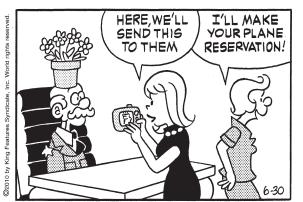
## Baby Blues • Rick Kirkman & Jerry Scott



### Beetle Bailey • Mort Walker





#### Blondie • Chic Young







Hagar the Horrible • Chris Browne



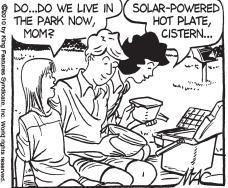


**Mother Goose and Grimm** • Mike Peters



Sally Forth • Greg Howard

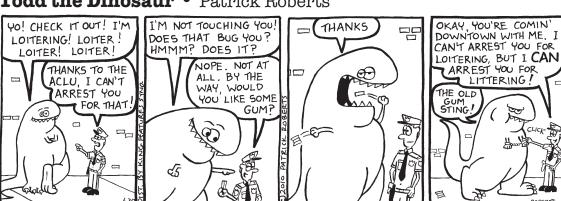








## Todd the Dinosaur • Patrick Roberts



**Zits** • Jim Borgman & Jerry Scott



8 comics CFP 6-30-10.indd 1







## Heloise

Hints from Heloise

# Strawberries best when ripe

Dear Readers: STRAWBERRIES are delicious and colorful, and they are a great snack! One cup of strawberries has about 46 calories and provides more than the daily requirement for vitamin C. They also are rich in antioxidants, and they are plentiful in the supermarket at this time of year.

Strawberries will not ripen after picking, so select berries that are bright-red - these are the sweetest berries. Don't get strawberries with any green or white on them. A dark-red shade means the berry is overripe, will be mushy and will soon spoil. In the supermarket, the ideal berry will be plump and shiny.

To wash just before serving, put them in a colander and run cold water thoroughly over the bowl. Pat dry with a paper towel.

To hull the strawberry, a favorite Heloise hint is to insert a drinking straw into the bottom of the berry. The core and the leaves of the fruit will slide right out.

Slicing the strawberry in an egg slicer makes for a pretty presentation, but you also can make yummy jams and jellies with your prepared strawberries. Enjoy!

By the way, how many seeds are on the average strawberry? Only about 200! - Heloise

SEND A GREAT HINT TO: Heloise P.O. Box 795000 San Antonio, TX 78279-5000 E-mail: Heloise(at)Heloise.com MAKING MEATLOAF

Dear Heloise: My husband loves meatloaf, but I hate getting my hands messy mixing it by hand, and it's too heavy to stir with a spoon. I realized one day the mixture is about the same consistency as chocolate-chip cookie dough, so now I just throw all the ingredients into a big bowl and use my mixer to mix it up. Clean hands and a happy husband! - Chris Woodyard, Dayton, Ohio

#### FRIED-MEAT SCRAMBLE

Dear Heloise: When I need to scramble fried ground beef for a recipe, I mix into the raw beef the spices I need and then make a large patty, slightly smaller than my indoor counter grill. After cooking it to well-done, I crumble it and use it in my recipe or freeze it to use later. - Marie Lincoln, New Brunswick, Canada

#### FRESHENING FROSTING

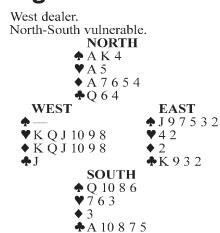
canned frosting to freshen its flavor. This also works for brownie mix. Also try 1/2 teaspoon cherry extract in chocolate frosting when making X K a German chocolate cake, or 1/2 teaspoon mint extract in chocolate frosting on a vanilla or yellow cake mix. - Sarah, via e-mail

## **COFFEE CANISTER**

Dear Heloise: By accident, I removed the label on an empty instant-coffee container and found I could use it as a small canister. The way I go through coffee, I soon had a collection of canisters. They also make nice containers to send my granddaughter little treats, and now she has a nice bunch of canisters, too. – R. Swaab in Texas

(c)2010 by King Features Syndicate Inc.

## **Bridge** • Steve Becker



## A Horrible Nightmare

Dear Mr. Becker: I suffer from nightmares bridge nightmares, that is – and I've been having the same dream for many years now. I've seen quite a few psychiatrists about it, but they don't seem to be able to do a thing for me, whether they know how to play bridge or not.

I'm not a particularly good player myself, but I play even worse when I'm asleep. What happens is that I'm always dealt the East hand - I recognize it each time by the four deuces – and my partner, the idiot, opens the bidding with two hearts.

I don't think he has a genuine strong two-bid even though he has 10 sure tricks in his hand – but that's beside the point. The bidding thereafter doesn't go the same way every time, but somehow South always winds up playing the hand in seven spades!

I always double him – call it a compulsive double if you will – and he always redoubles and makes the grand slam. This comes to a tidy 3,140 points, and, frankly, I can't afford to lose that many points on one deal, even when I'm asleep. West invariably leads the king of hearts. De-

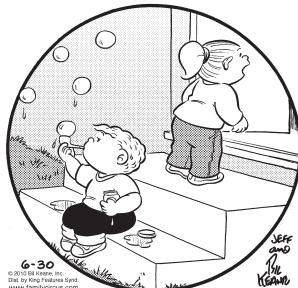
clarer takes it with the ace and returns the queen of clubs. I cover with the king, and South wins with the ace, catching my partner's jack. He then enters dummy with a diamond, leads the six of clubs and lets it ride. Next South repeats the finesse against my

nine, cashes a high club, discarding a heart from dummy, and ruffs a heart with the four of spades. After that, with six tricks to go, he crossruffs the hand as I sit by helplessly undertrumping everything he plays.

