

School Activities and Menus

Colby Public Schools
Activities: Monday: baseball, softball, track, boys golf, boys tennis begin practice; boys varsity basketball sub-state, Colby. **Tuesday:** lunch money due, no college classes; girls varsity basketball sub-state, Colby. **Wednesday:** 8 a.m. FFA Ag mechanics spring meeting, Goodland; noon - grade school parent-teacher organization; 7 p.m. high school all-sports booster club, high school. **Thursday:** boys basketball sub-state, Colby. **Friday:** ACT registration deadline for April 9 test; forensics, Silver Lake; girls basketball sub-state, Colby. **Saturday:** junior varsity forensics, Ellis; boys basketball sub-state, Colby; girls basketball sub-state, Colby.

Menus: Monday: breakfast: biscuit, sausage, peach slices; taco, rice pilaf, shredded lettuce, corn, hot roll, pear.

Sacred Heart
Activities: Sunday: 11 a.m. carnival. **Monday:** lunch money due. **Thursday:** social studies fair. **Friday:** 9:15 a.m. Kids Savings Club; social studies fair.

Menus: Monday: burritos, lettuce, tomato, cheese, corn, kiwi, biscuit. **Tuesday:** club sandwich, green beans, pineapple, chocolate chip cookie. **Wednesday:** chicken fried steak, mashed potatoes, gravy, corn, peach slices. **Thursday:** potato bar, chili, broccoli, cheese, sour cream, bacon, apricots. **Friday:** cheeseburgers, French fries, fresh carrots apple.

Heartland
Activities: Tuesday: 7 p.m. board meeting. **Friday:** ACT Registration due for April test date.

Golden Plains
Activities: Monday: 7 p.m. sub-state basketball, girls vs. Northern Valley, Rexford. **Wednesday:** Read Across America Day/Dr. Seuss' Birthday. **Thursday:** sub-state basketball. **Friday:** sub-state basketball; end third quarter. **Saturday:** sub-state basketball.

Menus: Rexford: Monday: breakfast: pizza bobs; lunch: corn dogs. **Tuesday:** breakfast: breakfast burrito; lunch: Frito pie. **Wednesday:** breakfast: pancake, sausage; lunch: pizza. **Thursday:** breakfast: bagels; lunch: chicken tenders. **Friday:** breakfast: monkey bread; lunch: taco salad.

Selden: Monday: breakfast: burrito; lunch: hamburger.
Brewster
Activities: Monday: high school basketball sub-state. **Thursday:** end of third quarter; half day of school; half work day for teachers; high school basketball sub-state. **Friday:** high school basketball sub-state. **Saturday:** high school basketball sub-state.

Menus: Monday: breakfast: breakfast sundae; lunch: spaghetti and meat sauce, green beans, baby carrots, mandarin oranges, pineapple, bread sticks. **Tuesday:** breakfast: cinnamon roll; lunch: chicken patty sandwich, tater tots, baked beans, applesauce, apple. **Wednesday:** breakfast: pancakes and sausage; lunch: country-style beef patty, mashed potatoes, gravy, cheesy green beans, strawberries, bananas. **Thursday:** breakfast: breakfast pizza; lunch: smothered burrito, veggie sticks, pears, mixed fruit. **Friday:** breakfast: scrambled eggs and cheese;

lunch: hot dog on a bun, macaroni and cheese, peas, baby carrots, apple, orange slices.

Colby Community College
Activities: Saturday: noon - baseball vs. Seward County, Liberal; 7:30 p.m. Western Plains Arts Association Brett Family Show, Oakley High School Auditorium. **Sunday:** International Polar Bear Day; noon - baseball vs. Seward County, Liberal; 2 p.m. (Central Time) softball vs. Otero Junior College, LaJunta, Colo. **Monday:** 7 to 8 p.m. prom dress sale, First Presbyterian Church. **Tuesday:** Student Support Services school visit, Fort Hays State University. **Wednesday:** Great West Activities Conference Middle School Music Contest, Cultural Arts Center and Student Union; noon - baseball vs. Otero, college baseball field. **Thursday:** 7 p.m. Zumba Class, Cultural Arts Center. **Friday:** Student Support Services school visit, Kansas Wesleyan University; Rodeo, Garden City. **Saturday:** 9 a.m. to 3 p.m. Fishing Seminar, Bedker, Room 705; Rodeo, Garden City; softball vs. Cloud County, Concordia. **Sunday:** 1 p.m. baseball vs. Brown Mackie, Salina; softball vs. Cloud County, Concordia; rodeo team, Garden City. **Monday:** 6:30 p.m. Storm Spotter session, basement of Community Building; 7:30 p.m. Western Plains Arts Association "Music Man," Oakley High School Auditorium.

Send us your calendar and menus. E-mail colby.society@nwkans.com or mail Colby Free Press, 155 W. Fifth, Colby, Kan.,

Leaders learn to teach ag

Kansas Farm Bureau and the Kansas Foundation for Agriculture in the Classroom held a "Be Ag-Wise" workshop Saturday in Colby, featuring agriculture-based, hands-on learning labs, resource materials, idea sharing, networking and practice for presentation skills.

The workshop was for agriculture educators, including Extension leaders, county Farm Bureau agricultural education volunteers, Conservation District managers, agricultural educators, youth presenters and teachers.

The theme focused on best management practices for animals and land.

"This workshop uses hands-on lesson plans that introduce students to the concept farmers and ranchers are caretakers of animals and the environment," said Cathy Musick, foundation executive director.



KANSAS FARM BUREAU
 Students at a "Be Ag-Wise" training session did the "biofuel blast" activity Saturday. More than 20 people attended the session at the Community Building.

Senior Progress Center

Tuesday there will be blood pressure checks at the Senior Progress Center, as well as a board meeting.

Activities for the week: **Monday:** 10:30 a.m. Rummikub. **Tuesday:** 10 a.m. exercise; 11 a.m. health department; board meeting. **Wednesday:** cookie day. **Thursday:** 10 a.m. exercise; 10:30 a.m. pinochle game. **Friday:** 10 a.m. exercise; 10:30 a.m. Wii game.

Menus for the week: **Monday:** ham, sweet potatoes, corn, Ambrosia fruit salad. **Tuesday:** slop-

py joes, potato salad, baked beans, applesauce. **Wednesday:** mom's turkey casserole, Italian blend vegetables, strawberries, cookie. **Thursday:** smothered steak, scalloped potatoes, green beans, gelatin with fruit. **Friday:** Spanish rice with hamburger, broccoli salad,

cook's choice fruit, pudding. The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Make reservations at (784) 460-2901 by noon the day before.

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