## Baby Blues • Rick Kirkman & Jerry Scott



# Beetle Bailey • Mort Walker



#### **Blondie •** Chic Young







I SEWED!

### **Hagar the Horrible** • Chris Browne



**Mother Goose and Grimm •** Mike Peters



# Sally Forth • Greg Howard





## **Todd the Dinosaur** • Patrick Roberts



**Zits** • Jim Borgman & Jerry Scott













## Dr. Joyce **Brothers**

Ask Dr. Brothers

# Mom gets angry over everything

**Dear Dr. Brothers:** I'm a single mom of two toddlers, and life is getting to me right now. I just had to pick up extra overnight shifts at my job, and I'm so tired and cranky at home I feel like I can't deal with my kids. I have a neighbor who helps, but I still find myself getting angry at the kids over little things like dropping their cereal or complaining at bedtime. How can I control these outbursts while I'm so overworked? - M.D.

Dear M.D.: It's great you've recognized that you're having trouble controlling your anger, and the source isn't your kids but the stressors in your life. Now, the key is remembering that at the critical times when you're about to blow up. It sounds like you're good at figuring out which behaviors are just nuisances and which deserve more serious punishment, but you're having trouble sticking to those differences. It can help simply to repeat to yourself over and over again, when one of these annoyances happens, some short mantra like "accidents happen," or "I'm mad at the mess, not at my child." By focusing on statements that actually do reflect how you feel when you're more cool-headed, you can put a lid on your anger.

You want to make sure you express your displeasure in your child's actions even when it's small things, but make sure you don't let your anger escalate. Often when parents get angry at their kids, they get even more angry at themselves for losing control, and that only perpetuates the anger cycle. Try to stop beating yourself up, and use this motivation to act positively next time your kids smear paint all over the walls.

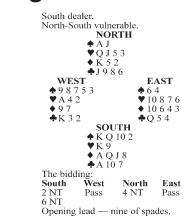
Dear Dr. Brothers: My son hates getting dressed. He's 3 and realizing he can have a say in dressing. He wants to wear shorts in the winter and his Superman T-shirt every day, and when we don't agree, he throws a tantrum. We've tried disciplining him and taking a hard line, but it's only getting worse. What can we do to make getting dressed easier on the whole family? – A.H.

**Dear A.H.:** There are lots of tips and tricks that make dressing time more enjoyable for kids, and easier to face for parents. The important thing is giving your son increasing freedom, while making it fun to follow the rules you see as important. And sometimes just letting go of some notions on appropriate dressing can make life a lot easier. After all, why do socks really have to match? Planning ahead also can help when it comes time to get dressed - at the store, choose clothes that are easy to put on a sometimes-resistant kid, and give him some say in what you pick out.

Most kids can dress themselves by about age 4, and start expressing preferences about what to wear as early as 2. In between, you'll have to help him dress. If he wants to wear seasonally inappropriate clothes, put these in storage until the correct season, leaving the available options. You can encourage him to get dressed by dressing together, singing songs about the proper order of dressing, or making it into a peek-a-boo game or story with favorite characters. The main thing is to respect your son's personality while maintaining your authority as the parent and adult.

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## **Bridge** • Steve Becker



# **Bad Bidding Sometimes Pays Off**

In many circles, the range for an opening twonotrump bid is 20 or 21 points. There is no ordinance or statute that compels you to conform to that range - even if you've agreed with partner to play 20-21 points - and if you occasionally yield to temptation and cheat by one point, it will rarely prove fatal. The really big trouble in these cases usually

comes later on. If, for example, you decide to stretch your range by opening two notrump with only 19 points and then bid again when partner merely invites a slam, you are guilty of compounding one felony with another. Most of the time, such excessive zeal will prove costly. However, you might get lucky once in a while, 3:

which is exactly what happened in this deal where South had no extra values (other than two tens) for his two-notrump bid and yet accepted a slam invitation by North. South's play of the hand was much better than

his bidding. Fortunately, he escaped the club lead that would have put him out of commission immediately. Instead, West made the more natural lead of the nine of spades, and South quickly realized that he could not make 12 tricks with routine play. Accordingly, after winning the spade with

dummy's jack, South led the three of hearts and played the nine from his hand after East followed low! When the nine forced West's ace, South had 12 sure tricks consisting of four spades, three hearts, four diamonds and a club. Observe that South would have gone down one against proper defense had he gone up with the

heart tricks to make the slam, and his best shot by far was to finesse the nine at trick two. (c)2011 King Features Syndicate Inc

### Family Circus • Bil Keane



"Stay on the red line, PJ! If you fall off you hafta go back to 'start."

