



Scouts from Colby Girl Scout Troop 218 helped paint playground equipment in Fike Park.

## Girl Scouts donate time to park

Colby Girls Scout Troop 218 recently completed requirements for the Bronze Award, including 15 hours of community service by every girl.

The girls in the troop are Caitlin Kline, Jenna Ketchum, Brevyn Fleming and Maura Hansen. Randi Cloe is the adult leader.

After brainstorming about what services they wanted to do, said Cloe, the girls remembered that the Colby Kiwanis Club, part of a global organization

of volunteers, paints and strips several pieces of the playground equipment at Villa High Park each year. The girls approached the club and asked it if they could work on the equipment this time.

The club agreed, said Cloe, and the troop had quite a bit to do once they arrived at the park. They wound up repainting four pieces of equipment and did touch-ups to a fifth. They also repainted the Villa High sign and the benches by the restrooms.

**RAWLINS COUNTY HEALTH CENTER**

**RAWLINS COUNTY HEALTH CENTER COMMUNITY CALENDAR**

707 Grant Atwood, KS 67730 (785) 626-3211

Bringing Specialized Healthcare To Your Community

**October 2008**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Dr. Jeffrey L. Curtis will not be here in October		1 Diabetic Clinic Echocardiograms Cardiac Rehab	2 MRI Mobile Unit Vasc. Ultrasounds	3 Cardiac Rehab Echocardiograms Ultrasounds	4
5	6 Cardiac Rehab	7	8 Diabetic Clinic Echocardiograms Ultrasounds Cardiac Rehab Dr. Frankum Surgery	9 MRI Mobile Unit Vasc. Ultrasounds	10 Cardiac Rehab Echocardiograms Ultrasounds	11
12	13 Cardiac Rehab	14	15 Diabetic Clinic Echocardiograms Ultrasounds Cardiac Rehab Mammograms	16 MRI Mobile Unit Vasc. Ultrasounds Dr. Saba Orthopedics	17 Cardiac Rehab Echocardiograms Ultrasounds	18
19	20 Cardiac Rehab Bone Density	21	22 Diabetic Clinic Echocardiograms Ultrasounds Cardiac Rehab	23 MRI Mobile Unit Vasc. Ultrasounds Dr. Reeves Podiatry	24 Cardiac Rehab Echocardiograms Ultrasounds Dr. Reeves Podiatry	25
26	27 Cardiac Rehab	28 Dr. Miller Cardiology	29 Cardiac Rehab Diabetic Clinic Echocardiograms Ultrasounds	30 MRI Mobile Unit Vasc. Ultrasounds	31 Cardiac Rehab Echocardiograms Ultrasounds	

In House Services Available Daily  
CT Scan \*\* Bone Mineral Density \*\* EKG  
Electrocardiograms

**TO SCHEDULE AN APPOINTMENT WITH A VISITING PHYSICIAN, PLEASE CALL (785)626-3211 Cheryl Banister, RN Specialty Clinic Director**

## Family Center for Health Care WINTERIZE YOUR BODY

**FLU/PNEUMONIA SHOTS & TETANUS REVIEW**  
Children are welcome and encouraged to attend. No Cost to Medicare patients. A \$20 charge for non-Medicare patients.

**FREE SKIN CANCER SCREENINGS**  
Do you have a spot or an unusual mole that you would like to have examined? Dr. Kellogg or Dr. Matchell will perform the screening at no cost!

**FREE BLOOD PRESSURE CHECKS**  
FCHS nurses will check your blood pressure.

**SNACKS & BEVERAGES PROVIDED!!!**

Winterize your body! Come in and see one of The Family Center for Health Care doctors during the times and dates below without an appointment:

**Tuesday, Oct. 7, 5:00 - 7:00 P.M. Dr. Kellogg**  
**Wednesday, Oct. 8, 5:00 - 7:00 P.M. Dr. Matchell**

**FAMILY CENTER FOR HEALTH CARE**

**Family Center for Health Care**  
"Our Family Taking Care of Your Family."  
310 E. College Drive, Colby  
(785) 462-6184 or 1-800-453-6751  
After hours provider cell (785) 443-5171

