

COLBY PRESS

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Comedian gets serious about addiction

By Andy Heintz

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mind don't matter and people who matter don't mind."

Comedian Mark Lundholm says it's his favorite quote.

Lundholm spoke to a small audience in the Community Building gymnasium on Saturday. His comedy act was sponsored by the Thomas County Alcohol Drug Abuse Council.

Lundholm is a successful comedian, actor, businessman, motivational speaker and husband, but at one time his life was not so rosy. The comedian said he has been a criminal, drug and alcohol addict and homeless wino and lived to joke about it.

He said he was homeless for several years before he wound up led him to where he is today.

His talk Saturday featured a mixture of social commentary, hilarious one-liners, humorous storytelling and inspiring rhetoric. Lundholm touched on issues ranging from his abusive childhood, his alcoholic father, his wife, bebridge, his young child, shooting heroin and suicide.

No matter how dark or depressing the topic Lundholm was able

for murder who eluded police for

two days was captured in Kan-

sas after he took two newlyweds

hostage in their home, only to fall

asleep when they gave him pil-

The suspect, Jesse Dennis Dim-

mick, is expected be taken back to

a motel slaying, authorities said

The 23-year-old was arrested

after the couple slipped out un-

a tiny town about 15 miles west of

Dimmick was shot when of-

ficers rushed in and later under-

went surgery, though his injuries weren't considered critical. To-

Dimmick — also suspected

in burglaries in Colorado, North

Carolina and Louisiana — was

shot once in the upper left part of

his chest, said Ashley Anstaett,

spokeswoman for the Kansas at-

lows and blankets.

late Saturday.

Topeka.

wouldn't elaborate.

Hostage taker

caught after falling asleep

DOVER (AP) — A man wanted torney general.

audience howling. He entertained the crowd by using his quick wit to take some good-natured shots at audience members about sev-Dr. Suess said "people who eral subjects, including marriage and relationships.

But Lundholm's jokes were almost always mixed with a mes-

"Nothing is funny in life until it hurts first," said Lundholm. "Life is hilarious in the truth lane."

He talked about how he believes in a gray area without judgment as opposed to a black-and-white way of looking at the world. Lundholm called gray the color of wisdom.

Lundholm said he was here to facilitate "everyone's strength in their humor muscle." He said everyone has one, but what makes someone laugh varies from person to person.

He said there are two types of people in the world, the normal in a halfway house in 1988. He people and everyone else. And he learned to cope with his problems said there would be some jokes by using humor, he said, and that normal people wouldn't get, but they should wait their turn, because eventually he will tell a joke that facilitates their funny bone,

Lundholm talked about how his first thought is always wrong. He said some time he doesn't come up with an appropriate response to ing homeless and living under a a situation until his fifth thought. During his act, he kept telling audience what his first thought was about a variety of subjects. These

to discuss it in a way that left the See "COMEDIAN," Page 3

The couple, Jared and Lindsay

Rowley, were held captive for

about 2 1/2 hours. Family mem-

bers said the couple told them

Dimmick had a pocket knife and

pushed his way in the home after

Police said it was one of two ve-

as he fled Colorado following a

killing at a motel Thursday night

"The suspect ended up hav-

pursuit that ended up in the front yard" of the couple's home.

Family members said they re-

ceived text messages from the couple, married just last week,

while they were inside the house

ley is studying criminal justice at

"They didn't know where he

came from. They hadn't heard

anything," said Brenda Sage,

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Kansas State University.

in Aurora, a Denver suburb.

crashing a stolen car.

the Denver area to face charges in hicles Dimmick stole and wrecked

harmed when he dozed off and ing a couple of accidents along police stormed the home in Dover, the way," Stanley said. "It was a

peka Police Capt. Jerry Stanley and passed the messages on to ausaid Dimmick had a weapon, but thorities. They said Lindsey Row-

MARIAN BALLARD/Colby Free Press

urday morning as the big rigs passed through town. The trucks back to the south on Franklin Avenue.

Colby Police officers and Thomas County sheriff's deputies made a circle through Colby, leaving I-70 and heading north ran traffic control for the World's Largest Truck Convoy on Sat- on Range Avenue, turning east on Fourth Street and heading

World's Largest Convoy rolls into town

Colby Free Press aheintz@nwkansas.com ley.

and truckers horns filled the air Interstate 70 late Saturday morn-

The athletes had been waiting outside in the Truck Town park-Special Olympians cheered.

