

Scholarship awarded Student News

Nikole Schroeder, Colby resident and Fort Hays State University accounting student, has received a \$750 scholarship provided by the Public Accountant's Association of Kansas. The association's Floyd Lietz Memorial

Scholarship Fund provides scholarships to juniors and seniors in accounting programs in Kansas schools. Requirements are full-time enrollment with a grade average of 3.0 or better.

Brewster
Activities: Monday: hearing screening. **Tuesday:** 3 p.m. high school volleyball at Wheatland. **Thursday:** junior high at Winona: 3 p.m. volleyball; 4:30 p.m. football. **Friday:** 7 p.m. high school football at Wheatland; no school.

Years in emergency service honored

Nancy Dahl has been named Emergency Medical Technician of the Month for August.

Dahl was born in Colby to Mallon and Gladys Walker. They lived west of Dresden, then moved to Missouri and back to Rexford in 1951, where she attended school.

She married Jay Dahl of Colby in August 1961.

"Jay was in the Navy so we lived in various places," Dahl said. "When Jay retired from the Navy in 1981 we moved to Rexford."

Dahl has three children, Tina Anderson of Goodland, Tim Dahl of Rexford and Linda Dunn of Linden. She also has eight grandchildren and one great-grandson.

Dahl has been with Thomas County Emergency Medical Services for the last 26 years.

"I first became interested in becoming an EMT while working with Tom and Debbie Nickols ... at the grocery store in Rexford," she said. "Tom and Debbie were the first EMT's in Rexford. I took the EMT-B class in 1983 in Colby and became an EMT-I in 1994."

She has also worked at L & C Home Health as a home health aide. She is a member of the Rexford Community Church, secretary of the Golden Plains Community Outreach Group and involved with the Dolly Parton Imagination Library group. She enjoys hobbies such as sewing and spending time with family and friends.

"I really love to help people and EMS is a great place to be able to do this," she said.



Dahl treated a patient who had simulated glass in her arm during a tornado drill at Colby Implement.

Menus: Monday: breakfast: sausage gravy, biscuit. Lunch: steak patty sandwich, fries, veggie sticks, fruit. **Tuesday:** breakfast: breakfast quesadilla. Lunch: spaghetti, broccoli, carrots, peaches, pears, garlic bread. **Wednesday:** breakfast: French toast, bacon. Lunch: chicken wrap, lettuce, tomato, Spanish rice, carrots, fruit. **Thursday:** breakfast: grilled cheese. Lunch: stromboli square, baby carrots, green beans.

Colby Public Schools

Activities: Tuesday: 4:30 p.m. volleyball with Norton/Osborne. **Wednesday:** 12 p.m. Northwest Kansas League meeting at Colby; 3:45 p.m. grade school parent-teacher organization meeting, grade school; 7 p.m. coordinating council, district office; 7 p.m. fall coaches' meeting; 7 p.m. forensics rules meeting, Oakley; 7 p.m. booster club meeting. **Thursday:** 7:30 a.m. high school picture day; 7:30 a.m. middle school picture day; 9 a.m. high school/middle school Spirit Spreader Clinic, Oakley; 3 p.m. girls varsity tennis, Hays; 3 p.m. girls junior varsity tennis, Scott City; 4 p.m. C-team

volleyball with Thomas Moore Prep/Norton/Heartland; 4:30 p.m. boys seventh grade football vs. Grant Junior High; 5 p.m. varsity cross country, Goodland; 5 p.m. C-team football, McCook; 6 p.m. boys eighth grade football vs. Grant Junior High. **Friday:** 7 p.m. varsity football vs. St. Francis. **Saturday:** 9 a.m. girls varsity tennis: Colby Invitational.

Menus: Monday: breakfast: cinnamon toast, apple wedges. Lunch: chicken nuggets or beef fingers, whipped potato, gravy, cole slaw, peach.

Golden Plains

Activities: Monday: first day four-year-old preschool. **Tuesday:** first day three-year-old preschool; 4 p.m. high school volleyball at St. Francis vs. Hoxie/St. Francis. **Friday:** fall picture day; 7 p.m., high school football vs. Quinter at Rexford. **Saturday:** Golden Plains alumni.

Menus: Rexford: Monday: breakfast: pizza. Lunch: wiener wrap. **Tuesday:** breakfast: bagels. Lunch: chicken tender. **Wednesday:** breakfast: scrambled eggs. Lunch: Italian dunker. **Thursday:**

breakfast: breakfast pizza. Lunch: sandwich. **Friday:** breakfast: hash browns, toast. Lunch: spaghetti.

Selden: Monday: breakfast: breakfast burrito. Lunch: chicken and noodles. **Tuesday:** breakfast: bagels. Lunch: chicken tender. **Wednesday:** breakfast: scrambled eggs. Lunch: Italian dunker. **Thursday:** breakfast: breakfast pizza. Lunch: sandwich. **Friday:** breakfast: hash browns and toast. Lunch: spaghetti.

Heartland

Activities: Thursday: junior high football and volleyball vs. Weskan; high school volleyball at Colby High.

Sacred Heart

Menus: Monday: taco salad, tortilla chips, refried beans, cinnamon puffs, pineapple rings, lettuce/tomato/cheese, salsa. **Tuesday:** cavatini, green beans, sliced pears, roll. **Wednesday:** chicken strips, mashed potatoes/gravy, corn. **Thursday:** barbecue beef sandwich, french fries, cooked carrots, oatmeal cookie. **Friday:** cheese pizza, tossed salad, green beans, banana.