**Dr. Bruce Kellogg** **Dr. Darren Matchell** **Luetta Flanagin ARNP** **Jenny Niblock ARNP** **Tricia Carney ARNP** **Tina Jallow ARNP**

# TV LISTINGS

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## COLBY FREE PRESS

### SUNDAY OCTOBER 5

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC (4) (6)	In Touch With Dr. Charles Stanley (N)		Good Morning America (N) (CC)		This Week-George Stephanopoulos		Hour of Power (CC)		Paid Program	Paid Program	First United Methodist Church	
KSNK/NBC (8) (8)	(Off Air)	Paid Program	Today (N) (CC)		Meet the Press (N) (CC)		Paid Program	Paid Program	Your Bible	Paid Program	Jeopardy!	Paid Program
KBSL/CBS (12) (11)	Paid Program	Newsprng TV	Cake (E)	Horse-land (E)	CBS News Sunday Morning		Face the Nation		Dino Squad	Sushi Pack (E)	NFL Today Host James Brown (Live)	
K15CG (2)	Mister Rogers	Barney-Friends	Ninos en-Casa	Plaza Sesamo	Kinder-garten	Mama-Movies	Wish-bone (E)		Saddle Club	Animalia	Keeping Kids	To the Contrary
ESPN (28)	Football Final	NFL Matchup	SportsCenter (Live) (CC)		Outside Lines	Sports Reports	SportsCenter (Live) (CC)		NFL Countdown (Live) (CC)			
USA (37)	Paid Program	Chang-ing	Ed Young	Joel Osteen	Starter Wife	Life for the wife of a Hollywood mogul changes dramatically.			Starter Wife (CC)		Starter Wife (CC)	
TBS (38)	Mar-ried...	Movie: Major League II * 1/2 (1994, Comedy) Charlie Sheen. (CC)			Movie: Zathura *** (2005, Adventure) A mysterious game propels two young brothers into outer space.						Movie: Chronicles-Ridd	
WGN (39)	Paid Program	Amazing Facts	Key of David	Paid Program	Jimmy Swaggart	Feed the Children	Paid Program		Whacke-d Out		Whacke-d Out	Boston Legal (CC)
TNT (40)	Movie: Fools Rush In ** (1997, Comedy-Drama) Matthew Perry, Salma Hayek. (CC)				Movie: Selena *** (1997, Biography) Mexican-American singer skyrocketed to fame. Jennifer Lopez.				Movie: Pretty Woman *** (1990) Richard Gere. (CC)			
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	MythBusters Concrete Glider		MythBusters (CC)		Explosions Gone Wrong		Explosions Gone Wrong	Verom: Nine Ways to Die (CC)
A&E (47)	Biography (CC)	Johnny Depp Actor Johnny			Private Sessions Squeeze Squeeze.		The Sopranos Johnny Cakes (CC)		The Sopranos The Ride (CC)		The Sopranos The Ride (CC)	The Cleaner Here Comes the Boom
HIST (48)	Lost Treasures of the Ancient World		Mega Disasters Alien Infection (CC)		Return of the Pirates pirate. (CC)		The modern-day		Decoding the Past Mysteries of the Bermuda Triangle The Bermuda Triangle.			
NICK (55)	Jimmy Neutron	Tak and Power	OddPar-ents	OddPar-ents	Spon-geBob	Spon-geBob	Barn-yard	Mighty B	Tak and Power	Spon-geBob	Spon-geBob	Spon-geBob
DISN (56)	The Wiggles	Johnny-Sprites	Ein-stein	Tigger & Pooh	Mickey Mouse	Mickey Mouse	Imag-Movers	Handy Manny	Higgly-town	Charlie & Lola	Movie: Return to Hallowentown	
FAM (58)	Step by Step	Step by Step	Sabrina-Witch	Sabrina-Witch	Full House	Full House	My Wife and Kids	My Wife and Kids	Ground-ed-Life	Ground-ed-Life	Ground-ed-Life	Ground-ed-Life
HALL (60)	Odyssey Network Presents		NASCAR Angels	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	Cheers (CC)	Cheers (CC)	Cheers (CC)	Cheers (CC)	Diagnosis Murder (CC)	

