

## Veteran wrestling coach wins award for third time

Steve Lampe of Colby Community College, one of the most honored and respected wrestling coaches in the nation, has been notified of his selection to receive the prestigious Bob Bubb Coaching Award for the third time.

Lampe was chosen by the National Wrestling Coaches Association to receive this honor in 2005 and last year also.

The group said Coach Lampe was chosen because he epitomizes the qualities and characteristics of a role model and mentor for developing student-athletes. In addition, he demonstrates exemplary leadership qualities.

"I am very humbled by the fact that I have always been so very much appreciated by my peers nationwide," said Lampe.

He was selected for the award because of his wrestling success, loyalty to the sport and his teams' academic performance, including a 2009 National Junior College Athletic Association record 3.497 team grade average.

Lampe won numerous awards during his career, including being named the National Junior College Coach of the Year in 1984 and 1990.

He was inducted into the junior college coaching hall of fame in

1984 and 1990. He won the junior college wrestling Man of the Year award in the 1997-1998 season.

Five wrestlers Lampe has coached have been inducted into the junior college wrestling hall of fame. His team won the junior college athletic association championship in 1999.

Lampe recently completed his 35th season as head coach at Colby. He will retire this year, and he has accepted a job as coach of the new wrestling program at Northwest Kansas Technical College in Goodland. He will also be the school's athletic director.

## Bulldogs do well in Goodland

By Bonnie Holm

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The Brewster Junior High track and field team faced stiff competition Saturday at the Goodland Invitational. Other schools competing were Goodland, Scott City, and Burlington, Colo.

In the seventh-grade girls division, Kynndra Rush took second in the 800-meter run with a time of 1 minute, 2.23 seconds. She placed fifth in the 100-meter dash with a time of 15.89.

Kat Boyington won the bronze in the shot put, finishing third with a throw of 23 feet, five inches. She also came in third in the 200-meter hurdles with 39.99.

Krystal Lowe threw the discus 45'10" for fifth place. Brielle McKee finished first in the long jump with a leap of 12 feet, 8 inches and second in the high jump with 3'8".

Rachel Friess placed second in the long jump with 11'6" and Alicia Barrie nabbed third in the 800-me-

ter run with 3:08.76. Barrie also finished fourth in the triple jump with 21'9".

The 4-by-200 relay team took third and the 4-by-100 relay team finished second.

For the eighth-grade girls, Maddie Mayer finished second in the 3,200-meter run with 15:37.05 and fifth in the triple jump with 25' 6". Ashley Barrie also ran the 3,200 meters, finishing fifth. She threw the discus 56' 8" for fourth.

The 4-by-400 relay team took third, and the 4x100 relay team finished fourth.

In the seventh-grade boys division, C.J. Felzien won silver in the discus with a throw of 76' 9".

Jace Jorgensen finished fourth in the 100-meter hurdles with 19.08 and fifth in the 200-meter hurdles with 34:38. Takoda Turner ran the 800 meters in 2:42.45 for fourth place. The 4x100 relay team took third and the 4x200 relay placed fourth.

Finally, for the eight grade boys, Nathan Jorgensen won third in the shot put with 33'3" and the discus with 99'5". He also snared fourth in the 400-meter dash with 1:01.14.

## Hustle in the outfield



ANDY HEINTZ/Colby Free Press

Colby High junior Caitlyn Wark, pictured here hustling after a fly ball while senior Keesa Wright watched Wednesday, and the rest of the Lady Eagles split two games at Hays on Tuesday. They lost game one 15-0 and won the second game 5-4.

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