

# Family

## Is living the Bible possible?

Is it possible to lead a life based on the commandments and rules of the Bible? This past week, I finished a book exploring just that question.



**Carol Rahn**

### • From the Pulpit

“The Year of Living Biblically: One Man’s Humble Quest to Follow the Bible as Literally as Possible,” was written by A.J. Jacobs, a journalist living in New York, who describes himself “as Jewish as the Olive Garden is Italian.” In other words — not very.

As an agnostic, Jacobs decided he wanted to explore religion by living the Bible literally. Because of his Jewish heritage, and because most of the rules and commandments are found in the Old Testament, Jacobs decided to devote eight months exclusively to those. Then he would add rules found in the New Testament the last four months.

On his first day of living biblically, Jacobs was confronted with what clothes to wear. Leviticus 19:19 forbids wearing clothes of mixed fibers, so he had to carefully select what he would be wearing for the next 12 months. He eventually consulted an elderly Jewish gentleman who microscopically examined the clothing of Orthodox Jews to ensure they wore only “one-fiber” garments.

Then there was the issue of shaving. Leviticus 19:27 says a man must leave the edges of his beard unshaven, so Jacobs commits to not shaving for a year. What to wear and not shaving become the easiest rules to follow. Others posed far greater problems.

“Thou shalt not covet” (Exodus 20:17) was an issue throughout the year, as was “a righteous man hateth lying” (Proverbs 13:5). On the day he decided to begin not coveting, Jacobs wrote, he counted six violations by 2 p.m.

Not lying got him into real trouble. He and his wife met a past schoolmate of his wife’s at a restaurant. Learning they had children the same age, the schoolmate suggested they all get together sometime for a play date.

Jacobs’ wife agreed, but he, feeling the need to be totally honest said, “I don’t know. You guys seem nice, but I don’t really want new friends right now, so I think I’ll take a pass.” He went on “It’s just that I don’t have enough time to see our old friends, so I don’t

want to overcommit.” He decided it would soften things if he added, “Just being honest.” It was, to say the least, an awkward moment.

Then there was stoning. The Bible says those who break the Sabbath should be stoned. Not willing to go quite that far, he decides to use pebbles, since the Bible does not specify the size of the stones.

Jacobs knows a clerk in a local store who works both Saturday and Sunday and decides he’s a Sabbath breaker. Eventually Jacobs drops a pebble on the clerk’s shoe as his preferred method of stoning. His adventure in stoning the 70-something adulterer he met in the park is even better, but too long to repeat here.

Some biblical rules contradict each other. For instance there are verses that condemn drinking wine, while others encourage it. Jacobs consulted an expert, who reported there are 247 references to alcohol in the Bible. Of these 40, or 16 percent are negative. However, 145, or 59 percent were positive, with 25 percent remaining neutral. No matter what he did on this one, he would be right and wrong.

During the year Jacobs began to pray for the first time in his life. At first it was a struggle and he relied on pre-written prayers. By the end of the year, he was able to pray without help. He especially found

prayers of thanksgiving to be important to him.

To help him understand “judge not, that you be not judged,” Jacobs went to Thomas Road Baptist Church, the late Jerry Falwell’s church. Falwell was still preaching there when Jacobs visited. From what Jacobs knew of this church and churches like it, he thought them to be judgmental and “bearing practically no relation to Jesus’ message.”

He first went to the Growing Families Sunday school class, but found he was violating the “don’t lie” commandment. The members of the class were a bit put off by Jacobs’ beard, so he decided that to ease the level of discomfort he was not being entirely truthful about his visit. Eventually he could not stand lying any more and left the class. He ended up in a singles class where the leader’s topic was — lying.

After a year of biblical living, Jacobs concluded that no one can live a life that is faithfully literal to Biblical teachings in all things. We all — fundamentalist, liberal and in between, Presbyterian or Jewish, whatever — pick and choose those things from the Bible we will take most seriously and follow as life guides.

And Jacobs himself, was he changed by this experience? For that answer, you will need to read the book yourself.

