

# Book reveals Kansas’ wildflowers and grasses

**By Ron Wilson**  
*director, Huck Boyd National Institute for Rural Development at Kansas State University.*

The National Book Festival is going on in Washington, D.C. Authors from across the nation are having their books featured in the Pavilion of the States. Some 85,000 people are in attendance. The book featured by the sunflower state is a book on Kansas wildflowers and grasses, and it’s written by an author from rural Kansas.

Mike Haddock is the author of the book Wildflowers and Grasses of Kansas - A Field Guide. Mike grew up in Beloit. His father, Dean is a former ag teacher and one of the first bank agricultural representatives in the state of Kansas.

The Haddocks had a 2,200 acre farm near the rural community of Minneapolis, Kansas, population 2,061 people. Now, that’s rural.

Mike says, “As a kid, I went with my dad to check cattle in the pastures. He would point out plants as we went and talk about how to identify them and what they were for.”

When Mike’s father had him chew on the root of an echinacea plant, it numbed his mouth like a trip to the dentist. Dean explained how the Indians used this root to treat toothaches, and it had an impact on Mike. That interest in plants would come to the surface years later.

Meanwhile, Mike studied in Austria and Germany as a foreign exchange student and came back to K-State. After graduation he managed the family farm for seven years before returning to graduate school to study library science. He became agriculture librarian at Texas A&M University

and then joined the KSU faculty as ag librarian in 1989.

Currently he is Chair of the Sciences Department for K-State Libraries.

As a Kansas ag librarian in the mid-1990s, Mike started cataloging and describing uses for native Kansas plants. He decided to create a web site covering wildflower and grass species found in Kansas. Mike started taking pictures at the Konza Prairie Biological Research Station near Manhattan and then the Tallgrass Prairie National Preserve in Chase County. Before long he had covered the whole state and had sample photos of hundreds of species on the web site.

One day in 2002, Mike was attending a pasture management tour with Dr. Walter Fick, a range management professor at K-State. Walt told Mike that the web site was great and he used it all the time, but he couldn’t lug his computer out into the field to access it.

Walt said, “Have you ever thought about doing a book?”

That was the beginning. Mike developed a proposal for a book with photos and descriptions of Kansas plants, and that proposal was eventually accepted by the University Press of Kansas. An interesting point came about when the publisher asked for “slides and negatives” of the pictures. Mike had to email back that he had no slides and negatives - the photos were all digital.

This was new ground for the book publisher so he had some concerns.

But in the end, the book was gorgeous. It was the first book produced by the University Press of Kansas using digital four-color art, and clearly paved the way for others.

In 2005, the book Wildflow-

ers and Grasses of Kansas - A Field Guide was published. The 375-page book features descriptions of Kansas plants and 325 color photos.

The publisher estimated that the first printing would last nine years, but in only three years they are already talking about reprinting.

This work was named a Kansas Notable Book in 2006. It is available from local bookstores as well as Barnes and Noble and Amazon.com.

Meanwhile, Mike has continued to refine and expand the web site. That site, which began with 40 species of flowers in the first year, now includes 552 species and nearly 2,700 photos. The web address is [www.kswildflower.org](http://www.kswildflower.org).

Mike says, “I’ve developed a deep love for the varied landscapes of our state.”

It’s time to leave the National Book Festival in Washington, D.C., where this book on wildflowers and grasses has been featured. We salute Mike Haddock for making a difference with this tremendous, pioneering reference work. His book can help anyone in rural Kansas stop and appreciate the flowers along the way.

*The mission of the Huck Boyd National Institute for Rural Development is to enhance rural development by helping rural people help themselves. The Kansas Profile radio series and columns are produced with assistance from the K-State Research and Extension Department of Communications News Unit. Audio and text files of Kansas Profiles are available at <http://www.kansasprofile.com>. For more information about the Huck Boyd Institute, interested persons can visit <http://www.oznet.ksu.edu/huckboyd/>.*

## Conservatives take three districts

TOPEKA (AP) — Conservatives hoping to make inroads in the Republican primary toward reclaiming control of the State Board of Education won three races and lost two others early Wednesday.