### Conceptis Sudoku • Dave Green

			4		9								
		4				5							
	2		6		8		7						
9 2 7 8 4													
3		7		4		9		6					
6 9 2 1													
		5				2							
			3		5								
Difficul	lty Lev	el ★★	*			-		7/21					

This is a logic-based number placement puzzle.

The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral.

The solution to the last Sudoku puzzle is at right.

1	4	2	3	5	8	6	9	7
6	3	7	9	1	2	5	8	4
8	5	9	4	7	6	2	1	3
4	1	6	7	9	5	3	2	8
7	9	5	2	8	3	1	4	6
3	2	8	6	4	1	7	5	9
2	8	4	1	6	7	9	3	5
9	7	1	5	3	4	8	6	2
5	6	3	8	2	9	4	7	1
Difficu	lty Lev	el **	*					7/3

## Cryptoquip

RGWQS QSHVQ'T "TQTRZQ

TWSQQW" SBBZZRWQ ERT IBSH.

EBHOQS EKB MSQMRSQO

 $K\ V\ T \quad I\ Q\ S\ W \quad U\ Q\ S\ W\ V\ G\ V\ U\ R\ W\ Q\ .$ Yesterday's Cryptoquip: IF YOU PARTOOK OF A HORRID-TASTING CHICKPEA PATTY, I WOULD GUESS YOU ATE AN AWFUL FALAFEL.

Today's Cryptoquip Clue: E equals W

55 Old letter 20 Acapulco

## **Crossword** • Eugene Sheffer

33 Towel

**ACROSS** 

14

1	Macrame		designa-		opener?		gold
	and		tion		Appear	22	Yo-Yo
	origami	34	Post-bath				Ma's
5	Spill		applica-	DC	NWO		instru-
	the		tion	1			ment
	beans	36	Aviate		Romeo	23	Sacred
9	Swine	37	Halt	2	Urban	24	Collection
	home	38	Wild		distur-	25	Meadow
12	Old		West		bance	26	Fine
	Italian		show	3	Horse's	27	Biogra-
	money	40	2009		gait		phy
13	Parks or		Pixar	4	Great	29	Carnival
	Bonheur		movie		cruelty		city
14	Rage	41	Backbone	<b>5</b>	Cheese	30	Kreskin's
15	"Animal	43	Quiver		choice		claim
	House"		contents	6	Journal	35	Inmate
	event	47	Funny	7	Blond	37	Parsley
17	Aviv		guy		shade		servings
	preceder	48	"Sleep	8	Wash in	39	"La
18	Garb		well"		a tub		Toilette"
19	"Monopo-	51	Potsdam	9	Wait		painter
	ly"		pronoun		patiently	40	Coffee
	building	52	Sleeping	10	Gene-		vessel
	Therefore	53	Merri-		alogy	41	Take to
22	"SNL"		ment		chart		the pool
	alumna	54	Bumped	11	Holler	42	Gait
	Oteri		into	16	To and —	43	Finds the
24	Bridge	S	olution tir	ne: 2	25 mins.		sum
	coup	F	ETAL	O L	AVES	44	Look
27	Writer			R E	LEAP		lustfully
	Buscaglia		ERTEB	R A	ORCA	45	Roller
20	Giant	1 = 1	V S I L E	S	LOTHS		coactor

mare, maybe  1 Moray, for one 2 Under the weather  Yesterday's answer 7-21  2 3 4 5 6 7 8 9 10 11  2 11 16 1 19 20	<b>8</b> Giant in a night-			L	A	V	S	I A	R T Y	M	Н	I E	F L Y	  G  O	A	_	46	ter et	
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	2						1	3	T								14		
8 19 20					1	6											17		
	8													19		20			

49 50 king of hearts at trick two. Declarer needed three 52 55