

# Family

## Colby artist to exhibit paintings in August

By Marj Brown  
High Plains Art Club

The most exciting event coming up in Colby's art world is the exhibit of paintings by Artist, Bev Kern, to be held at the Prairie Museum of Art and History throughout the month of August.

Kern's favorite mediums are acrylic and oil, although she sometimes uses acrylic in the same way one might use watercolor by thinning it with water to achieve a more delicate effect.

She is a member of the High Plains Art Club of Colby and is becoming well-known for her beautiful landscape paintings.

She says she particularly enjoys doing landscapes with people in them; however, she paints everything from Florida seascapes to Kansas farm scenes and Colorado Mountains, therefore, the name of her show is "From Here to There."

The High Plains Art Club will

honor Kern with a reception at the museum on Sunday, Aug. 3, from 2 to 4 p.m. Kern will be there at that time to talk about her paintings and to answer questions. This will be open to the public.

Anyone who hasn't seen the "Colby School Art Exhibit," now showing at the museum, should hurry right out there.

The last day of that show will be Friday, July 18. I think you will be pleasantly surprised at the quality of work our Colby school children are producing, even the kindergartners. Their parents and teachers should be proud.

The lady quilt makers have been working overtime recently at the Prairie Museum. Just go to the museum and ask to see the Christmas quilt just finished.

I understand they will be putting it on display and raffling it off some time this fall before Christmas. The money will go to the museum to help pay for upkeep and more displays.

## Local talent



JOEY FALKOFF/Colby Free Press

Visitors to the Prairie Museum of Art and History in Colby have only a few days left to view student artwork from Colby Public Schools. Included in the exhibit, which runs through Friday, are varieties of media submitted by students in kindergarten through 12th grade. Museum hours are 9 a.m. to 5 p.m., Monday-Friday, and 1 to 5 p.m., Saturday and Sunday.

## Card Shower — Anniversary

August and Shirley (Hamm) Durham of Colby will celebrate their 50th wedding anniversary Saturday, July 19.

Their children are Judy Younger of Colby and Linda Barnett Crouse of Oakley.

The couple also have five grandchildren and eight great-grand-

children.

August and Shirley were married July 19, 1958 at Gem. August is a retired power plant superintendent for the city of Colby and Shirley is a homemaker.

Cards may be sent to August and Shirley Durham at 240 N. Sterling, Colby, Kan. 67701.

## Rexford News

The Shepherd's Staff will have an open house of the "Lonesome Dove," from 1 to 3 p.m., Sunday, July 27, at 385 Main St. Light refreshments will be served.

The "Lonesome Dove" was originally an active hotel and restaurant when there was passenger train stop at Rexford.

The building has been renovated and available for public use. Rexford City Council will be purchasing five new picnic tables for the city park, replacing several worn out wooden tables.

A "happy birthday" to these individuals celebrating during July: DeAnn Dible, today;

• Andrew Luna, Wednesday

• Mark and Lori Miller will celebrate a wedding anniversary Friday.

Red Barn on-going activities:  
• Monday, Barnswallows, 2 p.m.;

• Wednesday, Ladies Bible Study, 10 a.m. and Men's Bible Study, 8 p.m. led by Pastor Lane Purcell;

• Thursday, Come on Down, 2 p.m.

• Friday's Koffee Klatch, 9:30a.m.

Bingo has ended for the summer and will continue in the fall as well as Pinochle tournaments.

Until next time, make your week memorable.

## Baking mix revisited

By Heloise  
Hints from Heloise

Dear Heloise: I remember that you have a recipe for a homemade baking mix. Would you please print it again so that I can clip it?

— Kathryn, Lubbock, Texas  
This is a tasty, inexpensive alternative to store-bought mixes that can be used to make biscuits. You'll need:

- 8 cups all-purpose flour
- 1/3 cup baking powder
- 2 teaspoons salt
- 8 teaspoons sugar (optional)
- 1 cup shortening
- 1/3 cup milk per each cup of mix

Mix all of the dry ingredients together in a large bowl. Using a pastry blender, cut in the shortening until the mixture resembles coarse meal. Store in a tightly covered container, preferably in the refrigerator. To make biscuits, use 1/3 cup of milk for each cup of mix. Bake at 450 degrees for 12 to 15 minutes.

— Heloise

### Homemade guacamole

Dear Heloise: I make great homemade guacamole (if I do say so) and have dealt with the air-exposure issue many times. You're right that a piece of plastic wrap, applied directly to the top of the guacamole (leaving no space between the guacamole and the top of the bowl) will fix the problem. However, my question is this: Should you really not eat guacamole that has turned brown? This is only oxidation, much like apples or bananas turning slightly brown when exposed to the air. I generally just stir the oxidized part back into the guacamole and proceed as usual. I've never noticed that the taste suffers.

— Penny Blair, Houston

Penny, good question. We checked with an avocado association, which suggested scooping off the top brown layer because it is unsightly. However, if it doesn't bother you, you can just mix it in, because it won't hurt you. Don't leave guacamole out on the counter for an extended period of time.

— Heloise

## UPCOMING EVENTS in Kansas

Brought to you in part by Kansas Department of Commerce Travel & Tourism Division

**Salina CITYWIDE Sidewalk Sale**  
July 17-20, Salina  
Celebrating Salina's 150th - HUGE Sale  
Downtown Lee District & Central Mall  
(785) 825-0535, www.salinadowntown.com

**Tuff Bull Series Bull Riding Championships**  
July 18-19, Pittsburg  
Over 50 up-and-coming bullriders in the Midwest descend upon the Crawford County Fairgrounds for this stop on the Tuff Bull Series.  
(800) 879-1112, www.tuffbullriders.com

**28th Annual Leadsled Spectacular!**  
July 25-27, Salina  
500+ kemp cars from throughout the U.S. 1950's atmosphere - CARS & ENTERTAINMENT  
Thomas Park, (785) 827-9301

**Dodge City Days**  
July 25-August 3, Dodge City  
Western Heritage Comes to Life!  
10-day festival featuring more than 50 events.  
(620) 227-3119, www.dodgecitydays.com

**Round Up Rodeo**  
July 30-August 1, Dodge City  
The Greatest Show on Dirt!  
The richest PRCA rodeo in Kansas and the only Wrangler ProTour Rodeo in Kansas.  
(620) 254-2244, www.dodgecityroundup.org

**National Baseball Congress World Series**  
August 1-15, Wichita  
Watch the nation's top amateur teams.  
Lawrence Dumont Stadium  
(316) 264-4625, www.nbcbaseball.com

**Float Your Boat**  
August 16, Millard Lake  
Cardboard Boat Races  
(800) 528-2489, www.junctioncity.org

**Flint Hills Film Festival**  
September 5-7, Junction City  
You Shoot - You Edit - You Can Win!  
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Quotes as of close of previous business day

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Corn	\$5.95
Milo	\$9.92
Soybeans	\$13.77

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