Conservative Kathy Martin, of Clay Center, the only incumbent seeking re-election, finished with 52 percent of the vote in the 6th District against moderate Bill Pannbacker.

“I’m very thankful for the voters who supported me. I feel like I’m ready for another four years,” Martin said.

The conservative Kansas Republican Assembly endorsed Mar-

tin and candidates in the other four districts where the incumbents didn’t seek re-election. Even if all conservatives win in November, the best they can do is a 5-5 split on the board next year.

With all precincts reporting in the 2nd District, Mary Ralstin, of Shawnee, had 54 percent over conservative Brandon Kenig, of Shawnee.

In the 4th District with all precincts reporting, conservative Bob Meissner, of Topeka, had 76 percent against Alan Detrich, of Lawrence.

In the 10th District, with all percents reporting, David Dennis, of Wichita, had 54 percent over

conservative Marty Marshall, of Wichita, who wasn’t campaigning.

In the 8th District, conservative Dennis Hedke, of Wichita, had no primary opposition. Like the other GOP finishers, he faces a Democrat in November.

Democrats and moderate Republicans worried that if conservatives take control of the 10-member board next year, how evolution is taught once again could become an issue. Going into the election, moderates and Democrats held a 6-4 margin. Two conservatives are among the five members not on the ballot this year. Board members serve four-year terms.

## Embarrassed by loud mom; worried mom afraid of being too clingy

Dear Dr. Brothers: Some would call her quite the character, but in my view she’s truly obnoxious. She’s my mom, and she’s been driving me batty! She is (and always has been) vulgar, loud and nasty. Now that I’m a grown woman -- I am out of college now and have a good job -- I really don’t want anything else to do with her. Most of my work friends talk about having regular, nice parents, and I can’t imagine inviting them to meet her, much less a date or future husband. Am I too cold about this? -- C.K.

Dear C.K.: I’m curious. When you say that you’re out of college now and that you “don’t want anything else to do with” your mom, it implies that you had some use for her in the past. Perhaps she came in quite handy when tuition and room and board were needed, and maybe earlier on in your childhood when she clothed and fed you?

My point is simple. Parents -- and families -- are not disposable products that we discard by the wayside when we no longer need their financial or emotional support. A relationship with a parent does not come with an expiration date -- it’s a lifetime bond that goes through various changes. You seem to be relating to your mother on more of a childhood level than on an adult level, and that’s something only you can change. If you feel your mother’s behavior is obnoxious and rude, you need to discuss



**Dr. Joyce Brothers**  
• Ask Dr. Brothers

it with her, like you would any adult. Stop casting yourself in the role of the embarrassed daughter. Most likely, your mom doesn’t know she comes across as vulgar and rude; in her eyes, she’s probably just having some fun. It’s possible you are more concerned about the judgment of your friends than the feelings of your mother.

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Dear Dr. Brothers: There’s no doubt about it, I’m an excessive worrier. I would describe myself as a “worry wart,” but that seems to be an understatement -- I’m more of a “worry tumor.” Before I got pregnant, I didn’t think I could handle having kids because I worry so much. I was afraid they would turn out like me -- fearful and clingy. But I had a child anyway, and -- surprise, surprise -- I am now afraid to let her go to nursery school, which is only five minutes away. She is not clingy (yet), but I am terrified of leaving her there for two hours, three times a week. What should I do? -- H.V.

Dear H.V.: There’s an old Zen parable where a master instructs his student not to think of a monkey. Of course, the first

image that pops into the apprentice’s head is that of a smiling chimp. The point is, sometimes the more we try not to do something, the more difficult we make it for ourselves to actually achieve our goal.

But besides trying to detach yourself from your excessive tendency to worry, you also need to let go of some control. As much as you want no harm to come to your child, there’s no possible way for you to monitor her 24 hours a day. You need to come to realize that as a mother, life and the real world are not under your jurisdiction. Your child will suffer bumps and bruises along the way, along with every child her age. She will experience both the joys and the disappointments that make up any childhood, and though you tell yourself differently, there’s really nothing you can do about it. Don’t confuse your excessive worry with your love for your child, and you’ll be just fine. Give yourself and your child permission to grow, and realize that things will get easier.

