

Family

Who will you be when you're 90?

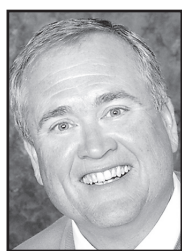
Picture yourself looking in the mirror, just as you do every morning. Imagine that the image slowly begins to change, and as you watch, your reflection ages about 10 years a minute. When the mirror image stops changing, you are looking at your own reflection at age 90.

What will you look like? More importantly, what will you be like?

I knew two elderly ladies named Mabel. Mabel No. 1 I met while in high school. I worked for a drug-store delivering prescriptions. Mabel Wisenheimer's face was all wrinkled and prune, but it always wore a smile! She bubbled with a joy and enthusiasm about life that was contagious despite her chronic pain. She'd often invite me in and give me a glass of ice-cold lemonade. I loved to visit Mabel No. 1 — she always made me feel encouraged and happy.

Mabel No. 2 was the exact opposite. No matter how well things were going, she could find something negative to mention. Her face wasn't a wrinkled, smiling prune, she was more like a saggy, baggy lemon. This Mabel was my grandmother. I had to visit her.

I learned two things from the Mabels. No. 1 — If you smile lots,



Eugene Rothfuss

From the Pulpit

you get many more wrinkles than if you frown; No. 2 — It doesn't matter your circumstances or the daily pain you face — you can always choose to smile. Your attitude is yours, and yours alone, to choose.

The Apostle Paul wrote in Philippians 4:8-9 (NIV): "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things. Whatever you have learned or received or heard from me, or seen in me — put it into practice. And the God of peace will be with you."

Who controls who you are at age 90? You do — by the attitudes you choose today!

I've already decided — I'm going for the wrinkles!

Gene Rothfuss is pastor of the Colby Wesleyan Church.

Corrections

The story "County hears liquor tax request" on Page 3 of the Thursday, Jan. 7, *Colby Free Press* incorrectly stated the name of the county coroner. The current coroner is Dr. Darren Matchell, and the commissioners appointed him to a new four-year term.

On Page 5 of Thursday's paper, *On the Beat* stated that an

ambulance had been involved in an accident. The ambulance crew actually reported the accident, but was not involved. This was the newspaper's error.

The *Colby Free Press* wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Deaths

Sandy Owen

Sandy Owen, 65, Colby, died Thursday, Jan. 7, 2010, at St. Joseph's Hospital in Denver.

Kersensbrock Chapel in Colby, 462-7979, is in charge of arrangements.

Trevor Lee Gennette

Trevor Lee Gennette, 26, grandson of Marilyn Weisphal of Atwood and a notable football player in high school, died Monday, Jan. 4, 2010, of natural causes at his home in Manhattan.

He was born Aug. 9, 1983, in Concordia, to Todd L. and Diana L. (Carlow) Gennette. He attended Concordia public schools and graduated from high school in 2002.

He participated in sports, including football, wrestling, hunting and baseball. In football, he set several Concordia High School receiving records.

He was employed by Stupka Construction in Concordia, where he was recently promoted to foreman. Gennette loved being surrounded by family and friends. He and girlfriend Katie Hale were expecting a child.

Preceding him in death are his grandparents, Leon and Ila Gennette, and Charles Weisphal.

Other survivors include his father, Concordia; his mother, Diana (Cary) Stupka, Concordia; a brother, Ty Gennette, Manhattan; a sister, Danae Gennette, Concordia; and grandparents Randy and Gloria Carlow, Plainfield, Conn., and Virginia and Jim Newton, Salina.

Services will be at 10 a.m. Monday, Jan. 11, 2010, at Our Lady of Perpetual Help Catholic Church in Concordia, with the Rev. Barry Brinkman officiating, followed by burial in the Concordia Cemetery.

Visitation will be from 1 to 9 p.m. Sunday at Chaput Buoy Funeral Home, 325 W. Sixth, Concordia, a where a vigil service will begin at 6:30 p.m.

The family suggests memorial contribution to a fund established for Ms. Hale to help with the expenses of raising their child, in care of the funeral home, Box 606, Concordia, Kan., 66901.

For information or to send condolences, visit www.chaputbuoy.com.

