

Fresh potatoes a special crop

As we glide into the month of September, most gardeners – and those who eat the things the gardener produces – are still talking about tomatoes.



Kay Melia
The Gardener

Indeed, tomatoes are still No. 1 in the minds and stomachs of Americans from coast to coast. We just never seem to get enough. Everyone is hoping for a late frost so that tomato production will continue as long as possible.

But there are other things in the garden to be thinking about, strange as that may seem. Hopefully, our potato and onion crops are safely harvested and resting in an area where they are curing in preparation for the winter storage season. Potatoes in particular need our attention if we are to have the opportunity to enjoy them later. Store them in net-type bags in a cool, dark environment and you will enjoy them for several months.

It seems that very few backyard gardens have potatoes in them these days. I'm not sure why, but I do know that fresh new potatoes in early summer are among the true delights of the gardening season. Just like everything else grown in the garden, these potatoes are far better tasting than the store-bought kind. Keep that in mind next spring at planting time.

It takes a lot of potatoes to satisfy the combined needs of Americans. The San Luis Valley in southern Colorado certainly produces its share. We all hear

of the Idaho potato and the huge production of Maine potatoes.

Nearly all heavy producing areas are north of here, including the little town of Barnesville, Minn., population 2,108, where they celebrated their annual Potato Days festival last weekend, a celebration that started back in the 1930s. It is one of those unpretentious small-town celebrations that features potato-related activities, right in the heart of the Minnesota potato-producing area.

There are potato-related contests, including a contest where a number of contestants get down on their hands and knees and dig potatoes by hand. The winner is the one who fills his sack first. There are potato-sack stacking contests, potato-peeling contests and in the food court, plates are loaded with potato dumplings, potato sausage, french fries and even potato-chip cookies. Sorry we missed that weekend.

Barnesville farmers harvest big yields of potatoes. Much of the certified seed potatoes grown there are shipped all over the country. Yields run from 15,000 to 20,000 pounds per acre, and there are many storage warehouses, wash plants and seed-packing facilities in this typical small Midwestern town.

I hope you had a row or two of potatoes in your garden this summer, and that you enjoyed their fresh, home-grown flavor.

New graduate joins Hoxie police

Brandon Carver, a member of the Hoxie Police Department, is one of 54 new law enforcement officers who graduated from the Kansas Law Enforcement Training Center on Aug. 28.

The new officers were members of the 203rd basic training class and the first class to graduate in the center's new 800-seat auditorium. Located west and south of Yoder, near Hutchinson, the center is a division of University of Kansas Continuing Education.

The graduates, who began their training May 18, represent 37 municipal, county and state agencies.

Graduates receive certificates of course completion and Kansas law enforcement certification from the Kansas Commission on Peace Officers' Standards and Training. Classroom lectures and hands-on applications help train officers to solve the problems they face in the line of duty.

About 350 officers enroll each year in the 14-week basic training program. In 2008, the center offered continuing education and specialized training to more than 4,700 Kansas officers. Money to run the center is generated from court docket fees from municipal and state courts. No money from the state's general revenue is used.

Safe Haven Law protects newborns

Attorney General Steve Six, along with the Kansas Child Death Review Board, is raising awareness of the Kansas Newborn Infant Protection Act.

The purpose of this law, commonly referred to as the Safe Haven Law, is to ensure unwanted infants are left with someone who can provide for their safety and well-being.

Recently the attorney general's office has handled several cases involving mothers who killed their newborns.

Cases often share similarities: The woman is facing an unplanned pregnancy. She hides the pregnancy from her friends and family. She delivers the baby at home or somewhere away from

medical attention. "Prosecuting these tragic acts is required, but working to prevent these tragedies is critical," Six said. "Women and their families and friends should be aware of the Kansas Newborn Infant Protection Act."

The act became law in January 2007. It allows a parent — or other person having lawful custody — to surrender an infant 45 days or younger to any employee who is on duty at a fire station, city or county health department or medical care facility.

