Family

Books help in sprucing up

Melany Wilks
•Library Links

Thank you to all who helped with the Murder Mystery and for those who attended. We had a great time!

I want to remind you about the book discussion that will be held at 7 p.m. next Thursday. We will be discussing "Mules and Men" by Zora Neale Hurston. Kansas Humanities Council speaker Ann Birney will lead the discussion. If you are looking for an Irish book, come and find one in the display case or out on the reference shelves.

I found myself in the non-fiction section again this week, and as a result have a few interesting books you might like to peruse. The first is compliments of Joanne Sunderman. He thought I needed to tell you about the good book, "Unclutter Your Life In One Week!!" by Erin Rooney Doland. Since the book has eight chapters, a person can read a chapter a day and then consider changes that could be made in that area on that day. My suggestion is to keep it for the two weeks that you can check it out, and spend two days on each chapter. Then return it before it gets buried in some of the left over clutter you have not quite won over! Actually, each chapter has short suggestions for better organization. There are chapters about work and getting the most out of your time. One section helps the reader decide whether it is time to give up a hobby.

A second book that might help you when you are uncluttering your closet is "Steal This Style," by Sherrie Mathieson. The theme is that moms and daughters can swap wardrobe secrets. What the author has done is take actual mothers and daughters, and have them dress in similar type clothing appropriate for age and activity. Yet the older person does not look old but with a vibrant look, while the young person has a style that fits the person.

A third book is "Small Space Solutions," by Libby Langdon. The author gives hints on what makes rooms look bigger, what type of furniture to use for a space and how to declutter your world. She covers each area of the home and gives lots of visual examples. In the back she provides a grouping of paint colors that work well together. The book itself has a cheerful spirit and can do attitude about it.

Three other books you might want to consider are: "The Biggest Loser Simple Swaps: 100 Easy Changes to Start Living a Healthier Lifestyle," by Cheryl Forberg. This book has the actual losers of large amounts of weight tell the reader some of things they swapped out of their lives to help them become successful at losing weight. It also gives great-looking recipes and health advice. This book is not about taking life through food out of our lives, but living with great choices and alternatives for health.

The other book is "Artistic Fitness: 50 Quick Exercises to Shape Up Your Drawing Skills" by Ed Tadem. This book is about becoming better at drawing and art. The author actually takes the reader through exercises to learn to draw even the most basic line. For some wanting to loose weight, this might actually become a way to focus on including something that feeds the soul rather than feeling deprived due to the lack of food. If you have always wanted to try and draw, this is the book for you!

I would like to ask that if you have books to donate to the library for the book sale, please bring them inside the library. We have had several instances where patrons leave loads of books in our book drop. It takes us a number of trips to get them inside, and then they are mixed with the books for checkout. This causes us a bit of extra handling and sorting. If you have quite a few boxes, call us at 460-4470 and we can have you use the drive-through area and bring them through the back door.

The Census Bureau will be at the library beginning at 4:30 p.m. Monday to assist anyone who needs help filling out their census survey. Free tax help is still available through Alvin Volk from 1:30 to 4 p.m. each Thursday for those who are low- and middle-income with special attention to those age 60 and older. During spring break, next week, the basement or Youth Activity Center, "YAC" will be open from 1 to 6 p.m., Monday through Friday. See you in the library!

Property Transfers

Real Estate recorded March 1 to March 8

The following real estate transactions have been reported by the Thomas County register of deeds:

• June 29, William H. Biel Trust No. 1 to William H. Biel; tract of SW/4 of Sec. 33, T7, R33.

• Jan. 4, Berwyn E. Petersen Trust to Deeann Petersen; undivided 1/5 of undivided half interest of NW/4 of Sec. 19, T9, R31.

• Jan. 4, Betty Jean Petersen Trust to Deeann Petersen; undivided 1/5 of undivided half interest of NW/4 of Sec. 19, T9, R31.

• Jan. 4, Berwyn E. Petersen Trust to Gail Petersen; undivided 1/5 of undivided half interest of NW/4 of Sec. 36,T7, R33.

• Jan. 4, Betty Jean Petersen Trust to Gail Petersen; undivided 1/5 of undivided half interest of NW/4 of Sec. 36, T7 R33.

