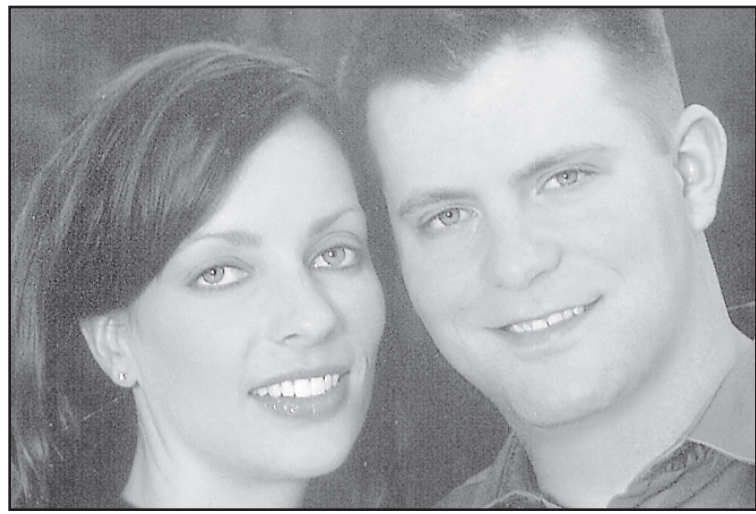


Family



Lindsey Cox and Mitchell Bailey

Former Colbyite to marry

Richard and Kristie Cox of Hays announce the engagement of their daughter, Lindsey Cox to Mitchell Bailey, son of David and Kay Bailey of Ellsworth.

Grandparents are Max and Roberta Brewer of Hays; Richard and Elsie Cox of Colby and Keith Bailey of Ellsworth.

The bride-elect is a graduate of Colby High School and the University of Kansas with a bachelor of science degree in business administration and master of healthcare administration. She is

a vice-president at Highland Park Hospital in Highland Park, Ill.

The prospective bridegroom is a graduate of Ellsworth High School and Ottawa University with a bachelor of arts degree in both management information services and business communication. He is an interface analyst at Northwestern Memorial Hospital in Chicago, Ill.

The couple have planned a Saturday, Nov. 1, wedding at Leewood United Methodist Church in Leewood.

Massage clinic starts Saturday

Students enrolled in the new Therapeutic Massage Program at Colby Community College will be holding massage clinics beginning Saturday, said Trudy Wildeman, taking appointments. "Massage clinics will continue every Saturday during the school term with appointment times for the one-hour massage from 10:30 to 11:45 a.m.," she said.

Twenty appointments will be available each Saturday (10 for each time slot). Cost for the first semester is \$10. The price will be increased to \$15 for the second semester.

In addition to the Saturday clinics held by Massage Therapy students, the Physical Therapist Assis-

tant Program will honor all pre-sold massage coupons distributed during the last five to six years.

Appointments with physical therapist assistant students are available after they are out of class (afternoons or evenings) during the months of October, November, January, February, April and May. Weekend massages are not available from physical therapist assistant students. The physical therapist assistant class will hold a massage clinic on several evenings in October at a date and time to be announced later. Pre-sold coupons will also be honored during that clinic.

To make an appointment, call Trudy Wildeman, (785) 460-4797.

Colby couple exchange vows

Carter Lee Quenzer announced the marriage of his parents, Chris Quenzer and Liz Middleton Friday, Aug. 8, 2008.

The ceremony took place at the Thomas County Courthouse with Judge Rick Ress of Colby officiating.

Babies

Mathew Stephen Bretz

Mike and Mollie Bretz of Hoxie announce the birth of their son, Mathew Stephen Bretz, Monday, Aug. 25, 2008 at Citizens Medical Center in Colby.

Mathew Stephen weighed 8 lbs., 1 oz. and was 20 inches in

length. Grandparents are Dennis and Joy Bretz of Studley and Steve and Sally LaPrad of Pratt.

Mathew was welcomed home by his brothers, Sam, 7, and Drew, 3.

Breanna Skye Farr

Jerry and Nicole Farr of Herndon announce the birth of their daughter, Breanna Skye Farr, Sunday, Aug. 24, 2008, at Citizens Medical Center in Colby.

Breanna weighed 8 lbs., 1 oz., and was 19.5 inches in length.

