

Family

Deaths

Barbara Farmer

Barbara Farmer, 57, of Salina, died Friday, June 29, 2007. Mrs. Farmer was born March 28, 1950, in Colby to Elgin and Berneda Barnett. She was a bookkeeper for Geoprobe Systems in Salina. She married Ray Farmer March 29, 1970, in Rexford. Mrs. Farmer is survived by her husband, Ray, of Salina; son Eric and wife Julie of Elkridge, Md.; daughter Amy Patterson and husband Mitchell of San Antonio, Texas; brother Donnie Barnett and wife Sherrel of Sharon Springs;

mother Berneda Zoerberst and husband Ray of Rexford; and two grandchildren. She was preceded in death by her father, Elgin, and one brother, Ronnie. Services were at 10 a.m. Monday at First Covenant Church in Salina with pastor Doug McHenry officiating. Burial was at Gypsum Hill Cemetery in Salina. Ryan Mortuary of Salina was in charge of arrangements. Memorials are suggested to the Hospice of Salina or the Tammy Walker Cancer Center.

Brewster wheat harvest in 'full swing'



Betty Jo Baird

● **Brewster Correspondent**

family, Shirley Miller from St. Cloud, Fla. Shirley taught music in the Brewster school in the 1930s.

A picnic was held June 27 for Colleen Rall's birthday in the Hunter Hall Park. The Gazebo that the Lions Club put in the park is very nice, and the community should be able to enjoy it more often than it is being used. The summer reading program is coming to the Center on Monday, July 16 at 2 p.m. to give us some skits and afterwards serving snacks.

Anyone interested, please come join us for some good entertainment. Sorry that's all the news I've heard this week. Everyone being in the fields till midnight, puts a stop to a lot of things. If you have any news please let me know each week by noon on Tuesdays. I thank you for your help.

Hints about clutter can help clean up home

By Heloise

Dear Readers: Here are some ways to stop clutter from controlling your home and life. It seems every closet and room is filled with too much stuff. The following are seven hints for stopping that clutter from taking over:

1. If you can't locate what you are searching for in several minutes, it's time to rethink where things belong. The more often you use it, the closer it should be.
2. Enlist the whole family, not just Mom, to join the decluttering and organizing bandwagon.
3. If one room or area is beginning to look messy and cluttered, tackle it ASAP.
4. Give the living room, den or common area a quick pickup before going to bed.
5. Toss out or put papers in the recycle bin every day, including newspapers and magazines.
6. Keep lists or inventories of what you already have. If you don't need it, don't buy it.
7. If something new comes into your home, many people say something old should go out.

— Heloise
P.S.: "A few minutes or a few

things" is my motto. **Travel hint** Dear Heloise: Recently, I stayed at a new, clean hotel/motel, and I was in a first-floor room overlooking the parking lot. When I closed the curtains to get dressed, I realized that the curtains didn't close completely, and to make matters worse, the air conditioner was causing them to billow. I took one of the hotel's wooden pants hangers and clipped the curtains together in two places, which secured them closed. The weight of the wooden hanger kept them from billowing out. Problem solved. — Jude Powell, Rockport, Texas **Empty prescription bottles** Dear Heloise: I am always looking for things to do with empty prescription bottles. They come in different sizes, they're see-through, they're free, and the supply is never-ending. One of my favorite things to do with them is after I paint a room, I fill one up with extra paint used in the room, dab some on the outside of the bottle or lid (so I know which color/room it's from) and keep it in the closet of that room. This way, I don't have to get out the paint can when touch-ups are needed, and I always know the extra paint is close at hand. — June, via e-mail (c)2007 by King Features Syndicate Inc.

Autism is becoming easier to diagnose

Plain Sense

Autism is a neurological and developmental disorder that becomes evident in the first three years of a child's life. The disorder is defined by extreme unresponsiveness to others, lack of communication, and repetitive or rigid behaviors. According to the *Diagnostic and Statistical Manual of Mental Disorders, 1994*, approximately 75 percent of the children with autism function on a mentally retarded level. It is noteworthy that 80 percent of all cases occur in boys, though the reasons for this are not apparent to researchers.

