

School Activities and Menus

Brewster
High school basketball regional week.
Activities for the week: **Monday:** 7 p.m. Brewster girls vs. Triplains girls at Winona, high school basketball regionals. **Tuesday:** 7 p.m. Triplains boys vs. Brewster boys at Brewster, high school basketball regionals. **Wednesday:** Middle School Gifted Seminar
Thursday: high school basketball regionals, Brewster hosting at Colby. **Friday:** high school basketball regionals, Brewster hosting at Colby; no school. **Saturday:** high school basketball regionals, Brewster hosting at Colby.
Menus for the week are: **Monday:** Breakfast: pancakes, sausage. Lunch: steak sandwich, potato smiles, veggie sticks, pineapple, orange slices. **Tuesday:** Breakfast: breakfast pizza. Lunch: beef stew, green beans, mixed fruit, applesauce, cornbread. **Wednes-**

day: Breakfast: grilled cheese. Lunch: cheese pizza, corn, 7-layer salad, banana, peaches. **Thursday:** Breakfast: blueberry muffin. Lunch: chicken strips, mashed potatoes, white gravy, broccoli, carrots, mandarin oranges, apple.
Colby Schools
National FFA Week.
Activities for the week: **Monday:** 1:15 p.m. fifth grade spelling bee (grade school auditorium); girls seventh and eighth basketball, Northwest Kansas League (first round). **Tuesday:** 10 a.m. / 7 p.m. first grade music program (grade school auditorium); 1:15 p.m. fourth grade spelling bee at (grade school auditorium); 1 p.m. boys seventh and eighth wrestling - Northwest Kansas League at St. Francis; 4:30 p.m. girls, boys C-team basketball vs. Norton; 6:30 p.m. boys junior varsity, girls varsity basketball vs. Norton (winter sports senior recognition); 8:00

p.m. girls junior varsity, boys varsity basketball vs. Norton (winter sports senior recognition). **Wednesday:** 9 a.m. FFA Northwest District Ag Mechanics / Spring area meeting at Goodland; 5:30 p.m. high school site council (teacher workroom). **Thursday-Saturday:** Kansas Music Educators Association All State Choir / Band / Orchestra Convention in Wichita. **Thursday:** 2 p.m. girls eighth basketball, Northwest Kansas League at Atwood; 2 p.m. girls seventh basketball, Northwest Kansas League at Goodland. **Friday:** 4 p.m. varsity forensics at Nickerson; ACT test registration deadline for April 4 test; high school eligibility for activities determined; no school for all levels; boys varsity wrestling, state tournament at Salina. **Saturday:** boys varsity wrestling, state tournament at Salina; 8 a.m. varsity forensics at Nickerson.
Menus for the week: **Monday:**

Breakfast: apple cinnamon muffin, orange juice. Lunch: breakfast at lunch: sausage, waffles, strawberries, whipped topping, syrup, orange juice. **Tuesday:** Breakfast: cinnamon toast with scrambled eggs, grape juice. Lunch: marzetti or ravioli, tossed salad, mixed veggies, garlic toast, applesauce. **Wednesday:** Breakfast: tastries, apples. Lunch: soup day chili, chicken noodle, broccoli cheese, baby carrots, cinnamon roll, strawberry fruit mix. **Thursday:** Breakfast: pancake and sausage on a stick, maple syrup, apple juice. Lunch: hamburger, bun, tater wedges, baked beans, orange, pear slices. **Friday:** no school
Colby Community College
Activities for the week: **Monday:** 5 p.m. Board of Trustees.
Wednesday: noon, baseball vs. Lamar; noon Backers Meeting; 5:30, 7:30 p.m., basketball vs.

Barton County.
Golden Plains
High school basketball regionals week.
Activities for the week: **Wednesday:** middle school gifted seminar; **Thursday-Saturday:** Kansas Music Educators Association at Wichita; **Thursday:** middle school career day at Northwest Kansas Technical College.
Menus for the week are: **Rexford: Monday:** breakfast: breakfast combo. Lunch: beef fingers. **Tuesday:** breakfast: bagels. Lunch: Italian dunker. **Wednesday:** breakfast: monkey bread. Lunch: tuna macaroni. **Thursday:** breakfast: breakfast burrito. Lunch: popcorn chicken. **Friday:** breakfast: hash browns. Lunch: soup and sandwich.
Selden: Monday: breakfast: breakfast burrito. Lunch: pizza. **Tuesday:** breakfast: pancakes. Lunch: taco salad. **Wednesday:**

breakfast: biscuit and gravy. Lunch: fish. **Thursday:** breakfast: monkey bread. Lunch: hot dogs. **Friday:** breakfast: scrambled eggs. Lunch: nachos.
Heartland
Activities for the week: **Thursday-Saturday:** high school basketball, Kansas Christian Athletic Association State Tournament in Wichita.
Sacred Heart
Activities for the week: **Sunday:** carnival.
Menus for the week are: **Monday:** cavatini, bagel, peas, peaches. **Tuesday:** chicken fry steak, green beans, locobread, applesauce. **Wednesday:** fish apples, biscuit, au gratin pot. **Thursday:** chicken patty sandwich, fruit cocktail, salad, scooby snacks. **Friday:** French toast, eggs, kiwi, banana muffin.

