	Deadliest Catch Caught in the Storm		Deadliest Catch Crossing the Line		Deadliest Catch (N)		After the Catch Man vs. Nature (N)		MythBusters Diet Coke and Mentos		Deadliest Catch Crossing the Line	
A&E 47	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Criss Angel Mindfreak (N) (CC)	Criss Angel	Criss Angel	Bounty Hunter	Bounty Hunter	Bounty Hunter
HIST 48	Modern Marvels Bricks (CC)		Star Wars Tech Six films. (CC)		The Universe Mars (N) (CC)		The Universe The sun. (CC)		Perfect Crimes? (CC)		Star Wars Tech Six films. (CC)	
NICK 55	OddParents	Jimmy Neutron	Sponge-gob	Drake & Josh	Home Videos	Full House	Fresh Prince	Fresh Prince	Rose-anne	Rose-anne	Cosby Show	Cosby Show
DISN 56	Hannah Montana	Suite Life	Movie: Motocrossed (2001, Adventure) Alana Austin, Mary-Margaret Humes. (CC)			That's-Raven		Life With Derek	Suite Life	Hannah Montana	Replacements	Kim Possible
FAM 58	Smallville Covenant (CC)		Movie: One Fine Day ★★½ (1996, Romance-Comedy) Michelle Pfeiffer.			Whose Line?		Whose Line?	The 700 Club (CC)		Falcon Beach (CC)	
HALL 60	Walker, Texas Ranger (CC)		Walker, Texas Ranger (CC)		Movie: Annie's Point (2005) A widow and her granddaughter journey cross-country.				Murder, She Wrote (CC)		Murder, She Wrote School for Scandal	

WEDNESDAY JUNE 6

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4) (6)	News (N) (CC)	Entertainment	Next Best Thing		American Inventor (Season Premiere)		Traveler New Haven (N) (CC)		News (N) (CC)	Nightline (N) (CC)	Jimmy Kimmel Live (N) (CC)	
KSNK/NBC (8) (8)	News (N) (CC)	Wheel of Fortune	NHL Hockey: Stanley Cup Final Game 5 -- Anaheim Ducks. If necessary, From Honda Center. (Live) (CC)		Criminal Minds The Big Game (CC)		CSI: NY Hung Out to Dry (CC)		News (N) (CC)	The Tonight Show With Jay Leno (CC)	Late Night	Late Night
KBSL/CBS (12) (11)	News (N) (CC)	Inside Edition	King of Queens	King of Queens	The Big Game (CC)		CSI: NY Hung Out to Dry (CC)		News (N) (CC)	The Tonight Show With David Letterman	Late Late	Late Late
K15CG (2)	The NewsHour With Jim Lehrer (N)		Secrets of the Dead Gangland Graveyard		Great Performances (N) (CC)		Encore! With		BBC World	As Time Goes By	Charlie Rose (N) (CC)	
ESPN (28)	MLB Baseball: Philadelphia Phillies at New York Mets. Shea Stadium. (Live) (CC)						Baseball Tonight (Live)		SportsCenter (Live) (CC)		Fast-break	Baseball Tonight
USA (37)	Law & Order: Criminal Intent		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: Criminal Intent		Law & Order: SVU	
TBS (38)	Raymond	Raymond	Raymond	Raymond	House of Payne	House of Payne	Raymond	Raymond	King of Queens	King of Queens	Movie: Spanglish *** (2004) (CC)	
WGN (39)	America's Funniest Home Videos (CC)		Home Improve.	Home Improve.	Becker (CC)	Becker (CC)	WGN News at Nine (N) (CC)		Sex and the City	Scrubs (CC)	Scrubs (CC)	Becker (CC)
TNT (40)	Law & Order (CC) (DVS)		Law & Order Mammom		Law & Order The Sixth Man		Law & Order Hands Free (CC) (DVS)		Without a Trace A Tree Falls (CC)		Las Vegas Bold, Beautiful and Blue	
DESC (42)	How It's Made	How It's Made	MythBusters Human projects.		MythBusters Exploding truck-tire.		Cash Cab (N)	Cash Cab	Dirty Jobs Well Digger (CC)		MythBusters Human projects.	
A&E (47)	CSI: Miami Vengeance (CC)		CSI: Miami Whacked (CC)		The Sopranos Pine Barrens (CC)		The Sopranos Amour Fou (CC)		TBA		CSI: Miami Whacked (CC)	
HIST (48)	Modern Marvels D-Day Tech (CC)		Modern Marvels Torture Devices		Modern Marvels Death Devices (CC)		Modern Marvels High Tech Sex (CC)		Man, Moment, Machine (CC)		Modern Marvels Torture Devices	
NICK (55)	OddParents	Jimmy Neutron	SpongeBob	Drake & Josh	Home Videos	Full House	Fresh Prince	Fresh Prince	Roseanne	Roseanne	Cosby Show	Cosby Show
D1SN (56)	Hannah Montana	Zack & Cody	Movie: The Proud Family (2005, Fantasy) Voices of Kyla Pratt. (CC)				That's Raven	Life With Derek	Zack & Cody	Hannah Montana	Replacements	Kim Possible
FM (58)	Movie: Smallville Crusade (CC)		Movie: Ice Princess (2005) A teen chases her dream of becoming a figure skater.				Who's Line? Who's Line?		The 700 Club (CC)		Home Videos	Home Videos
HALL (60)	Walker, Texas Ranger Patriot (CC)		Walker, Texas Ranger Ghost Rider		Movie: Our House (2006, Drama) Doris Roberts, Judy Reyes. (CC)				Murder, She Wrote (CC)		Murder, She Wrote (CC)	