

Family

Death

Nancy Parrott

Nancy B. Parrott, 86, a former Colby resident, died Feb. 29, 2008, in Wichita.

A memorial service is scheduled for 10:30 a.m., Saturday, March 15, at the First Presbyterian Church in Colby. A memorial fund has been established in her

name with Hospice Care of Kansas, 808 S. Hillside, Wichita, Kan. 67211.

Baker Funeral Home is in charge of arrangements. The funeral home is located at 6100 E. Central Ave. #203, Wichita, Kan. 67208.

A. Catherine Sapp

A funeral mass, with Father Dana Clark officiating, is planned for 10 a.m., Saturday, at Sacred Heart Catholic Church in Colby for A. Catherine Sapp, 77, who died Sunday, Dec. 16, 2007, in Elkhart.

Ms. Sapp was born May 3, 1933, in Norton. She was a library assistant.

Survivors include two sisters: Mary Rydquist and Betty Hanslip,

both of Lakewood, Colo.

No visitation is scheduled. She was cremated. Inurnment will be at the Sacred Heart Cemetery in Colby.

A memorial fund has been established to benefit Colby Sacred Heart Catholic Church. Donations may be left with Kersenbrock Funeral Chapel, 745 S. Country Club Dr., Colby, Kan. 67701.

Edna Sloan

Edna Sloan, 99, of Montrose, Colo., and a former Colby resident and teacher, died Sunday, March 2, 2008, at Valley Manor Care Center in Montrose.

She is survived by her son, Kenneth and wife, Sandra, of Ridgway, Colo.; daughter, Carolyn and husband, Paul Buxton of Montrose, Colo.; three grandchildren; four great-grandchildren and sister-in-law, Majorie Doepfner.

Services will be held at 2 p.m.,

Saturday, March 15, at Colby United Methodist Church with burial to follow at Beulah Cemetery in Colby.

Memorials may be made in memory of Edna Sloan to the Colby United Methodist Church, 950 S. Franklin Ave., Colby, Kansas 67701.

Arrangements are with Crippin Funeral Home, 802 E. Main St., Montrose, Colo. 81401 For questions, call (970) 249-2121.

Babies

Traceur Matthew Alexander

Justin and Jessica Alexander of Colby announce the birth of their son, Traceur Matthew Alexander, born Thursday, Feb. 28, 2008, at Citizens Medical Center in Colby.

Traceur weighed 9 lbs., 10 oz., and was 20.5 inches in length.

His grandparents are Walter and Melodie Rauch of Tribune; Pat and Jaqui Haffner of Hoxie and Ron and Dawn Marie Alexander of Redmond, Ore.

He was welcomed home by Kaleb, 8; Renee, 6, and Kelly, 2.

Marissa Dawn Gonzales Barnett

Shawndra Barnett and Jose Luis Gonzalez Carrera of Colby announce the birth of their daughter, Marissa Dawn Gonzalez Barnett, born Thursday, Feb. 28, 2008, at Citizens Medical Center in Colby.

Marissa weighed 5 lbs., 14.9 oz., and was 17.5 inches in length.

Grandparents include Miguel and Marta Gonzalez Carrera of Mexico; Kay Barnett of Grinnell; the late Ron Barnett; and Judy and Howard Harger of Colby.

Harley J. Wright, 5, welcomed his sister home.

Help available for adults with acne

NEW YORK (AP) — Acne isn't a problem that magically disappears when you turn 20. Even though it's thought of as a teen skin problem, many adults — in fact, most adults — suffer from at least occasional outbreaks of acne.

The dermatology and beauty industries have taken notice of those blemishes over the past few years and are increasing the number of adult-acne products they offer. The ingredients aren't that different from those in treatments aimed at teens, but manufacturers say adults are willing to spend more money even if they have fewer pimples.

Clinique last fall launched its Acne Solutions line, a three-step system similar to its classic skin-care sets, but containing anti-acne ingredients.

"In talking to our own consultants at the (retail) counter, mature customers complain of acne ... and that led us to one of our major endeavors of the last five years," says Tom Mammone, executive director of research and development at Clinique, who says several studies backed the concept that more adults say they have acne.

Peter Scocimara, CEO of Theratime, the company that makes the TheraClear heat-based, anti-acne device, says he initially thought the product would be marketed primarily to teenage boys, but that adult women have turned out to be the primary consumer. "The teen market is huge but the more sensitive market to the individual pimple is the adult woman."

