

Senior Progress Center

There will be a Halloween party at the Senior Progress Center on Friday.

Activities for the week: **Monday:** 10:30 a.m. Skip Bo. **Tuesday:** 10 a.m. exercise; 10:30 a.m. Wii game. **Wednesday:** cookie and hot drink day. **Thursday:** 10 a.m. exercise; 10:30 a.m. domino game. **Friday:** 10 a.m. exercise; 11 a.m. Halloween party.

Menus for the week: **Monday:** cook's choice entree, hash brown casserole, peas, carrots, bread, peaches. **Tuesday:** chili, mixed fruit, crackers, cinnamon roll. **Wednesday:** baked chicken, mashed potatoes and gravy, corn,

bread, mandarin oranges. **Thursday:** Spanish rice with hamburger, green beans, broccoli and cauliflower salad, bread, applesauce. **Friday:** Ham, sweet potatoes, coleslaw, bread, pineapple.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available, as is pick-up service. A contribution of \$3 per meal is suggested for seniors, \$5.25 for others. For anyone under 60, home delivery is \$5.75.

Make reservations at (784) 460-2901 by noon the day before.

On the Beat

COLBY POLICE

Wednesday

1:40 a.m. - Subject called 911 to report screaming and hung up. Called number back and got address. Report filed for domestic battery.

9:30 a.m. - Subject spotted three juvenile runaways.

11:05 a.m. - Funeral block from Kersenbrock Chapel to Beulah Cemetery

12:20 p.m. - Subject came to Law Enforcement Center to report phone scam. Information provided.

12:38 p.m. - Possible theft at 115 Willow. Report filed.

12:40 p.m. - Subject reported barking dogs all day and night at 1215 Court Place. Unable to contact owner, will check later.

12:48 p.m. - Report of suffering cottontail rabbit at 540 Woofter Avenue.

3:06 p.m. - Accident in parking

lot at Loves.

4:31 p.m. - Subject reported being harassed.

8:20 p.m. - Subject reported recreational vehicle parked in the 400 block of W. Eighth. Made contact with both subjects, information provided.

8:58 p.m. - Criminal damage to vehicle at 700 S. Franklin.

THOMAS COUNTY SHERIFF

Wednesday

12:48 a.m. - Subject called 911 to report three runaway juveniles. Notified agencies in the surrounding area.

8:59 a.m. - Large dog blocking off-ramp at I-70 mile 54. Animal was eastbound on I-70 between miles 53-54. Department of Transportation was notified.

9:41 a.m. - Assisted Colby police with juveniles at Walmart.

11:05 a.m. - Funeral block from Kersenbrock to Beulah Cemetery.

Not all pumpkins cook well

In today's waste-not, want-not economy, people often ask Ward Upham how they can use the "innards" they remove when carving a jack-o-lantern. Or if they can cook a pumpkin that's been through no more than serving as table décor at a party.

"You can never be completely sure of your results if you cook a variety bred to be a holiday decoration," said Upham, who coordinates the Master Gardener program for Kansas State University Research and Extension.

All pumpkins are edible, he added. Compared to pumpkins labeled for cooking, however, jack-o-lantern varieties are less likely to be sweet, and may be watery.

"Cooking pumpkins tend to be easier to handle, too," he said. "Generally, they're fairly medium-sized."

University of Illinois Extension provides step-by-step instructions for preparing and cooking a whole pumpkin at www.urbanext.uiuc.edu/pumpkins/selection.html.

Stories sought for Kansas contest

Entries are being accepted for the annual Kansas Factual Story Contest, sponsored by the Native Sons and Daughters of Kansas.

The contest encourages preserving in writing factual, unpublished happenings and anecdotes in the lives of Kansans today and yesterday.

Cash awards for winners are provided by Mary Lynn Oliver of Wichita, following a tradition begun by her mother, Olive Ann Beech.

Stories should have taken place in Kansas; be limited to 750 words; be true and not have been published. The contest is open to anyone, anywhere. Only one story may be submitted per person.

Entries must be submitted by e-mail no later than Wednesday, Dec. 1. Send them to Vicky Henley, Kansas State Historical Society, Inc. via e-mail to: membership@kshs.org. In subject area of e-mail include "Beech Memorial Contest."

Judging will be done by a from the Kansas Historical Society and winners announced on Friday, Jan. 28, at the annual meeting of the Native Sons and Daughters of Kansas in Topeka, one day before the state's 150th birthday.

Cash awards are: first place, \$175; second place, \$125; third place, \$100; and \$50 each for two honorable mentions. Entrants are asked to keep copies of their entries; none will be returned. The Kansas Historical Society may preserve all stories.

In 2010, Marcia Dumler of Perry won first place, Alvin Lee Daetwiler Jr. of Parsons won second, Betty Ann Williams of Larned won third and honorable mention went to LeNore Stumpf of Axtell.

Questions should be directed to: Vicky Henley, executive director, Kansas State Historical Society, (785) 272-8681, ext. 209; e-mail: membership@kshs.org.

Dog bites 'Moss Man'

HILLSBORO, Ore. (AP) - Deputies investigating a possible break-in at an Oregon rock museum were surprised when they stumbled upon a man concealed on the ground by a moss-like camouflage outfit.

The hidden suspect cried out when a search dog bit him before daylight Thursday in a wooded area outside the Rice Northwest Museum of Rocks and Minerals, said Sgt. David Thompson of the Washington County Sheriff's Office.