• Jan. 7, Stanley and Sherry Critchfield to Shane Moore and Angela Moore; tract of NE/4 of Sec. 18, T8, R36.

• Feb. 11, Margie J. Spiers to Kellag Inc.; W/2 of Sec. 29, T10, R32.

• Feb. 11, Ira Spiers Trust to Kellag Inc.; W/2 of Sec. 29, T10, R32.

• Feb. 11, Homer D. Spiers Trust to Kellag Inc.; W/2 of Sec. 29, T10, R32.

• Feb. 11, Virgil L. Spiers to Kellag Inc.; W/2 of Sec. 29, T10, R32.

• Feb. 12, Edith M. Fienhold Trust to Kellag Inc.; W/2 of Sec. 29, T10, R32.

• Feb. 16, William H. Biel to Tom and Ladonna Sloan; tract of SW/4 of Sec. 33, T7, R33.

• Feb. 17, quit claim deed, Donald J. Seyfert to Donald J. Seyfert Trust; Lots 14-15, Bock 17, Colby South Park Addition; Lots 1-3 and 5-6, Block 32, Colby South View Addition.

• Feb. 20, Robert V. and Marjorie Van Camp to Martin B. Ruda; Lots 2-3, 6-7, 10 and A, Block 26, Original Colby.

• Feb. 23, Agnes M. Karlin Trust to Midway Feeders LLC; SE/4 of Sec. 29, T10, R32 less tracts.

• Feb. 24, Michele L. Preston to Karl Bruce and Kristi Layne Ferguson; N/2 of Lot 5 and Lot 6, Block 3, Brewster Depe Addition.

• Feb. 26, William Edward Hutton Trust and Jean Hutton Trust to William Edward Hutton Jr.; Lot 24 and S/2 of Lot 25, Block 14, Original Brewster; Lots 15-17 and E/2 of Lot 18, Block 16, Original Brewster.

• Feb. 26, quit claim deed, Austin Hutton to William Edward Hutton Jr.; Lot 24 and S/2 of Lot 25, Block 14, Original Brewster; Lots 15-17 and S/2 of Lot 18, Block 16, Original Brewster.

• March 1, quit claim deed, Donald L. Woofter Trust No. 1 to Thomas W. and Sharon K. Redmond; tract of .27 acres of NE/4 of Sec. 25, T7, R34.

• March 2, quit claim deed, Tawnia M. Bange to Paul J. Bange; east 14.95' of Lot 1, Block 36, Colby South View Addition; Lot 3 and west 21.65; of Lot 2, Block 37, Colby South View Addition.

• March 2, Cheryl L. and David L. Evert to Cheryl Evert Trust; undivided half interest of Lots 10-11, Block 3, Original Brewster.

• March 2, David B. Molstad Trust to Northeast Colorado Cellular Inc.; 1.11 acre tract of SW/4 of Sec. 35, T10, R32.

• March 2, James D. and Jeanette M. Sowers to Northeast Colorado Cellular Inc.; 1 acre tract of SW/4 of Sec. 34, T8, R32.

• March 3, David L. and Cheryl Evert to David L. Evert Trust; undivided half interest of Lots 10-11, Block 3, Original Brewster.

• March 3, David W. and Dana S. Green to Schwarz Farms; Lots 1-6 and W/2 of adjacent vacated Fifth St., Block 9, Original Menlo; Lots 1-5 and 20-24 and E/2 of adjacent vacated Fifth St., Block 20, Original Menlo.

• Last Thursday, Farmers and Merchants Bank to Carol G. Sweat Trust; Lot 7, Block 4, Colby Pine Hill Addition.

• Friday, Ernest E. and Judith A. Shull to James E. and Ellen B. Bradshaw; SE/4 of Sec. 27, T6, R34.

Markets

Quotes as of close of previous business day

Hi-Plains Co-op

Wheat (bushel)	$3.87
Corn (bushel)	$3.08
Milo (hundredweight)	$5.07
Soybeans (bushel)	$8.41

Corrections

An article, "Colby kid wrestlers collecting medals," on Page 8 of the Wednesday, March 10, *Colby Free Press* incorrectly said Tucker Barnum was named outstanding wrestler of the month in the 8 and under group at Ulysses. It was Tucker Branum, son of Travis and Amy Branum, who won the award. This was a typing error.