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Clearance Prices on All Stock Units - Price

| Vehicle | Miles | Price |
|---------------------------------------|---------|----------|
| 2004 Dodge 2500 SLT DSL - Gold | 126,000 | \$17,995 |
| 2005 Chev Suburban - Grey | 71,802 | \$22,995 |
| 2005 Chev TrailBlazer LS | 83,000 | \$9,995 |
| 2005 Ford Expedition - White | NICE | \$15,495 |
| 2005 Pont Vibe - Silver | 44,500 | \$9,499 |
| 2006 Chrysler 300 C - Vanilla | 37,300 | \$21,995 |
| 2007 Chevy Avalanche - Loaded - Gold | 37,000 | \$31,430 |
| 2007 Chev Siverado - Grey | 38,223 | \$24,050 |
| 2007 Dodge Caliber SE - Black | 38,000 | \$10,200 |
| 2007 Dodge Caliber SXT - White | 26,500 | \$11,995 |
| 2008 Chev Silverado Reg Cab | 2,900 | \$22,500 |
| 2008 Chrysler Sebring LX 4 DR | 45,800 | \$11,495 |
| 2008 Dodge Grand Caravan SXT - Silver | 18,500 | \$19,995 |
| 2008 Dodge 2500 Reg Cab - Gas | 19,500 | \$21,995 |
| 2010 Chev Equinox - New - Loaded | | \$29,685 |

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MOVIES
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 R 1 Hour, 38 Minutes
 Friday & Saturday 7:00 & 9:00
 Sunday -Thursday 7:00

ALIENS IN THE ATTIC
 Genre(s): Adventure/Science Fiction
 PG 1 Hour, 26 Minutes
 Friday & Saturday 7:00 & 9:00
 Sunday -Thursday 7:00

COMING SOON
 The Time Traveler's Wife
 District 9
 I Love, You, Beth Cooper
 (500) Days of Summer

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LET'S GO TO THE MOVIES!

FREE Weight Loss Surgery Informational Seminar

Thursday, September 3, 2009
 Start time 1:00 pm
 Citizen's Medical Center (Board Room)
 100 E. College Drive ~ Colby, Kansas

Topics include:

- Benefits of weight loss surgery
- Lifestyle changes after surgery
- Insurance information
- Facts about the procedure
- Qualifications for surgery

This informational session is **REQUIRED** for anyone considering Bariatric Surgery at Hays Medical Center.
Registration is required. Call 785-623-5945.

BARIATRIC SURGERY
 At Hays Medical Center

Rawlins County Health Center
RAWLINS COUNTY HEALTH CENTER COMMUNITY CALENDAR
 707 Grant Atwood, KS 67730
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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-----------------------------|-----------------------|--|---|--|-----|
| | | 1 | 2 | 3 | 4 | 5 |
| Dr. Rubinowitz, Oncology will be at the Rawlins County Health Center on October 5, 2009 | | | Diabetic Clinic Ultrasounds Cardiac Rehab | | MRI's Ultrasounds Cardiac Rehab | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | Cardiac Rehab | | Dr. Frankum Surgery Bone Density Diabetic Clinic Ultrasounds Cardiac Rehab | | MRI's Ultrasounds Cardiac Rehab | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | Cardiac Rehab | | Dr. Curtis Cardiology Diabetic Clinic Ultrasounds Cardiac Rehab | Dr. Reeves Podiatry Dr. Saba Orthopedics | Dr. Reeves Podiatry MRI's Ultrasounds Cardiac Rehab | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | Mammograms Cardiac Rehab | Dr. Miller Cardiology | Diabetic Clinic Ultrasounds Cardiac Rehab | Dr. Curtis Cardiology | MRI's Ultrasounds Cardiac Rehab | |
| 27 | 28 | 29 | 30 | | | |
| | Cardiac Rehab | | Diabetic Clinic Ultrasounds Cardiac Rehab | | | |

TO SCHEDULE AN APPOINTMENT WITH A VISITING PHYSICIAN, PLEASE CALL (785)626-3211 Cheryl Banister, RN Specialty Clinic Director

HAPPY LABOR DAY, AMERICA!

September 2009

Local Church Accepting Contributions for Family

Otto Schutte Jr. AKA Butch became seriously ill approximately 8 weeks ago. His wife, Roberta Schutte, took him to the ER at The Colby Medical Center where they ran extensive tests and immediately admitted him into the hospital. He was diagnosed with Arterial Peripheral Disease in both legs and his condition worsened when he had a stroke. He was immediately transported to Hays Medical Center. He endured several painful surgeries to unblock arteries in an attempt to avoid amputation. Roberta stayed the entire three weeks in Hays to keep his spirits up. Butch still has 32 staples, which have now become infected, ongoing physical therapy stemming from his stroke and another surgery to endure in the near future. Unfortunately, he is now unable to work and Butch and Roberta are struggling financially. They would appreciate any donations you are willing to contribute. They have worked with The Colby Free Press for eleven years and are beloved by their customers. They have been blessed by their church, The Assembly of God, who are accepting donations on their behalf.

Please send all donations to The College Drive Assembly of God Church and make them payable to "Benevolence." Please let the church know it is for Butch and Roberta Schutte. We Wish Butch a speedy recovery and our prayers are with him and his family everyday.

Thank you for your support during this time of hardship.

COLLEGE DRIVE ASSEMBLY OF GOD
 245 W. College Dr., Colby • 785-462-8234