

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 8 | 7 | 4 | | | |
| | | 8 | | | 6 | | | |
| | 7 | | | 2 | | | | |
| 4 | | | | 5 | | | | |
| 8 | | | | 3 | | 7 | 9 | |
| 3 | | | | | 9 | 2 | | 6 |
| | 1 | | | | | | 5 | |
| | | 9 | | | | 3 | | |
| | | | 5 | 6 | 3 | 4 | | |

Difficulty Level ★★★

9/03

©2008 Concepts Puzzles, Dist. by King Features Syndicate, Inc.

This is a logic-based number placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to today's Sudoku puzzle is at the bottom of this page.

Quiz: How teens cope with death

What happens to the world of an adolescent or college-age young adult if someone close to him dies? Should he be treated like a child and shielded from all unpleasantness surrounding the death? Will she automatically bounce back because she is young? Take this quiz and see how much you know about teens and death.



Dr. Joyce Brothers

• Ask Dr. Brothers

OK: I did not know him that well anyway; she was old and had a full life; he was mean to me last year at school, so what do I care? All these messages are meant to save the teen from frightening feelings, and might spark a helpful conversation about how scary death is to everyone.

6. **True.** It could be considered "normal" to want to self-medicate in order to forget or cover up the terrible feelings left when a friend or relative has died. However, such behavior can be self-destructive and offers no long-term help for the grieving teenager. There are more productive ways of dealing

with the death.
7. **True.** Besides drug or alcohol use, warning signs of a possible dangerous depression caused by the death of someone close include: isolating himself; talking of joining the dead person; loss of appetite or inability to sleep or eat for more than a few days; fear of being alone; withdrawing from friends or normal activities; and excessive anger and irritability. If you were able to answer five of these seven questions correctly, you are sensitive to the special needs that surround what may be a teen's first experience with death.

(c) King Features Syndicate

Answer to today's puzzle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 6 | 5 | 8 | 7 | 4 | 3 | 1 | 2 |
| 2 | 3 | 8 | 1 | 9 | 6 | 7 | 5 | 4 |
| 1 | 7 | 4 | 3 | 2 | 5 | 9 | 6 | 8 |
| 4 | 9 | 7 | 6 | 5 | 2 | 1 | 8 | 3 |
| 8 | 2 | 6 | 4 | 3 | 1 | 5 | 7 | 9 |
| 3 | 5 | 1 | 7 | 8 | 9 | 2 | 4 | 6 |
| 6 | 1 | 3 | 9 | 4 | 7 | 8 | 2 | 5 |
| 5 | 4 | 9 | 2 | 1 | 8 | 6 | 3 | 7 |
| 7 | 8 | 2 | 5 | 6 | 3 | 4 | 9 | 1 |

Difficulty Level ★★★

9/03

©2008 Concepts Puzzles, Dist. by King Features Syndicate, Inc.

2. **True () False ()**

3. It may be normal for a teen to be more upset about the death of the family pet than he is about the passing of an aunt or grandparent. **True () False ()**

4. Knowing what to say to a teen who has lost a loved one is very important, so rehearse all the comforting things you can tell her. **True () False ()**

5. Minimizing the death of the friend or relative is a good way to cope with frightening feelings. **True () False ()**

6. It is normal for a teen to turn to drugs, alcohol, indiscriminate sex and other "masking" behavior in order to feel better. **True () False ()**

7. While there is no deadline for mourning to end, a teen should be expected to start moving on within a few months of the death, and there are definite warning signs that help is needed if he seems stuck in grieving mode. **True () False ()**

Answers

1. **False.** Not necessarily. Your teen or college student may be all grown up, but as with any other near-adult, it will be hard to predict the effect of a death on an individual, or how he will outwardly react. The behavior could take any form, from hysterics to denial, and all would be considered a "normal" response.

