

Family

Suggestions offered on remodeling or new kitchen

By Heloise
Hints from Heloise

Dear Readers: If you are remodeling your home or shopping for a new one, here are a few suggestions to help make your kitchen a stress-free environment:
1. Place appliances to suit your cooking needs.
It often works best if the sink, refrigerator and range form a triangle, known as the work triangle for most kitchens. Visit showrooms and look through magazines for ideas.
2. Keep in mind that not all counters have to be the same height. The stove top can be lower than the sink, or vice versa.
3. Install sliding shelves or turntables in cabinets to make it easier to retrieve items at the back.
4. Work surfaces should be

stain- and heat-resistant.
Consider how careful you are and how much maintenance you're willing to do! Ask friends what they like or don't like about their countertops.
5. Flooring should be easy to clean. There are many types to choose from -- wood, laminates, vinyl, ceramic tile, marble, etc. All have advantages and disadvantages, so do extensive research before you commit -- you will have to live with it!
A kitchen is the "hub" of the house -- from preparing meals to the area guests seem to gravitate toward -- so make it functional and family-friendly!

Travel hint
Dear Heloise: Hotels rarely have enough hangers for me and my husband when we travel. So when we travel together, we keep all of our hang-up clothes on hangers and pack them folded

neatly in our suitcase. When we reach our destination, we simply take out our clothes and hang them up in the hotel closet. We always have enough hangers, and the clothes are infinitely easier to unpack.
Lanell Hall, Hilliard, Ohio
Sweeper cloths
Dear Heloise: We recently purchased one of the new floor sweepers that use a special soft pad for dusting floors.
One run through the house makes the pad ready for the trash can. But I discovered that when you take the pad off, very little of the dust, etc., makes it through the pad to the back side.
So now I turn it over and reuse the same pad for one more round of dusting the floor. It picks up a lot more than just a cleaning cloth, and I've gotten more use from the pad, and saved money as well.
Cheryl Wagner, Emden, Ill.

Quick gum removal
Dear Heloise: For an easy way to remove chewing gum from the bottom of a shoe or sneaker, spray the area with a spray lubricant. It loosens right up! I then remove the gum with a screwdriver, etc., and wipe the area with a paper towel. Works great.
Maria, Davie, Fla.
Border help
Dear Heloise: Whenever I put up a border in a room, I always buy a little extra.
I put a strip around an inexpensive wastebasket and also a plastic tissue-box cover. This helps to pull the room together and gives it a designer look.
Jean Milici, Torrington, Conn.
Emergency help for cat owners
Dear Heloise: With the recent wildfires in California, I recalled a valuable hint that was given to me after my first earthquake ex-

perience.
Although most pet owners have kennels for cats, in an emergency like an earthquake or fire, the portable kennels may be in a part of the house/apartment that has become inaccessible.
So, keep supplies of pillowcases in your residence. Just scruff the cat at the back of the neck, put it in the pillowcase and tie the top closed (this might be easier said than done! -- Heloise). If you reach a carrier but the cat is "freaking out," turn the carrier with the door opening to the top and prop it against a solid surface like a wall. Once again, scruff the cat by the back of the neck and lower the cat, bottom first, into the upright carrier and close.
Hope you never need this hint, but just in case.
Cristin Allen, via e-mail
Newspaper wrappers
Dear Heloise: I had made a batch of suet for the birds.
The next morning, I brought the newspaper in along with the suet, which was outside to chill since the temperature was very cold. I laid the newspaper on the counter while cutting the suet into sections and realized that the newspaper wrapper was perfect for storing the suet in the freezer. The wrappers do come in handy.
Jackie, Sherwood, Ark.
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Arleta Dorothy Detjen
Arleta Dorothy Detjen was born April 17, 1940 to Albert and Ella (Hesterberg) Detjen near Menlo, Kansas.
She passed away December 23, 2007 in Colby after fighting a long illness.
She spent her entire life in the northwest part of Kansas working and finally retiring from the Colby Super Market after many years. She was employed at the Comfort Inn at the time of her passing.
She loved to do fancy work and made many beautiful pieces, as well as traveling with her friends in the spring and summer. She was an ardent fan of the Colby Eagles and Colby Community College basketball teams. She enjoyed staying in touch with her friends through e-mail.
Her nephews, niece and great nephews were the joy of her life. She tried to attend their events and offer her support and love.
Arleta was preceded in death by her father and mother. She is survived by two sisters, Elta Rall and husband Elmer of Hoxie and Agnes Lewis and husband Larry of Colby, nephews, niece, great nephews, special friend Judy Deiser, as well as many other friends and acquaintances.
Services were held December 27, 2007 at the Lutheran Church where Arleta was a member. She was laid to rest in the sure and certain hope of the Resurrection at the Hoxie Cemetery in Hoxie, Kansas.