*Carol Rahn is pastor of Colby’s First Presbyterian Church.*

## Senior Center Deaths

Join in the fun at the Senior Progress Center Tuesday in the Skip Bo game.

Activities for the week: **Monday:** shuffle board. **Tuesday:** 10 a.m., exercise; 10:30 Skip Bo. **Wednesday:** popcorn day. **Thursday:** 10 a.m., exercise; 10:30 Wii bowling. **Friday:** 10 a.m. exercise; 10 a.m., snow cones.

Menus for the week: **Monday:** Salisbury steak, scalloped potatoes, green beans, pears. **Tuesday:** chef salad, citrus slices, crackers, brownies. **Wednesday:** barbecue pork sandwich, pea salad, cantaloupe, cook’s choice complement. **Thursday:** oven-fried chicken, potato salad, Harvard beets, apricots. **Friday:** hamburger stroganoff, California blend vegetables, blueberry-banana salad, noodles, cookie.

The Nutrition Center invites anyone 60 and older to lunch weekdays at the senior center.

### General Public Transportation Van

**Hours: 8 am to 4 pm**  
**Days: Monday - Friday**

**Phone:**  
**460-2901 (8 am-12:30 pm)**  
**443-9208 (12:30 pm - 4 pm)**

If possible call for Reservations by 11 am the previous business day. Provided to Colby, Brewster, Gem, Menlo, Rexford and a Portion of Oakley as needed.

“This Project Funded in Part by the KDOT Public Transit Program”

## Alice Conaway

Alice Conaway, 90, Oakley, died Wednesday, Aug. 5, 2009, at the Gove County Medical Center in Quinter.

Services will be at 10 a.m. Tuesday, Aug. 11, 2009, at the Oakley United Methodist Church.

Visitation will be from 5 to 9 p.m. Monday at Kennedy-Koster Funeral Home in Oakley.

The family suggests memorials to the Oakley Public Library, the Oakley United Methodist Church or the Gove County Medical Center.

## Dance Club

The Shooting Stars Square Dance Club will hold a square dance at 7 p.m. on Saturday, Aug. 15, at the Reed Center Cafeteria, at 317 West 13th St. in Hays. Go to the east door.

Dress is casual and denim is dandy. Refreshments will be served.

For information, call Opal Flinn at (785)726-4432.

You cannot bring about prosperity by discouraging thrift. You cannot strengthen the weak by weakening the strong. You cannot help the wage earner by pulling down the wage payer. You cannot further the brotherhood of man by encouraging class hatred. You cannot help the poor by destroying the rich. You cannot keep out of trouble by spending more than you earn. You cannot build character and courage by taking away man’s initiative and independence. You cannot help men permanently by doing for them what they could and should do for themselves.  
**Abraham Lincoln**



### NOW SHOWING

August 7th - August 13th

**MY SISTER’S KEEPER**  
Starring: Cameron Diaz & Abigail Breslin  
Genre(s): Drama  
PG-13 1 Hour, 49 Minutes  
Friday & Saturday 7:00 & 9:00  
Sunday -Thursday 7:00

**THE HANGOVER**  
Genre(s): Comedy/Crime/Mystery  
R 1 Hour, 40 Minutes  
Friday & Saturday 7:00 & 9:00  
Sunday -Thursday 7:00

**COMING SOON**  
G-Force (Starts Aug. 14th)  
The Ugly Truth (Starts Aug. 14th)  
I Love You, Beth Cooper  
Aliens in the Attic

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## Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

## Markets

Quotes as of close of previous business day  
**Hi-Plains Co-op**

Wheat (bushel)	\$4.42
Corn (bushel)	\$2.86
Milo (hundredweight)	\$4.28
Soybeans (bushel)	\$11.25

**MARTIN CAT**

**Skid Steers**  
2002 08-1785 Bob CAT S250 - 2942 hrs.....**SOLD**.....\$15,500  
2006 06-336 CAT 242B - 312 hrs.....\$26,000  
2007 07-245 CAT 236B SSL - 617 hrs.....\$23,000

