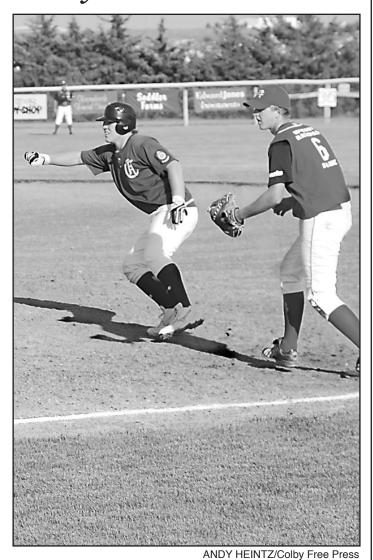
Ready to Run



Senior Brent Arnberger took a lead-off from first base during game two of a doubleheader between the Colby American Legion and McCook, Neb. on Wednesday. Colby swept McCook winning the first game 10-0 and the second game

Volleyball coach to run three camps

By Andy Heintz

Colby Free Press aheintz@nwkansas.com

Carey Jones, the new Colby Community College volleyball coach, will be running "all-skills" camps for students in high school, middle school and grade school in mid-July.

Jones said most of her players for next season will be helping her at camp. She said anyone can Lady Trojans. participate in the camps as long as they were the right age.

The camp for middle-school Jones students will be from 9 to 11 a.m. edu. and 12:30 to 3 p.m. on Thursday, 8:30 a.m.

The camp for high-school athletes will be from 9 to 11 a.m. and

Registration will start at 8 a.m. The camp for kids 7 to 11 will begin at 8:30 a.m. and end at noon on Saturday, July 18. Both will be at the Community Building.

Jones said the winners of contests at the camps will earn prizes, including an individual volleyball lesson with Jones, one free registration to the 2010 Trojans Volleyball camp, Trojans Volleyball T-shirts and dinner with the 2009

For information, call (785) 460-5473 or (316) 204-2605 or e-mail

Athletes may register for the July 16, at the Community Build- high school girls' summer tournaing. Registration will begin at ment on Saturday, July 11, at the Community Building.

Students who play in the tournament will receive a \$10 discount 1:30 to 4 p.m. on Friday, July 17. at the camps, Jones said.

Baseball tournament for youth to start soon

The fifth annual Lakin Youth will be played Saturday and Sunday, June 27 and 28, at the Loucks Complex in Lakin, which features a 200-foot fence and pitching mounds.

Age divisions are 8 and under, 10 and under and 12 and under. The tournament will follow Cal Ripkin Baseball Rules, and all teams are guaranteed three games.

Prizes will be given to the top three teams in each division. Firstplace teams will receive champion T-shirts for each player. Team trophies will be awarded for first and

Each team can give one repre-Invitational Baseball Tournament sentative in a Home Run Derby and a Throwing Accuracy Contest on Saturday night. Winners in each division will receive a trophy.

> Deadline to enter was Tuesday, but late registrations will be accepted. Entry fee is \$175 per team. The brochure and registration form are available at the Garden City Family YMCA or online at www.gardencity.net/ymca/youth-

For information, contact Sports Director Jackie Regan at (620) 275-1199 or gckymca.sports@

Rockies beat Rays 5-3, snap Tampa Bay's streak

ter the Tampa Bay Rays ended a shaky fifth inning that included the longest winning streak in the homers by Evan Longoria and Carl majors, the Colorado Rockies re- Crawford as the Rockies snapped turned the favor.

DENVER (AP) - A day af- homer and Aaron Cook survived the Rays' six-game winning streak Troy Tulowitzki hit a three-run with a 5-3 win Wednesday night.



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Colby Swim Club wins meets, two swimmers break records

By Andy Heintz

Colby Free Press aheintz@nwkansas.com

Kyle Finley and Brennon Overton combined to break three pool records to help the Colby Swim Club finish first out of eight teams at the Goodland Meet on Saturday.

Overton set record-breaking times in the 9 and 10 year-old 25 yard individual medley and the 25 yard freestyle. He finished the individual medley with 1 minute and 29.39 seconds and he finished the freestyle with 14.14,

Finley set a new record in the 11 and 12 year-old boys 50 yard breaststroke with 39.77.