☆☆☆☆☆

The Colby Free Press *wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.*

Veterans of Foreign Wars Auxiliary

Veterans of Foreign Wars Auxiliary Kansas state President Jeanette Cox will visit the Colby post at 5:45 p.m. Saturday, along with Ninth District President Linda Marshall. All members are encouraged to attend.

The auxiliary will announce the winners of the Patriotic Art Contest at the meeting. All members are invited to a Dutch dinner afterward at Montana Mike's. For information, call Rosalie Seemann at (785) 462-2113.

Premature twins from Benkelman struggling

Benkelman, Neb., natives Erika (Brown) and Bob Clark welcomed the arrival of premature twin daughters, Aspen, 1 pound, 14 ounces, and Jerri, 1 pound, 15 ounces, on Feb. 18. The twins were born 12 weeks early by caesarian section.

The girls have spent most of their first two weeks (of a possible six to eight) in the High-Risk Neonatal Intensive Care Unit with specialized staff. The family website, www.clarkfamilytoday.com, says the girls' weight is up to 2 pounds, 5 ounces, and they will soon be moved to graduate intensive care.

The Clarks both work at the nursing home in Benkelman, but Erika does not have maternity leave, and both have exhausted their paid time off. In order to be close to the twins, the couple has lived the last two weeks at the Ronald McDonald House in Denver. Erika will stay another four to six weeks but Bob will return to work soon.

People can visit the website to leave a comment and or donation.

Cards can be mailed to Ronald McDonald House, Attention: Erika and Bob Clark, Room No. 3F, 1300 East 21st Ave., Denver, Colo., 80205-5218.

We want your local news: e-mail to colby.editor @ nwkansas.com

Help Wanted

The Sheridan County Health Complex has an opening for a full-time Risk Management Supervisor. Clinical experience required. SCHC offers competitive wages and an excellent benefit package, including health insurance, vacation/sick leave, life/disability, retirement plan, as well as many other benefits. Phone inquires and/or resumes should be directed to Steve Granzow, CEO, at 826 18th St., Hoxie, Kan. 67740 or call (785) 675-3281.

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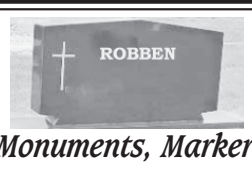

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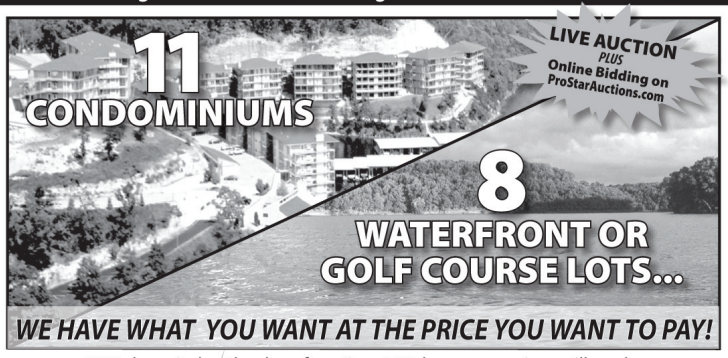
Lake of the Ozarks Gallery Style

AUCTION

Saturday, March 27, 2010

11:03am – Eagles Peak Room, The Lodge of Four Seasons, Lake Ozark, MO



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CENTRAL MISSOURI'S LAKE OF THE OZARKS

FARM AUCTION

for Gem Feeds LLC, the late Richard Pabst and others

Saturday, March 20 at 10 a.m. CT in Gem, KS

Storm date: Tuesday, March 23

ALL ITEMS MUST BE REMOVED BY MARCH 21ST!