My hope is that by writing to you about this extraordinary hand, maybe the dream will go away. Cordially yours, Earl E. Rizer.

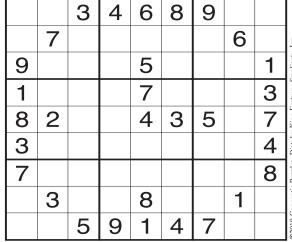
(c)2010 King Features Syndicate Inc.

Family Circus • Bil Keane



"Mommy! Will you tell Jeffy to stop addin' to global warming!"

## Conceptis Sudoku • Dave Green



Difficulty Level ★★★

This is a logic-based num ber placement puzzle. The goal is to enter a num ber, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral.

The solution to the las Sudoku puzzle is at right.

	2	5	6	8	1	3	9	7	4	
	9	3	1	4	7	5	8	6	2	
_	8	4	7	6	9	2	1	5	3	
h	3	6	5	7	4	9	2	1	8	
i 3	1	8	4	2	5	6	3	9	7	
	7	9	2	1	3	8	6	4	5	
e	6	2	9	5	8	4	7	3	1	
	4	7	3	9	2	1	5	8	6	
t	5	1	8	3	6	7	4	2	9	
Difficulty Level *										

## Cryptoquip

HBQTGDD CPJ'O GUVGBQ QP

Dear Heloise: I add a teaspoon of vanilla to  $\ Y\ X\ K\ O$   $\ N\ H\ V\ V\ X\ W\ C$   $\ O\ R\ G\ W\ W\ X\ K\ A$ 

YTGKBN RXKG

TGAXPK: STXAXQQG SPTOGHJU.

Yesterday's Cryptoquip: IF A CERTAIN AIRLINE OFFERS A MORNING MEAL, I RECKON THAT MIGHT BE A CONTINENTAL BREAKFAST.

Today's Cryptoquip Clue: P equals O

27 Lennon's 3 Stopped 15 Some GI

## **Crossword** • Eugene Sheffer

**ACROSS** 

10

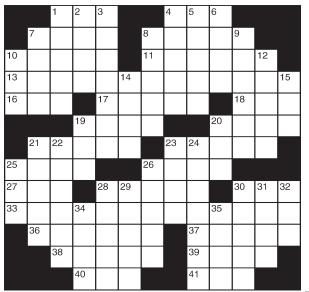
11 13

16

26 Family

member

~~	11000	_,	LC		101		,	•	, ,	<i>-</i> 10	7	Ρ٠	, u		Conne an
1	Allow		lac	уt					t	he	)				duties
4	First	28 Exiles						ball						19	Historic
	name of	30	Water					carrier						time	
	8-Down		(F	r.)				4	1 (	Ch	ur	ch	ì	20	Scrap
7	Heming-	33	Pu	ıts	u	р			(	ok	na	tic	on	21	Tarzan's
	way		ho	lly.	,			Ę	5 [	Dif	fe	r-			trans-
	sobriquet		ре	rh	ар	s			e	en	t				ports
8	Gyro	36	Ce	erta	air	1		6	S I	Но	te	l		22	Geologi-
	holders		Мι	ısl	im	ı			6	em	ηpl	Οy	/ee		cal
10	Invigorant	37 Letter				<b>7</b> Cook-							periods		
11	Morals	after 16-						١	va	re			23	Ador-	
13	Arranges		Αc	ro	SS	;		8	3 H	Нe	ar	t-			able
	to	38	Те	nd					k	ore	eal	ke	rs'		Briefly
	win,		the	Э					- 1	ea	ιd			25	Scepter
	maybe		he	lm				ć	) F	٦ic	ctu	ır-		26	Potok's
16	Last	39	La	tvi	a'	s			6	es	qu	е			"My
	Greek		ca	pit	al			10	) F	Re	ci	ре	;		Name
	conso-	40	Βlι	un	de	r			r	ne	as	S.			ls —
	nant	41	Att	ter	np	ot		12	2 [	Dо	, r	e,			Lev"
17	Procrasti-								r	ni	, fa	a,		28	Wicker
	nator's		DOWN						5	SO	Ι, Ι	a,		willow	
	reply		1 Porch					ti, do						29	Say
18	Siesta	2 Grand				14 Bargain						30	Plaintive		
19	Slithery	thery story					event							poem	
20	Some	Solution time: 21 mins						i_	31	Pond					
	paintings		ОМ	В		D	U	В		Е	Ζ	R	Α		organism
21	Mesa —		L A	R		Ε	R	Ε		Ν	0	0	Ν	32	Can.
	National	M P	1 L 0 I	О	Т	٧	1	R G	T	U R	О М	S	0		neigh-
	Park		ΟĮΙ	С	0	L	Α	G	b	E	L	Α	14		bor
23	"Odys-		0 L	0	R	0	S	0		D		М	_	34	Charlie
	sey"		D O	S	S	P S	I A	N R	E G	Α	N S	U S	0		Brown's
	sorceress		L	U	G	J	N	E	A	P	J	J	J		nemesis,
25	Philbin's		0 1	R	Ε	Ε		С	D	R		М			at times
	co-host		S P	R	Ε	S	S -	0 R		О И		A N	N	35	Eastern



Yesterday's answer 6-30

potentate

(Var.)

6/30/10 8:42:48 AM