

Family



Andrea Jenkins, Denver, and Eryn Topliff of Goodland, both Colby Community College nursing students, got some tips on the patient-care computer system from Norma Simonton, a registered nurse at Citizens Medical Center.

Nursing students practice for real

Nursing students started training in August at Prairie Senior Living Complex and last week at Citizens Medical Center in Colby.

The Level I nursing students from Colby Community College completed orientation at the hospital last week. The students tour the facilities and complete a short course in the computer systems used to chart patient information.

"The hospital staff is always excited when the students return," said Tama Unger, director of fund development and community relationships. "Most people don't realize that Citizens Medical Center is a teaching hospital."

"There are 29 students participating in the Level I class this year, and in January the Level II nurses, who are completing their registered nurse studies, will be at Citizens."

Each class is trained to offer patient care, she said, by working with patients. Nursing students partner with regular staff at the

hospital and the nursing instructors at the college.

Patients can be confident in the care they receive from students and proud that they have contributed to the life of a future nurse, Unger said.

"Before they come to work at CMC, they have shown competency in the skill they will be performing," said Jeanene Brown, education manager at the hospital.

"Working at Citizens is good experience for the students," said Ruth Wolfram Director of Nursing Education at the college. "They really enjoy it. They work at Prairie Senior Living Complex or the Family Center for Health Care, as well as Citizens Medical Center, so they really get a well rounded hands on experience."

When the level I students complete their first year, they are eligible to take their Kansas state exam to become a licensed practical nurse. Students who choose to continue into Level II become eli-

gible to take the exam to become a registered nurse. These are national tests.

The hospital has been part of the college's nursing program since the college since it began. Hospital employees have served on advisory boards for the college. Having clinical facilities available to nursing students is important to the success of the program, leaders say.

"The average age of people in nursing, as in most health professions, is getting older," said Brown. "Health care providers are concerned about the availability of younger nurses. The baby boomers are retiring, and they will take a lot of care."

"Women have so many more options today than they did 30 years ago, so we are losing great women to other professions. Nursing is a wonderful profession for men, and we love to see them coming into the profession. We are seeing more men in the nursing profession, and that is great."

Rexford News

By Vickie Allison

The Thomas County road crew oiled and sanded School Street from Williams to Main on Friday. Seeing this was a reminder that the weather will be changing, and over the weekend that change was evident as a hot Saturday turned into a dreary Sunday.

The Red Barn staff has been busy working on a new phone book for the Rexford area. There hasn't been one published over two years, and the book certainly is handy. The cost is \$2.50. Contact Jolene Hansen at the Red Barn if you want one.

October birthday celebrations include Maryann Juenemann on the 9th, Ron Dible; the 11th; Betty Carswell, the 22nd; Rhelda Dible, the 26th; Betty Nickols, the 28th; and Wes Bencken, the 29th.

In the October city utility bill, a memo from Paragon Geophysical Services says that in the near future you might see workers laying out cables along the city rights of way for seismic oil and gas testing. These cables are only for recording the results of testing that will be done in the area from Rexford to Gem. The actual testing will not be done near or in the city,

as the cables are "passive" recording devices. They will be on the ground a few weeks, weather permitting. It will not create personal liability for residents or property owners, the firm says

Bingo at the Red Barn for age 50 and over will be at 7 p.m. Saturday.

Red Bar activities: Monday, Barnswallows, 2-5 p.m.; Wednesday, 10 a.m., Ladies Bible Study; Come on Down, Thursdays, 2-5 p.m.; and Friday, Koffee Klatch, 9:30-10:30 a.m.

Until next time, make your week memorable.

Old books don't have to smell musty

Dear Heloise: Do you know how to remove the musty smell from books? We have a nice set of atlases, maybe 15 or 20 years old. They were never in a basement or anything, but they have a very musty smell. — Eric, via e-mail

Your question is a great one, since many of us have wonderful old books. If a book smells musty, many times it is just age! Sprinkle a little cornstarch or baking soda throughout the dry pages and place the book in a sealable plastic bag. Let sit for about a week, then brush out the powder. Repeat for stubborn smells.

Hints from Heloise

Don't use baking soda on antique or damp books, because it might harm old paper. However, it can be used for everything from eliminating odors to safe cleaning and even money-saving beauty products. Also, older, heavy or large books should be stacked flat. Standing, the weight may eventually crack the spine and damage the pages. — Heloise

Fast facts

Dear Heloise: I enjoy reading your hints. Here are uses for the

neon dot stickers:

- Put on DVDs/movies as a way to show at a glance appropriate ages: green for children, red for violence, etc. Make sure the family knows what the colors signify.
- Mark plugs/cords and the items they belong to.
- Help those with sight problems by placing dots on hangers for like items, etc.
- Use to mark medicine items in a first-aid kit.

— Sarah McCoy, Hammond, Ind.

Babies

Hannah Marie Rose

Trent and Brenda Rose, Colby, are the parents of a daughter, Hannah Marie Rose, born Saturday, Oct. 4, 2008, at Citizens Medi-

cal Center in Colby. She weighed 7 pounds, 4 ounces and was 20 inches long. Her grandparents are Ed and Sharon Prew, Grin-

nell, and Randy and Debbie Rose, Oakley. Ilene Rose, Oakley, is her only living great-grandparent.

