

Family

Death

Nancy Parrott

Nancy B. Parrott, 86, of Colby, Wichita. A memorial service will be announced at a later date.

Raymond Struckhoff

Raymond F. Struckhoff, 78, of Grinnell, died Saturday, March 1, 2008, at the Geary Community Hospital in Junction City.

Funeral services will be held at 10:30 a.m., Wednesday, at St. Paul's Catholic Church in Angelus with Father Michael Elan officiating.

Visitation is from 4 to 9 p.m., Tuesday, at St. Paul's Catholic Church with rosary at 7 p.m.,

Tuesday, also at the church. Burial will be at the Immaculate Conception Cemetery in Grinnell.

A memorial has been established to benefit St. Paul's Church, Immaculate Conception Church and Grinnell Senior Center. Donations may be sent to Kennedy-Koster Funeral Home, 217 Freeman, P.O. Box 221, Oakley, Kan. 67748.

Kennedy-Koster Funeral Home is in charge of all arrangements.

Card shower

Connie Menges of Colby is hospitalized at Swedish Medical Center after suffering a stroke recently.

She will be in the rehabilitation center for many weeks and family

members said cards would be appreciated.

Well wishes can reach Connie at: Swedish Medical Center, Rm 6-136, 501 E. Hampden Ave., Englewood, Colo. 80113.

Hints from Heloise

By Heloise
Hints from Heloise

Dear Heloise: When I'm having guests over, I buy a large bouquet of mixed flowers and rearrange it into a number of smaller bouquets. I arrange the larger flowers and greenery in a tall vase, then put a few smaller flowers in a bud vase and stick flowers with short (or broken) stems in a small, shallow pot with a "frog" inside.

A display of several small vases, matching or random, is an unusual and pretty way to decorate a table. The smaller vases also allow guests to see one another across the table.

Although the large arrangements cost \$10-\$15, I think I get at least \$30 worth of decoration out of them.

— Susan T., via e-mail
Susan, fresh flowers add so much to the ambience of a home. I'm with you about spreading them all over the house. Sometimes a single bud in a small vase is as pretty as a large bouquet.

— Heloise

Fast facts

Dear Readers: Here are a few more hints for using large, plastic zippered bags:

- Store picnic plasticware.
- Store games when the box has been damaged.
- Hang in the laundry room for lint collection.
- Store pens, pencils and crayons.
- Store a child's small toys or building blocks.

— Heloise

Mail-order garment

Dear Heloise: When ordering garments from mail order, before wearing them, I wash and dry (if the care label says it's OK) first to be sure that it performs the way

it was advertised (no wrinkling, etc.). I save the envelope or box and shipping label until I'm sure it's a keeper.

— F.C., Rosebud, Texas
Stamp trade

Dear Heloise: I read a column where there was a letter mentioning what to do with old stamps when the cost has gone up.

I had a full roll and a few booklets of the former denomination of stamps. I took them to the post office and traded them in along with some cash for 100 new stamps. I wish I had thought of this a few years ago, when I would just keep using the old and adding 2-cent stamps to every envelope. Also, now they have a "forever" stamp that is supposed to be good indefinitely.

— Victoria from California
Victoria, we checked with U.S. Postal Service officials, and they said they do not have this service. You must have run into a kind postal worker. They say, "Unless mistakes were made when originally purchased, or your stamps were defective when purchased, post offices have ample supplies of appropriate 'makeup' stamps (e.g., \$.01, \$.02)."

— Heloise
Sound off

Dear Heloise: My Sound Off is hair dye. It tells you to test it to make sure you are not allergic to it. But when you do this, you end up wasting the whole bottle. They should already have a small tester full of the dye. Thanks for listening.

— Sarah in Indiana

Editor's note: Readers with a great hint are encouraged to send them to: Heloise, P.O. Box 795000, San Antonio, Texas 78279-5000 or e-mail: Heloise(at)Heloise.com

(c)2008 by King Features Syndicate Inc.

Rexford mourns loss of resident

By Vicki Allison
Rexford correspondent

The weekend's weather gave us all a taste of what we can be looking forward to, with temperatures in the 70s, but it didn't happen the following day with temperatures in the 30s.

The community and neighbors extend sympathy, thoughts and

prayers to the family and friends of Clyde Turrell who had passed away. His funeral services were held Saturday at the Rexford Community Church.

Many of us from the community traveled to Atwood to attend the Western Plains Arts Association sponsored performance of Masked Marvels and Wonder-tales. Those attending were Janell Antholz and children, Hannah and

Jacob. I traveled along with my son and his family, Chad and Dez Wark and children, Morgan and Hayden.