The law protects parents or others from prosecution for abandonment of a child, if they surrender custody in the manner provided by law, and if the infant has not

suffered bodily harm. Health care professionals working with women in crisis pregnancies are encouraged to share the guidelines of the law as an option to keep infants safe.

The review board is a multi-disciplinary, multi-agency group that examines the circumstances surrounding the deaths of all Kansas children through age 17 and children who are not Kansas residents, but who die in the state. The board works to lower child deaths in Kansas through research, education and legislation.

For information, go to www.ksag.org/Divisions/SCDRB, or contact Angela Nordhus, executive director, at (785) 296-7970.

Goodland youth to serve dropout prevention

Zach Miller of Goodland has been chosen as one of 16 Kansas youths to serve on the state's Dropout Prevention Summit Youth Council.

Kansas DropINs, a statewide collaboration committed to dropout prevention spearheaded by the Kansas Department of Health and Environment, announced the selection on Aug. 21.

"Each of these tremendous

young Kansans have an acute awareness of the state's dropout crisis," said Rod Bremby, secretary of the department. "The unique and diverse perspective that each brings to the council will be invaluable."

Youth Council members will be involved in all aspects of the Dropout Prevention Summit on Tuesday, Oct. 20, at Wichita State University, serving as regional

youth liaisons to the statewide planning committee and coordinators of a half-day youth summit.

The council is sponsored by the Kansas Volunteer Commission, the Kansas Parent Information Resource Center, and CVS Pharmacies.

In addition to the Youth Council, the state's young people will be surveyed online at www.kansasdropins.org/youth.htm. Youths of all ages and backgrounds are invited to take the survey, offering a voice in the dropout solution.

Kansas DropINs was formed in 2008. For information about the summit or Kansas DropINs, go to www.kansasdropins.org

Awareness helps prevent deaths

The tragedy of suicide can be difficult to understand. What's not always known is that suicide is often preventable. There are telltale warning signs and well-documented risk factors.

This is Suicide Prevention Week, dedicated to helping everyone learn more about suicide and get involved in its prevention.

In 2006, Kansas had the 17th highest rate of death by suicide among the states. Suicide was the 10th leading cause of death in Kansas for all ages, and the second leading cause for ages 15 – 34 years.

Nationally, suicide is the 11th leading cause of death, with one suicide occurring on average every 16 minutes. It is estimated that five million living Americans have attempted to kill themselves, and another five million are survivors of the suicide of a friend, family member or loved one.

"In Kansas, effective prevention strategies are necessary to promote awareness about suicide and overcome misconceptions about it," said Dr. Jason Eberhart-Phillips, state health officer and director of the Division of Health at the Kansas Department of Health and Environment. "Suicide can be prevented with better treatment of depression, stronger public health action to prevent alcohol and drug

abuse, and greater commitment to building social cohesion in our neighborhoods and communities."



Schroeder Earns Farm Certified Agent Designation

Ben Schroeder of Thomas County Insurance Agency, Colby has earned the On Your FarmSM Certified Agent designation from Nationwide[®] Agribusiness Insurance Company, Des Moines, IA.

