

Cooking corn can be creative

Welcome to my monthly cooking column, 'Who's Cookin' Now?' I will be sharing my views and news of food and cooking, providing helpful information and appealing, delicious recipes, along with my favorite cooking tips and culinary techniques. As a chef and culinary instructor, I am convinced that cooking is essential to good meals and a healthy lifestyle, and it is my intent to inspire you in the kitchen. Whether you're cooking for two, a large family, or just for dinner guests, I hope to streamline and simplify cooking, making it enjoyably easier via this column.



Chef Alli Winter

• Who's Cookin' Now?

cooking time.

It's important to microwave your corn in the husk – this ensures those kernels will be moist and tender. Once the ears are fully cooked, all that corn silk and the husk will literally "sweep" right off as you pull it away, using your hot pads to handle.

In the Oven. A great way to cook a "boat load" of corn, if you don't mind turning on your oven this time of year.

Lay the ears of corn, in the husks, across a baking sheet. Go ahead and make a couple layers – it works fine. Just remember to rotate the ears from top to bottom, turning each one over as well, half way through the cooking time.

Place the loaded baking sheet into a preheated 350 degree F. oven and cook for 35 to 40 minutes.

On the Grill. This way is the most fun, and definitely the most flavorful due to the delicious smoky charring. No matter which way you grill the corn (in the husk or with it removed) preheat your grill to medium high heat.

• In the husk: Peel the husks back, but leave intact. De-silk each ear by using a clean, moist cloth, gently rubbing the length of each ear. Spread butter over each ear, then pull the husks back up and over. Grill the corn, uncovered, for 25-30 minutes, turning every once in

awhile.

• Out of the husk: Pull away all husks and de-silk each ear as directed above with a damp cloth. Grill for 15-20 minutes or until kernels are nicely charred.

• Better Buttering: My family discovered that placing a big pat of butter on a slice of bread is the way to go. Simply run the ear of corn up and down the bread – works like a charm because the bread holds the butter in place and by the time you've buttered all your ears of corn, that pat of butter is softened and ready to spread.

For added fun this summer, try a flavored butter. Below is one of my all-time favorites – enjoy!

Chef Alli's Lime and Curry Butter

- 1/2 teaspoon chicken base paste
- 1/2 cup unsalted butter
- 1 teaspoon dried dill
- Zest of 1 lime
- 1 tsp. curry powder
- 1/2 teaspoon Kosher salt
- Freshly ground black pepper, to taste

Place all ingredients into a small saucepan over low heat and whisk together as butter melts. Keep warm until corn is ready. Use a good silicone basting brush to slather over your ears of corn.

Now You're Cookin',
Chef Alli

Alli Winter was raised in Topeka and began cooking at age 4, though it was much later when she attended the Personal Chef Institute in Rio Rancho, N.M., where she acquired her certification. Her website is at www.ChefAllis.com.

Shed light on subjects



DEBBIE SCHWANKE/Colby Community College

City Manager Carolyn Armstrong handed out high-efficiency light bulbs and power strips to students at the Community Block Party on Tuesday. The give-away was part of the "Take Charge Challenge."

Colby native graduates

Colby High School graduate Ryan Hale graduated from the University of Northern Colorado in Greeley on Aug. 5 with his second master's degree in applied psychology – counselor education.

He is the son of Roger Hale of Colby. Hale also has a Master of Science degree in sports psychology from Greeley and a Bachelor of Science degree in sports medicine and kinesiology from Kansas State University.