Parents may notice very early that their baby or young child is "different." A lack of responsiveness to others is an early indicator. Infants with autism do not seem interested in being picked up by mom or dad, and do not reach out for, or appear to recognize others. Delay in, or lack of, the development of spoken language is one of the signs of autism. Fifty percent of autistic children develop no verbal skills, or very limited skills. Those who do

develop language often speak in peculiar ways, including an abnormal tone, pitch and volume. They may repeat the exact word or phrase they hear, yet they have no understanding of the actual meaning of what they are saying. Rigid behavior is a very common sign of autism including intense preoccupation with a narrow area of interest, and inflexible adherence to routine and rituals. Autistic children have been known to throw tantrums if a parent wears an unfamiliar pair of glasses or when a chair is moved to another

part of the room. A child may become very attached to unusual objects such as a rubber band or plastic lid, rather than a doll or toy. If a parent tries to take the object away from the child, a tantrum will be the likely result. According to the US Center for Disease Control and Prevention, the number of children diagnosed with autism currently is one out of 150 children, as compared to one in 2,000 10 years ago, which, if taken literally, indicates that the illness has increased. However this is misleading. In reality, the scope of the definition of autism has expanded to include a number of related disorders including Asperger's Disorder and, due to advances in the medical and psychiatric field, more children are being identified at an early age. Parents should start by talking with a medical professional if they have concerns. There is no known cure for autism, but improvement can occur, especially if interventions are started early.

Community Calendar

- SATURDAY, JULY 7**
Sixth Street Alcoholics Anonymous, 1275 W. Sixth St., 8:30 p.m.
Wings Upon the Prairie drop-in center, 485 N. Franklin, 11 a.m.-5 p.m.
MAYB tournament, 8 a.m.
- SUNDAY, JULY 8**
Car races, Thomas County Speedway, 7 p.m.
Narcotics Anonymous candlelight meeting, City Hall basement, 8 p.m.
- MONDAY, JULY 9**
Downtown Alcoholics Anonymous, City Hall basement, 8:30 p.m.

Bridge and Golf Results

Bridge winners at Meadow Lake Golf Course were: Mary Molstad, first; Lyle Worthy, second; Jean Snyder, third. Golf results for the two-lady scramble were Audrey Hines and Pam Augustine, first. Bridge is at 5:30 p.m. each Tuesday. Ladies' golf is also on Tuesday. Registration is at 5:30 p.m. followed by the game at 6 p.m.

Markets

Quotes as of close of previous business day
Hi-Plains Co-op

Wheat	\$5.37
Corn	\$3.32
Milo	\$5.33
Soybeans	\$7.44

NOW SHOWING July 6th - July 12th

TRANSFORMERS
PG-13 21 hours, 25 min.
Friday & Saturday 7:00 & 9:35
Sunday 4:00 & 7:00
Monday - Thursday 7:00

LIVE FREE OR DIE HARD
PG-13 2 hours, 10 min.
Friday & Saturday 7:00 & 9:25
Sunday 4:00 & 7:00
Monday - Thursday 7:00

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Northwest Kansas Virtual Program

Non-Traditional Learning Opportunity (A K-12 Virtual Learning Opportunity)

Information Meetings Scheduled in Northwest Kansas. Join us for more Information.

July 11 at 6 PM Mountain Time Goodland City Library
July 12 at 10 AM Central Time Oakley City Library
July 23 at 6 PM Central Time Oberlin TBA
July 31 at 6 PM Central Time WaKeeney TBA
August 1 at 6 PM Central Time Hoxie City Library
August 2 at 6 PM Central Time Colby Pioneer Memorial Library

For More Information contact:
Dan Thornton
785-672-3125
dthornton@nkesc.org
www.nkesc.org

When you're fishing for bargains... check the Free Press Classifieds!!
785-462-3963

Good Samaritan Society
NWK HOME CARE

Help Wanted

The NWK Home Care, a Medicare Certified Home Health Agency, has an opportunity for a REGISTERED NURSE for the Goodland and Colby area. The position is part-time and for more information contact Vicki at 785-332-6399.