The convoy paraded through town, up Range to Fourth, down- Truck Town, the Special Olymtown to Franklin and south to pians, volunteers and drivers Willow, where the truckers turned posed for pictures and engaged east to Country Club. About 20 in conversations. Some of the minutes after the first pass, the Olympians who hadn't ridden trucks roared over the Interstate in the trucks got to climb inside and into Truck Town. At the busi- them to see what the experience ness on Horton Avenue, south of the freeway, they were greeted spent meeting and greeting, the

other Olympians rode the trucks on their route up I-70 from Oak-

The convoy raises money for Special Olympians cheered Special Olympics. The parade of truckers started at the Mittens during as the Colby segment of TA Travel Plaza east of Oaklev the World's Largest Truck Con- at 10:30 a.m. and drove up the voy rumbled past Truck Town on four-lane to Colby. The American Legion Riders cruised in on their motorcycles to take part in the event.

The convoy movement started ing lot for several minutes before in Orlando, Fla., in 2001. This the parade of trucks rumbled past Saturday, convoys rolled in 34 them and took the exit for Range states and seven Canadian prov-Avenue. The moment the big rigs inces. The Colby convoy, the appeared, the Olympians pumped third, was the only one in Kantheir arms up and down to signal sas. It drew 32 rigs, including for the truckers to toot the horn. company trucks, fertilizer rigs Each time the sound of a horn and cattle trucks. The total length cut through the afternoon air, the of this year's convoy was slightly over half a mile.

Once the trucks arrived at was like. After a several minutes by the Special Olympians. Many Olympians, bikers, volunteers

ANDY HEINTZ/Colby Free Press

Special Olympian Jason Oelke of Hoxie (right) spent some time behind the wheel while fellow Olympian Ryan Olson of Atwood sat in the passenger seat after the truckers had parked their vehicles on Horton Avenue.

and truckers all got together for a group picture.

land played a mixture of country music and southern rock while everyone ate.

After lunch the Olympians headed outside to vote on the Eventually, the group headed years best trucks. The categoto the rear of Truck Town to have ries included Best in Show, Best lunch. A disc jockey from Good- Chrome and Best Paint. Other awards given out included oldest

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MARIAN BALLARD/Colby Free Press

at Truck Town where the Special Olympic athletes, drivers and and then voted on awards for the year's best truck contest.

At the end of its drive through Colby, the truck convoy stopped other volunteers got to take a look at all the trucks, had lunch

Briefly

Logo needed for 125th bash

The Prairie Museum of Art and History and the Colby/Thomas County Chamber of Commerce are sponsoring a logo contest for Thomas County's 125th Anniversary. Entries should include the theme for the celebration: "The Spirit of the Prairie Lives On." They may be submitted on an 8 1/2-by-11 inch sheet of paper to the museum or the Chamber office by mail or in person by Tuesday. For information, call the museum at 460-4590 or the Chamber at 460-

Pets available for adoption

Looking for a pet? Colby Animal Clinic has a 2-year-old red male dachshund and two 8-week-old white female kittens available for adoption. Lost or strayed animals are often brought to the clinic. Call

rent shots, and costs are minimal. For questions, call

Orchestra to begin rehearsals

Rehearsals for the Pride of the Prairie Orchestra will be from 7:30 to 9 p.m. every Monday beginning tonight in the Colby Community College band room in the Northwest Kansas Cultural Arts Center, Room 309. Musicians from northwest Kansas and northeast Colorado are free to join; no auditions are necessary. For information, call Mary Shoaff at 462-2159.

Church to hold kids' Bible club

The Awana program, an interdenominational children's Bible club, will be meeting at 7 p.m. each Wednesday starting this week at the Colby Berean Church. Colby-area children age 3 through fifth or stop by 810 E. Fourth St. All animals have curgrade are invited to attend. For information, call

460-2763.

Help needed to plan benefit

An organizational meeting to plan a benefit for the Ben Hopper family will be at 7 p.m. Thursday at TNT Auction, 200 N. Franklin Ave. Volunteers are needed to help with the soup dinner and auction. For information, call Sharon Woofter at (785) 269-7180.

Museum to hold art workshops

The Prairie Museum of Art and History will hold the third annual Sunflower Art Affair, a collection of art workshops for high-school age students and adults, from 1-5 p.m. Saturday at the museum. Workshops will include watercolor, chalk pastel drawings, quilt block-paper piecing, decoupage and hand-sewn wool pincushions. Registration deadline

James Claassen at (785) 694-1677 or the church at is next Wednesday, and space is limited to 10 people per workshop. There will be a small materials fee for each session. For information, call the museum at 460-4590.

College to dedicate building

Colby Community College plans a dedication ceremony for the Pierre C. Henry Allied Health Building at 5 p.m. next Monday on the south side of the building. The naming honors Henry's generosity and support of education. For information, call Debbie Schwanke at 460-5411.



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