

Program to feature digestion

"Digestive Disorders" is the topic for this week's *Doctors on Call* program on Smoky Hills Public Television.

Dr. Paul Johnson from Mowery Clinic in Salina and Dr. Michael Machen from Bluestem Medical in Quinter, will answer questions in this live viewer call-in program which also includes a video on the new virtual colonoscopy available at Russell Regional Hospital.

The hour-long program will air at 7 p.m. Tuesday, with an encore performance schedule for Sunday at 3:30 p.m.

Smoky Hills Public Television is a non-profit organization that provides programming and services for 71 counties in central and western Kansas. For information, visit www.smokyhillstv.org.

Rexford Lions hold park Easter egg hunt

The Rexford Lions Club will sponsor their annual Easter egg hunt at 1:30 p.m. on Saturday at the city park. This event covers ages up to the third grade.

The Golden Plains junior class carnival was held Friday evening. It was an evening of bingo, games, prizes and much more. Donations were appreciated from surrounding businesses and individuals in helping to make the carnival a fun time while raising funds for the junior-senior prom.

Lakin Danee Wark was born Tuesday, March 16, to Chad and Desiree Wark. Sisters Morgan and Hayden, and a brother, Dylan welcomed her home. Proud grandparents are Dennis and Vicki Allison, Rexford, the late Dennis Wark, and Don and Sam Lode, Colby. Great-



Vicki Allison

• Rexford Correspondent

grandmothers are Madonna Anderson of Gem and Hulda Wark of Hoxie.

The Rexford City Council approved a citywide cleanup day to be held sometime in April. The dates for the cleanup will be announced in the April utility bill.

A clinic for animal rabies shots will again be offered by the Oakley Veterinary Service Thursday, April 22, and set up in the fire house.

Until next time, may your week be memorable.

Week holds firsts and lasts

Aries (March 21 - April 20) This may be a short working week but there's a lot of firsts and lasts. Things on the relationship front are likely to come to a head. The first income opportunities of the year are presented. It's too early to finalize expectations for the coming year, with things still developing.

Taurus (April 21 - May 21) Nostalgia at the start of the week will shift dramatically, making it important to enjoy any trip down memory lane while you can. Your heart and mind are focused on the future and just in time for Easter, which brings the promise of some much needed fun.

Gemini (May 22 - June 21) Time out over the long weekend and recharge your batteries. You need to be able to put everything you have into everything you do. It's the perfect opportunity to take a trip down memory lane.

Cancer (June 22 - July 22) Any work and life balance issues come to a head. Some of the biggest professional opportunities in eight decades are coming soon.

Leo (July 23 - Aug. 22) This is the most competitive time of



Shannon O'Brien

• Weekly Horoscope

the year. Tuesday's full moon will help you play a more strategic game.

Virgo (Aug. 23 - Sept. 23) Don't be put off by financial pressure. Opportunities, wake up calls or anything that needs to come to the surface will. Continue to be true to yourself. There is also need for light relief.

Libra (Sept. 24 - Oct. 23) You're being called to account. This puts pressure on your relationships. Get everything out in the open at once.

Scorpio (Oct. 24 - Nov. 22) While your professional momentum will continue, you may find that there's a few speed bumps Tuesday and Wednesday. Check your time management and choices. You'll be ready for a long weekend where hopefully you can recharge your batteries.

Sagittarius (Nov. 23 - Dec. 21) You'll be hard pressed to find a week that is more evenly divided between work and play. Seize any opportunity you can over the long weekend to play, have fun and follow your heart before things really get busy.

Capricorn (Dec. 22 - Jan. 20) Some pressure is created, especially where your home and professional lives clash. Be delighted with anything that creates an opportunity to make your life more love friendly.

Aquarius (Jan. 21 - Feb. 19) Your excuses are being challenged and you'll be challenged to walk the talk. Any efforts on your part to stay in your rut will meet resistance. There'll be a lot of communication opportunities, especially in relationships.

Pisces (Feb. 20 - March 20) Your excuses are being challenged and you'll be challenged to walk the talk. Any efforts on your part to stay in your rut will meet resistance. There'll be a lot of communication opportunities, especially in relationships.

Skunk's head freed from peanut butter jar

GRAND JUNCTION, Colo. (AP) — It was a sticky — and potentially stinky — rescue for a Colorado wildlife officer who pried a peanut butter jar off a skunk's head in Grand Junction.

The officer got a call that the animal was disoriented in someone's

front yard, its head stuck in a jar of peanut butter.

State Wildlife spokesman Randy Hampton says the officer freed the skunk by tying a noose pole to the jar and pulling. The device is also called a choke stick and is a common tool used by animal con-

trol officers.

The skunk was freed without injury after about 10 minutes of pulling and then ran away — without spraying anyone.

Hampton says it likely got trapped while rooting through someone's trash.

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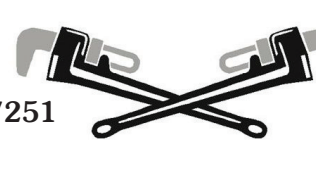
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