

Family

Deaths

Ila Lee Wieland

Ila Lee Wieland, 88, a Colby homemaker, died Wednesday, May 18, 2011, at Citizens Medical Center in Colby.

She was born March 16, 1923, in Gem, the daughter of Cline and Iva (Flood) Curtiss.

On March 7, 1946, she married John Wieland in Colby.

She was a member of PEO, Eastern Star and the First Presbyterian Church.

Survivors include her husband of Colby; two sons, Scott (Cathy) Wieland and Denis (Diana) Wie-

land, all of Colby; a daughter, Gera Lou (Wayne) Woofter, Hays; nine grandchildren; and 15 great-grandchildren.

Services will be at 10:30 a.m. Saturday, May 21, 2011, at Harrison Chapel in Colby, with burial in Beulah Cemetery.

Visitations will be from 2 to 8 p.m. Friday at the funeral chapel.

The family suggests memorials to the church in care of any Colby bank or the funeral home, Box 634, Colby, Kan., 67701.

'Kenny' Denton

Kenneth E. Denton, 60, Monument, father of Austin Denton of Colby, died Tuesday, May 17, 2011, at his home.

He was born April 18, 1951, in Pueblo, Colo., to Thomas and Mary (Reed) Denton.

Survivors also include his wife, Joan Denton, of the home; his father, Cheraw, Colo.; another son, Wayne (Anita) Denton, Oceanside, Calif.; two daughters, Sherri Kuhlman, Oakley; and Rebecca Denton, Monument; two sons-in-law, Todd Kuhlman, Oakley; and Adam Cooper, Colby; two brothers, Don Denton, Colby; James Denton, Fowler, Colo.; three sis-

ters, Barb Topliss, Canon City, Colo.; Sandy Messick, Cheraw; and Evie Smith, Excelsior Springs, Mo.; and seven grandchildren.

There will be a memorial service at 10:30 a.m. Saturday, May 21, 2011 at the Monument School Gym, with inurnment in Monument Township Cemetery at a later date.

No visitation. Cremation.

The family suggests memorials to the Norman Yardley Cancer Fund, Hospice Services or the American Cancer Society, in care of Kennedy-Koster Funeral Home, Box 221, Oakley, Kan., 67748.

Valerie Gail Siruta

Valerie Gail Siruta, 57, Wallace, formerly of Levant, died suddenly on Sunday, May 15, 2011, near Russell when she suffered a heart attack on the way home from attending the college graduation in Nebraska of her grandson, McClain Siruta.



Valerie Siruta

She was born June 16, 1953, in Burlington, Colo., the daughter of Bob and Esther (Richards) Young.

After graduating from Burlington High School in 1971, she attended Western State College in Gunnison, Colo., for a year before transferring to the University of Northern Colorado in Greeley, where she earned a bachelor's degree in elementary education in 1975.

She taught in Bethune, Colo., until 1979, when she moved to Burlington to run the Hi-Lo Motel until her marriage to Peter Andrew "Junior" Siruta on Nov. 22, 1986. They lived south of Levant.

She taught junior high in Winona in 1989-1990, worked for a time for Cranston Feeders as a bookkeeper and then worked for the Alcohol and Drug Abuse Council in Colby until her hus-

band's death in 2008.

Her next move took her to Wallace with Rich Rains. She loved life on the ranch; riding the four-wheeler to check cattle with their four dogs running along.

Preceding her in death were her father, her husband, and a stepson, Short Siruta.

Survivors include her mother, of Burlington; a sister, Sheila (David) Johnson, Holyoke, Colo.; partner Rich Rains, Wallace; a stepson, Andy (Marla) Siruta, Jefferson City, Iowa; and two stepgrandsons.

Services were Thursday, May 19, 2011, at the First St. Paul's Lutheran Church in Burlington with Pastor Jeff Hanson officiating and burial in the Fairview Cemetery in Burlington.

The family suggests memorials to the First St. Paul's Lutheran Church Building Fund or to the donor's choice, in care of the Bank of Burlington, 410 14th Street, Burlington, Colo., 80807.

Condolences may be left at www.lovefuneralhomes.com. Love Funeral Home of Burlington is in charge of arrangements.

'Raz' Ginder

Razella Lee "Raz" Ginder, 72, Pratt, former Colby grade school teacher and mother of Ronda (LeRoy) Tibbles of Colby, died Friday, May 6, 2011, at Lakewood Senior Living in Pratt.

