

Family

Death

Annabelle Lee Hughes

Annabelle Lee Hughes was stillborn on Sunday, May 25, 2008, at Citizens Medical Center in Colby.

She is survived by her parents, Anita Tippets and Christopher Hughes; brothers, Gage and Corey Hughes; sisters, Jennifer and Elise Hughes, all of Colby.

Other survivors include her grandparents, Cindy Rebarcek of Colby, David Tippets of New Jersey and Billie Sue Hughes of West Virginia.

Private graveside services will be held.

Harrison Chapel in Colby is handling arrangements.

Senior News

Center offers new games, activities

The Colby Senior Progress Center is sponsoring a Scrabble game at 10:30 a.m., Thursday, June 5. Organizers are encouraging people to also check out other new activities.

Monday, June 2 — 10:30 a.m., shuffle board;

Tuesday, June 3 — 10 a.m. exercise, board meeting following lunch;

Wednesday, June 3 — 11 a.m., ice-cream social;

Thursday, June 4 — 10 a.m., exercise, 10:30 a.m., Scrabble;

Friday, June 5 — 10 a.m., exercise; 10:30 a.m., pool game.

In addition to the regular activities, featured events include a Tribute To Fathers, June 13; Ice-cream sodas, June 18; June birthday parties, June 25; Dominos, June 26; and Horseshoes, June 27.

The Thomas County Nutrition Center in Colby wants to invite those 60 and older, along with their guests, to attend daily luncheons in Colby, Monday through Friday. Reservations may be made by calling (785) 460-2901 the day before by noon.

Home delivery is also available for those unable to attend due to social or physical disabilities. We also invite those working who would like to pick up a meal to order by noon the day before. Those meals are available at noon. For people over 60, the cost is \$2.50 and for those under 60, the cost is \$4.75 per meal.

The public transportation van is available and calls should be made after noon to (785) 443-9208.

The menu for June 2-6 is as follows:

- Monday — Cook's choice entree, potatoes, green bean casserole, bread and citrus slices.

- Tuesday — Barbecue pork sandwich, coleslaw with carrots, tater tots, bun and mixed fruit.

- Wednesday — Swiss steak with tomatoes, spinach salad, peaches, bread and cook's choice compliment.

- Thursday — Bierock casserole, corn, creamy cucumbers, and pineapple.

- Friday — Macaroni and cheese with smokies, baked beans, winter mixed vegetables, bread, jello and fruit.

Babies

Wyatt Maison Litke

Jessie Rager and Nathan Litke of Colby announce the birth of their son, Wyatt Maison Litke, born Wednesday, May 28, 2008, at Citizens Medical Center in Colby. He weighed 7 lbs., 8 oz., and

was 20 inches long.

Grandparents are Barbara and Marcus Rager, New Philadelphia, Ohio; Lisa Swisher, and Jeff and Marsha Litke, all of Council Grove.

Emma Claire-Elaine Eller

Nick and Margaret Eller of Salina announce the birth of their daughter, Emma Claire-Elaine Eller, born Sunday, May 25, 2008, at Citizens Medical Center in Colby. She weighed 7 lbs., 4.4 oz., and was 19 inches in length.

Grandparents are Jeff and Al-

ice Hill of Atwood and Marlln and Sandy Eller of Walker, Minn. Great-grandparents are Bill Hill of Hays; Richard and Elaine Eller of Lindsborg and Edith Vrbas of Atwood.

Emma Claire-Elaine was welcomed home by sister, Aiclyn Eller, 5.

Former Colby educator earns doctoral degree at KU

By Lauren Beatty
University of Kansas

Betty Amos was born in 1948, the year the University of Kansas football team went to the Orange Bowl for the first time. In 1968, she was in the midst of her undergraduate years at KU when the team made it to the Orange Bowl again. Unfortunately, the Jayhawks lost both of those games.

Flash forward 40 years. Amos was back at KU, and the Jayhawks were headed to the Orange Bowl for a third time. Finally, 2008 would prove to be a good year for both. KU won the game, and Amos reached the Mount Everest of academia: the doctoral degree.

Amos first came to KU to pursue a teaching degree after deciding in third grade that she wanted to devote her life to education. She earned her bachelor's in special education in 1970 and went on to a 30-year career in education, teaching in Grand Island, Neb., and Hoxie and Colby, Kan., and serving as principal in Marquette. In 1984, she was named Kansas Teacher of the Year, which she calls "a fabulous and humbling honor."