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LOCAL TV LISTINGS

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Saturday Evening										September 12, 2009	
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KAKE/ABC	NASCAR Racing										Local
KBSL/CBS	U.S. Open Tennis				48 Hours Mystery		Local				
KSNK/NBC	Law Order: CI		Law & Order		Law & Order: SVU		Local		Saturday Night Live		
KSAS/FOX	Cops	Cops	Most Wanted		Local		Talkshow With Spike		Sit Down		Local
Cable Channels											
A & E	CSI: Miami		CSI: Miami		CSI: Miami		The Sopranos		CSI: Miami		
AMC	Lethal Weapon 2						Lethal Weapon 3				
ANIM	Me or Dog	Me or Dog	Dogs 101		It's Me or the Dog		Dogs 101		Me or Dog	Me or Dog	
BRAVO	Housewives-At		Training Day						Terminator 2: Judgment Day		
CMT	Videos	Jacked Up	Jacked Up	Jacked Up	Videos		Videos	Videos	The Singing Bee		
CNN	Campbell Brown		Larry King Live		Newsroom		Campbell Brown		Larry King Live		
COMEDY	Blue Collar				Jeff Foxworthy		Run Ronnie Run!				
DISC	Man vs. Wild		Man vs. Wild		Man vs. Wild		Man vs. Wild		Man vs. Wild		
DISN	Chicken L	Hatching Pete			As the Be	Montana	Wizards	So Raven	The Suite	Cory	
E!	Plastic Surgery				Comedians	Comedians	The Soup	Chelsea	Soup	Soup	
ESPN	College Football						SportsCenter		Football Final		
ESPN2	College Football				Baseball Tonight			NASCAR Now		Baseball	
FAM	A Cinderella Story		Another Cinderella				Fresh Pr.	Fresh Pr.	Fresh Pr.	Fresh Pr.	
FOOD	Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		
FX	Devil-Prada						Sunny	Sunny	Sunny	Sunny	
HGTV	Divine	Genevieve	Color	Color	House	House	Rate	Design	Divine	Genevieve	
American Profile											
We Celebrate Hometown Life											
Stories from hometowns just like yours. Look for us each week in this paper.											
HIST	Unforgiven						Wild West Tech		Unforgiven		
LIFE	No One Would Tell		Mother, May I-Danger				Project Runway		Models	Will	
MTV	Strict Parents		Strict Parents		Pranked	Pranked	Best Dance Crew		The Real World		
NICK	iCarly	iCarly	Jackson	iCarly	Chris	Chris	The Nanny	The Nanny	Malcolm	Malcolm	
SCI	Thor: Hammer		Lightning Strikes				Black Hole				
SPIKE	The Ultimate Fighter		The Ultimate Fighter				Sin City				
TBS	Austin Powers-Spy		Engvall	Engvall	Ace Ventura				Engvall	Engvall	
TCM	The Long, Hot Summer				3 Faces of Eve				Summer Wish		
TLC	Masters of Reception		Ultimate Cake Off		Moving Up		Masters of Reception		Ultimate Cake Off		
TNT	300						Chronicles-Ridd				
TOON	BrainRush	Destroy	Otherside	Star Wars	King-Hill	King-Hill	The PJs	Boondocks	Star Wars	Bleach	
TRAV	Lost in Translation				Anthony Bourdain		Man Food	Man/Food	Lost in Translation		
TV LAND	Married	Married	Married	Married	Married	Married	Married	Married	Roseanne	Roseanne	
USA	Alpha Dog	The Bourne Identity					Psych		Law & Order: SVU		
VH1	Tool Academy		Tool Academy		My Antonio		My Antonio		Real Chance of Love		
WGN	Never Say Nvr				WGN News	Scrubs	Scrubs		The Bullw	Never Say	
Premium Channels											
HBO	Hellboy-Army				24 7	Hard Knocks			Hellboy II: The Golden Army		
MAX	American Gangster					Body of Lies			Lingerie		
SHOW	The Bank Job					Boxing				Rambo	

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You don't have to face your problems alone.