Birthday celebrations this week include Janette Dible, Thursday and Hayden Wark celebrates her fourth birthday Saturday.

Saturday will be Bingo at 7 p.m. at the Red Barn.

Red Barn on-going activities:

- Monday, Barnswallows, 2 p.m.;
 - Wednesday, Ladies Bible Study, 10 a.m., Men's Bible Study, led by Pastor Lane Purcell at 8 p.m.;
 - Thursday, Come on Down, 2 p.m.;
 - Fridays Koffee Klatch, 9:30 a.m.;
 - Saturda, Bingo, 7 p.m., second Saturday.
- Until next time, make your

March is colorectal cancer awareness month

Colon cancer is unique in the medical world. It is one cancer that can actually be prevented if detected early before cancerous polyps have a chance to grow and spread.

Colon cancer can strike at any age, but nine out of 10 new cases are in people age 50 or older.

That is why colorectal cancer screening is recommended for men and women over the age of 50 and for anyone with a family history of the disease, regardless of age.

In Kansas, 1,733 individuals were diagnosed with colorectal cancer in 2005 and 1,604 died from the disease.

Nationally more than 145,000 new cases of colon cancer were diagnosed in 2005 and 56,290

Americans died. Colorectal cancer is the second leading cancer killer among both men and women, second only to lung cancer.

There is good news — the American Cancer Society reports a nationwide drop in colon cancer deaths in 2003-2004 due to an increase in screening and early detection.

The National Colorectal Cancer Research Alliance, co-founded by national news anchorwoman Katie Couric, has promoted colonoscopy tests since 2000 and part of the rise in awareness can be attributed to those efforts.

The ads "Are you the picture of health?" featuring Couric are being used extensively during March 2008 to raise awareness of colon cancer.

The Kansas Cancer Partnership (KCP), in conjunction with the Kansas Department of Health and Environment, is using the Couric print ads, as well as TV and radio spots featuring other celebrities such as Morgan Freeman, Diane Keaton and Jimmy Smits in an extensive media campaign throughout the month of March.

The KCP also is partnering with 12 Cancer Centers across the state that are conducting local community information and screening activities.

The Cancer Centers participating in this year's colorectal cancer activities include:

- The University of Kansas Cancer Center, Kansas City;
- Susan B. Allen Memorial Hospital, El Dorado;

- St. Francis Comprehensive Cancer Center, Topeka;
- Mercy Regional Health Center, Manhattan;
- Hays Medical Center, Hays;
- Coffeyville Regional Medical Center, Coffeyville;
- Via Christi Regional Medical Center, Wichita;
- Tammy Walker Cancer Center, Salina;
- South Wind Oncology Associates and St. Catherine Hospital, Garden City;
- Lawrence Memorial Hospital, Lawrence;
- Four Tribe's Women's Wellness in Horton; and
- Heartland Cancer Center, Great Bend.

BUSINESS DIRECTORY

To have your ad placed in the Business Directory call Jasmine, Crystal or Hannah today at 462-3963.

Get On-Line for Value!
nwkansas.com
Call 462-3963 or stop by 155 W. 5th St.

PANTHER RADON SERVICES, INC.
Pounce on Radon for a Healthier Home!
Radon Testing, Mitigation, and Supplies
Phone#: 877-938-2245 or 785-938-2245
Call today for a Free Consultation

Need a new insurance partner?
Auto | Home | Business | Farm/Ranch | Life
College | Retirement
David L. Browne III
550 N Franklin Ave
Colby
(785) 462-3388
FARM BUREAU FINANCIAL SERVICES
Insurance • Investments
www.fbfs.com
Farm Bureau Life Insurance Company/West Des Moines, IA, Farm Bureau Mutual Insurance Company/West Des Moines, IA, Companies of Farm Bureau Financial Services © 2007 FBL Financial Group, Inc. 327

Murray Roofing & Construction
Residential & Commercial
Residential roofs (785) 462-6908 Vinyl & Steel Siding
Flat & Low-Sloped Roofs Decks & Patios
Metal Retro-Fit Wood & Vinyl Fencing
Energy Efficient Roofing Solutions Soffit & Fascia
FREE ESTIMATES
Jeff Dreiling - Sales (785) 443-0819
THE WORLD'S BEST ROOF
Jim Murray - Owner (785) 443-1339