### SUNDAY OCTOBER 5

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (4) (6)	NASCAR Countdown (Live)		NASCAR Racing: Sprint Cup - Amp Energy 500. From Talladega, Ala. (Live)								ABC News (N) (CC)	News (N) (CC)
KSNK/NBC (8) (8)	Paid Program	Paid Program	Paid Program	CORR Off Road Racing Chula Vista, Calif. (CC)			LPGA Tour Golf: Samsung World Championship - Final Round. (Live) (CC)				Storm Stories	NBC News
KBSL/CBS (12) (11)	NFL Football: Kansas City Chiefs at Carolina Panthers. Bank of America Stadium. (Live) (CC)						NFL Football: Cincinnati Bengals at Dallas Cowboys. Texas Stadium. (Live) (CC)					
K15CG (2)	McLaugh-hin	McLaugh-hin	Theol-ogy	Religion-Ethics	Classic Gospel (CC)		Healthy Body	Doctors on Call	Sewing-Nancy	Beads, Baubles	Debating Our	MLB Baseball
ESPN (28)	College Football Final (CC)		PWBA Bowling: U.S. Open		Bull Riding: PRCA Xtreme Bulls. (CC)		Series of Poker	2008 World Series of Poker Las Vegas.		2008 World Series of Poker Las Vegas.		Baseball Tonight
USA (37)	Starter Wife (CC)		Starter Wife (CC)		NCIS (CC)			Movie: National Treasure ** (2004, Adventure) A man tries to steal the Declaration of Independence. Nicolas Cage. (CC)				
TBS (38)	(10:50) Movie: The Chronicles of Riddick ** (2004) (CC)		MLB Pregame		MLB Baseball: Division Series - Teams TBA. (Live) (CC)							MLB Baseball
WGN (39)	Movie: Blind Horizon (2004) A man thinks he is involved in a plot to kill the president.				Movie: Time Lapse (2001) A federal agent is secretly given a memory-altering drug.		Coach (CC)	Coach (CC)	ALF (CC)		ALF (CC)	ALF (CC)
TNT (40)	(10:30) Movie: Pretty Woman ***		Movie: My Big Fat Greek Wedding *** (2002, Romance-Comedy) Nia Vardalos.		Movie: Titanic **** (1997, Drama) A woman falls for an artist aboard the ill-fated ship. Leonardo DiCaprio, Kate Winslet. (CC)							
DSC (42)	Killer Ants (CC)		Killer Jellyfish (CC)		Venom Hunter Toxic Killers. (N)		Dirty Jobs: Jobs That Bite (CC)		Dirty Jobs: Jobs That Bite (CC)		Dirty Jobs (CC)	Dirty Jobs (CC)
A&E (47)	The Cleaner To Catch a Fed (CC)		The Cleaner House of Pain (CC)		The Cleaner Rag Dolls (CC)		The Cleaner The Eleventh Hour (CC)		The Cleaner Rebecca (CC)		CSI: Miami Dead Zone (CC)	
HIST (48)	Nostradamus: 500 Years Later Ten of the seer's most famous prophecies. (CC)				Crucifixion The history and science of the crucifixion. (CC)				To Be Announced		To Be Announced	
NICK (55)	Jimmy Neutron: Boy Genius		Barn-yard	Barn-yard	Zoey 101 (CC)		Spon-geBob	Spon-geBob	Spon-geBob	Spon-geBob	Ned's School	Drake & Josh
DISN (56)	(11:00) Movie: Zack & Cody		Zack & Cody	Zack & Cody	Cory in House	Studio DC	Phineas and Ferb	Phineas and Ferb	Zack & Cody	Zack & Cody	Wizards-Place	Wizards-Place
FAM (58)	Movie: Better Off Dead ** (1985, Comedy) John Cusack. (CC)				Movie: Can't Buy Me Love ** 1/2 (1987, Comedy) Patrick Dempsey. (CC)				Movie: Crazy/Beautiful ** (2001, Romance) Kirsten Dunst. (CC)			
HALL (60)	Movie: Perry Mason: The Case of the Heartbroken Bride ** 1/2 (1992, Mystery)		Movie: Matlock: The Secret ** 1/2 (1990, Mystery) Andy Griffith, Ron Taylor. (CC)						Movie: McBride: Requiem (2006, Mystery) John Larroquette. (CC)			