Colby had 247. 5 points overall. Goodland came in second with

The swim club has a meet at 8 a.m. this Saturday at the Colby Swimming Pool.

Other scores at the meet include:

8 and under girls

Tayler Bieberle placed sixth in the 50 yard freestyle with 55.12, and placed third in the 25 yard backstroke with 26.14.

Alexis Carney placed11th in the 25 yard backstroke with 32.09, placed ninth in the 25 yard butterfly with 41.60, and placed fifth in the 25 yard breaststroke with

Jersey Carney placed 10th in the 25 yard breaststroke with 38.76, placed eighth in the 25 yard individual medley with 3:06.33, and placed sixth in the 25 yard butterfly with 35.55.

Kourtney Finley placed 14th in the 25 yard freestyle with 33.14, placed eighth in the 25 yard butterfly with 39.90, and placed twelfth in the girls 25 yard breast-

Brittany Foss placed twelfth in the 25 yard freestyle with 31.54, placed 16th in the 25-yard backstroke with 37.97, and placed 14th in the 50 yard freestyle with

Kensey Garrett placed third in the 25 yard breaststroke with 31.53, placed 10th in the 25 yard backstroke with 30.98, and placed third in the 25 yard freestyle with 22.27. Emeline Hutton placed seventh in the 25 yard backstroke with 30.06, placed ninth in the 25 yard breaststroke with 38.46, and placed fourth in 25 yard freestyle with

Avin Inlow placed 13th in the 25 yard breaststroke with 1:04.58 and placed 17th in the 25 yard freestyle with 36.91. Madisyn Lemman placed second in the

25 yard backstroke with 24.72. Jillian Niblock placed 23rd in the 25 yard freestyle with 1:43.27.

Jessilyn Weis placed sixth in the 25 yard breaststroke with 35.92, placed 13th in the 50 yard freestyle with 1:10.97, and placed 13th in the 25 yard backstroke with 36.17. 8 and under boys

Sam Bretz placed first in the 25 yard butterfly with 34.93, placed second in the 25 yard breaststroke with 34.84, and placed first in the 25 yard individual medley with Kelby Garrett placed fourth in the 25 yard

butterfly with 44.78, placed sixth in the 25 yard backstroke with 35.46, and placed 15th in the 25 yard freestyle with 36.02. Seth Hutfles placed fourth in the 25 yard freestyle with 26.17, placed fifth in the 50 yard freestyle with 1:10.24, and placed 16th in the 25 yard backstroke with 2:20.65. Cade Lanning placed twelfth in the 25 yard freestyle with 35.53, placed 10th in the 25 yard backstroke with 43.67, and placed eighth in the 50 yard freestyle with

Joshua Olson placed 13th in the 25 yard freestyle with 35.56.

Brett Roulier placed 14th in the 25 yard backstroke with 39.12, placed eighth in the boys 25 yard freestyle with 32.81, and placed ninth in the 50 yard freestyle with

Wade Rush placed seventh in the 25 yard 26.28. backstroke with 38.70, and placed 18th in the 25 yard freestyle with 52.08.

Blaise Vrbas placed 10th in the 50 yard freestyle with 1:27.87, placed eighth in the 25 vard backstroke with 41.13, and placed ninth in the 25 yard freestyle with 33.89. 8 and under relays

Club A team of of Alexis Carney, Tayler Bieberle, Jersey Carney, and Kensey Garrett.placed second in the girls 100 yard freestyle relay with 1:48.62 Club B team of Avin Inlow, Madisyn

Lemman, Brittany Foss and Jessilyn Weis placed third in the girls 100 yard freestyle relay with 2:01.53. Club A team of Sam Bretz, Cade Lanning, Brett Roulier, and Seth Hutfles placed sec-

ond in the boys 100 yard freestyle relay with 2:11.48. Club B team of Kelby Garrett Joshua Olson, Wade Rush and Blaise Vrbas placed third in the boys 100 yard freestyle relay

with 3:15.46.

Club A team of Brittany Foss, Kensey Garrett, Alexis Carney, and Avin Inlow placed fourth in the girls 100 yard medley relay with 2:37.23.