Recognize stalking, support its victims

January is National Stalking Awareness Month. This year's theme is "Stalking: Know It. Name It. Stop It."

Northwest Kansas Domestic and Sexual Services will offer door hangers, posters and ads for local businesses to promote awareness and public education about stalking. Call (785) 625-3055 or visit www.help4abuse.org for information. You can also contact Daniel Blake at the agency's Colby office at 460-1982.

Stalking affects 3.4 million victims a year, the organization says, but it's difficult to recognize, investigate and prosecute. Unlike some others, stalking is not a single, easily identifiable crime, but a series of acts directed at a specific person that would cause fear. Stalking takes many forms, including assaults, threats, vandal-

ism, burglary, animal abuse or unwanted calls, cards, gifts and visits. Communities that understand stalking, however, can support victims and combat this crime.

"If more people learn to recognize stalking," said Charlotte Linsner, executive director of the agency, "we have a better chance to protect victims and prevent tragedies."

Thank You!

What an honor my husband Jim, Sr., our daughter, Angie and family and our son, Jim, Jr. and family bestowed upon me for my 70th birthday. The program and reception were well-planned and executed with expertise. Much appreciation goes to my former piano students and family members who performed. You were great! A big heart-felt thank you to: those who helped with the program and/or reception in any way: my friend and duet partner, Betty Amos; all of you who attended in such inclement weather; everyone who sent cards, letters, flowers and gifts; my family, whose time and unending love made this event so successful and memorable. God Bless you all.

Shirley Malcolm

General Public Transportation Van

Hours: 8 am to 4 pm
Days: Monday - Friday
Phone: 460-2901 (8 am - 12:30 pm) 443-9208 (12:30 pm - 4 pm)

If possible call for Reservations by 11 am the previous business day. Provided to Colby, Brewster, Gem, Menlo, Rexford and a Portion of Oakley as needed.

"This Project Funded in Part by the KDOT Public Transit Program"

We want your local news:
e-mail to colby.editor@nwkansas.com

SERVICES DIRECTORY

Worship in the church of your choice this weekend.