**Motor Grater**  
2004 03-1072 CAT 140H - 5869 hrs .....\$125,000

**Backhoe Loaders**  
2006 05-1802 CAT 420EST 1104 hrs .....\$59,000

**Telehandlers**  
2006 05-427 CAT TH460B - 1358 hrs .....\$51,000  
2007 07-664 CAT TL943 - 329 hrs .....**SOLD**.....\$82,500

**Wheel Loaders**  
1998 88-377 CAT 916 - 12708 hrs .....\$23,500  
2002 04-685 CAT 924G - 7103 hrs .....\$65,000  
2008 07-1516 CAT 924H - 1073 hrs .....\$120,000  
2007 07-684 CAT 930G - 2453 hrs .....\$116,500  
2005 08-1217 CAT 950GII - 2946 hrs .....\$147,500

**Dozers**  
1996 09-533 CAT D6HII - 15890 hrs .....\$45,000  
2005 04-625 CAT D6NXL - 5950 hrs .....\$121,000  
2007 07-683 CAT D5GXL - 1804 hrs .....\$72,000

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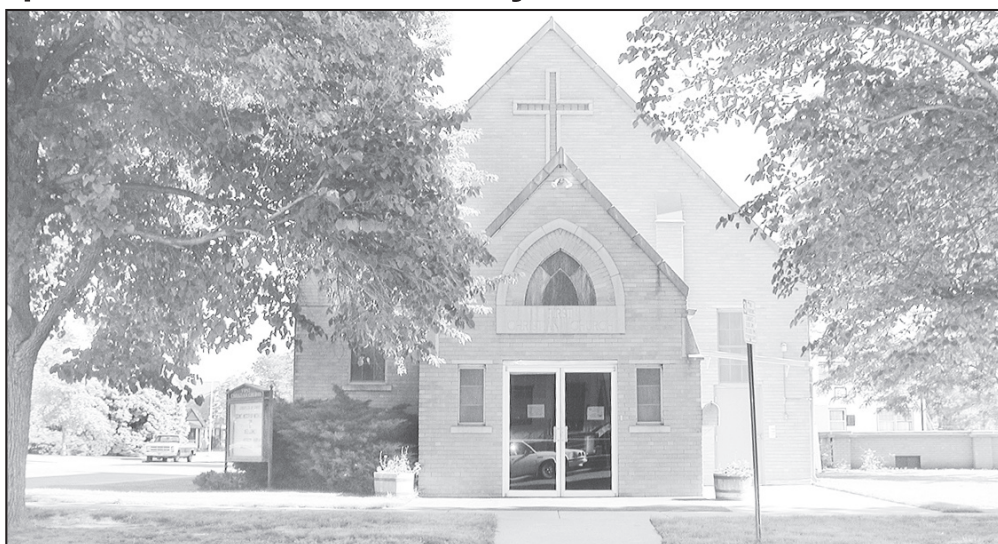
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# SERVICES DIRECTORY

Worship in the church of your choice this weekend.



**FIRST CHRISTIAN CHURCH**, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sunday Morning Worship at 10:00 a.m.; Sunday School at 11:15 a.m. E-mail: [fccolby@st-tel.net](mailto:fccolby@st-tel.net).

## Schedule of church services

**GATEWAY FELLOWSHIP**, 2nd and Sunrise, Oakley. Pastor James Bloom, Sunday Morning Worship and Children’s Church 10:15 a.m., Wednesday evening Bible Study and Intercessory Prayer 6:30 p.m. 785-671-4020.

**COLBY INDEPENDENT BAPTIST CHURCH**, 730 E. 3rd (former Jaycee’s building), Pastor Bernard Heinz, 785-460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.

**ASCENSION-ON-THE-PRAIRIE EPISCOPAL**, Rev. Don Martin, College Drive & Wheatridge Rd., 785-462-3041, Holy Eucharist, 9:00 a.m. every Sunday. Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.

**COLLEGE DRIVE ASSEMBLY OF GOD**, 245 W. College Dr., Colby. Pastor Steve Todd. Sunday School 9 a.m. for all ages. Wednesday Youth at The Rock 3:30 and 7 p.m. Sunday Nite Life at The Rock 5-6 p.m. 785-462-8234. [cdag@st-tel.net](mailto:cdag@st-tel.net).