Club B team of Emeline Hutton, Jessilyn Weis, Jersey Carney and Kourtney Finley. placed second girls 100 yard medley relay with 2:28.43.

Club A team of Seth Hutfles, Sam Bretz, Blaise Vrbas and Brett Roulier, placed first boys 100 yard medley relay with 2:45.15. 9-10 girls

Cassie Berndt placed ninth in the 25 yard butterfly with 26.72, placed sixth in the 25 yard individual medley with 1:56.77, and placed fourth in the 25 yard backstroke

Calley Burr placed eighth in the 25 yard freestyle with 20.65, and placed 22nd in the 25 yard breaststroke with 31.53.

Bailey Foss placed 17th in the 25 yard breaststroke with 32.27, placed ninth in the 25 yard freestyle with 20.81, and placed fifth in the 25 yard backstroke with 21.13. Kambri Garrett placed fourth in the 25 yard freestyle with 18.81, placed seventh in the 25 vard breaststroke with 24.18 and placed 21st in the 25 yard backstroke with

Michaela Giebler placed 13th in the 25 yard breaststroke with 28.50, placed 20th in the 25 yard backstroke with 25.22 and placed twelfth in the 25 yard freestyle with

yard freestyle with 23.74, placed 2fifth in the 25 yard backstroke with 28.75, and placed fifth in the girls 25 yard breaststroke **Quinlee Niblock** placed 14th in the 25 yard freestyle with 22.19, placed 19th in

Jordon Hartwell placed18th in the 25

the 25 vard backstroke with 25.15, and placed sixth in the 25 yard breaststroke **Shianne Phillip** placed 23rd in the 25 yard backstroke with 28.23, and placed 27th in

the 25 yard freestyle with 28.72. Kyandra Rush placed 16th in the 25 yard

backstroke with 25.05, placed twelfth in the 25 yard breaststroke with 28.14, and placed 24th in the girls 25 yard freestyle with 25.89.

9-10 boys

Heath Bolyard placed 13th in the 25 yard backstroke with 28.02, placed sixth in the 25 yard breaststroke with 30.01, and placed 17th in the 25 yard freestyle with 25.50. **Dustin Depe** placed 20th in the 25 yard freestyle with 30.72, placed 10th in the boys 25 yard breaststroke with 40.84, and placed 19th in the 25 yard backstroke with

Mark Faber placed first in the 100 yard freestyle with 1:24.05, placed second in the 25 yard backstroke with 20.48, and placed first in the 25 yard breaststroke with

Kory Finley placed fifth in the boys 25 yard individual medley with 2:12.55, placed fifth in the boys 25 yard backstroke with 23.61, and placed seventh in the 25 yard breaststroke with 31.53.

Austin Hamel placed 17th in the 25 yard backstroke with 35.96, placed 19th in the boys 25 yard freestyle with 30.34, and placed twelfth in the 25 yard breaststroke

Parker Hamel placed ninth in the 25 yard breaststroke with 40.50, placed sixth in the 25 yard backstroke with 24.46, and and placed 18th in the 25 yard freestyle with

August Hutfles placed 16th in the 25 yard freestyle with 22.36, placed eighth in the 25 yard breaststroke with 32.49, and placed 16th in the 25 yard backstroke with 33.14. Kaiser Lopez placed eighth in the boys 25 yard butterfly with 29.94, placed11th in the 25 yard breaststroke with 41.58, and placed

15th in the 25 yard freestyle with 22.01. Lander Niblock placed 15th in the 25 yard backstroke with 30.51, placed11th in the 25 yard freestyle with 20.51, and placed seventh in the 100 yard freestyle with 1:53.53.

Brennon Overton placed first in the 25 yard butterfly with 16.67.