COLBY KANSAS MEETING SCHEDULE

- Alcoholics Anonymous:**
Colby 6th Street
8:30 p.m. ~ Wednesday and Saturday
9:30 a.m. - Sunday Morning meeting
- Downtown:**
Basement of City Hall
8:30 p.m. ~ Monday and Thursday
- Sisters in Sobriety:**
Basement of City Hall
5:00 p.m. ~ Sunday
- Narcotics Anomomys:**
Basement of City Hall
8:00 p.m. ~ Tuesday, Friday and Sunday
- Alanon:**
Colby 6th Street
8:30 p.m. ~ Wednesday
- ACOA:**
Basement of City Hall
7:00 p.m. ~ Monday

Sunday Evening										September 13, 2009	
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KAKE/ABC	Extreme-Home		Shark Tank		Defying Gravity		Local				
KBSL/CBS	Big Brother 11		Neighborhood		Neighborhood		Local				
KSNK/NBC	Football	NFL Football								Dateline NBC	
KSAS/FOX	King of the Hill		Fam. Guy	Amer Dad	Local						
Cable Channels											
A & E	Criminal Minds		Criminal Minds		Criminal Minds		CSI: Miami		Criminal Minds		
AMC	Top Gun				Mad Men		Mad Men		Breaking Bad		
ANIM	Monsters Inside Me		Untamed and Uncut		When Animals Strike		Monsters Inside Me		Untamed and Uncut		
BRAVO	Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		Law Order: CI		
CMT	Overboard						Best Little Wh				
CNN	Campbell Brown		Larry King Live		Newsroom		State of the Union		Larry King Live		
COMEDY	Bill Engvall		Jeff Foxworthy		Blue Collar					Futurama	
DISC	10 Deadliest Sharks		Mega Beasts		Mega Beasts		Air Jaws-Shark		Mega Beasts		
DISN	Sonny	Jonas	Princess Protection Program		As the Be	Montana	Wizards	Montana	The Suite	Cory	
E!	Kourtney	Kourtney	Kourtney	Kourtney	Kourtney	Reality	The Soup	Chelsea	Kourtney	Reality	
ESPN	MLB Baseball						SportsCenter			SportsCtr	
ESPN2	World Series		SportsCenter				World Series		World Series		
FAM	My Fake Fiancé		The Wedding Date				Funniest Home Videos		J. Osteen	Feed	
FOOD	Challenge		Iron Chef America		Chopped		Flay	Flay	Iron Chef America		
FX	X-Men	Ghost Rider					Sons of Anarchy		Cliffhanger		
HGTV	Income	Estate	House	House	Design Star		Property	For Rent	Income	Estate	
HIST	Manson				Pawn	Pawn	Nostradamus Effect		Manson		
LIFE	Caught in the Act		Drop Dead Diva		Army Wives		Drop Dead Diva		Army Wives		
MTV	VMA '09 Pre Show		Music Awards				2009 MTV Video Music Awards				
NICK	Malcolm	Malcolm	Lopez	Lopez	Chris	Chris	The Nanny	The Nanny	Malcolm	Malcolm	
SCI	High Plains Invaders		Heatstroke				Primetime	Legion of the Dead			
SPIKE	CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		
TBS	Catch Me if You Can						Catch Me if You Can				
TCM	Les Miserables				Hunchback				Uncle Tom's Cabin		
TLC	Tiny-Kenadie		Marlie's New Face		Dancing Tweens		Tiny-Kenadie		Marlie's New Face		
TNT	300						300				
TOON	Scooby-Dool		Total	Star Wars	King-Hill	Fam. Guy	Fam. Guy	Robot Chicken			
TRAV	Alaskas Arctic		Natrl Wonders		Natrl Wonders		Ten Wonders		Alaskas Arctic		
TV LAND	Griffith		Griffith		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	Roseanne	Roseanne	
USA	NCIS		NCIS		NCIS		NCIS		American Pie		
VH1	Real Chance of Love		VH1 Special		VH1 Special		Behind the Music		Tool Academy		
WGN	Newhart	Newhart	BarneyM	BarneyM	WGN News	Replay	Cheers	Cheers	Bewitched	Bewitched	
Premium Channels											
HBO	Hellboy 2	24 7	True Blood		Hung	Entourage	Hung	True Blood	Entourage		
MAX	Body of Lies				Harry Potter-Phoenix				Zane Sex		
SHOW	Dexter		Dexter		Californ	Californ	Halloween				

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