Kitchen & Bath Sales & Service
The Tool Box
Custom Cabinetry • Design & Installation
50 NEW Door Styles • NEW Glazes & Finishes
Natural Stone Countertops & Much More!
462-7843 • 443-3140 • 443-0945
Showroom located inside Inlow Interiors, 455 N. Franklin, Colby
NOW OFFERING HANDY MAN SERVICES- CALL 462-6000

H & H Auto Features Limo Services
930 S. Range Colby, Kansas 67701
Phone: 785-460-0828
Cell: 785-443-1082

Creation presentation in Oakley

A Christian perspective on creation and evolution of the planet will be held from 6:30-8:30 p.m., March 16-19, at Oakley High School. The event is free. Door wills open at 5:30 p.m. for people to view a fossil collection. For more information, go online to www.worldviewmedia.info.

Markets

Quotes as of close of previous business day
Hi-Plains Co-op

Wheat	\$10.82
Corn	\$5.19
Milo	\$8.78
Soybeans	\$13.62

We want your local news e-mail to pdecker@nwkansas.com

NOW SHOWING
Feb. 29th - Mar. 6th
THE SPIDERWICK CHRONICLES
PG 1 Hour, 37 Minutes
Friday & Saturday 7:00 & 9:00
Sunday 4:00 & 7:00
Monday - Thursday 7:00
27 DRESSES
PG-13 1 Hour, 50 Minutes
Friday & Saturday 7:00 & 9:00
Sunday 4:00 & 7:00
Monday - Thursday 7:00
Colby Cinema
1935 S. Range • 785-460-9600
www.colbycinema.com

MOVIE PASSES
Watch for your name in the Wednesday movie listings for 2 free passes.
(Passes must be used within 7 days.)
Pick up your passes at your:
COLBY FREE PRESS

FAMILY DENTAL CARE
The Latest Technology and Most Complete Care Available!
• Root Canals • Orthodontics
• Implants • Wisdom Tooth Surgery
New Patients Welcome
No Referral Necessary ~ Financing Avail.
1690 W. 4th St., Colby ~ 785-460-3999
Toll Free: 1-866-305-3999
SHAWN D. JENSEN, D.D.S.

WORLDWIDE • Vacation Packages • Cruises • Tours • Groups • Flights • Hotels • Trains • Cars
155 W. 4th, Colby, KS 67701
Phone: 785.462.6999
Fax: 785-460-0852
Toll Free: 1.888.690.7077
CALL IN OR FAX YOUR INTERNET QUOTES AND OTHER ADS! WE CAN BOOK THEM FOR YOU WITH LOCAL, CARING SERVICE!!
Round Trip Travel BOOK EARLY! SAVE \$'s
Call for Bus Tours Schedules.
All specials may be for specific dates and are subject to availability

VACATION SPECIALS	From	# Nights
LAS VEGAS Air & Hotel	\$250	4
DISNEY WORLD Park Passes, Air & Hotel	\$505	3
MEXICO Air & Hotel	\$800	3
CARIBBEAN CRUISE Cruise & Air	\$1,050	5
ALASKAN CRUISE Cruise & Air	\$1,500	7
HAWAII Air & Hotel	\$740	3
LONDON, ENGLAND Air & Hotel	\$700	3
AMTRAK EXPLORE AMERICA	\$359	Max 45

ROOFMASTERS
Your Local Roofing Contractor
425 East Hill, Colby, KS
Licensed - Bonded - Insured
RESIDENTIAL 1-800-536-6642
GAF Shingles
TAMKO Shingles
WOOD Shingles
METAL ROOFS 1-785-462-6642
FREE ESTIMATES
Elastomeric Rubber Coating For Metal Roofs
COMMERCIAL Rubber Single Ply
White TPO Single Ply
Built Up Systems
Modified Systems

NEW SYSTEM PROFESSIONAL WINDOW CLEANING
785-462-6995
www.MyWindowCleaner.net
Serving Colby since 1992!
Chris and Beth Lewon 650 N Grant/Colby, KS - FREE ESTIMATES

Tim W. Stanton, B.C.H.I.S.
Hearing Aid Sales & Service
• No Money Down
• Try Before You Buy
• 30 Day Free Trial
• Service On All Makes and Models
1870 S. Range (Inside Radio Shack) Colby, KS 67701
2818 Vine, Suite B (Corner of 29th and Vine) Hays, KS 67601
785-621-HEAR (4327)
Or Call Toll Free 1-888-421-HEAR (4327)
-CHANGING WHAT YOU HEAR- CALL FOR AN APPOINTMENT TODAY!