9-10 relays

Swim Club A team of Cassie Berndt, Calley Burr, Micheala Giebler and Kambri Garrett placed fourth girls 100 yard freestyle relay with 1:19.96. Swim Club B team of Kyandra Rush, Jor-

don Hartwell, Shianne Phillip and Bailey Foss placed ninth girls 100 yard freestyle relay with 1:40.36. Club A team of Heath Bolyard, August

Hutfles, Kaiser Lopez and Lander Niblock placed third in the boys 100 yard freestyle relay with 1:38.71. Club B team of Austin Hamel, Parker Hamel, Dustin Depe and Kory Finley

placed fourth in the boys 100 yard freestyle relay with 1:51.96. Club A team of Quinlee Niblock, Jordon

Hartwell, Cassie Berndt and Bailey Foss placed fifth in the 100 yard medley relay with 1:39.76. Club B team of Kyandra Rush, Caitlin

Burr, Kensey Garrett and Shianne Phillip

placed seventh in the girls 100 yard medley relay with 1:54.80. Club A team of Dustin Depe, August Hut-

fles, Lander Niblock and Heath Bolyard placed second in the boys 100 yard medley relay with 1:35.59. Club B team of Dustin Depe, August Hutfles, Lander Niblock and Heath Bolyard

placed fourth in the boys 100 yard medley relay with 2:17.8. 11-12 girls Brittany Carney placed third in the 50

yard backstroke with 22.78, placed 29th in the 50 yard freestyle with 1:29.34 and placed twenty-fourth in the 50 yard breaststroke with 1:37.53. Randi Cloe placed 10th in the 50 yard

breaststroke with 52.04, placed fifth in the 50 yard backstroke with 45.78, and placed fourth in the 50 yard freestyle with 35.65. Shaila Giebler placed 16th in the girls 50 yard freestyle with 40.79, placed eighth in the girls 100 yard freestyle with 1:36.89, and placed fifth in the 50 yard breaststroke with 47.74.

Khyla Hamel placed 23rd in the girls 50 yard breaststroke with 1:09.37, placed 23rd in the 50 yard freestyle with 49.63, and placed11th in the 100 yard freestyle with 1:47.44.

Maura Hansen placed fourth in the 50 yard breaststroke with 46.01, placed seventh in the 100 yard freestyle with 1:30.74, and placed sixth in the 50 yard individual medley with 1:45.09.

Taylor Lemman placed11th in the 50 yard breaststroke with 1:00.90, placed 21st in 50 yard freestyle with 44.64, and placed 16th in the 50 yard backstroke with 53.27. Paige McNinch placed 27th in the 50 yard freestyle with 1:00.98, placed 21st in the 50 yard backstroke with 1:07.75. and placed 17th in the 50 yard breaststroke with 1:09.90. Dara Roulier placed ninth in the 50 yard

backstroke with 47.14, placed fourth in the 50 yard individual medley with 1:52.61, and placed twelfth in the 50 yard freestyle Destiny Rummel placed 16th in the girls

50 yard breaststroke with 1:06.19, placed 24th in the 50 yard backstroke after being disqualified, and placed 25th in the 50 yard freestyle with 57.99. Sydney Stephens placed 20th in the girls

50 yard breaststroke with 53.34, placed eighth in the 50 yard backstroke with 46.77, and placed ninth in the 50 yard freestyle with 37.17. Brenly Terrell placed 10th in the 50 yard

freestyle with 37.62, placed seventh in the 50 yard individual medley with 1:51.12, and placed second in the 50 yard breaststroke with 43.68.

Bryce Butts placed 13th in the 50 yard

breaststroke with 1:24.90, placed seventh in the 50 yard backstroke with 1:02.24, and

placed 14th in the 50 yard freestyle with **Lucas Coulter** placed 13th in the 50 yard freestyle with 53.68, and placed 14th in the

50 vard breaststroke with 1:25.52 Aaron Faber placed fourth in the 50 yard

individual medley with 1:43.96, placed third in the 50 yard backstroke with 47.92, and placed fifth in the 50 yard freestyle

Kyle Finley placed first in the 50 yard freestyle with 31.23 and placed first in the boys 50 yard individual medley with 1:27.37.

Travis Finley placed second in the 50 yard individual medley with 1:31.55, placed second in the 50 yard butterfly with 41.66, and placed second in the 50 yard breaststroke with 45.72.

Evan Olson placed 17th in the boys 50 yard freestyle with 1:03.43.