### SUNDAY OCTOBER 5

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4) (6)	America's Funniest Home Videos (CC)		Extreme Makeover: Home Edition (CC)		Desperate Housewives (CC)		Brothers & Sisters Book Burning (CC)		News (N) (CC)	KAKE Sports	Lawyer on Line	Paid Program
KSNK/NBC (8) (8)	Football Night in America (Live) (CC)		NFL Football: Pittsburgh Steelers at Jacksonville Jaguars. Jacksonville Municipal Stadium. (Live) (CC)							News (N)	Monk (CC)	
KBSL/CBS (12) (11)	60 Minutes (N) (CC)		The Amazing Race 13 (N) (CC)		Cold Case True Calling (N) (CC)		The Unit Sudden Flight (N) (CC)		News (N) (CC)	News (N)	Catch it Kansas	Whacke-d Out
K15CG (2)	Farmers' Sun-flower		Nature (Part 2 of 2) (CC) (DVS)		Masterpiece Contemporary The Last Enemy (Part 1 of 5)		Ready Digital		Rare Visions	Masterpiece Mystery! Foyle's War, Series V: Plan of Attack		
ESPN (28)	SportsCenter (Live) (CC)				College Football Live (Live) (CC)				SportsCenter (Live) (CC)		Sports-Center	
USA (37)	House (CC)		House (CC)		House (CC)		House (CC)		House (CC)		Movie: Cold Mountain (2003)	
TBS (38)	(5:30) MLB Baseball: Division Series - Teams TBA. (Live) (CC)				MLB Baseball: Division Series - Teams TBA. (Live) (CC)							
WGN (39)	WKRP in Cin.	WKRP in Cin.	Newhart (CC)	Newhart Cats	Honey-mooners	Honey-mooners	WGN News	Instant Replay	Be-witched	Be-witched	Dream-Jeanie	Dream-Jeanie
TNT (40)	(3:00) Movie: Titanic (1997) (CC)		Movie: Poseidon ** (2006) A luxury liner capsizes in the North Atlantic. Josh Lucas.		Movie: Poseidon ** (2006) A luxury liner capsizes in the North Atlantic. Josh Lucas.		Movie: Poseidon ** (2006) A luxury liner capsizes in the North Atlantic. Josh Lucas.		Movie: Poseidon ** (2006) A luxury liner capsizes in the North Atlantic. Josh Lucas.		Movie: Minority Report (2002) (CC)	
DSC (42)	Dirty Jobs Mineral mine, rice plantation.		Planet Earth Shallow Seas (CC)		Planet Earth Caves Cave habitats. (CC)		Planet Earth Ice Worlds (CC)		Planet Earth Forests (CC)		Planet Earth Shallow Seas (CC)	
A&E (47)	CSI: Miami Innocent (CC)		CSI: Miami Shattered (CC)		CSI: Miami Guerillas in the Mist (CC)		CSI: Miami Confidential (CC)		The Cleaner Back to One (CC)		CSI: Miami Shattered (CC)	
HIST (48)	Gangland Blood in the Streets (CC)		MonsterQuest Mutant Canines		MonsterQuest Giant Killer Snakes		Sandhogs (N) (CC)		To Be Announced		MonsterQuest Mutant Canines	
NICK (55)	Drake & Josh	iCarly (CC)	Worldwide Fido Awards		Home Improve.	Home Improve.	George Lopez	George Lopez	Family Matters	Family Matters	Home Improve.	Home Improve.
DISN (56)	Zack & Cody	Hannah Montana	Studio DC	Wizards-Place	Movie: Twitches (2005, Fantasy) Tia Mowry. (CC)		Zack & Cody	Zack & Cody	Hannah Montana	That's-Raven	Cory in House	
FAM (58)	Movie: Mean Girls (2004) A teen becomes friends with three cruel schoolmates. (CC)				Movie: Mean Girls (2004) A teen becomes friends with three cruel schoolmates. (CC)				Fresh Prince	Fresh Prince	Joel Osteen	Feed the Children
HALL (60)	Murder, She Wrote The Mole (CC)		Murder, She Wrote (CC)		Murder, She Wrote The Dead File (CC)		Murder, She Wrote Night of the Coyote		Movie: McBride: Requiem (2006, Mystery) John Larroquette. (CC)			

