

Job-sharing helps business, workers

The economic downturn of the last several months has caused anguish concerning reduced income, job loss and the stability of our financial businesses.



Susan Nickerson

- Smarter Workplace

Today's economy has forced us to think differently about how we manage business. We are forced to look more closely at how we can conduct business in an efficient way with fewer expenditures and more savings. It's motivated us to challenge the status quo.

So what's ahead for business organizations? Many are rethinking the 40-hour work week. The Kansas Shared Work Plan is being employed as an alternative to outright layoffs. To participate, an employer must have reduced the normal weekly hours of work by at least 20 percent and the plan must apply to at least 10 percent of the employees in the affected business unit and be approved by the Kansas Department of Labor.

The Shared Work benefits are the percentage of regular unemployment benefits matching the reduction in the employer's plan. Shortening work hours and requiring maximum vacation time are other alternatives being implemented to avert layoffs.

In terms of what's ahead for employee engagement, future predictions were recently spelled out in *The Futurist Magazine*: "An individual's knowledge will become obsolete almost as quickly as it's acquired, making job-related education a necessity for nearly every worker. Training plans should be developed for all workers."

"Students in school will lean toward more niche fields rather than general degrees, such as business. Short-term customized training will become more important as the workforce becomes more sophisticated to handle technical demands of new products and services. We've seen this in the manufacturing sector, where programming machines and learning to run robotic equipment has overshadowed the manual-labor training of the past."

Another trend to look for is job candidates putting themselves up for bid to perform specific work, hours and duration of employment, and name the minimum acceptable wage, benefits and perks, according to Motivation Connect 365. Flexibility will no longer be optional, with employees expecting short- and long-term options. These options work well for retirees or semi-retired employees.

Many remarkable and significant changes are anticipated in the coming months and KANSASWORKS will prepare to roll out initiatives as they become available.

Susan Nickerson is west regional director for KansasWorks, workforce development.

Rotary Club

The Colby Rotary Club met Tuesday, July 14, at Colby Community College with 36 members and guests in attendance. Guests included Deanna Smith, Dr. LaDonna Regier, Kathy Arensdorf, Jo Kready, Eric Schuette, Jean Binder, and visiting Rotarians District Gov. John Binder, Ellis; Don Kready, Topeka; and Mara Duke, Orlando, Fla.

Gov. Binder presented Gary Schuette with the Paul Harris Fel-

low Award. Les Loker and Nancy LePell received pins for achieving multiple levels to fellowships.

As a service project, the club will man the children's ferris wheel at the Thomas County Fair. Binder gave the program, featuring the 2009-2010 theme, "The Future of Rotary Is in Your Hands."

The club meets at noon on Tuesdays at the Student Union.

— Relda Galli

Summer markets offer freshness, variety

MANHATTAN – Shoppers will note changes in farmers' market offerings during the mid-summer season, a Kansas State University specialist says.

"One of the most obvious changes is a now abundant supply of fresh-cut flowers that replaces bedding plants and hanging baskets offered at earlier markets," said Jana Beckman, a veteran market watcher.

The cut flowers add color, but are in addition to, rather than in lieu of, fresh seasonal crops available, said Beckman, who is also coordinator of the Kansas Center for Sustainable Agriculture and Alternative Crops, based at Kansas State University.

In July, shoppers can expect to see tomatoes, cucumbers, green beans, onions, peppers, new potatoes, several varieties of summer squash, including zucchini, and blackberries, Beckman said.

Several varieties of sweet corn should be available later in the month, she said.

While tomatoes are typically plentiful in mid- to late summer, shoppers also will likely see a variety of heirloom tomatoes at local markets, Beckman said.

"Don't let the color of the heirloom fruits (a tomato is classed a fruit, rather than a vegetable) fool you," she said. "Serving a pink or purple tomato is likely to stimulate conversation at mealtime."

"Learning about new varieties of familiar foods is one of the benefits of shopping local, seasonal markets."

Beckman said she encourages people to take the time to learn more about fresh herbs

being sold at the markets.