She was born March 25, 1939, in Kansas City, Mo., the daughter of Russell and Virginia (Boyd) James. She graduated from Westport High School in Kansas City, Mo., in 1957 and from Central Missouri State in 1961 with a degree in teaching. She also earned a masters in special education from Northwest State University, Alva, Okla.

On July 11, 1973, she married Marvin Lee Ginder in Alva.

She taught at a number of schools during her 25-year career and loved her students. She retired

from Skyline School in Pratt. She was a member of the Pratt Presbyterian Church and belonged to many organizations. She loved quilting, antique collecting, golf, dancing and traveling.

She was preceded in death by her parents and a brother, Johnny James.

Survivors also include her husband, Pratt; a son, Richard (Sandy) Mann Jr., and another daughter, Renee (Charles) Leiker, all of Wichita; a sister, Catherine (Winston) Walden, Cooksville, Tenn.; and two grandchildren.

Services will be held at a later date.

Condolences may be left at www.cornerstoneofwichita.com. Cornerstone of Wichita is in charge of arrangements.

Support Colby's new walking trail; Check out resources about fitness

This week, with graduation and the end of the school year, life seems to be going very fast. The busyness of my life will probably still be there, but I hope that as the days get warmer and longer I will get a chance to take walks and appreciate the flowers and yards of our neighbors.

If you see me walking down your street and gawking at something in your yard it will probably be to see a beautiful flower, statue, cat or dog - you name it.

Speaking of outside, let's remember to take part in the Walking Trail challenge. Many in the Colby community are working on creating a walking trail around the new water park that will open on Friday, May 27. A \$25,000 challenge has been made to the citizens of the area. If we pool our resources and reach financial donations of \$25,000 then Lon Frahm will match that amount. If you'd like to give, please send your donations to the Thomas Community Foundation, 350 S. Range, Suite 14, by May 30.

If you are looking for information on fitness and walking we have just what you need. A fun way to get fresh insight into health, exercise and fitness is to come to the library and check out magazines.

The first is *Fitness* published by Meredith. In the May edition some of the article titles are "Your Best Shape Ever," "How Your Diet Can Protect Your From Skin Cancer," "Life's Biggest Fat Traps," "Express Workout," "Run/Walk Guide" and "You-Only Fitter."

Another magazine we have is *Health* published by Time. The most recent editions are checked out, but this magazine has special feature articles as well as sections for looks, inner beauty, fashion, eating, health and just liking you.

We also have a men's magazine called *Men's Health*, published by Rodale. This magazine is not for the faint of heart; it is serious reading. It has articles that inform readers about exercise, weight lifting, food benefits, personal issues, help with the opposite sex and more.

A fourth magazine is *Natural Health*, published by Weider. The June 2011 edition has articles such as "Better with Age: 40 Ways to Get Healthier and Happier Every Year," "The Power of Hiking: Why It's the Ultimate Mind-body Workout," "Boost Your Fertil-



Melany Wilks
•Library Links

ity Naturally" and "Upgrade Your Salad."

The last health magazine I will discuss is *Prevention*, published by Rodale. The June 2011 issue has an article about how acupuncture helps with swelling and pain. They also have an article that discusses "Eight Lies About Sunscreen," another is "Loving Your Weekends Again." In the middle of this issue are basic exercise instructions and discussion about walking.

Another great way to increase your health is to get out and garden; we have magazines on gardening as well. *Garden Gate*, published by August Home is a wonderful magazine that provides colorful pictures, instructions and information on plants, creating garden spaces and even potted plants. They will also let you know what plants attract butterflies and other wanted insects and birds.

A second gardening magazine is *Mother Earth News*, published by Ogdon. This specializes more on vegetable gardening. It also has recipes for the fresh foods you will be harvesting. The magazine discusses animal husbandry as well. In the April/May 2011 edition are instructions, with illustrations, for building a garden shed. In this edition they also showed a "Clever Shed-to-Coop Conversion" for chickens.

Did you know we have a community garden? The Thomas County Coalition in cooperation with the Kansas State University Extension office has created a community garden space. A non-profit group, organization or individuals working together may apply to work a plot in the community garden. Boy Scouts, Girl Scouts and other youth can volunteer to give time towards the community garden as well. The Thomas County Coalition donated a large amount of fresh vegetables to the Thomas County Genesis Food Bank last year from the garden. If you are interested in volunteering or getting together with others to form a plot, call Regional Prevention Center at 460-8177 for information.

