

## School Activities and Menus

**Brewster**  
**Activities: Monday:** 7 p.m. board of education; Freedom League Basketball Tournament, Brewster. **Tuesday:** 6:30/8 p.m. high school basketball, Quinter. **Wednesday:** 4:30-8 p.m. parent-teacher conferences. **Thursday:** no school; 8:30 a.m.-noon - parent-teacher conferences; Freedom League Basketball Tournament, Brewster. **Friday:** no school; 6:30/8 p.m. high school basketball vs. Dighton, Brewster. **Saturday:** Freedom League Basketball Tournament, Brewster.

**Menus: Monday:** breakfast: sausage cheese biscuit. Lunch: hamburgers, hash brown square, veggie sticks, cherry crisp, apple. **Tuesday:** breakfast: breakfast quesadilla. Lunch: goulash, broccoli, carrots, mandarin oranges, pineapple. **Wednesday:** breakfast: pancakes, bacon. Lunch: cheese pizza, corn, seven-layer salad, fruit.

**Colby Public Schools**  
**Activities: Monday:** 3:45 p.m. middle school scholars bowl, Quinter; 4 p.m. middle school scholars bowl, Oberlin-Decatur; 6/7:30 p.m. girls/boys C-team basketball, Scott City; 7 p.m. board meeting, district office. **Tuesday:** 4 p.m. eighth grade scholars bowl, Hays; 4:30 p.m. C-team basketball vs. Goodland; 6:30 p.m. boys junior varsity/girls varsity basketball vs. Goodland; 8 p.m.

girls junior varsity/boys varsity basketball vs. Goodland (winter sports senior recognition night.) **Thursday:** 4:30 p.m. middle school wrestling, Goodland; 4:30 p.m. girls seventh grade basketball, Grant; 4:30 p.m. girls eighth grade basketball vs. Grant. **Friday:** varsity wrestling regionals; 4:30 p.m. C-team basketball vs. Rawlins County; 6:30 p.m. boys junior varsity/girls varsity basketball vs. Rawlins County; 8 p.m. girls junior varsity/boys varsity basketball vs. Rawlins County. **Saturday:** State Piano Festival, Wichita State University; varsity wrestling regionals.

**Menus: Monday:** breakfast: cinnamon toast, apple juice. Lunch: spaghetti beef, cheeseburger macaroni, peas, garlic bread, oranges. **Tuesday:** breakfast: pancake and sausage on stick, syrup, grape juice. Lunch: ham or fish sandwich, tater tots, peas, cucumber/dip, peaches. **Wednesday:** breakfast: donut, oranges. Lunch: taco or egg roll, rice/cinnamon, corn, mandarin oranges. **Thursday:** breakfast: french toast, grape juice. Lunch: chili or chicken and noodle soup, cinnamon roll, strawberry fruit mix. **Friday:** breakfast: breakfast burrito, apple juice. Lunch: meat lover's pizza, carrot/dip, green beans, pears.

**Colby Community College**  
**Activities: Saturday:** West Central Regional Wrestling Tour-

name, Colby Community Building - 10 a.m. first round (preliminaries); 11:30 a.m. second round (championship semi-finals); 1:30 p.m. third round (first round of consolations); 2:30 p.m. fourth round (consolation semi-finals); 4:30 p.m. fifth round (consolation finals, third and fourth); 6 p.m. championship finals. **Sunday:** 2 p.m. women's basketball vs. Garden City, Colby Community Building; 4 p.m. men's basketball vs. Garden City, Community Building; equestrian meet, Frederick, Colo. **Monday:** President's Day, no classes, offices closed; 2 p.m. baseball vs. Wayland Baptist, Plainville, Texas; 2 p.m. softball vs. Otero, LaJunta, Colo. **Tuesday:** Noon - baseball vs. West Texas, Snyder, Texas; 5 p.m. student education association meeting, Bedker 714; 7:30 p.m. Catholic Fellowship Mass, Cultural Arts Center Chapel. **Wednesday:** 5:30 p.m. women's basketball, El Dorado; 7:30 p.m. men's basketball, El Dorado. **Thursday:** 7:30 p.m. OPTIC meeting, Fireside Lounge; 6 p.m. chess club meeting, library; 1 p.m. baseball, Odessa, Texas. **Friday:** noon baseball vs. Odessa College, Odessa, Texas; 1 p.m. indoor track at Region VI-Multis, Overland Park; rodeo team at Kansas State University, Manhattan. **Saturday:** 10 a.m. indoor track, Overland Park; noon - baseball, Clarendon, Texas; 6 p.m. wom-