For the past three years, Amos has been assistant director, then executive director of the Central Kansas Cooperative in Education in Salina, an organization that provides special education services and support for children in 12 school districts.

She was encouraged to go after a doctorate by her colleagues at the Associated Colleges of Central Kansas, a consortium of six private colleges in central Kansas,

where Amos taught future special education teachers for five years. She chose to return to KU, home of the nation's No. 1 ranked special education graduate program.

On top of hectic schedule that included school and her full-time job in Salina, life dealt her a seismic blow. Her husband, Bruce, found out he had colon cancer in January 2007.

After several rounds of chemotherapy and two surgeries, Bruce Amos is now cancer free. Back at school, Betty Amos turned 60 just a few days before successfully defending her dissertation.

"I figured if he could conquer cancer, I could handle a dissertation," she said.

Amos attended KU's doctoral hooding ceremony May 17 with her family: Bruce, son Darin, daughter Kara and daughter Megan, who is skipping her own graduation at Kansas State University to attend her mother's hooding.

"Betty served as an inspiration to many of our doctoral students who were in awe of her energy, enthusiasm and stamina while holding on to her health, her job and her doctoral program," said Gary Clark, professor of special education.

Amos said she is thrilled to be a two-time KU graduate.

Markets

Quotes as of close of previous business day
Hi-Plains Co-op

Wheat	\$7.43
Corn	\$5.50
Milo	\$9.10
Soybeans	\$12.07

Tips on keeping track of maintenance projects

By Heloise

Hints from Heloise

Dear Heloise: My husband and I have several monthly chores at our home, such as changing the air-conditioner filter, giving our dog her monthly medication for heartworms and taking my monthly medicine. We do it on the first day of the month. No more wondering if we are up to speed on a monthly task.

— Florence Miner, Fort Lauderdale, Fla.

Gift-wrapping hint

Dear Heloise: For my quilting friends, I wrap their gift in pretty fabric with a 3-inch strip of companion fabric to use as a bow. They love it and can turn it into something creative, plus it looks really pretty as a package.

— Linda South, Portland, Maine

Glitter isn't always gold

Dear Heloise: I bought a top to

wear to a party. It has glitter on it that tends to get on everything. Is there a way to keep the glitter in place and not all over my face?

— T.L.M., via e-mail

Glittery blouses or dresses are real eye-catchers, but leaving behind a trail of shiny flecks can be pretty embarrassing. So, what can you do? Unfortunately, not much. Spraying it with lacquer or silicone won't work, so take it back to where you bought it and be sure that the seller informs the manufacturer of the defect.

And the next time you're shopping for a party outfit and all that glitter catches your eye, give the garment a good shake. If the sparkles stay put, it's a keeper.

— Heloise

Reusable grocery bags

Dear Heloise: I am glad to learn that I am not the only one who for-

gets to bring the reusable grocery bags into the store. Eventually, it will become a habit. Meanwhile, I have addressed the problem by putting "bags" at the top of my list. Sometimes, I am in the store before I see it on the list, but I can go back out to the car. It's much better than remembering at check-out.

— Parrish, via e-mail
Paper towel savings

Dear Readers: Want to cut down on money spent for paper towels? Grab a serrated knife and cut the roll in half, almost to the cardboard core. You will be amazed how many times half a paper towel will do the job.

— Heloise

Ironing board

Dear Heloise: I now have a new use for an old ironing board. I place it outside on the side of my patio deck and use it to keep me organized as I store and use my garden pruners, different sizes of

pots and different kinds of soil for different kinds of vegetables, flowers and fruits.

— Anna Reich, Stafford, Va.
Litter box

Dear Heloise: For some reason, my cat has stopped using her litter box, opting instead for an area in a spare bedroom. I am desperate to make her stop.

— Cat Lover in Arizona

Cats, just like humans, can get "stressed" if things change around home. A new baby, a houseguest or a new pet can cause them to take on some bad habits. They also may stop using their litter box because they don't like the litter (have you switched brands?) or the box isn't being cleaned regularly. Try getting some new litter and keeping the box clean, and see if that makes a difference. Keep the door to the spare room closed so your cat doesn't have access. Hope this helps.

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