Joseph Henry Enfield

Jerlynn Enfield, Goodland, gave birth to a baby boy, Joseph Henry Enfield, on Saturday, Oct. 4,

2008, at Citizens Medical Center in Colby. He weighed 8 pounds, 5 ounces and was 20 1/4 inches

long. Grandparents are Marie and Richard Johnson, Goodland.

Obituaries

Elva Jo Benson

Elva Jo Benson, 78, Colby, died Friday, Oct. 3, 2008, at the Citizens Medical Center in Colby.

She was born Feb. 28, 1930, near Hoxie to Joseph O. and Elva Harris Timmons. She married Ben Schieck and later Earl Benson. Both preceded her in death.

She live in Madison and Norcut before moving to Rexford. She worked as a waitress and nurse's aide, but was mostly a homemaker.

er. She was preceded in death by seven brothers, four sisters, an infant and a grandson, Jerry Alan Morgan.

Survivors include a daughter, Coleen Mackey, Rexford; four sons, Spencer Schieck, Temecula, Calif., Stuart Schieck, Rexford, Tom Benson, Colby, and Mike Benson, Hays; 17 grandchildren; and 10 great grandchildren.

Visitation will be from 10 a.m. to 8 p.m. today at the Mickey-Leopold Chapel in Hoxie. Services will be at 10 a.m. Tuesday, Oct. 7, 2008, at the funeral home, with burial in the Rexford Cemetery.

Memorials to the Prairie Living Senior Center and may be sent in care of the funeral home at 1024 Sheridan Ave., Hoxie, Kan. 67740.

June (Shalz) O'Hara

June (Shalz) O'Hara, 82, a Colby homemaker, died Sunday, Oct. 5, in Colby.

She was born June 4, 1926, in Liverpool, England, but had lived in the Colby area for more than 60 years.

She was married to Sidney Shalz, who died in 1973, and was a homemaker.

She also was preceded in death by a son, Rick Shalz, in 1996.

Survivors include a son, Ron Shalz, Colby; daughters Linda Vaughn, Colby, and Pat Kirkland, Owasso, Okla.; sister Peggy Blattner, Hilton, N.Y.; nine grandchildren; and 12 great-grandchildren. Visitation will be 2 to 8 p.m. Tuesday at the Harrison Chapel,

190 S. Franklin, Colby.

Services will be at 10:30 a.m. Wednesday at the funeral home, with Pastor James Mardock, presiding. Burial will be at the Beulah Cemetery, Colby.

Memorials to the Kansas Specialty Dog Service may be left at any Colby bank or at the funeral home.

Rachel A. Earl

Rachel A. Earl, 69, Colby, died Saturday, Oct. 4, 2008, at the Citizens Medical Center in Colby.

She was born Aug. 4, 1939, in Beaver Crossing, Neb.

She is survived by a daughter, Diane Powers, Elk City; two brothers, Viron Earl, St. Francis, and Cecil Earl, Henderson, Colo.; and two grandchildren.

Cremation, no services. Interment will be at the Dighton Cemetery. Kersenbrock Funeral Chapel, Colby, is handling the arrangements.

Corrections

An article in Thursday, Oct. 2, Colby Free Press incorrectly identified David Schemm of Sharon Springs as a member of the Kansas Wheat Commission. Mr. Schemm is a board member of the Kansas Association of Wheat Growers, said Bill Siegel, spokesman for the group. Ron Suppes of Dighton is the wheat commission member for this area. The source of the misinformation was not clear.

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An item in the Briefly column

last week incorrectly gave the price of meals at the senior lunch site as \$2.50 for seniors. It should have said \$2.75.

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The obituary for Francis J. Robben Jr. in the Wednesday, Sept. 24, paper contained two minor errors. While it gave his name correctly, on second reference the item called him Mr. Robben Sr. While the article correctly said he was a member of St. Joseph's Catholic Church in Oakley, it later

said the services would be at "St. Joseph's College Church." These were reporting errors.

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The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Markets

Quotes as of close of previous business day
Hi-Plains Co-op

Wheat	\$5.80
Corn	\$4.12
Milo	\$6.41
Soybeans	\$8.62

**friends
don't let friends
drive drunk.**

 

Thank You!

We would like to thank all of our family and friends for all the many beautiful anniversary cards sent to us for our 50th wedding anniversary. All your friendships are such a blessing.....

Vernon & Sally Patten

Family Center for Health Care WINTERIZE YOUR BODY

FLU/PNEUMONIA SHOTS & TETANUS REVIEW

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Do you have a spot or an unusual mole that you would like to have examined?

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SNACKS & BEVERAGES PROVIDED!!!

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Tuesday, Oct. 7, 5:00 - 7:00 P.M. Dr. Kellogg
Wednesday, Oct. 8, 5:00 - 7:00 P.M. Dr. Matchell



Family Center for Health Care
"Our Family Taking Care of Your Family."

310 E. College Drive, Colby
(785) 462-6184 or 1-800-453-6751

After hours provider cell (785) 443-5171



Dr. Bruce Kellogg



Dr. Darren Matchell



Luetta Flanagan ARNP



Jenny Niblock ARNP



Tricia Carney ARNP



Tina Jallow ARNP

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