Free lunch scheduled at Brewster center

By Betty Jo Baird
Brewster correspondent

If you are 55 or over come into the Senior Center at noon, Tuesday, Jan. 29, for a soup and sandwich plus dessert lunch on us.
All you have to do is call the center at 694-2645 between now and noon, Monday, Jan. 28, so I can get a head count. Don't forget free lunch, noon, Jan. 29.
Duane and Ruth Jones met

their family in Limon, Colo., Saturday, Jan. 5, for the weekend. Those present were Linda and Larry Hoffner, Brad and Melissa Hoffner, Brittany and Braden, Eric and Crystal Hoffner and T.J. The children loved the swimming pool.
The Brewster Bulldogs lost their games on Friday, Jan. 4, to Tribune/Greeley County. The boys lost 58-48 and the girls lost 48-19. I'm sure they will be improving as the winter goes on.

The Frontier Ag has two new babies in their crew. Mr. and Mrs. Terry Niblock had a baby boy born Dec. 30 and Mr. and Mrs. Kevin Schmidt had a baby girl born Jan. 7. Both daddies work at Frontier Ag. Commodities are in and can be picked up anytime.
It's nice to see most of the ice gone now off the streets. But we do need the moisture anytime we can get it.
A minister parked his car in a

no-parking zone in a large city and attached the following message to his windshield: "I have circled this block 10 times. I have an appointment to keep. Forgive us our trespasses."
When he returned to his car he found this reply attached to his own note, along with a ticket:
"I've circled this block for 10 years. If I don't give you a ticket, I lose my job. Lead us not into temptation."
Have a good week.

Kansas has national representative

Ron Wilson, director
Huck Boyd National Institute Development at Kansas State University.

National president. It has a nice ring to it, doesn't it? Yes, it is big responsibility to serve as a leader for a national organization, and it is an honor when someone from your state takes on that responsibility for the entire country. Today, we'll meet a man who recently concluded a year of service to his national organization. He's based in rural Kansas.
Greg Shelor is from Minneola.. Greg recently completed a term as president of the National Sorghum Producers. National Sorghum Producers is the nationwide association of growers of grain sorghum across the country.
Greg grew up on a farm in southwest Kansas. Today, he and his family farm some 1,700 acres, of which 250 is irrigated. The farm is near Minneola, a town of 721 people south of Dodge City. That's rural, but check this out. The farm is located west of the unincorporated settlement of Bloom with a population of 15 or 20 people. Now, that's rural.
Of course, a great strength of rural Kansas is agriculture. Greg is a lifelong farmer in the region. He grows grain sorghum in rotation with wheat and summer fallow. He says, "It's a drought-tolerant crop that fits in very well out here." In fact, Kansas is the largest producer of grain sorghum in the entire nation. In 2006, Kansas produced 145 million bushels of sorghum for grain, valued at more than \$487 million.
Greg says, "Grain sorghum has predominantly been a livestock feed, but now it is growing into the ethanol market. Sorghum is usually about 80 to 82 percent the price of corn, but now it's running about the same. Getting these ethanol plants in here has helped. Sorghum will yield about the same amount of gallons per bushel as corn, and the feed quality of the distillers grain is excellent."
Greg says that the industry is expanding into other new uses also. He says, "Some sorghum is going into wall board and pet food, and now producers are raising food grade sorghum for flour." This has health benefits for people who are allergic to wheat gluten. Sorghum gluten can be used as a substitute so these people will not have an allergic reaction.
Greg is quite an ambassador for sorghum producers. In the 1980s, Greg was appointed to the state board which oversaw

the sorghum checkoff and became active in the sorghum producers organization after that. In February 2005, he became president of the National Sorghum Producers. His national one-year term has ended, but his service continues at the state level. He also serves as president of the Kansas Grain Sorghum Producers Association.
Greg and his wife have three sons: Matthew, who is a research assistant in the K-State animal sciences department; Justin, who is in Minneola; and Derrick, who recently graduated from K-State.
It was a very interesting time to be president of the national organization, with planning for the new farm bill getting underway during his year. There were other ag and policy issues in which his organization was involved, so he found himself testifying before the U.S. House of Representatives Agriculture Subcommittee on Gen-

eral Farm Commodities and Risk Management.
Greg says, "We're lucky to have excellent representatives from Kansas in Congress."

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