"With more people choosing to eat at home," she said, "interest in cooking and seasonings, including herbs that add flavor, but not fat, has increased."

While buying locally grown fresh or dried herbs at summer markets is an inexpensive way to get acquainted with new flavors, Karen Blakeslee, a K-State Research and Extension food scientist, cautioned consumers about buying oils flavored with herbs.

Such oils are prohibited from sale at farmers' markets, said Blakeslee, who as coordinator of Extension's Rapid Response Center, spends her working hours answering food and food safety questions. She explained the reason:

When in a sealed container at room temperature, an oil-based herb mix creates an anaerobic (absence of oxygen) environment that can support the growth of Clostridium botulinum and produce botulism toxin that affects the central nervous system and can cause death. Botulism has, for example, occurred with homemade garlic-and-oil mixtures stored at room temperature.

A flavored vinegar, which has a high acid content, is not typically a food safety hazard, Blakeslee said.

Shoppers at the summer markets also are encouraged to use caution when buying meats, said Liz Boyle, a K-State Research and Extension meat scientist.

"Consumers can choose between a variety of whole muscle cut meats, including beef, bison, elk or venison, that may not be readily

available at commercial supermarkets, but should check to see that vendors are using a cooler with dry ice or freezer unit to keep meat products frozen prior to sale," Boyle said.

"Keeping frozen products frozen (0 degrees F or below) is essential in maintaining food safety and quality," said Boyle, who suggested buying perishable foods last and taking a cooler or insulated container for stowing perishables on the way home from the market.

Not all farmers' markets allow meats, Boyle said. She noted that locally raised and processed meat products, including poultry, that will be sold to consumers, are required to be processed in a U.S. Department of Agriculture or state-inspected processing plant, be properly labeled, and to have an "Inspected" stamp.

"The offerings at summer markets can prompt a shopping spree," said Blakeslee, who noted that, when in abundant supply, fresh fruits and vegetables often are lower in price.

Taking advantage of the cost savings is appealing to consumers, many of whom have been contacting Extension offices for information on canning or freezing seasonal fruits and vegetables.

More information is available at Extension offices and on Extension Web sites: www.kstre.ksu.edu/foodsafety and www.rrc.ksu.edu. In the search function, type in "freezing food," "canning food," or "jam and jelly making."

Public Notice

IN THE DISTRICT COURT OF THOMAS COUNTY, KANSAS

BANKWEST OF KANSAS, a Kansas Banking Corporation, Plaintiff

vs

MICHAEL L. JOHNSON and EVELYN K. JOHNSON, Husband and wife, Defendants.

Case No. 2009-CV-3

NOTICE OF SALE

THE STATE OF KANSAS TO THE ABOVE NAMED DEFENDANTS AND TO ALL PERSONS WHO ARE OR MAY BE CONCERNED OR INTERESTED:

By virtue of an Order of Sale issued to me out of said District Court in the above entitled action, I will on the 24th day of July, 2009, at 10:00 a.m. (CT) of said day, at the front door of the Thomas County Courthouse in Colby, Thomas County, Kansas, offer at public sale and sell to the highest and best bidder for cash in hand, the following described real estate situated in Thomas County, Kansas, to-wit:

A tract of land in the southeast quarter (SE/4) of Section Two (2), Township Seven (7) South, Range Thirty-one (31) West, bounded as follows: Beginning at a point on the West line of Main Street, Town of Rexford, 205 Feet South of the Southeast corner of Lot 20 in Block 12, said Town, running thence West parallel with Kansas Ave., in said Town 140 feet, thence South parallel with said Main Street, thence North on the West line of Main Street 100 feet to the point of beginning, the same being equal to what were Lots 31, 32, 33 and 34 in Block 15 of the Town of Rexford, Kansas, before said Lots and Blocks were vacated in the year of 1895; with has the address of 155 Main Street, Rexford, KS 67753,

The above described real estate is taken as the property of the defendants and is directed by said Order of Sale to be sold, and will be sold without appraisement, to satisfy the judgment entered in said case, pursuant to Order of Sale.