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## TV LISTINGS

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SATURDAY												AUGUST 9												
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30												
KLBY/ABC (4) (6)	Good Morning Kansas Saturday		Good Morning America (N) (CC)		Good Morning Kansas Saturday		That's-Raven	That's-Raven	Hannah Montana	Zack & Cody	Emperor	Replacements												
KSNK/NBC (8) (8)	Today (N) (CC)		Paid Program	Paid Program	Paid Program	Paid Program	XXIX Summer Olympics Volleyball; swimming; beach volleyball; cycling; rowing. (Live) (CC)																	
KBSL/CBS (12) (11)	The Early Show (N) (CC)				News (N)						Sushi Pack (E)	Dino Squad	Paid Program	Paid Program										
K15CG (2)	Thomas-Friends	Bob the Builder	Market-Market	Beren. Bears	Bob the Builder	Thomas-Friends	Signing Time!	Biz Kid\$ (CC)	Lassie's Pet Vet	Motor-Week (N)	Woodwright	Victory Garden												
ESPN (28)	SportsCenter (CC)		SportsCenter (CC)		SportsCenter (CC)		SportsCenter (Live) (CC)						Little League Baseball											
USA (37)	(5:00) XXIX Summer Olympics Soccer; basketball; equestrian; beach volleyball; fencing; shooting; badminton; weightlifting. (Live) (CC)																							
TBS (38)	(5:25) Movie: Son of the Mask ★½ (2005) Jamie Kennedy.				Movie: Black Sheep ★½ (1996, Comedy) Chris Farley.				Movie: Zoolander ★★½ (2001, Comedy) A disgraced male model is brainwashed to become an assassin.				Movie:											
WGN (39)	Paid Program	Adelante Chicago	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Bud Billiken Parade (Live) (CC)		The annual parade.												
TNT (40)	Law & Order: Castoff (CC) (DVS)		Law & Order: Tabloid (CC) (DVS)		Law & Order Under the Influence		The Closer Live Wire (CC)		Golf: PGA Championship -- Third Round. From Bloomfield Township, Mich. (Live)															
DSC (42)	Paid Program	Paid Program	Minute Trainer	Paid Program	Best Evidence Bigfoot (CC)		Dirty Jobs Really Dirty Animals (CC)		Smash Lab Exterior airbags for a car.		Vermintors Day of the Rat													
A&E (47)	Psychic Children: Their Sixth Sense		Psychic Kids: Paranormal		Sell This House!		Sell This House!		Flip This House		Flip This House Brotherly Love (CC)													
HIST (48)	Heavy Metal F-18 Hornet (CC)		American Eats Cookies Cookies.		Wild West Tech Shootout Tech (CC)		UFO Files (CC)		MonsterQuest Super Rats (CC)		MonsterQuest (CC)													
NICK (55)	Jimmy Neutron	Jimmy Neutron	OddParents	OddParents	SpongeBob	SpongeBob	Barnyard	Mighty B	SpongeBob	SpongeBob	SpongeBob	SpongeBob												
DISN (56)	The Wiggles	Johnny-Sprites	Einsteins	Tigger & Pooh	Mickey Mouse	Mickey Mouse	Handy Manny	Einsteins	Higglytown	Charlie & Lola	Movie: Gotta Kick It Up ★★½ (2002)													
FAM (58)	Step by Step	Step by Step	Sabrina-Witch	Sabrina-Witch	Full House	Full House	Grounded-Life	Grounded-Life	That '70s Show	That '70s Show	Movie: Sleepover ★★ (2004) (CC)													
HALL (60)	Little House on the Prairie Bunny (CC)		Little House on the Prairie The Hunters (CC)		Movie: Iron Will ★★ (1994) A teenager enters a grueling 522-mile sled dog race. Mackenzie Astin.								Movie: McBride: It's Murder, Madam											