On the Beat

COLBY POLICE

Monday

- 12:40 a.m. – Security check at the college.
- 1:44 a.m. – Security check at Comfort Inn.
- 2:38 a.m. – Security check at 2168 County Rd. Q.
- 8:42 a.m. – Subject came to station about a bad check. Turned over to county attorney.
- 9:47 a.m. – Caller had questions on a protection from abuse order. Provided information.
- 9:48 a.m. – Subject came to station about lost/stolen license tag. Report filed.
- 12:08 p.m. – Criminal damage to property: manager at 770 Dylan Drive called about damage in the lobby. Report filed.
- 2:27 p.m. – Caller reported subject took daughter out of state against civil papers. Spoke to reporting party; civil matter.
- 3:30 p.m. – Accident with fixed object at 775 E. Eighth.
- 7:42 p.m. – Helped motorist at

Country Club Drive and Willow.

- 11:25 p.m. – Alcohol violation: received a call of several subjects drinking at 485 N. Walker.
- 11:44 p.m. – Caller reported large unknown-type dog at large in the 800 block of Cherokee.
- Tuesday**
- 12:23 p.m. – Manager caller 911 to report subject losing item. Subject still trying to locate it.
- 12:49 p.m. – Caller reported subjects arguing. Report filed, three officers responded.
- 1:49 p.m. – 911 open line, map showed at college. Not found.
- 3:30 p.m. – Sexual offense report filed.
- 4:13 p.m. – Caller reported vehicle parked in the tree row. Spoke with subjects.
- 9:10 p.m. – Report filed for lost tag.

THOMAS COUNTY SHERIFF

Monday

- 9:38 a.m. – Rock thrown through a window at the Shepherd's Staff in Rexford.

1:44 p.m. – Brought juvenile

- from New Frontiers, Oakley, to Thomas County Courthouse.
- 2:53 p.m. – Took inmate to Norton county Sheriff's Office.
- 2:53 p.m. – Caller reported tire came off trailer, struck a truck approximately 1 1/2 miles west of Rexford on U.S. 83.
- 4:07 p.m. – Report filed on accident with fixed object.
- 9:33 p.m. – Caller reported explosion. Everything OK.
- 9:40 p.m. – Caller requested officer to remove subject. Unable to make contact.
- 11:27 p.m. – Colby Police requested assistance.
- Tuesday**
- 1:22 to 5:21 a.m. – Booked and released 19 prisoners.

11:07 a.m. – Brought two prisoners

- from Rawlins County to the Law Enforcement Center.
- 11:25 a.m. – Removed tree branches from road on east U.S. 24.
- 12:49 p.m. – Helped Colby Police with domestic call.
- 1:02 p.m. – Brought prisoner from Larned State Hospital to the Law Enforcement Center.

Markets

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Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

UPCOMING EVENTS in Kansas

- Brought to you in part by Kansas Department of Wildlife, Parks & Tourism
- Lawrence Busker Festival**
August 19-21, Lawrence
Witness crazy and creative acts, oddities, and performances in Historic Downtown Lawrence. Sword Swallowers, Fire Eaters, Aerial Acts & much more! LawrenceBuskerFest.com
 - Yoder Heritage Day**
August 27, Yoder
Pancake feed, parade, kid's peddle pull, buggy races, quilt auction, children's games, live music, antique tractor pull - AND MORE! yoderkansas.com
 - 115th Annual Labor Day Celebration**
September 2-5, Hoisington
Fun events for the entire family. BBQ, kid races, car show & parade. 28th Annual KS State Demo Derby & Dance. (620) 653-4311, hoisingtonkansas.com
 - Autumn & Art at Bradley Fair**
September 16-18, Wichita
A juried visual arts show with artists from across the U.S. Enjoy art from a variety of mediums. Hands-on children's art activities, food & music. (877) 934-3378, autumnandart.com
 - McPherson Scottish Festival**
September 23-25, McPherson
Lakeside Park
Pipes & drums, dance, athletes, clans. (620) 241-8507, macfestival.org
 - Wagonmasters Chili Cook-Off**
September 24, Wichita
Public tasting, hot music and activities. State sanctioned ICS event.
Fun for everyone!
(316) 264-6005, wagonmasterschili.com
 - Kansas 150 Festival**
October 8, Wichita
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