VEHICLES & FARM EQUIPMENT: 1995 Dodge Ram 3500, 216,000 miles, Cummins Diesel, needs flatbed; 1970 Chevrolet C50 truck, 15 1/2' steel box and hoist, 49,000 miles on overhauled 350; 1969 Ford F-100, 390 V8, runs, body rough; 1948 Ford F-2, 302 V8, runs, street rod; 1992 GMC 2500 Sierra Pickup, 3/4 ton, 5 speed stick, long box, 118,000 miles, 350 engine, 35 gal fuel tank, air, power steering, cruise, loaded, running boards; Mitsubishi forklift, propane, 4,000# capacity; 4-6 ft Delgelman Harrows; Noble 4x6 sweeps with hydraulics; Noble 3 section drills; 7' x 4' Ferguson-Hanks livestock scale, 3,000# capacity (needs floor). **ROLLER MILL EQUIPMENT:** Denver roller mill, 9"x30", good rolls; Denver roller mill, 9"x24", good rolls; F-10 roller mill (old and heavy); Peerless roller mill, pto, needs auger; Bearcat 950 grinder mixer, scales, hay tub, chopper, recent rebuild, shedded (new bearing-new augers); BJM 3 ton mixer, rollover top, good mixing augers, side chute, bottom door; 12'x5' Legal For Trade scale, 20,000# capacity with BT840 indicator, Epson printer; 250 bu bin square hopper; 6 ton bulk feed body; 9" augers; 6" augers; 3 phase motors-20 HP, 15 HP, 15 HP; 1 phase motors-3 HP, 3 HP, 2 HP, 1 HP, 1 HP. **EQUIPMENT & TOOLS:** Sprayer, hydraulic or gas motor with 3 booms and spray marker; Hobart stainless steel scale, legal, 30# capacity; Hypertherm plasma cutter PowerMax 600 on stand; Nylon strapping with connectors, stretcher and cutter; Portable air compressor (motor good, needs compressor) Pallet jack, 5,000# capacity; Lincoln AC/DC arc welder, 225 amp (Like New); Miller 185 wire welder (Like New); Argon gas bottle; Magnum tire machine; Bubble balancer; Tire patch cabinet; Parts washer; Allen engine analizer (Scope); Battery charger/booster 200 amp; 21" chain elevator (for grain or small bales); 425 gallon plastic tank (used for molasses); 300 gallon plastic tank (used for molasses); Steel safe 22"x16" (combo works); 16' car trailer; Large forge with tools; Stone wheel grinder; Small forge; Black smith coal; Aluminum shelves; Cabinets; Delta table saw 10"; Shop tools; Snap-On tool box; Rope can (aluminum); 3 pt cherry picker; 3 pt 8' rear blade; 4-H blocking chute; Steel grain / feed wagon; Horse drawn equipment; Sales counter 12' x 2' x 3 1/2"; Samsung electronic cash register; National cash register (old from Trojan Inn); 8' pool hall bench (old from Trojan Inn); 100 new rabbit water bottles; Cap-Chur tranquilizer gun and kit; Shrink wrapper; Railroad ties (Heavy and Solid); Approx. 35 plastic posts; Hand tools; Power tools; Tool box; Cattle tags; Z tags; 5 drawer file cabinet; Window air conditioner 110v; Television; Hydraulic jacks; Hydraulic valve body (large); Bar bait; Gloves; Post puller; Gate closer; Homelite chain saw with case; Gas cans; Barbeque grill; Heavy tow rope; Old signs (use for windbreak); 2-Feed carts; Plastic pallets; Used tires - 16", 15"; Shop light

MUCH MORE DAY OF SALE!
Lunch will be served by Gem Lions!

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Tom Simpson-Auctioneer: (785) 443-1153
Bob Jones-Auctioneer: (785) 443-0138

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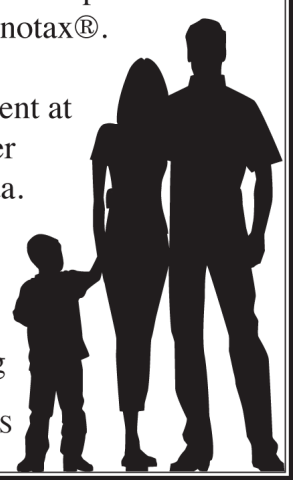

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The H1N1 flu vaccine is widely available and recommended for everyone, including:

- Pregnant women
- Healthcare workers
- All children and young adults ages 6 months through 24 years of age
- Caregivers for children under 6 months of age
- People ages 25-64 years of age with certain high-risk medical conditions
- Anyone wanting to protect themselves against H1N1 influenza

For more information, call the Kansas H1N1 Hotline at 1-877-427-7317, visit www.kdheks.gov, or contact your healthcare provider.

STAY INFORMED AND STAY AWARE!