SATURDAY												AUGUST 9																
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30																
KLBY/ABC 4 (6)	NBA Access	Paid Program	Paid Program	Count- down	NASCAR Racing: Nationwide Series -- Zippo 200. From Watkins Glen, N.Y. (Live)								Paid Program	ABC News														
KSNK/NBC 8 (8)	(9:00) XXIX Summer Olympics Volleyball; swimming; beach volleyball; cycling; rowing. (Live) (CC)												Paid Program	NBC News														
KBSL/CBS 12 (11)	Paid Program	Paid Program	Golf: PGA Championship -- Third Round. From Bloomfield Township, Mich. (Live) (CC)																									
K15CG (2)	Yankee Shop	This Old House	Ask This Old	Home- time	For Your Home	Food	Barbe- cue	School- Fine Art	Love of Quilting	Place- Our Own	Antiques Roadshow (CC)																	
ESPN (28)	Little League Baseball		Little League Baseball: World Series New England Regional Final -- Teams TBA.				PBA Bowling	Horse Racing: Arlington Millions and Beverly D Stakes.				SportsCenter (Live) (CC)																
USA (37)	XXIX Summer Olympics (Live)		Psych (CC)			Movie: Stick It ★★ (2006) A rebellious teen attends a gymnastics academy. (CC)				Movie: Liar Liar ★★½ (1997) A fast-talking lawyer cannot tell a lie. Jim Carrey. (CC)																		
TBS (38)	(11:25) Movie: Mr. Deeds ★ (2002, Comedy) Adam Sandler.			Movie: Tommy Boy ★★ (1995, Comedy) An heir tries to save his father's business.				Friends (CC)		Sex and the City		Sex and the City		Ray- mond	Ray- mond													
WGN (39)	Billiken Parade		Cosby Show		Soul Train Sylvia: the Moments. (CC)		Movie: Back to the Secret Garden ★★★ (2000, Fantasy) Camilla Belle. (CC)				American Idol Rewind Top 8 to 7		Singsation!															
TNT (40)	Golf: PGA Championship		Movie: In the Line of Fire ★★½ (1993) A veteran Secret Service agent battles a vicious assassin.				Movie: Out of Time ★★½ (2003) A police chief is accused of setting a deadly arson.				Movie: Fugitive																	
DSC (42)	Vermintors Pigeon infestation. (CC)		Vermintors Roach Motherload (CC)		Killer Jellyfish (CC)		Deadly Reptiles II (CC)		Venom: Nine Ways to Die (CC)		Top Five Eaten Alive (CC)																	
A&E (47)	Criss Angel		Criss Angel		Criss Angel Mindfreak (CC)		Criss Angel		Paranor- mal		Paranor- mal		Paranor- mal		Indiana Jones and the Ultimate Quest													
HIST (48)	MonsterQuest New England Vampire		MonsterQuest (CC)		MonsterQuest Chupacabra (CC)		Secrets of the Forbidden City A journey into the heart of China's Forbidden City. (N)				The Siege of Beijing (N) (CC)																	
NICK (55)	The Fairly OddParents (CC)				Mighty B		Mighty B		Barn- yard		Barn- yard		Spon- geBob		Spon- geBob		Spon- geBob		Spon- geBob									
DISN (56)	(11:00) Movie: That's- Raven		Disney Games		Disney Games		Studio DC		Life With Derek		Zack & Cody		Zack & Cody		Phineas and Ferb		Phineas and Ferb		Cory in House		Cory in House							
FAM (58)	(11:00) Movie: Sleepover (2004)		Movie: Raise Your Voice ★★ (2004) A teen attends a performing arts school in Los Angeles. Hilary Duff.				Movie: Aquamarine (2006) Two youngsters discover a mermaid in their beach club's swimming pool. (CC)				Movie: Final Approach (2007)																	
HALL (60)	(11:00) Movie: McBride: It		Movie: McBride: The Doctor Is Out... Really Out (2005) John Larroquette. (CC)				Movie: McBride: Anybody Here Murder Marty (2005, Mystery) John Larroquette.				Movie: Final Approach (2007)																	