Police identified the man, dubbed "Moss Man" on the Internet, as 36-year-old Gregory Liascos of Portland, and arrested him on burglary and criminal mischief charges.

Sheriff's officials say nothing was stolen from the museum, a popular tourist attraction just west of Portland that houses gemstones, minerals, fossils and meteorites. But they allege Liascos had secretly cut a hole in one of the

building's walls days earlier and was trying to get in.

A caretaker noticed the large hole in a bathroom wall earlier in the week. Detectives were notified and installed security devices at the museum, which went off early Thursday.

Deputies who responded searched the grounds, finding a bike and a backpack.

"The canine tracked to a wooded area and was very interested in a particular piece of ground about a half a mile away from the building," Thompson said in a release. "The dog then bit the ground that in turn cried out in pain."

The officer then realized there was a man hiding at his feet, dressed in a "ghillie" suit, Thompson said. A ghillie suit is a head-to-toe camouflage outfit used by military snipers to blend in with vegetation.

Liascos was arrested and held at the county jail, Thompson said.

Student News

Brewster

Activities: **Tuesday:** 10 a.m. Freedom League volleyball tournament, Sharon Springs. **Thursday:** 7 p.m. high school football, Cheylin. **Friday:** state volleyball, Hays; no school. **Saturday:** state cross-country; state volleyball, Hays.

Menus: **Monday:** breakfast: sausage cheese biscuit; lunch: taco stew, green beans, corn bread. **Tuesday:** breakfast: blueberry muffin; lunch: chicken wrap, Spanish rice, corn. **Wednesday:** breakfast: pancakes, sausage; lunch: lasagna, broccoli, fruit, breadsticks. **Thursday:** breakfast: cinnamon roll; lunch: hamburgers, fries, coleslaw.

Colby Public Schools

Activities: **Monday:** 7:30 p.m. district music concert, community building. **Tuesday:** 2 p.m. and 7 p.m. fifth grade music program, grade school auditorium. **Wednesday:** 5:30 p.m. high school site council, conference room. **Thursday:** end of first quarter; 7 p.m. varsity football, Russell. **Friday:** no school; eligibility for activities determined; 1 to 3:29 p.m. Colby Middle School Carnival, Middle School gym; 8 a.m. debate, Garden City; varsity volleyball, state competition, Salina. **Saturday:** 8 a.m. debate, Garden City; 9 a.m. varsity cross country, state competition, Wamego; 10 a.m. middle school wrestling, Goodland tournament, varsity volleyball state competition, Salina.

Menus: **Monday:** breakfast: sausage patty, cinnamon toast, orange juice; lunch: mighty ribs, seasoned potatoes, celery sticks, corn, mixed fruit. **Tuesday:** breakfast: Belgian waffle sticks, grape juice; lunch: taco pie, refried beans, hot roll, orange quarter. **Wednesday:** lunch: chicken patty on bun, tater tots, macaroni salad, baked beans, pineapple chunks. **Thursday:** breakfast: French toast sticks, grape juice; lunch: wafers ham on bun, chips, carrots, cookie, apple.

Golden Plains

Activities: **Monday:** no school; 1 p.m. teacher inservice/parent teacher conferences. **Tuesday:** 10 a.m. middle school volleyball, Freedom League, Sharon Springs. **Wednesday:** middle school gifted

seminar. **Thursday:** 7 p.m. high school football vs. Logan. **Friday:** no school; high school volleyball state, Fort Hays State University. **Saturday:** high school volleyball state, Fort Hays.

Menus: **Rexford:** **Tuesday:** breakfast: breakfast combo; lunch: ticerato. **Wednesday:** breakfast: pancake and sausage; lunch: chili. **Thursday:** breakfast: bagels; lunch: popcorn chicken.

Selden: **Tuesday:** breakfast: French toast; lunch: beef fritter. **Wednesday:** breakfast: biscuit and gravy; lunch: pizza. **Thursday:** breakfast: donut; lunch: barbecue meatballs.

Heartland

Activities: **Thursday:** end of first quarter. **Friday:** no school; 11 a.m. volleyball Kansas Christian Activities Association state, Wichita. **Sunday:** daylight savings time starts, 4 p.m. fall festival.

Sacred Heart

Activities: **Thursday:** end of first quarter. **Friday:** no school, staff work day.

Menus: **Monday:** barbecue grill bites, peas, pear slices, roll. **Tuesday:** lasagna, green beans, fruit mix, French bread. **Wednesday:** chicken nuggets, mashed potatoes, gravy, strawberries, whole wheat roll. **Thursday:** goulash, applesauce, peas, bread sticks, cupcakes.

Triplains

Activities: **Monday:** 4 p.m. high school football, Brewster; junior high softball, Greeley County. **Tuesday:** parent teacher conferences; high school football, Winona; 10 a.m. junior high volleyball, Freedom League, Wallace County. **Wednesday:** high school football, Brewster; 9 a.m. schedule star inservice, Oakley; 4 p.m. junior high cheer practice. **Thursday:** 2:45 p.m. KAY club Halloween party, kindergarten to fourth grade; 7 p.m. high school football, Cheylin. **Friday:** no school; state volleyball, Hays. **Saturday:** state volleyball, Hays.

Is your school missing from this list? Send us your calendar and menus. E-mail: colby.society@nwksociety.com (text files are appreciated) Mail: Colby Free Press, 155 W. Fifth, Colby, Kan., 67701.

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