Cheyne Weis placed fifth in the 50 yard breaststroke with 54.23, placed eighth in the boys 50 yard backstroke with 1:02.67, and placed twelfth in the 50 yard freestyle

11-12 relays

Swim Club A team of Randi Cloe, Maura Hansen, Sydney Stephens and Shaila Giebler placed second in the girls 200 yard freestyle relay with 2:31.94.

Swim Club B team of Khyla Hamel, Taylor Lemman, Dara Roulier and Destiny Rummerl placed sixth girls 200 yard freestyle relay with 3:11.65. Club A team of Aaron Faber, Chevne

second in the boys 200 yard freestyle relay with 2:54.49. Club A team of Lucas Coulter, Evan Olson, Brittany Carney and Paige McNinch placed second in the mixed 200 yard free-

Weis, Bryce Butts and Travis Finley placed

style relay with 4:13.73 Club A team of Randi Cloe, Brenly Terrell, Shaila Giebler and Maura Hansen placed second girls 200 yard medley relay with 3:07.67. Club B team of Khyla Hamel, Sydney Ste-

phens, Dara Roulier and Paige McNinch placed fifth in the girls 200 yard medley relay with 3:57.85. Club A team of Aaron Faber, Bryce Butts, Travis Finley and Cheyne Weis placed first in the boys 200 yard medley relay with

Club A team of Destiny Rummel, Taylor Lehman, Lucas Coulter and Brittany Carney placed second in the mixed 200 yard medley relay with 4:54.23.

13-14 girls Alyssa Goodheart placed fifth in the 100 yard butterfly with 1:31.83, placed fourth in the 100 yard backstroke with 1:31.44, and placed fourth in the 50 yard freestyle with 33.34.

13-14 boys

John Faber placed fourth in the 100 yard breaststroke with 1:49.08, placed fifth in the 50 yard freestyle with 30.31, and placed second in the 100 yard butterfly with 1:41.27.

15-18 girls

Emilea Finley placed fourth in the 50 yard freestyle with 29.62, placed second in the 100 yard butterfly with 1:19.32, and placed third in the 100 yard freestyle with

Jessica Leiker placed first in the 50 yard freestyle with 27.49, placed first in the 100 vard breaststroke with 1:18.22, and placed first in the 100 yard freestyle with 1:01.04. Christina Ostmeyer placed sixth in the 50 yard freestyle with 30.09, placed third in the 100 yard backstroke with 1:22.29, and placed fourth in the 100 yard freestyle with

15-18 boys

Karlton Leiker placed first in the 100 yard backstroke with 1:19.54, placed fourth in the 100 yard individual medley with 2:54.86 and placed fourth in the 50 yard freestyle with 27.46. 15-18 relays

Christina Ostmeyer, Karlton Leiker, and Emilea Finley placed third in the mixed 200 yard freestyle relay with 1:58.07. Swim Club B team of Karlton Leiker,

Swim Club A team of Jessica Leiker,

Jessica Leiker, Emilea Finley, and Kyle Finley. placed third in the mixed 200 yard medley relay with 2:18.87.

Diamondbacks post 12 runs in win over Royals "He pitched me tough all night,"

KANSAS CITY, Mo. (AP) —

After striking out his first three times up, Reynolds homered off the Kansas City ace to get him out of the game and the Diamond-

backs put up six more runs against Mark Reynolds finally got to Zack the bullpen to beat the Royals 12-5 Wednesday night.

out in the seventh for a 6-2 lead.

Reynolds brought his NL-leading strikeout total to 93 before taking Greinke deep to left with two

• Excellent benefits

Reynolds said. "I couldn't really get anything going with him in my first three ABs. You're battling your tail off to try to do something positive and he gets the best of you. It's really, really frustrating. He hung a slider and I was able to runs in the final three innings. get good wood on it and hit it out.

"It seems like elite pitchers like that I'll punch out a couple of times and then somehow find the barrel. Those were big runs for our team and kind of opened the floodgates." The Diamondbacks scored eight

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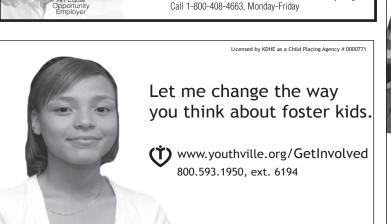
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