Remember Tuesday and Wednesday the library will have sign-ups for summer reading, Novel Destinations Reading Game. This year's theme is "One World, Many Stories." On those two days we will debut the new Early Literacy Station computers purchased through a grant given by the Pete Henry Foundation. These computers are especially for children between 2 and 10 years old.

Also, remember to come and get your new patron library card. See you in the library!

National Home prayer was offered and the meeting was closed with ritual prayer. The next meeting will be at 5 p.m., Wednesday, June 8, at the Post home.

Veterans of Foreign Wars Auxiliary

Ladies Auxiliary to the Veterans of Foreign Wars met Wednesday, May 11, with President Anita Theil presiding.

The meeting opened with a prayer followed by patriotic instructions and flag salute. Prisoner of War/Missing in Actions prayer was offered and special prayer for hospitalized veterans and women veterans was said.

A membership application for Peggy Stupka was read.

Minutes were read and approved and the treasurer's report was read and bills were allowed for payment.

Correspondence included letters

from the City of Colby, the Colby theater and Linda Marshall.

The poppy chairman will take poppies to the nursing homes for Memorial Day.

The hospital chairman reported that 25 cover-up bibs were made for the Winfield Veterans Home and clothes were purchased for homeless veterans in Wichita.

Membership chairman reported 11 letters were sent to members for unpaid dues with one response.

Publicity chairman reported the April meeting item in the *Colby Free Press*.

Donations were made to the Colby Cinema for kids' free shows, to

Relay for Life and to Veterans' Golden Age games in Hawaii.

Rosalie Seemann was elected as patriotic instructor.

The Memorial Day service was discussed and plans were made to participate with the Post.

Markets

Quotes as of close of previous business day

Hi-Plains Co-op	
Wheat (bushel)	\$8.23
Corn (bushel)	\$6.81
Milo (hundredweight)	\$11.69
Soybeans (bushel)	\$12.46

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.



Will be CLOSED Saturday, May 21st
for a private function.

Sorry for any inconvenience!

Colby grad wins scholarship

Kathryn Ostmeyer, Colby High School, has been awarded a scholarship by Washburn University. Students who were able to attend were recognized for their achievements at a recent banquet.

The academic scholarship she received requires a 23 on the ACT test, a 3.25 grade average and full-time enrollment. The scholarships are renewable.

HAPPY BIRTHDAY!

Leland Kindler

The family of Leland Kindler plans to have a card shower for his 90th birthday on

Tuesday, May 24, 2011

Please send cards to:
Leland Kindler • 565 Austin Ave. • Colby, KS 67701

The City is **NOW** accepting applications for the following position:

Water Distribution / Wastewater Collection Assistant Superintendent.

- Working supervisory position operating in field with crew.
- 3+ yrs of water distribution, sewer collection system maintenance and construction experience is required.
- H.S. diploma/GED required. Franklin County, Kansas residency within 1 year of employment required.

Complete on-line application at: www.HRePartners.com.
For more information e-mail humanresources@ottawaks.gov.
The City of Ottawa is an Equal Opportunity Employer.
National Playful City USA Designation

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CRONISTER & CO.
RETIREMENT INTERNET AUCTION

Bidding starts to close Wed., May 25 at 10 a.m. CDT

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Summer Reading at the PIONEER MEMORIAL LIBRARY

- **Novel Destinations** (Reading Game) May 24th - July 1st (sign up required)
- **Storytime and Activities** June 6th - July 14th (no sign up required)

Special Events Too!

AWESome Tech Fair

New - Early Literacy Stations!!! • May 24th & 25th
Come experience the new Early Literacy Computer Stations for children provided by the Pete Henry Foundation. We will be demonstrating them to parents and children during reading game sign-up.

Go to www.colbylibrary.com
or phone: 785-460-4470
Stop by 375 W. 4th for more information

Women & Leadership Getting Results



Online 3 Credit Hour Class
May 23, 2011 - June 24, 2011

Learn leadership skills and their practical development and application in the business world.

Instructors: Barry Kaaz and Lindsey Bennett

Contact: Barry Kaaz
(785) 460-5429 or 462-5411
barry.kaaz@colbycc.edu



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