Adult acne is more common on the jawline, neck, chest and back, while teen acne tends to cluster on the forehead and cheeks, says Dr. Katie Rodan, one of the two dermatologists behind the skin-care brand Rodan + Fields.

"Pimples move south with age," Rodan says. "They'll be fewer in

number but bigger in size."

Teen acne is typically blamed on hormonal changes, while stress can be a more likely factor for adults, she says.

But bacteria can be the real culprit, and adults can allow heated bacteria to fester on their skin anytime they do an activity such as bikram yoga or 30 minutes on the stationary bike at the gym and enjoy their smoothie before showering.

"You stew in your own sweat," Rodan says. "That heat you generate helps the bacteria and adults tend to do more heavy, sweaty, gym-intense exercise."

"Showering after exercise is the easy part of curbing adult acne; living stress-free is much harder," she adds.

Dr. Mary Lupo, clinical professor of dermatology at Tulane University, who also consults for beauty brand Philosophy, says occasional acne can be treated with over-the-counter products that include benzoyl peroxide to kill bacteria or salicylic acid to unclog pores.

But for anything consistent, she recommends prescriptive treatments that will treat an existing outbreak and could help prevent future ones.

The estrogen and progestin in the Yaz birth control pill — an option only for women — and the anti-androgen action of the hormone-therapy drug Spironolactone, which suppresses oil output, are effective, says Lupo, as is Accutane. All of those, however, should be taken while under a doctor's care because there are potential side effects.

Laser treatments also can help active acne and acne scarring by stimulating collagen — a bonus is that they also can help with fine lines and wrinkles, she adds. But treatments average \$250-\$500 and patients typically need three.



Couple to celebrate 40 years

Bud and Peggy Stupka will celebrate their 40th wedding anniversary with an open house from 4-6 p.m., Sunday, at 1868 County Road 15. The couple was married March 9, 1968 in Goodland.

Bud is self-employed and Peggy is retired from Colby Community

College. Hosting the event are daughters Lisa Olson and Nolan Draper of Atwood and Denise Schieferecke of Colby. They have three grandchildren: Taylor, Diagonia and Arie Olson.

The couple requests to let your presence be your gift.

Snow not as white as it looks

PITTSBURGH (AP) — To the list of simple childhood pleasures now endangered, add this: eating snow.

A recent study found that snow — even in relatively pristine spots like Montana and the Yukon — contains large amounts of bacteria.

Parents who warn their kids not to eat dirty snow (especially the yellow variety) are left to wonder whether to stop them from tasting the clean, new-fallen stuff, too, because of *Pseudomonas syringae*, bacteria that can cause diseases in bean and tomato plants.

But experts say there's no need to banish snow-eating along with dodgeball, unchaperoned trick-or-treating and riding a bike without a helmet.

"It's a very ubiquitous bacteria that's everywhere," says Dr. Penelope Dennehy, a member of the American Academy of Pediatrics' committee on infectious diseases. "Basically, none of the food we eat is sterile. We eat bacteria all the time."

Children practically bathe in bacteria when they go to the playground, and Dennehy says they won't get anything from snow that they wouldn't get from dirt.

"We eat stuff that's covered with bacteria all the time, and for the most part it's killed in the stomach," says Dr. Joel Forman, a member of the pediatric academy's committee on environmental health. "Your stomach is a fantastic barrier against invasive bacteria because it's a very acidic environment."

There are exceptions. "Tiny kids on formula a lot of times don't have the acid in their stomachs," making them more vulnerable to bacteria, says Dr. Lynnette Mazur, a professor of pediatrics at the University of Texas Medical School.

THANK YOU

The family of Al Lowenthal is most grateful for the cards, remembrances, and memorials to the Lowenthal Scholarship fund at CCC, Colby United Methodist Church, and the Al Lowenthal Scholarship Fund at KU. Gifts of food and flowers were also greatly appreciated as we celebrated his life. We are very touched by the love and support of family and friends. He left an indelible mark on many which is a tribute to the life he lived. Many thanks again for your thoughtfulness.

Ruth H. Lowenthal
Deb and Ron Teeter
Richard and Kathy
Lowenthal & family
David and Barbara
Lowenthal & family
Jeff Lowenthal & family



Shakespeare Club reviews literature

The Colby Shakespeare Club met at the country home of Joyce Hansen, at 1:30 p.m., Friday, Feb. 22. After a short business meeting Joyce presented Jane Bandy.