SCHEDULE OF CHURCH SERVICES

<p>GATEWAY FELLOWSHIP, 2nd and Sunrise, Oakley. Pastor James Bloom, Sunday Morning Worship and Children's Church 10:15 a.m., Wednesday evening Bible Study and Intercessory Prayer 6:30 p.m. 785-671-4020.</p> <p>COLBY INDEPENDENT BAPTIST CHURCH, 730 E. 3rd (former Jaycee's building), Pastor Bernard Heinz, 785-460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.</p> <p>ASCENSION-ON-THE-PRAIRIE EPISCOPAL, Rev. Don Martin, College Drive & Wheatridge Rd., 785-462-3041, Holy Eucharist, 9:00 a.m. every Sunday. Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.</p> <p>COLLEGE DRIVE ASSEMBLY OF GOD, 245 W. College Dr., Colby. Pastor Steve Todd. Worship Service 10:15 a.m. Sunday School 9 a.m. for all ages. Wednesday Youth at The Rock 3:30 and 7 p.m. Sunday Nite Life at The Rock 5-6 p.m.. 785-462-8234. cdag@st-tel.net.</p> <p>BEREAN CHURCH, 1000 S. Franklin, 785-460-2763, www.colbyborean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. Pastor Mark Carlton, Senior Pastor and Pastor Jason Purdy, Youth Pastor. Middle School Group Wednesday 7 p.m. at the Attic and High School Youth Group Sunday 6 p.m. at the Attic.</p> <p>FIRST BAPTIST CHURCH, (Affiliated with American Baptist Churches USA) Carroll H. Morony, Pastor, 615 W. Webster, 785-462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; Bible Study: Sundays at 7 p.m. RC Club 2nd and 4th Sundays at 2 p.m.</p> <p>COLLEGE VINE BAPTIST CHURCH (Affiliated with Southern Baptist), 1185 Wheatridge Rd. at College Drive, 785-460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m. Prayer Service at 6:30 p.m. on Wednesday's.</p> <p>PLEASANT HOME CHURCH, Pastor, Perry Baird, 785-890-3375, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m.</p> <p>WINONA METHODIST CHURCH, 501 Bellview Ave. Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDDT)</p>	<p>MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Intern Pastor Tom Peyton. Sunday School: 9:30AM - all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship - bring a snack to share!; 4th and 5th Sunday: services at 6:30 p.m.</p> <p>SACRED HEART CATHOLIC, 785-462-2179, Father Dana Clark, Pastor, Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.</p> <p>FIRST PRESBYTERIAN CHURCH, Rev. Carol Rahn, 515 W. 4th, 785-462-6342, Sunday Worship 9:00 a.m.</p> <p>WESLEYAN CHURCH, 320 W. Pine - 785-462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.</p> <p>CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS, 1145 S. Franklin - 785-460-6605, President Gary Slavens, 785-460-2656; Erwin Mitchell, 1st counselor, 785-460-1952; Tim Wilson, 2nd counselor, 785-846-7796. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open to public, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.</p> <p>REDEEMING LOVE MINISTRIES, INC., 345 N. Franklin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 9 a.m., Sunday worship, 10 a.m., Wednesday, R.L.M Training Centers (Bible School), 6 p.m. Shop online at: www.rlmregionalchurch.com.</p> <p>COLBY UNITED METHODIST CHURCH, Rev. James Mardock, pastor, 950 S. Franklin, 785-460-6521, Sunday Worship Services at 8:30 and 11:00 a.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. www.colbyumc.org</p> <p>CHURCH OF CHRIST, Minister, Jarrod Spencer. 510 E. 4th, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Interpretation for the deaf, Wednesday, Bible Study 7:00 p.m.</p>	<p>FIRST CHRISTIAN CHURCH, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sunday Morning Worship and Children's Church at 10:00 a.m.</p> <p>OUR SAVIORS LUTHERAN CHURCH, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.</p> <p>TRINITY LUTHERAN CHURCH, Rev. Don White and Rev. Tim Llewellyn, East 5th & Country Club, 785-462-3497, Services, Sat., 5:30 p.m., Sunday; Sunday School and Adult Bible Class 9:30 a.m.; Services, 11:00 a.m. Visit us at www.trinitycolby.com.</p> <p>LEVANT COMMUNITY CHURCH, 205 1st St., Pastor Jerry Vincent, 785-586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.</p> <p>BREWSTER UNITED METHODIST CHURCH, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.</p> <p>THE SHEPHERD'S STAFF, REXFORD, Joan Dingwerth, Director, 785-687-2565.</p> <p>REXFORD COMMUNITY CHURCH, Rexford, Pastor Lane Purcell, 785-687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.</p> <p>BREWSTER COMMUNITY CHURCH, Mike Pinkelman, Pastor, Brewster - 785-694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men's Bible Study, Wed. 7:00 p.m. - Children's Ministries (Royal Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory & Prayer, Thurs. 4:00 p.m. - Women's Bible Study.</p>
---	--	---

TO BECOME A SPONSOR, call Heather or Jasmine today at 462-3963.

COLBY LUMBER
Bud Van Horn and Staff
1760 W. 4th 462-2181

SOUTHWIND REALTY
1085 Taylor Ave. Colby, KS
785-460-3721
www.colbysouthwindrealty.com

COLBY FREE PRESS
155 W. 5th • Colby ~ 462-3963

Cute As A Button Now Open

Monday - Saturday • 1 - 5 p.m.

Metal Art

- Personalized Blown Glass Sculptures

Water Color Art Photography

- Weddings
- Senior pictures & more

212 Center Ave • Oakley, KS • 785-953-0006

MOTOR ROUTE DELIVERY

Work Monday, Wednesday, Thursday and Friday...

2 to 2 1/2 hours each afternoon

\$25 sign on bonus after 3 months
Bonus for new subscribers
No two routes are the same

Stop in at 155 W. 5th Street or Call Kathryn 785-462-3963

BREWSTER CARRIER

Work Monday, Wednesday, Thursday and Friday...

1 to 2 1/2 hours each afternoon

\$25 sign on bonus after 3 months
Bonus for new subscribers
No 2 routes are the same
Work at your own pace

Stop in at 155 W. 5th Street or Call Kathryn 785-462-3963