2. **False.** Our funeral rituals might be considered morbid, if you look at them objectively, and it would be easier to attend just a service with nothing but photos of the loved one. But if the child wants to attend the service, you can let her go. She may find religious comfort in the words of the officiants. She doesn't have to view the body if she doesn't feel up to it. The reason we have such rituals is to give formal, emotionally survivable organization to these terrible events so that they can be acceptable to our psyche. A funeral provides the opportunity to say a final goodbye, and to share the pain with others.

3. **True.** As uncomfortable as it may feel to an adult, it's not unusual for a teen to feel closer to a pet that he has lived with his entire life than to a distant aunt whom he sees once a year. The pet may be his best friend. Parents would be wise to acknowledge the depth of the teen's feelings for the pet and not berate him for seeming not to care about the distant relative.

4. **False.** Knowing what to say is secondary to allowing the teen to express her shock, outrage, sadness, loss or other feelings and needs. Instead of worrying about what to say, think about listening and encouraging the teen to talk about her loss.

5. **True.** Many teens will immediately try to protect themselves from the shock of a death by sending themselves and others little fake messages about how everything is

TV LISTINGS

sponsored by the

COLBY FREE PRESS

WEEKDAYS SEPTEMBER 2 - SEPTEMBER 8

| | 6 AM | 6:30 | 7 AM | 7:30 | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 |
|---------------|---------------------|----------------|----------------------|---------------------|---------------|----------------|-----------------------------|-------------------|-----------------------------|---------------|------------------------------|---------------|
| KLBY/ABC (6) | Good Morning Kansas | | Good Morning America | | | | The Martha Stewart Show | | The View | | Millionaire | News |
| KSNK/NBC (8) | News Cont'd | | Today | | | | | | Live With Regis and Kelly | | Today | |
| KBSL/CBS (11) | News Cont'd | | The Early Show | | | | The 700 Club | | The Price Is Right | | Young-Restless | Varied |
| K15CG (2) | Lions | Maya & Miguel | Curious George | Sid the Science Kid | Super Why! | Clifford-Red | Dragon Tales | Caillou | Sesame Street | | Martha Speaks | Word-World |
| ESPN (28) | Sports-Center | Varied | SportsCenter | | SportsCenter | | SportsCenter | | SportsCenter | | SportsCenter | |
| USA (37) | Varied Programs | | | | | | Walker, Texas Ranger | | U.S. Open Tennis | | Varied Programs | |
| TBS (38) | Saved by Bell | Saved by Bell | Saved by Bell | Saved by Bell | Fresh Prince | Fresh Prince | Movie | | | | Home Improve. | Home Improve. |
| WGN (39) | Changing Angel | Believer Voice | Hillbillies | Hillbillies | Matlock | Varied | Nash Bridges | | Nash Bridges | | Homicide: Life on the Street | |
| TNT (40) | Angel | | Charmed | | Charmed | | ER | | ER | | Las Vegas | |
| DSC (42) | Varied | Life Today | Joyce Meyer | Paid Program | How It's Made | Cash Cab | Cash Cab | Cash Cab | Deadliest Catch | | Varied Programs | |
| A&E (47) | Third Watch | | Crossing Jordan | | The Sopranos | | American Justice | | Cold Case Files | | Cold Case Files | |
| HIST (48) | Liberty's Kids | Hands-Hist | Varied Programs | | | | | | | | Modern Marvels | |
| NICK (55) | OddParents | OddParents | SpongeBob | SpongeBob | Backyardigans | Go Diego | Wonder Pets | Dora the Explorer | Ni Hao, Kai-lan | Yo Gabba | Dora the Explorer | Go Diego |
| DISN (56) | The Wiggles | Higglytown | Einsteins | Mickey Mouse | Handy Manny | Tigger & Pooh | Zack & Cody | Phineas and Ferb | Hannah Montana | Wizards-Place | Movie | |
| FAM (58) | Sister, Sister | Sister, Sister | Sabrina-Witch | Sabrina-Witch | Step by Step | 700 Club Prog. | Varied Programs | | Gilmore Girls | | Full House | Full House |
| HALL (60) | Paid Program | Paid Program | The Waltons | | The Waltons | | Little House on the Prairie | | Little House on the Prairie | | Touched by an Angel | |