Jane gave the program "An Array of Poetry." She is well-known for her knowledge and interest in poetry and has given many programs of famous authors and famous poems, but today Jane's program is about her own poetry.

Jane's first poem she wrote was

"Set Free." She compiled a collection of her poems, "From My Heart" and gave a copy to each member of her family for Christmas. We learned about different poems, rhyming and non-rhyming and dactylic poems.

Club members also learned about sonnets, blank verse and free verse. She composed a Haiku poem, "Happiness," and also a limerick called, "Kansas."

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$10.82
Corn	\$5.17
Milo	\$8.75
Soybeans	\$13.34

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Al Lowenthal Jr.

Alfred Lowenthal Jr. was the son of Alfred and Gladys Eleanor (Hedberg) Lowenthal and twin brother of Eleanor Jane (Lowenthal) Fasse. Born Sunday, December 14, 1924, Grace Hospital, New Haven, Connecticut, Al was 20 minutes younger than his twin sister; he said "It was ladies first." The twins were baptized April 19, 1926, in the First Congregational (Old Stone Church) in East Haven, Connecticut.

The family later moved from New Haven to East Haven where Al lived until he entered military service. He was educated in the East Haven public schools; he attended the Sunday School of the Old Stone Church and became a church member in June of 1946. He was an active Boy Scout attaining Star Rank. Among other assignments as a Scout, he helped with the clean-up following the hurricane of 1938 that hit New England. While in the science lab at his high school he noticed the barometer dropping fast indicating an impending storm and informed his teacher. Consequently the administration determined that school should be dismissed for safety's sake (since there were no radio alerts or warnings at that time).

Al registered as required for Selective Service on December 30, 1942, after turning 18 years old on December 14. He was inducted into the U.S. Army Air Force on January 9, 1943, at Hartford, CT, and entered into active service January 18. He was trained as a teletype technician and later studied for the Weather Service as an observer and forecaster. He was assigned to Weather Stations at Fairmont, Nebraska, and Victoria, Kansas. After 40 months in the Air Force, including seven months overseas service in India and China, he was discharged on April 15, 1946. He served three years, three months, and seven days, being separated on April 15, 1946, with an honorable discharge. He was a life-time member of the VFW and American Legion.

In the fall of 1944, when Al was stationed at Walker Army Air Base at Victoria, Kansas, he became acquainted with Ruth Marie Hueftle at the Wesley Foundation college youth group Sunday night meetings. She was then a senior at Fort Hays State College. In May 1945 when he learned he was to be sent overseas, he arranged to meet his parents and Eleanor in Chicago where he took Ruth to meet his family.

Newly two years after becoming acquainted, Al and Ruth were married August 1, 1946, in the church where they first knew each other, the First Methodist Church in Hays, on Ruth's parents 25th wedding anniversary.

That fall Al enrolled at Fort Hays State on the G.I. Bill and studied physics for three years. A service-related health condition precluded Al from continuing his formal education.

Deborah Jane was born February 19, 1949, at Hadley Memorial Hospital, Hays, Kansas. Richard Mark was born July 29, 1950, at Hadley. For nearly two years Al had been a sales representative for several businesses, but late in 1950 he decided to take a position in Oakley as the Farm Bureau Insurance General Agent which could be combined with farming. The family built a home in Oakley where Al also helped with assignments as a Conservation Aide with the Logan County Soil Conservation Service.

David Alfred was born January 24, 1954, and Jeffrey Dean arrived on June 11, 1956. Both were born at Logan County Hospital in Oakley.

Al served in several capacities in the offices of the Oakley Methodist Church including directing a campaign to relocate the church facilities as well as serving on the building committee.

Al raised alfalfa, certified milo seed, corn, soybeans, pinto beans, and wheat during his farming career. He began irrigating in 1953 and in the late 1950s during a severe drought he irrigated for 300 days one year...an arduous task particularly during the winter months. That summer the family saw every movie at the two drive-in theatres and the movies changed twice a week. When the film credits were rolling, the family would head to the farm for Al to change the water settings.

