

Caramelized onions a new option

The Associated Press

Traditional cranberry sauce alongside the turkey is a must at Thanksgiving.

But that doesn't mean you can't offer other condiments as well.

Caramelized onions with thyme are made mostly from simple ingredients you're likely to have on hand.

For a big meal like Thanksgiving, buy bagged onions, which generally cost less per pound than if you buy them loose.

CARAMELIZED ONIONS WITH THYME

Start to finish: 40 minutes
 Servings: 8
 2 tablespoons olive oil
 6 yellow onions, sliced
 1 teaspoon kosher salt
 1/2 teaspoon ground black pepper
 1/2 cup dry white wine
 1 tablespoon white wine vinegar

1 tablespoon fresh thyme
 In a large saucepan over medium-high, heat the oil. Add the onions, salt and pepper, then cook, covered, stirring often, until soft,

about 15 minutes. Uncover, reduce heat to medium, and cook, stirring occasionally, until the onions are a rich golden brown, about another 12 to 15 minutes.

Add the wine and cook, stirring occasionally, until it evaporates, 4 to 5 minutes. Stir in the vinegar and thyme. Serve warm or at room temperature.

Nutrition information per serv-

ing (values are rounded to the nearest whole number): 77 calories; 32 calories from fat; 4 g fat (1 g saturated; 0 g trans fats); 0 mg cholesterol; 8 g carbohydrate; 1 g protein; 1 g fiber; 243 mg sodium.

(Recipe from the November 2009 issue of Real Simple magazine)



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