# Baby Blues • Rick Kirkman & Jerry Scott

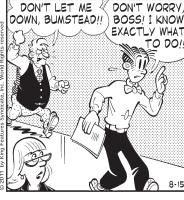


### **Beetle Bailey •** Mort Walker



### Blondie • Chic Young







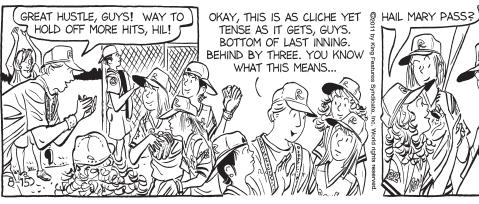
# **Hagar the Horrible** • Chris Browne



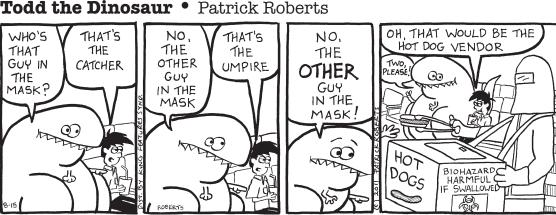
# **Mother Goose and Grimm •** Mike Peters



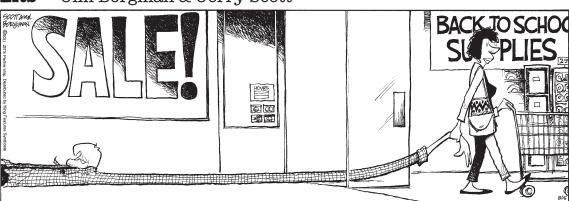
# Sally Forth • Greg Howard







Jim Borgman & Jerry Scott







# Dr. Joyce **Brothers**

Ask Dr. Brothers

# Self-talk psychs husband's work

Dear Dr. Brothers: My 25-year-old husband has this weird habit that I'm concerned about. Whenever he gets ready for an important business meeting, he starts talking to himself. He tells himself he's "in it to win it" as he straightens his tie in front of the mirror, and mutters how he's going to "bring it" over his morning coffee. I teased him about it, but now I'm getting worried. Is he nuts, or what? -D.J.Dear D.J.: No, I seriously doubt he has mental-

health issues if this is the only behavior you think odd. He is indulging in a bit of harmless "selftalk" to motivate him and get his energy where it needs to be in order to succeed in his meeting. Just think of it as a pep talk delivered out loud to himself, and you've got the picture! Teasing is only going to break his stride, so stifle your urge to stifle him! Self-talk is used mostly by athletes with visualization, another technique that lets the athlete focus on proper moves, breathing, techniques, etc. There is no reason self-talk can't be used in business, so if it helps your husband prepare for an important presentation, you can be tolerant and understanding.

A new look at more than 30 previous studies by a sports psychologist revealed that there was indeed a helpful aspect to self-talk in terms of improved performance. When your husband is psyching himself up for competition, he's helping himself focus and boosting his confidence. If it works for him, I say bravo! Athletes have good results with self-talk because it improves their concentration. Something for everyone!

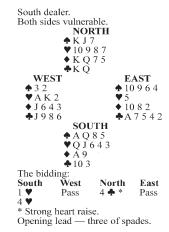
Dear Dr. Brothers: I've recently reconnected with a high-school friend over the Internet. I forgot this excruciatingly annoying habit she had of always trying to outdo anything you say. If you talk about how much you like your house, she'll go on about how big her house is. If you tell her you're reading this great book, she'll tell you she met the author and has a signed copy. I keep my distance, but am curious: What makes a person a

Dear C.W.: That's an interesting question. I would have to say the person who is always bragging, putting down your belongings or accomplishments in favor of hers is a woman with some self-esteem issues. Although she seems to be one of the world's most smug and self-satisfied individuals, it is far more likely she has some basic problems relating to people she doesn't have to impress. If there is no way to show she is superior, she is at a loss as to how to relate. So this is a woman who needs ego-boosting to just live normally. Someone like this might be unpleasant if she doesn't get her way – unless she has done a lot of maturing since school days.

How to handle her? You could keep your distance, as you have been. Or you could get together and delve deeply into her life. If this sounds awful, imagine how excited she would be to spin everything her way. There's a small chance you might catch a glimpse of a person who has fears and disappointments. And that might be worth knowing. Once you break through that facade, anything can happen. Good luck.

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# Bridge • Steve Becker



# **Famous Hand**

On some deals, it appears that the contract is sure to fail because of an unlucky lie of the opposing cards. Today's hand, from the 1988 Spingold Teams, certainly seems to be one of this type.