WEEKDAYS SEPTEMBER 2 - SEPTEMBER 8

| | 12 PM | 12:30 | 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 | 4 PM | 4:30 | 5 PM | 5:30 |
|---------------|-------------------------|-----------------|--------------------|---------------|-----------------------------|----------------|-----------------------------|----------------|---------------------|----------------|------------------|------------------|
| KLBY/ABC (6) | All My Children | | One Life to Live | | General Hospital | | Millionaire | Judge Judy | News | Judge Judy | News | ABC Wild News |
| KSNK/NBC (8) | News | | Days of our Lives | | The Ellen DeGeneres Show | | The Insider | Paid Program | Jeopardy! | Jeopardy! | News | NBC News |
| KBSL/CBS (11) | News | Bold, Beautiful | As the World Turns | | Guiding Light | | Dr. Phil | | Oprah Winfrey | | News | Evening News |
| K15CG (2) | Reading Rainbow | Barney-Friends | Varied Programs | | | Lions | Arthur | WordGirl | Fetch! With the Cup | Cyber-chase | Maya & Miguel | Business |
| ESPN (28) | Sports-Center | Varied | SportsCenter | | Outside-Lines | Football Live | NFL Live | Rome-Burning | Around the Horn | Interruption | SportsCenter | |
| USA (37) | U.S. Open Tennis Cont'd | | Varied Programs | | | | | | | | | |
| TBS (38) | Home Improve. | Home Improve. | Just Shoot | Just Shoot | Yes, Dear | Yes, Dear | King of Queens | King of Queens | Seinfeld | Seinfeld | Friends | Raymond |
| WGN (39) | WGN News at Noon | | Matlock | | Varied Programs | | Cosby Show | Cosby Show | Sister, Sister | Sister, Sister | Funnies Pets | Funnies Pets |
| TNT (40) | Without a Trace | | Law & Order | | Law & Order | | Charmed | | Charmed | | Law & Order | |
| DSC (42) | A Haunting | | A Haunting | | The FBI Files | | Deadliest Catch | | It Takes a Thief | | Cash Cab | Cash Cab |
| A&E (47) | CSI: Miami | | Crossing Jordan | | The Sopranos | | American Justice | | Cold Case Files | | Cold Case Files | |
| HIST (48) | Modern Marvels | | Varied Programs | | | | | | | | Modern Marvels | |
| NICK (55) | Backyardigans | Wow! Wubzzy! | Drake & Josh | Drake & Josh | Drake & Josh | Drake & Josh | SpongeBob | SpongeBob | OddParents | OddParents | SpongeBob | SpongeBob |
| DISN (56) | Movie Cont'd | | Varied Programs | | | | | | | | | |
| FAM (58) | Sister, Sister | Sister, Sister | Sabrina-Witch | Sabrina-Witch | 8 Simple Rules | 8 Simple Rules | What I Like | What I Like | Gilmore Girls | | My Wife and Kids | My Wife and Kids |
| HALL (60) | 7th Heaven | | 7th Heaven | | Little House on the Prairie | | Little House on the Prairie | | M*A*S*H | M*A*S*H | M*A*S*H | M*A*S*H |