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When it comes to long-term care, THERE'S NO PLACE LIKE HOME.

A good thing about Long-Term Care Insurance from State Farm** is that you have your choice of care options - including in your home. You'll also be helping to protect your life savings from the cost of extended care. To learn more about it, just talk to your neighborhood State Farm agent.

Jane W. Johnson, Agent
905 E 4th Street
Colby, KS 67701-2801
Bus: 785-462-7525
jane.johnson.gh2i@statefarm.com

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Long Term Care Seminar

The Colby, Kansas Agency is proud to host a complimentary Long Term Care Seminar at the Claremont Inn in Stratton, Colorado on:

- Wednesday, July 18, 2007 or
- Tuesday, July 31, 2007 or
- Friday, August 31, 2007.

Drinks and hors d'oeuvres will be provided. Space is limited to 30. Reservations are required. Please call 785-462-7525 or e-mail janejohnson.gh2i@statefarm.com. RSVP no later than:

- Friday-July 13-5:00 PM for July 18th Seminar
- Thursday-July 26-5:00 PM for July 31st Seminar
- Friday-August 24-5:00PM for August 31st Seminar.

The Claremont has agreed to provide a great discount on room rates! If you'd like to spend the night, call: 888-291-8910.

Hot July Savings!

25% off all Iron Products!
50% off all Monogrammed Items

Colonial Candle
Fragrance of the Month:
Cranberry Apple Tea
25% off

185 W. 4th
462-7136

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Non-surgical treatment of hemorrhoids.

John D. Ferris, MD
will be at:
291 15th Street
Burlington, CO

Saturday, July 14

For information or appointment, call 1-800-593-0009

Kansas MENTOR
Bringing Caring Closer

Kansas MENTOR is a child-placing agency that helps find stable and caring homes for at risk-youth 10 years of age and older. We are currently looking for homes in this area. If you would like to make a difference in a youth's life, **Kansas Mentor** is seeking caring individuals who are willing to make a commitment and open their homes and hearts to youth at risk. A **Mentor** (foster parent) will receive a daily rate of \$45.00 per day per youth and 24 hour professional support. There are youth out there that need your help today! Please don't hesitate to call and make a change in a youth's life. For more information please call..... 1-877-272-0499.

REHE

Rawlins County Health Center

RAWLINS COUNTY HEALTH CENTER COMMUNITY CALENDAR

707 Grant Atwood, KS 67730
(785) 626-3211

Bringing Specialized Healthcare To Your Community

July 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cardiac Rehab	3 J Molstad to McDonald	4 Independence Day	5 Dr. Reeves Podiatry	6 MRI Mobile Unit Vasc Ultrasounds Cardiac Rehab Dr. Reeves Podiatry	7
8	9 Cardiac Rehab	10 L Horchem to McDonald	11 Diabetic Clinic Echocardiograms Ultrasounds Cardiac Rehab Dr. Frankum Surgery	12	13 Nuclear Stress Test MRI Mobile Unit Vasc Ultrasounds Cardiac Rehab	14
15	16 Cardiac Rehab	17 J Molstad to McDonald Dr. Miller Cardiology	18 Diabetic Clinic Echocardiograms Ultrasounds Cardiac Rehab	19	20 MRI Mobile Unit Vasc Ultrasounds Cardiac Rehab	21
22	23 Cardiac Rehab	24 L Horchem to McDonald	25 Diabetic Clinic Echocardiograms Ultrasounds Cardiac Rehab	26	27 MRI Mobile Unit Vasc Ultrasounds Cardiac Rehab	28
29	30 Cardiac Rehab Dr. Rubinowitz Oncology	31 J Molstad to McDonald				

TO SCHEDULE AN APPOINTMENT WITH A VISITING PHYSICIAN, PLEASE CALL (785)626-3211 Cheryl Banister, RN Specialty Clinic Director

In House Services - Available Daily
CT Scan ** Bone Mineral Density
** EKG Electrocardiograms