### 'We've got spirit, yes we do...



Cheerleading squads practiced a cheer that the Universal practiced different stunts within their own squads that were as-Cheerleaders Association staff taught them at the spirit spread- signed by staff, and learned a dance er Thursday in the Colby High School gym. The squads also

## Heartland volleyball wins two of three, prepares for quad at Community Building

By Melissa Regier

Head Coach of the Heartland Volleyball Team

On Tuesday, the Heartland Christian School volleyball team traveled to Grainfield for a Varsity quad with Cheylin, Triplains/ Brewster and Grinnell/Wheat-

The day began with a win in 3 sets over Cheylin. Our serving percentage was up to 80 again in the first set with Brittany Bear serving 5/5 and Cayla Carter serving 2/2. Our passing percentage was up significantly from the tournament on Saturday at 81 percent.

73 percent it was enough to get the first set 25-20. The second set proved to be one of those where everything went right on the opposite side of the net and although we served very well we could just not get anything going. We lost that set 9-25. We talked between sets about the times on the court and in life when we just have to keep moving even when nothing is going right and then when there is an opportunity to make a change we have a choice to take it or not.

I challenged them to look at this third set as an opportunity and they did. They came out at the top of their game and capitalized on nearly every opportunity. We served at 88 percent with Amy Myers at 7/7 with an ace, Brittany Bear at 6/6, Jade Kruse at 6/6 and Kirsten Bandy 3/3. We passed at 70 percent and dug up 8 balls off the floor. Alexi Regier had 5 of those, Jade had 2 and Abby Russ got one. Kirsten and Jade got the ball to the hitters 87 percent of the time and our hitters capitalized 85 percent of the time with Alexi going 11/12 out of the middle and Jade and Kirsten hitting 5/5 and 3/3, respectively, from the left side. Alexi had 4 blocks and Amy added one giving us a 25-23 win in the end.

The Triplains/Brewster match

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proved to give us our best num- blocking by Wheatland/Grinnell. bers through the day. We served at 90 percent with Brittany Bear Bandy went 4/4. We passed at 76 the middle. Brittany was 7/7 from short losing the set 13-25. the right side and Jade 10/11 from the left. This effort gave us a 25-14, 25-14 win.

In the first set with Wheatland/ Grinnell, who we knew would be the toughest team we saw all We devoted most of our practice day, the girls gave a great effort. on Monday to solving this issue We lost the set 20-25 after gaining and it seemed to pay off all day. momentum and coming back on Kirsten Bandy got the ball to our them. We were in the net a couple hitters and though we only hit at times and the only two serves we missed became momentum killers for us. Amy, Brittany, Cayla, and Kirsten all served 100 percent. Our passing was down a little on the day at 63 percent largely because the ball was coming at a better pace from the other side of the net. Our setters still set well for us but our hitters really struggled to get the ball past the excellent

In the second set our serving was down and we just couldn't get again serving 100 percent. She any runs going. We passed at only was 11/11 with 1 ace and Kirsten 59 percent and only managed to set 11 times so our hitters didn't percent with 4 digs. Our setters get much opportunity to swing. were on 94 percent of the time Jade was able to go 5/5 from the with Jade at 6/6 and Kirsten at left side position. Alexi contrib-24/25. We hit at 92 percent with uted 3 blocks and Kirsten contrib-Alexi at 10/11 and Amy 3/3 out of uted one as well. We just came up

We have some things to work on team is 5-3 to date.

before our home quad at the Community Building Tuesday, Sept. 6. We'll continue serving and passing drills along with quite a bit of diving after balls. We also need to improve our cover behind our hitters as we dropped several points to Wheatland/Grinnell's blocking. We had several net fouls so we're going to get more picky about that in practice and also try to run some more creative offenses. The

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# Golf tourney to help sports

Northwest Kansas Technical College will be hosting the second annual "Maverick Madness Golf & Texas Hold'em Tournament" on Saturday, Sept. 10. The tournament will be at Sugar Hills Golf

Northwest Tech is excited to efitting Northwest Tech Athletics. Northwest Tech is the first technical college in the state of Kansas to have organized athletic teams; those being wrestling, rodeo, soccer, and golf.

Coach Steve Lampe serves as the Athletic Director and wrestling coach; Lester and Brenda Cress serve as rodeo coaches, Rex

Athletic Director and head soccer coach, Luis Figueroa assistant soccer coach, and Travis Jones as the golf coach. Your support of the Northwest Tech Athletic Teams is deeply appreciated.

The golf tournament will be a announce the tournament ben- four-person scramble, shotgun start at 8 a.m. Mountain Time.

> Texas Hold'em Poker Tournament will start at 2 p.m. Mountain Time inside the clubhouse.

> They are still needing hole sponsors, so feel free to register online at www.nwktc.edu.

Come out and meet the Mavericks Athletic Teams on Sept. 10.

## Soccer team makes history

Northwest Kansas Technical Rex Branum. College men's soccer team made a historical voyage Aug. 21 to Dodge City where the Mavericks scrimmaged the Conquistadors.

Northwest Tech had its first greater. The Mavericks took home a victory 2-0. The halftime score the early second half.

but it appeared that our team was website at www.nwktc.edu or call superior in condition," said Coach 1-800-316-4127.

The historic first goal was scored by Valdemar Neto, from Brazil. The second goal was scored by Lucas Procopio also from Brazil.

"While it was a scrimmage, it game in the history of the college, was a good indication that we will and the results could not have been have a successful season," Bra-

Northwest Tech would like to was 0-0, and Northwest Tech wish the Mavericks the best of came back and scored 2 goals in luck this season. For information on the Maverick Athletic teams 'This was a very physical game, and schedules, please visit our



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