Grandparents include Glenda Horacek of Colby; Frank Horacek of Gillette, Wyo.; Gwen Farr of Oberlin and the late Kenneth Farr. Breanna was welcomed home by brother, Tanner Dean, 3, and Dakota Rhea, 1.

Brooklyn Suzanne Whittington

Greg and Kari Whittington of Goodland announce the birth of their daughter, Brooklyn Suzanne, Tuesday, Aug. 26, 2008 at Citizens Medical Center in Colby.

Brooklyn weighed 6 lbs., 9.5 oz and was 18 1/4 inches in length.

Grandparents include Pete and Kathy Fitzgibbons of Goodland and Carol Bruce of Rochester, Ind.

Maternal great-grandparents were the late Ted and Anna Reinert of Hoxie. Paternal great-grandparents were the late Warren and Gladys Fitzgibbons of Goodland.

Brooklyn was welcomed home by sisters Makayla, 9, of Goodland and Gabrielle, 10, of Tennessee. Her brothers are Johnathon, 14, and Tristan, 4, also of Tennessee.

Anniversary open house set

The children of former Colby residents, Duane and Ethel Jean (Schonberner) Woofter, are hosting an open house to honor their parents 67th wedding anniversary. The event is from 2 to 5 p.m., Saturday, Sept. 27, at their residence: 6201 Normal Blvd. (Apt. 327), Lincoln, Neb. 68506 and family and friends are invited.

The children are also requesting a card shower. Cards may be sent to the aforementioned address.

Duane and Ethel Jean were married Sept. 25, 1941 in Goodland. They have four children: Jim and Glenda Bade of Lincoln, Neb.; Dennis and Sheila Woofter of Falls Church, Va.; John and Susan Woofter of Colorado Springs, Colo. and Wayne and GeraLou Woofter of Hays.

Recipe for chicken tortilla soup shared

Hints from Heloise

Dear Heloise: We vacationed in Texas recently and had a lovely time. We ate at several Mexican restaurants and enjoyed the tortilla soup. Now that we are home, I would like to make some. Do you have a recipe you could share? Thanks so much!

— Vivian in New York

Well, my editorial director (originally a Texan but now a New Yorker), Merry Clark, shared a fabulous recipe for chicken tortilla soup that I would be happy to pass along. To make it, you will need:

- 12 corn tortillas
- 1/2 cup olive oil
- 2 onions, chopped
- 1/2 cup tomato puree
- 4 quarts rich chicken stock
- 2 cups cooked chicken, diced
- 2 tablespoons fresh cilantro
- Dash of cayenne pepper and Parmesan cheese

Cut tortillas into strips and fry in oil until crisp (just like tortilla chips). Drain and set aside. Saute onions in olive oil and add tomato puree and stock, then the chicken and cilantro. Cook over medium heat for about an hour. Top each serving with a sprinkle of cayenne and Parmesan cheese, and the tortilla strips. Do you need to thicken up a soup? Add instant mashed potatoes, a little at a time. And if you don't tell, no one will even know. — Heloise

FYI: Some people like to add the tortilla strips the last 10-15 minutes of cooking so they are soft when it's time to serve. Try it both ways.

Test your Heloise Hint IQ

Speaking of soup, here's a question for you: Is it OK to eat canned soup right from the can? A leading soup manufacturer told us yes, you can. The soups are already cooked, so they are safe to eat cold, right from the can. — Heloise

Refrigerator organization

Dear Heloise: Not all refrigerators have deli drawers, and digging through the refrigerator for an item is such a pain. I decided to try something different. I purchased some stacking plastic shoe organizers for under \$8. Each unit comes with three square boxes.

They fit perfectly side by side on the shelves in my fridge.

As I cleaned, I organized, putting relish jars and such items in one box, cheese and lunch meats, etc., in another and then slid them

into the fridge. Now I have two neatly organized shelves. I pull out a box, check the contents and then slide it back into place. — Cindy Tiggelman, South Haven, Mich.

Supermarket receipt

Dear Heloise: After shopping at a supermarket, I save the receipt, cut away the payment portion and use the blank backside to write a new list of items I want. I know which store has the items on sale that I want to buy. — Vidya Manohar, via e-mail

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