**BEREAN CHURCH**, 1000 S. Franklin, 785-460-2763. [www.colbyborean.com](http://www.colbyborean.com); Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. Awana Clubs, Wednesday, 7 p.m., Middle & High School, Wednesday, 7 p.m. @ the Heartland Christian School Gym.

**FIRST BAPTIST CHURCH**, (Affiliated with American Baptist Churches USA) Carroll H. Morony, Pastor, 615 W. Webster, 785-462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; Bible Study: Sundays at 7 p.m. RC Club 2nd and 4th Sundays at 2 p.m.

**COLLEGE VIEW BAPTIST CHURCH** (Affiliated with Southern Baptist), 1185 Wheatridge Rd. at College Drive, 785-460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m. Prayer Service at 6:30 p.m. on Wednesday’s.

**PLEASANT HOME CHURCH**, Pastor, Perry Baird, 785-890-3375, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m.

**WINONA METHODIST CHURCH**, Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

**MINGO BIBLE CHURCH**, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Intern Pastor Pat Colley. Sunday School: 9:30AM - all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship - bring a snack to share!; 4th and 5th Sunday: services at 6:30 p.m.

**SACRED HEART CATHOLIC**, 785-462-2179, Father Dana Clark, Pastor, Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

**FIRST PRESBYTERIAN CHURCH**, Rev. Carol Rahn, 515 W. 4th, 785-462-6342, Sunday Worship 9:00 a.m.

**WESLEYAN CHURCH**, 320 W. Pine - 785-462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**, 1145 S. Franklin - 460-6605, President Gary Slavens, 785-460-2656; Jordan Barrett, 1st counselor, 785-460-1101; Tim Wilson, 2nd counselor, 785-846-7796. Sacramento meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open to public, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.

**REDEEMING LOVE MINISTRIES, INC.**, 345 N. Franklin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 9 a.m., Sunday worship, 10 a.m., Wednesday, R.L.M Training Centers (Bible School), 6 p.m. Shop online at: [www.rlmregionalchurch.com](http://www.rlmregionalchurch.com).

**COLBY UNITED METHODIST CHURCH**, Rev. James Mardock, pastor, 950 S. Franklin, 785-460-6521, Sunday Worship Services at 8:30 and 11:00 a.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. [www.colbyumc.org](http://www.colbyumc.org)

**CHURCH OF CHRIST**, Minister, Jarrod Spencer. 510 E. 4th, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Interpretation for the deaf, Wednesday, Bible Study 7:00 p.m.

**FIRST CHRISTIAN CHURCH**, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sunday Morning Worship at 10:00 a.m.; Sunday School at 11:15 a.m. E-mail: [fccolby@st-tel.net](mailto:fccolby@st-tel.net).

**OUR SAVIORS LUTHERAN CHURCH**, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.

**TRINITY LUTHERAN CHURCH**, Rev. Don White and Rev. Tim Llewellyn, East 5th & Country Club, 785-462-3497, Services, Sat., 5:30 p.m., Sunday, Sunday School and Adult Bible Class 9:30 a.m.; Services, 11:00 a.m. Visit us at [www.trinitycolby.com](http://www.trinitycolby.com).

**LEVANT COMMUNITY CHURCH**, 205 1st St., Pastor Jerry Vincent, 785-586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.

**BREWSTER UNITED METHODIST CHURCH**, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.

**THE SHEPHERD’S STAFF, REXFORD**, Joan Dingworth, Director, 785-687-2565.

**REXFORD COMMUNITY CHURCH**, Rexford, Pastor Lane Purcell, 785-687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.

**BREWSTER COMMUNITY CHURCH**, Mike Pinkelman, Pastor, Brewster - 785-694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men’s Bible Study, Wed. 7:00 p.m. - Children’s Ministries (Royal Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory & Prayer, Thurs. 4:00 p.m. - Women’s Bible Study.



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