West leads the three of spades, taken by dummy's king. South plays a trump, and West wins and returns his remaining spade. Declarer leads a second trump to West's ace, East signaling with the club seven. West then plays a club to East's ace, and East's spade return is ruffed by West for down one.

Once West leads a spade initially, it's not easy to see what South can do to prevent this scenario from unfolding. But when all-time great Bill Root was declarer, he managed to get home safely even though the defense functioned perfectly. The early play went exactly according to form,

with Root winning the first spade and leading a trump, and West continuing a spade after taking the heart king. But there the similarity ended. Unwilling to accept his fate without putting up

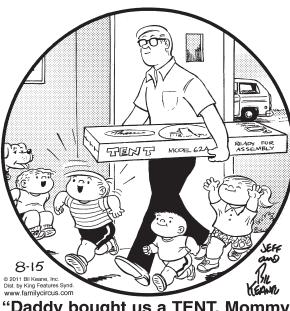
a fight, Root decided to try to do something to thwart the impending spade ruff. So instead of leading a second trump at trick four, he cashed the A-K-Q of diamonds, discarding a club. He then led dummy's seven of diamonds and, when East showed out, discarded his last club on it! This presented West with an unexpected dia-

mond trick in exchange for declarer's club loser. But, more importantly, it robbed East of the entry he needed to give West his spade ruff.

From there on it was easy. West tried to reach East with a club, but Root ruffed and led a trump. West took his ace, and declarer had the rest of the tricks after drawing the last trump. His only losers were two hearts and a diamond.

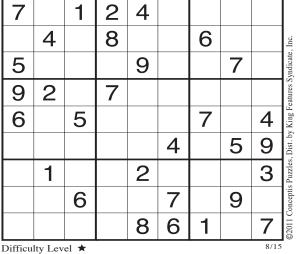
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# Family Circus • Bil Keane



"Daddy bought us a TENT, Mommy! Let's sleep outside tonight!"

### Conceptis Sudoku • Dave Green



This is a logic-based number placement puzzle.

The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral.

The solution to the last Sudoku puzzle is at right.

							07	1.5
5	4	2	9	1	8	6	7	3
9	3	7	6	5	2	4	8	1
1	6	8	4	7	3	9	5	2
6	7	9	5	8	1	3	2	4
2	8	1	3	4	7	5	6	9
3	5	4	2	6	9	7	1	8
7	1	3	8	9	5	2	4	6
8	9	6	7	2	4	1	3	5
4	2	5	1	3	6	8	9	7
Difficu	lty Lev	el **	**					8

### Cryptoquip

M Q D D A E M L G X CGDA OR G

OGZZACTAE IQGU KLUP GC

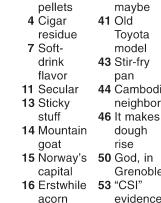
GEEGV QR OEQDLCACU KGECLCT

IXGZUZ: UPA UQQU RAEEV.

**Yesterday's Cryptoquip:** THAT SPELL-CASTING WOMAN IS A CHAMPION CRICKET PLAYER. ONE MIGHT SAY SHE'S A WICKET WITCH.

Today's Cryptoquip Clue: R equals F

# **Crossword** • Eugene Sheffer



Brown's dog 18 Grave robber **20** Red gemstone 22 Pinch

17 Buster

24 Round peg in a square hole 28 3/4 time dances

32 Coast 33 Bakery 39 Mends 60 Female old jeans, sheep 61 Choose mavbe

**ACROSS** 12 Golfers' 19 Taylor or **41** Old **DOWN** Toyota 21 Huge 1 Online 23 Favorite model 25 Tuna or journal

> 2 Wild 44 Cambodia party 3 Missile neighbor shelter 4 Past dough

meccas

Claiborne

carp

28 Skater

**29** Land

30 Shake-

king

fluid

35 Mandible

expanse

forecast

suddenly

49 Campsite

shelter

40 Plaything

42 Skiers'

45 Winter

**47** Car

48 Break

hotel

31 Tree

**27** Ball

26 Not busy

holders

Katarina

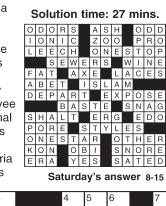
measure

spearean

**5** Fly high 6 Nonsense Grenoble 7 1991 movie for evidence which 55 Ancient Jack

letter Palance 56 Bedouin earned an 57 Republi-Oscar 8 Japanese 38 Vast cans 58 Ollie's sash pal

9 Lower 59 New York limb ball club 10 Hatchet



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	36 Capri is one			P 0	O R	E S T		Y L E	S H E	R	tion <b>51</b> Anger				
,	37 Cafeteria carriers  Saturday's answer 8-15  52 Dine on 54 Gorilla														
	1	2	3			4	5	6		7	8	9	10		
•	11			12		13				14			-		
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	28	29	30				31		32						
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