Senior Center

Activities for the coming week: **Monday:** Director's Surprise Day. **Tuesday:** 10 a.m. exercise; 11 a.m. bingo. **Wednesday:** 10:30 a.m. pinocle / pitch game. **Thursday:** 10 a.m. exercise; 10:30 a.m. domino game. **Friday:** 10 a.m. exercise; sweets day.
Menus for the coming week: **Monday:** sausage patties, mashed potatoes, gravy, corn,

bread, peaches. **Tuesday:** ham and beans, cottage cheese salad, vegetables, cornbread, strawberries and bananas. **Wednesday:** tuna and noodles, stewed tomatoes, apricots, pudding. **Thursday:** meat loaf, scalloped potatoes, peas, bread, pears. **Friday:** cook's choice entree, California blend vegetables, applesauce, brownie.
The Thomas County Nutrition

Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available, as is pick-up service. A contribution of \$2.75 per meal is suggested for seniors, \$5 for others. For anyone under 60, home delivery is \$5.75. Make reservations at (784) 460-2901 by noon the day before.

Museum to offer history program

In honor of Women's History Month, the Colby American Association of University Women and the Prairie Museum of Art and History will offer a presentation by Marla Matkin at 2 p.m. on March 8.
The program, which is open to the public, will be in the Garvey Education Room at the museum.
Matkin, from Hill City, will talk about "Cherishing Our Historical Legacy," highlighting the importance of investigating the background of stories, songs and archival records,

Matkin is a lifelong Kansan traces who her roots to great-grandparents who homesteaded in southwest Kansas in the late 1870s.
Matkin, who says her glimpses into history are like puzzles that are never quite completed, offers her audiences both accuracy and realism while being entertaining.
The University Women support and advance educational and professional opportunities for women through scholarships and other programs.

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STRIKE ZONE

~ League Bowling Results ~

February 10, 2009 - Pinbusters League				February 10, 2009 - Early Bird Ladies League			
Team	Won	Lost	Place	Team	Won	Lost	Place
Colby Bowl	194	142	1	www.strike	19	9	1
Roofmasters	184	122	2	NW Vacuum	16	12	2
Colby Automotive	183	123	3	Van's Merry Four	11.5	16.5	3
Bargos	169	167	4	Bowlerettes	9.5	18.5	4
Corona Kids	155	181	5	First high Individual game: Dee Hovda, 211			
Subway	151	185	6	First high Individual series: Dee Hovda, 559			
Al's Painting	149	187	7	February 11, 2009 - Ladies Nite Out League			
Cummins Central Power	137	199	8	Team	Won	Lost	Place
First high Individual game: Darren Hickson, 268				Citizens Medical Center	13	7	1
First high Individual series: Kipp Nelson, 708				Super 8 Motel	13	7	2
February 16, 2009 - First Nighters League				Service Oil	12	8	3
Team	Won	Lost	Place	Twisters II	11	9	4
Woofter Well and Plumbing	218	118	1	Don's Electric	11	9	5
Parking Lot Maintenance	212	124	2	Golden Harvest Seeds	10.5	9.5	6
Sparky's Firework	184	152	3	Strike-Outs	9.5	10.5	7
Frontier Ag Inc.	180	156	4	Twisters	9	11	8
NW Refrigeration	180	156	5	Straightline	8	12	9
Wild Ride	170	166	6	Bop Shop Betties	3	17	10
Grinnell Furniture	168	168	7	First high Individual game: Robin Schwanke, 201			
Discount Repair	165	171	8	First high Individual series: Dee Hovda, 571			
Kansas Quicklube	163	173	9	February 13, 2009 - Ten Pin League			
McKee	158	178	10	Team	Won	Lost	Place
Pepsi	140	196	11	Cal Williams	17	7	1
First high Men Individual game: Jeff Wagoner, 280				Colby Bowl	16	8	2
First high Men Individual series: Jeff Wagoner, 694				Once Upon a Sign	10	14	3
February 12, 2009 - King Pin League				Minds in the Gutter	9	15	4
Team	Won	Lost	Place	Farm Credit	9	15	5
www.visitcolby.com	138	72	1	First high Individual game: Monica Bugbee-Miller, 212			
Orschelns	122	88	2	First high Individual series: Deb Norman, 598			
Morgan Construction	118	92	3	Brought to you by:			
5 Pony Men	112	98	4	ColbyBowl FUN CENTER GAME ROOM • POOL ROOM SNACK BAR/LUNGE • PRO SHOP 785-460-2672	Financing Agriculture Farm Credit for Ag. for Life FARM CREDIT of Western Kansas 1055 S. Range Ave. Colby, KS 67701 785-462-6714		
Colby Automotive	110	100	5				
Colby Bowl & Fun Center	110	100	6				
FireXrikers	107	103	7				
T.J. Tire	89	121	8				
Balls Deep	84	126	9				
First high Individual game: Josh Ryan, 300							
First high Individual series: J.R. Bargo, 717							

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