Sheriff of Thomas County, Kansas

KITE & DAY
by /s/ MICHAEL J. DAY
MICHAEL J. DAY, #8523
112 W. Washington, P.O. Box 575
St. Francis, KS 67756
(785) 332-3323

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LOCAL TV LISTINGS

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Saturday Evening July 18, 2009

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
KAKE/ABC	Wipeout		Castle		Dirty Sexy Money		Local			
KBSL/CBS	The Unit		NUMB3RS		48 Hours Mystery		Local			
KSNK/NBC	Kings		Law Order: CI		Law & Order: SVU		Local	Saturday Night Live		
KAS/FOX	Cops	Cops	Most Wanted		Local		MADtv	Talkshow	Local	
Cable Channels										
A & E	My Cousin Vinny				Simmons	The Sopranos		My Cousin Vinny		
AMC	Fight Club					The Whole Nine Yards				
ANIM	Dog House	Dog House	It's Me or the Dog	Dogs 101	It's Me or the Dog		Dog House	Dog House	Dog House	
BRAVO	Housewives-Atl		Housewives-Atl	Housewives-Atl	Housewives-Atl		Miami Social			
CMT	Can You Duet		The Singing Bee	Extreme-Home	Can You Duet				Can You Duet	
CNN	Campbell Brown		Larry King Live	Newsroom	Campbell Brown		Larry King Live			
COMEDY	Blue Collar		Ron White: Fix	Kevin James: Sweat	John Heffron		Ron White: Fix			
DISC	Storm Chasers		Storm Chasers	Storm Chasers	Storm Chasers		Storm Chasers			
DISN	Wiz Deck	Hannah Montana	Montana	Wizards	Montana	The Suite	So Raven	The Suite	Cory	
E!	Keeping the Faith				Kendra	The Soup	Chelsea	Wildest	Wildest	
ESPN	Softball				Baseball Tonight		Baseball Tonight			
ESPN2	NHRA Drag Racing		Countdown	NASCAR Racing			Softball			
FAM	My Big Fat				Another Cinderella				Fresh Pr.	
FOOD	Candy Convention		Cakes	Cakes	Cakes	Cakes	Iron Chef America	Cakes	Cakes	
FX	Wild Hogs				Click					
HGTV	Divine	Genevieve	Color	Top 10	House	House	Rate	Design	Divine	Genevieve

American Profile

We Celebrate Hometown Life

Stories from hometowns just like yours. Look for us each week in this paper.

HIST	Kennedys-Crse		The Kennedy Assassin	Kennedys-Crse
LIFE	Panic Button	Vacancy	Army Wives	Drop Dead Diva
MTV	Ace Ventura		The Real World	True Life
NICK	SpongeBob	SpongeBob	SpongeBob	SpongeBob
SCI	The Scorpion King	Pirates-Dead		Monster Ark
SPIKE	Most Amazing Videos	Most Amazing Videos	Any Given Sunday	
TBS	Shrek	Engvall	Engvall	Shrek
TCM	Tom Jones		Carmen Jones	The Devil
TLC	Dateline Myst.	Dateline Myst.	48 Hr-Evidence	Dateline Myst.
TNT	HawthoRNe	Mission: Imp. 3		The Patriot
TOON	BrainRush	Destroy	Otherside	Star Wars
TRAV	Anthony Bourdain	Bizarre Foods	Brown	Cruises
TV LAND	Griffith	Griffith	Griffith	Griffith
USA	House	House	House	Law Order: CI
VH1	Reality Mom	Charm School	Charm School	Brooke
WGN	MLB Baseball		WGN News at Nine	Scrubs
Premium Channels				
HBO	Mamma Mia!		True Blood	Knocked Up
MAX	Dude	Journey-Center of Earth	Death Race	
SHOW	Nurse	Weeds	Mr. Brooks	Good Luck Chuck