THURSDAY SEPTEMBER 4

| | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 |
|---------------|---|-----------------------------------|--|------------------------|--|-------------------|-----------------------------|-------------------|--------------------------------------|-------------------------------------|-------------------------------------|----------------|
| KLBY/ABC (6) | News (N) (CC) | Entertainment | Ugly Betty | Betty's Baby Bump (CC) | Grey's Anatomy | The Becoming (CC) | Republican Convention | | News (N) (CC) | Nightline (N) (CC) | Jimmy Kimmel Live (N) (CC) | |
| KSNK/NBC (8) | NFL Football: Washington Redskins at New York Giants | (Live) (CC) | | | Giants | | Republican Convention | | News (N) (CC) | The Tonight Show With Jay Leno (CC) | Late Night | |
| KBSL/CBS (11) | News (N) (CC) | Inside Edition | Big Brother 10 (Live) (CC) | | CSI: Crime Scene Investigation | | Republican Convention | | News (N) (CC) | Late Show With David Letterman | Late Late | |
| K15CG (2) | The NewsHour With Jim Lehrer (N) | | Republican National Convention Coverage of the proceedings in Minneapolis. (Live) (CC) | | | | BBC World | | Keeping Up | Charlie Rose (N) (CC) | | |
| ESPN (28) | Sports-Center | College Football Live (Live) (CC) | College Football: South Carolina at Vanderbilt. (Live) (CC) | | | | SportsCenter (Live) (CC) | | | | | |
| USA (37) | U.S. Open Tennis: Quarterfinals: Flushing, N.Y. (Live) (CC) | | | | | | | | Law & Order: Criminal Intent | | Law & Order: SVU | |
| TBS (38) | Raymond | Raymond | Friends (CC) | Friends (CC) | Movie: Bad News Bears ***½ (2005, Comedy) Billy Bob Thornton. (CC) | | Sex and the City | Sex and the City | Movie: Two for the Money ***½ (2005) | | | |
| WGN (39) | America's Funniest Home Videos (CC) | | Movie: Spaceballs (1987) Mel Brooks' big-budget sendup of science-fiction movies. | | WGN News at Nine (N) (CC) | | Scrubs (CC) | Scrubs (CC) | Corner Gas | Becker | | |
| TNT (40) | Law & Order: Charity Case | | Law & Order: Identity (CC) (DVS) | | Law & Order: Melting Pot | | MythBusters Viral Hour (CC) | | Homicide: Life on the Street | | Cold Case: Kensington (CC) | |
| DSC (42) | How It's Made | | Assembly Req. | Assembly Req. | De-stroyed | De-stroyed | MythBusters Viral Hour (CC) | | How It's Made | | Assembly Req. | Assembly Req. |
| A&E (47) | CSI: Miami: Nothing to Lose (Part 2 of 2) | | The First 48 Point Blank; Shoot Out | | The First 48 (CC) | | Jacked: Theft | Jacked: Theft | Crime 360: Welcome to Homicide (CC) | | The First 48 Point Blank; Shoot Out | |
| HIST (48) | Modern Marvels: Insulation (CC) | | MonsterQuest: Giant Killer Snakes | | MonsterQuest: Ohio Grassman (CC) | | MonsterQuest (CC) | MonsterQuest (CC) | MonsterQuest: Vampire Beast (CC) | | MonsterQuest: Giant Killer Snakes | |
| NICK (55) | Drake & Josh | Zoey 101 (CC) | SpongeBob | Drake & Josh | Home Improve. | Home Improve. | George Lopez | George Lopez | Family Matters | Family Matters | Home Improve. | Home Improve. |
| DISN (56) | Movie: Up, Up and Away (2000) Michael J. Fagan. (CC) | | Hannah Montana | Hannah Montana | Hannah Montana | Zack & Cody | Wizards-Place | Life With Derek | Zack & Cody | Hannah Montana | That's-Raven | Phil of Future |
| FAM (58) | That '70s Show | That '70s Show | Nanny 911 Walker Family (CC) | | Nanny 911 McDowell Family | | Nanny 911 Dirks Family (CC) | | The 700 Club (CC) | | Whose Line? Show | Wednesday |
| HALL (60) | Walker, Texas Ranger (CC) | | Walker, Texas Ranger (CC) | | Movie: Thicker Than Water (2005, Drama) Melissa Gilbert. (CC) | | | | Murder, She Wrote: Smooth Operators | | Murder, She Wrote (CC) | |