For over forty-five years he served in various capacities in ag-related organizations at both the local and state level. Because of his experience as a pioneer irrigator in northwestern Kansas, he was appointed to the Kansas Geological Survey Advisory Council of the University of Kansas for the maximum of two terms (each term was for three years). He spearheaded the extension of natural gas lines in Summers Township in Thomas County. Al was one of the organizers of the Western Plains Irrigation Association, serving several terms as president of the organization. He was instrumental in the formation of the Kansas Water District IV, which replaced the Association.

The family moved from Oakley to Colby in 1968 because Ruth had become Director of Library Services at Colby Community College and it was closer to the farm for Al.

He continued with the various ag-related organizations as well as accepting appointment to committees in the Colby United Methodist Church. At another level of community service, Al served as co-chair of the \$750,000 fund drive to finance the construction of the Northwest Kansas Cultural Arts Center on the campus of Colby Community College, which was dedicated September 1976. Following the completion of that project, he was asked to serve as the Executive Director of the Colby Community College Endowment Association, the position he held from 1977 to 1986. A number of smaller building projects for the college were accomplished during this time including the Garvey Academic Center Annex to the Library. Becoming acquainted with students on campus, he recognized that some worthy students ineligible for financial aid could be given a boost with his personal support.

At the 1993 Colby Community College Commencement, he was presented with an Honorary Degree of Associate of Arts in recognition of his many services to the community as well as to the college.

Afflicted with a painful nerve disorder on the left side of his face, in 1986 he retired from many activities as well as farming. His leisure time was spent in physical fitness activities and he enjoyed hiking in the Rocky Mountain National Park. He greatly enjoyed traveling. He floated down the Amazon and hiked the ruins of Machu Picchu in 1999, returned to China in 2001 to cruise the Yangtze before being flooded by the Three Gorges Dam and walked the streets of Kunming again. In 2002 he traversed the wilds of Tanzania and Kenya and 2004 found him making friends with the penguins on Antarctica thus completing travels to all seven continents that began decades before during his military years. He fulfilled his last travel dream in December 2004/January 2005 when he traveled through the Panama Canal where he was fascinated watching the ship traverse the various locks. The trip was capped with a week in Costa Rica.

To celebrate their 60th wedding anniversary, Al and Ruth took the family on an Alaskan cruise on a small ship. The party of 16 dominated the small group of about 60 passengers. With a small ship they were able to get up close and personal with the glaciers. Many lasting memories were created on that trip sharing time together reveling in the natural beauty of Alaska and the amazing wildlife.

He greatly enjoyed working out with the 'fit lab' gang and, in particular, their Friday breakfasts together at the Village Inn. After a vigorous morning workout, coffee in the morning and tea in the afternoon with the Dillon's groups of friends completed his day.

On December 9, 2007, Al suffered a severe stroke and was flown to Denver for hospitalization. On the 20th he returned to Colby for further recuperation and the beginning of his rehabilitation therapy. Key to his recuperation was learning to swallow again so he could eat by mouth rather than his feeding tube. Gary Wingard was the angel that helped him learn how to swallow and begin his speech rehabilitation. Gary fed him three times a day to prepare him to begin a more intensive rehabilitation therapy in Lawrence. Al moved to the Lawrence Memorial Hospital on January 15th. After several weeks of therapy, he suffered a staph infection that overtook his system, triggered his painful tic, and eventually led to his peaceful passing on the evening of February 13th, 2008.

He had a strong will to live but also accepted it was time to journey to his heavenly home.

A loving family and a host of friends will miss him. Immediate family: Ruth H. Lowenthal, spouse; Deb and Ron Teeter, daughter and son-in-law, Lawrence; Richard and Kathy Lowenthal, son and daughter-in-law, Scott City; David and Barbara Lowenthal, son and daughter-in-law, Lawrence; Jeff Lowenthal, son, Carrollton, Texas; Jackie and Toby Eastland, granddaughter and grandson-in-law, Lawrence; Blake Lowenthal, grandson, Scott City; Janessa Lowenthal, granddaughter, Scott City; Todd Isaac, grandson, Lawrence; Natalie Isaac, granddaughter, Denver; Christina Lowenthal, granddaughter, Topeka; Taylor and Katelyn Eastland, great-granddaughters, Lawrence.

Memorial gifts can be made to the Ruth and Al Lowenthal Scholarship Fund at Colby Community College, or the Colby United Methodist Church, or the Al Lowenthal Scholarship Fund at the University of Kansas through the KU Endowment Association, and may be sent to the family or to Harrison Chapel, P.O. Box 634, Colby, KS 67701.