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by CITRIX

Sunday Evening July 19, 2009

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
KAKE/ABC	Extreme-Home		Desperate Housewives	Brothers & Sisters	Local					
KBSL/CBS	Big Brother 11		Cold Case	Without a Trace	Local					
KSNK/NBC	Merlin		Meteor		Local		Dateline NBC			
KAS/FOX	Simpsons	King-Hill	Fam. Guy	Simpsons	Local					
Cable Channels										
A & E	Dog	Dog	Simmons	Simmons	Hammer	Hammer	Hammer	Hammer	Dog	Dog
AMC	True Lies									
ANIM	Monsters Inside Me	Untamed and Uncut	Whale Wars	Monsters Inside Me	Untamed and Uncut					
BRAVO	Law Order: CI	Housewives	Law Order: CI	Law Order: CI	Law Order: CI					
CMT	Urban Cowboy				Necessary Roughness					
CNN	Campbell Brown	Larry King Live	Newsroom	State of the Union	Larry King Live					
COMEDY	Scary Movie 3		Scary Movie 4		S. Park	Michael	Tosh.0	Futurama		
DISC	Deadliest Catch		Deadliest Sea		Deadliest Catch		Deadliest Sea			
DISN	Sonny	Sonny	Sonny	Sonny	Wizards	Montana	Wizards	Montana	The Suite	Cory
E!	Hollywood Tragedies		Richardson	Richardson	Kendra	Richards	The Soup	Chelsea	Kendra	Richards
ESPN	MLB Baseball		2009 ESPY Awards		SportsCenter		2009 ESPY Awards			
ESPN2	Soccer		NHRA Drag Racing		Softball					
FAM	Labor Pains		Labor Pains		J. Osteen		Feed			
FOOD	Challenge		Next Food Star		Ace of Cakes	Flay	Flay	Next Food Star		
FX	Wild Hogs				The Italian Job		Rescue Me			
HGTV	House	House	HGTV Showdown	Design Star	Estate	Buck	House	House		
HIST	Ice Road Truckers		Ice Road Truckers		Pawn	Pawn	Pawn	Pawn	Ice Road Truckers	
LIFE	Confessions		Drop Dead Diva		Army Wives	Drop Dead Diva	Army Wives			
MTV	Strict Parents		The Real World		Run	Run	16 and Pregnant	Honey		
NICK	SpongeBob	SpongeBob	SpongeBob	Lopez	Fam. Mat.	Fam. Mat.	The Nanny	The Nanny	Malcolm	Malcolm
SCI	Pirates-Dead		Hellhounds		Cerberus					
SPIKE	UFC Unleashed		UFC Unleashed		Jesse James	Jesse James	MANswers	MANswers		
TBS	Old School				Dark Blue		Old School			
TCM	An American in Paris				Teahouse-Aug.					
TLC	High Seas Heroes		Hudson Plane Crash		Flight-Watched	High Seas Heroes	Hudson Plane Crash			
TNT	The Bourne Supremacy									
TOON	Son of the Mask		Total	Star Wars	King-Hill	Fam. Guy	Fam. Guy	Robot Chicken		
TRAV	Steak Paradise		Hamburger Paradise		Extreme Pig Outs	Hot Dog Paradise	Steak Paradise			
TV LAND	Griffith	Griffith	The AFI Life Achievement Award		The AFI Life Achievement Award		She's Got the Look			
USA	Law & Order: SVU		Law Order: CI	In Plain Sight	Burn Notice	Law Order: CI				
VH1	Daisy of Love		Brooke	Daisy of Love	Brooke	Daisy of Love	Brooke	Charm School		
WGN	Newhart	Newhart	BarneyM	BarneyM	WGN News/Replay	Bewitched	Bewitched	Jeannie	Jeannie	
Premium Channels										
HBO	Mamma Mia!		True Blood	Hung	Entourage	Hung	True Blood	Entourage		
MAX	Death Race				What Happens					
SHOW	Dexter	Dexter	Dexter	Weeds	Nurse	Penn	Live Nude	Penn	The Baske	

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