FRIDAY SEPTEMBER 5

| | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | 11:30 |
|---------------|---|------------------|--|---------------|---|----------------|--|------------------|---------------------------------------|-------------------------------------|---------------------------------|----------------|
| KLBY/ABC (6) | News (N) (CC) | Entertainment | Stand Up to Cancer (N) (CC) | | America's Funniest Home Videos (CC) | | 20/20 (CC) | | News (N) (CC) | Nightline (N) (CC) | Jimmy Kimmel Live (N) (CC) | |
| KSNK/NBC (8) | News (N) (CC) | Wheel of Fortune | Stand Up to Cancer (N) (CC) | | NFL Kickoff Special (N) (CC) | | Dateline NBC (CC) | | News (N) (CC) | The Tonight Show With Jay Leno (CC) | Late Night | |
| KBSL/CBS (11) | News (N) (CC) | Inside Edition | Stand Up to Cancer (N) (CC) | | CBS Fall Preview | Old Christine | Swingtown Take It to the Limit (N) (CC) | | News (N) (CC) | Late Show With David Letterman | Late Late | |
| K15CG (2) | The NewsHour With Jim Lehrer (N) | | Wash. Week | Kansas Week | Market-Market | NOW on PBS (N) | Bill Moyers Journal (N) (CC) | | BBC World | Score-board | New Red Green | Tavis Smiley |
| ESPN (28) | College Football: Navy at Ball State. (Live) (CC) | | | | | | MLB Baseball: Arizona Diamondbacks at Los Angeles Dodgers. Dodger Stadium. (Live) (CC) | | | | | |
| USA (37) | Law & Order: SVU | | Law & Order: SVU | | Monk Mr. Monk's 100th Case (N) (CC) | | Psych Talk Derby to Me (N) (CC) | | House It's a Wonderful Lie (CC) | | Monk Mr. Monk's 100th Case (CC) | |
| TBS (38) | Raymond | Raymond | Seinfeld (CC) | Seinfeld (CC) | Movie: Failure to Launch ** (2006) Matthew McConaughey. (Premiere) (CC) | | Sex and the City | Sex and the City | Movie: Planes, Trains | | | |
| WGN (39) | America's Funniest Home Videos (CC) | | Movie: Ringmaster (1998) People reveal sordid details on a TV host's program. (CC) | | WGN News at Nine (N) (CC) | | Scrubs (CC) | Scrubs (CC) | Chappelle's Show | | Chappelle's Show | |
| TNT (40) | Movie: Titanic *** (1997, Drama) A woman falls for an artist aboard the ill-fated ship. Leonardo DiCaprio, Kate Winslet. (CC) | | Dirty Jobs Big Animal Vet (CC) | | Dirty Jobs: Cleaning up the environment. | | Discovery Project Earth: Infinite Winds | | Discovery Project Earth: Hungry Ocean | | How It's Made | How It's Made |
| DSC (42) | CSI: Miami Money Plane (CC) | | CSI: Miami Broken Home (CC) | | CSI: Miami A Grizzly Murder (CC) | | The Cleaner House of Pain (CC) | | Criminal Minds: Unfinished Business | | CSI: Miami Broken Home (CC) | |
| HIST (48) | Modern Marvels: Revolutionizing war. | | Modern Marvels (CC) | | Modern Marvels (CC) | | Garland Biker Wars: The Outlaws. (CC) | | Mega Disasters (CC) | | Modern Marvels (CC) | |
| NICK (55) | Drake & Josh | Zoey 101 (CC) | Carly (CC) | Carly (CC) | SpongeBob | SpongeBob | George Lopez | George Lopez | Home Improve. | Home Improve. | Family Matters | Family Matters |
| DISN (56) | Hannah Montana | Zack & Cody | Movie: The Incredibles (2004) Animated. A former superhero gets back into action. | | | | Wizards-Place | Life With Derek | Zack & Cody | Hannah Montana | That's-Raven | Phil of Future |
| FAM (58) | That '70s Show | That '70s Show | Samurai Girl (N) (Part 1 of 3) (CC) | | | | America's Funniest Home Videos (CC) | | The 700 Club (CC) | | That '70s Show | That '70s Show |
| HALL (60) | Walker, Texas Ranger (CC) | | Walker, Texas Ranger Fight or Die | | Movie: For the Love of Grace (2008, Drama) Mark Consuelos. (CC) | | | | Murder, She Wrote (CC) | | Murder, She Wrote (CC) | |