### MONDAY OCTOBER 6

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4) (6)	News (N) (CC)	Entertainment	Dancing With the Stars (Live) (CC)				Boston Legal Dances With Wolves		News (N) (N) (CC)	Nightline (N) (CC)	Jimmy Kimmel Live (CC)	
KSNK/NBC (8) (8)	News (N)	Wheel of Fortune	Chuck (N) (CC)		Heroes I Am Become Death (CC)		Life The Business of Miracles (N) (CC)		News (N)	The Tonight Show With Jay Leno (CC)	Late Night	
KBSL/CBS (12) (11)	News (N)	Inside Edition	Big Bang Th (CC)	How I Met	Two/Half Men	Worst Week (N)	CSI: Miami (N) (CC)		News (N)	Late Show With David Letterman	Late Late	
K15CG (2)	The NewsHour With Jim Lehrer (N)		Antiques Roadshow		American Experience Jimmy Who?: Hostage captured the White House in 1976. (CC) (DVS)		Jimmy Carter		Hostage Jimmy Carter		Charlie Rose (N) (Live)	
ESPN (28)	Monday Night Countdown (Live) (CC)				NFL Football: Minnesota Vikings at New Orleans Saints Louisiana Superdome. (Live)				SportsCenter (Live) (CC)			
USA (37)	Law & Order: SVU		House (CC)		WWE Monday Night Raw (Live) (CC)				Movie: The Condemned * 1/2 (2007, Action) Steve Austin, Winnie Jones. (CC)			
TBS (38)	Seinfeld (CC)	MLB Pregame			MLB Baseball: Division Series - Teams TBA. (Live) (CC)				MLB Post		Name Is Earl	Name Is Earl
WGN (39)	7th Heaven Like a Harlot (CC)		America's Funniest Home Videos (CC)		ALF (CC)	ALF (CC)	WGN News at Nine (N) (CC)		Scrubs (CC)	Scrubs (CC)	Corner Gas	Becker (CC)
TNT (40)	Law & Order Thinking Makes It So		Law & Order Excutioner		The Closer Cherry Bomb (CC)		Raising the Bar Hang Time (N) (CC)		Bones The Man in the Outhouse (CC)		Without a Trace Baggage (CC)	
DSC (42)	How It's Made	How It's Made	Tiger Shark Attack: Beyond Fear (CC)		Tornado Rampage		Man vs. Wild South Dakota (CC)		How It's Made		How It's Made	Tiger Shark Attack: Beyond Fear (CC)
A&E (47)	CSI: Miami Broken (CC)		Intervention Leslie Alcohol or family.		Intervention Dan (CC)		Intervention Alcohol addiction. (CC)		Crank: Made in America (CC)		Intervention Leslie Alcohol or family.	
HIST (48)	Modern Marvels Gadgets 3 (CC)		Modern Marvels Gold Mines (CC)		Fort Knox: Secrets Revealed U.S. Bullion Depository. (CC)				Earth's Black Hole (CC)		Modern Marvels Gold Mines (CC)	
NICK (55)	Zoey 101 (CC)	iCarly (CC)	Spon-geBob	Spon-geBob	Home Improve.	Home Improve.	George Lopez	George Lopez	Family Matters	Family Matters	Home Improve.	Home Improve.
DISN (56)	Zack & Cody	Hannah Montana	Movie: Twitches Too (2007, Mystery) Tia Mowry. (CC)		Wizards-Place		Wizards-Place	Life With Derek	Zack & Cody	Hannah Montana	That's-Raven	Cory in House
FAM (58)	That '70s Show	That '70s Show	Movie: While You Were Sleeping *** (1995, Romance-Comedy) Sandra Bullock.				America's Funniest Home Videos (CC)		The 700 Club (CC)		Samurai Girl (Part 2 of 6) (CC)	
HALL (60)	Walker, Texas Ranger Borderline		Walker, Texas Ranger (CC)		Movie: Matlock: The Trial ** 1/2 (1991, Mystery) Andy Griffith, Mike Farrell. (CC)				Murder, She Wrote Family Doctor (CC)		Murder, She Wrote Suspicion of Murder	