en's basketball vs. Hutchinson, Colby Community Building; 8 p.m. men's basketball vs. Hutchinson, Community Building; rodeo, Manhattan; equestrian team competes, Lincoln, Neb. **Sunday:** 10 a.m. indoor track at Region VI-Championship, Overland Park; Rodeo Team at Kansas State University, Manhattan; Equestrian Team Competes, Lincoln, Neb.

**Golden Plains**  
**Activities: Monday:** no school; middle school basketball - Freedom League Tournament, Brewster; 7 p.m. board of education meeting. **Tuesday:** high school basketball, Oberlin. **Wednesday:** 10 a.m. Thomas County Spelling Bee, Rexford; spring pictures. **Friday:** high school basketball vs. Cheylin, McDonald. **Saturday:** middle school basketball - Freedom League Tournament, Brewster.

**Menus: Rexford: Tuesday:** breakfast: bagel. Lunch: chicken-a-la-king. **Wednesday:** breakfast: french toast. Lunch: soup and sandwich. **Thursday:** breakfast: grilled ham and cheese. Lunch: taco. **Friday:** breakfast: breakfast burrito. Lunch: tuna macaroni.

**Selden: Tuesday:** breakfast: breakfast burrito. Lunch: hamburger. **Wednesday:** breakfast: biscuit/gravy. Lunch: fish. **Thursday:** breakfast: sausage and cheese biscuit. Lunch: chili. **Friday:** breakfast: scrambled eggs. Lunch:

grilled cheese.

**Heartland**  
**Activities: Monday:** junior high basketball, Brewster; board meeting. **Thursday:** junior high basketball, Brewster; 5:15 p.m. high school basketball vs. North-ern Valley. **Friday:** eligibility due. **Saturday:** junior high basketball, Brewster.

**Sacred Heart**  
**Activities: Wednesday:** Thom-

as County Spelling Bee, Golden Plains.

**Menus: Monday:** barbecue beef sandwich, broccoli, pear, cookie. **Tuesday:** pork cutlet, mashed potatoes/gravy, peas, pineapple. **Wednesday:** fish sandwich, french fries, celery, applesauce. **Thursday:** goulash, peas/carrots, mixed fruit, garlic rolls. **Friday:** cheese pizza, green beans, apple slices, breadsticks.

## Senior Progress Center

Come play a Wii game at 10:30 a.m. Wednesday at the Senior Progress Center.

Activities for the week: **Monday:** Kisses day. **Tuesday:** 10 a.m., exercise; 10:30 a.m., Skip Bo. **Wednesday:** 10:30 a.m., Wii games. **Thursday:** 10 a.m., exercise; 10:30 a.m., pinocle. **Friday:** 10 a.m., exercise; 10:30 a.m., pool game.

Menus for the week: **Monday:** chicken-and-rice casserole, broccoli, caesar salad, roll or biscuit, citrus slices. **Tuesday:** ham, au-gratin potatoes, peas, bread, peaches. **Wednesday:** baked fish,

Lyonnais potatoes, carrots, bread, strawberries with topping. **Thursday:** swedish meat balls, winter mix vegetables, cook's choice fruit, noodles, cake. **Friday:** chef salad with meat on side, mixed fruit with banana, garlic bread, blueberry dessert.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available. A contribution of \$2.75 per meal is suggested for seniors.

Make reservations at (784) 460-2901 by noon the day before.



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