## Family

# Booked for Lunch starts off big, focuses on creating community

Wednesday we had our first Booked for Lunch for the season. We had a packed house.

Lon Frahm spoke on the book "Survival of Rural America: Small Victories and Bitter Harvests," by Richard E. Wood.

He did a great review, explaining the definition of a purple cow. This is a unique aspect of a business or community that we can make into something that is a money maker or industry for the area. He challenged us to find our purple cow or cows and build upon them.

Frahm wants us to focus on encouraging those who stay in the community to continue their education locally or in fields that can bring the next generation back to jobs and professions so that the adults can support their families adequately.

The highlight for me was Frahm pointing out that the book demonstrated to him that we need to work together to create our community. He challenged the audience to put aside jealousies and differences that would keep us from seeing each other become successful in our businesses and community endeavors. Frahm thinks this is what will make us successful in the Colby area.

Good Times and Bad: Strengthening Your Relationship When the



Going Gets Tough and the Money and Melisa Neuman. The authors are a married couple. Gary is a family therapist but he writes on personal experiences as well as those of others. They tell you the intimate details of their early marriage and some of the challenges. This book talks, not about failure, but about choices to save a relationship through determined grit instead of walking away and al-This therapist wants us to consider channeling the pain for good.

Another non-fiction book we just placed on our shelves is "Clutch: Why Some People Excel Under Pressure and Others Don't," by Paul Sullivan. Sullivan describes what a clutch event in a person's life looks like. He then gives us esting read.

What Separates Successful Business Visionaries from the Rest of Asked Interview Questions," (sec-Us," by Erik Calonius. The author begins by talking about extremely successful entrepreneurs and musing about how they made it to their level of expertise. He shares with the reader that visionaries have four essential factors that affect Gets Tight," by M. Gary Neuman their ability: intuition, courage, emotional intelligence and luck. One important chapter is titled "When Genius Fails." This book has notes, a bibliography and an index

A personal development book we just added to the shelf is "Game On: Find Your Purpose - Pursue Your Dream," by Emmitt Smith. Smith is a Hall of Fame running back and has also been a chamlowing the pain merely engulf you. pion and participant with Dancing with the Stars. It looks like this book will be about more than his fame as a football player, a way to inspire others to dream and become. Chapter 10 may sum it up: "Be the Blessing You Seek."

Other books we are adding are "Between a Rock and a Hot Place: Why Fifty Is Not the New Thirty," information on why people choke. by Tracey Jackson; "Share This!: Here again, an author shares life How You Will Change the World experiences of individuals as well with Social Networking," by A good non-fiction book is "In as businesses. It will be an inter- Deanna Zandt; "The Start Your Own Business Bible: 501 New Another new item on business Ventures You Can Launch Today,'

principles is "Ten Steps Ahead: by Richard J. Walsh; and "Best Answers to the 201 Most Frequently ond edition), by Matthew DeLuca and Nanette DeLuca.

September is Library Card Month. To celebrate, we are giving the first 100 high school students who come in and update their library account or get a new library card (parents need to sign for any first time applicants) a gift certificate for a free dessert item from the Colby McDonald's, such as free ice cream cone, sundae, pie or cookie. This is only for September and to the first 100. So, the early bird gets the dessert!

Any other person signing up for a new library card or renewing their account will be entered in a drawing for a free special ice cream dessert, drawn the first of October.

Remember that Story Time starts Tuesday for preschoolers and Wednesday for toddlers. Both begin at 10:15 a.m. We also have Story Time for families of children that begins at 7 p.m. Tuesday.

The library is now open longer hours under our winter schedule: 9 a.m. to 8 p.m. Monday through Thursday, 9 to 5 p.m. Friday, 9 to 4 p.m. Saturday and 1 to 4 p.m. Sunday.

See you in the library!

### Fort Hays State releases program plans for year

Here are some highlights from the Fort Hays in John Patrick Shanley's romantic comedy. State University's Department of Music and Theatre program for the season.

noted, are at 7:30 p.m.

Fort Hays' Theatre will present "Italian American Reconciliation" from Thursday, Sept. 29. to Saturday, Oct. 1, and at 2:30 p.m. Sunday, Oct. 2, in the Felten-Start Theatre in Malloy Hall. Surrounded by round tables littered with empty bottles, half-drunk glasses of red wine, used napkins and leftover balloons, the five characters in "Italian American Reconciliation" wrestle with interpersonal doubts 8, at Beach/Schmidt. Founded in 1964, the

The Hays Symphony Orchestra, featuring

guest cellist Dr. David Littrell, professor of All performances, except where otherwise music at Kansas State University, is Saturday, Oct. 29, at the Beach/Schmidt Performing Arts Center in Sheridan Hall.

Dr. Pasha Sabouri from Concordia College Music Academy in Austin, Texas, will play violin on Tuesday, Nov. 1, at Palmer Recital Hall in Malloy Hall. Sabouri has been a soloist for the opening of the Edinburg Festival in Scotland.

St. Louis Brass will play on Tuesday, Nov.

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Fort Hays' Music Theatre will present the Broadway musical "Guys and Dolls" from Thursday to Saturday, Nov. 17 to 19, and at 2:30 p.m. on Sunday, Nov. 20, in Felten-Start.

Tubist Eric Fritz will perform in Palmer Hall Tuesday, Jan. 31. A Hutchinson native, Fritz received an undergraduate degree in tuba performance from the University of Southern California and a master's from the Juilliard School of dance, drama and music in New York City.

### Farmers encouraged to get a conservation plan

The state conservationist is en- or ranch operational goals. couraging farmers to get a conservation plan for their land before applying for financial assistance.

"Get a conservation plan," says Eric B. Banks, state conservationist for the U.S. Department of Agriculture Natural Resources Conservation Service in Kansas.

plying conservation practices.

"And, of course with the producer's input, NRCS will develop nation of a nine-step process used the plan for him or her for free." said Banks. "This is not some- consultation with the farmer or thing new. Conservation planning rancher. The plan may address free of charge. is what the agency has done for a single resource concern or any over 75 years. "However, newer producers and others may not be aware of this looked at as a historical record valuable free service available of what has taken place on your to them. They just need to do it. farm or ranch as well as a guide. Call or go into their local county USDA Service Center to take advantage of this opportunity." The service defines a conservation plan as "a written record of your management decisions and

**CARQUEST** 

**AUTO PARTS** 

OCT. 8

the conservation practices and sys-• Establishes a schedule for ap- tems you plan to use and maintain on your farm." More specifically, a conservation plan is the culmiby the district conservationist in

plan prepared is that it can be used to apply for financial assistance to adopt new conservation practices. When a plan has been developed, it improves the likelihood of the application being approved.

Technical assistance is provided

For information or to schedule

### Send cards for 80th

Maedean Deremer of Shawnee, formerly of Colby, will celebrate her 80th birthday with family on Tuesday, Sept. 13. Her family would



Seeds.

Flanagin.

cards to 6905 Monticello Road, Shawnee, Kan., 66226. Deremer and her husband Herb lived in Colby from 1959 to 1985 before retiring in Shawnee.

win half a hog. The hogs were do-

nated by Hi-Plains Co-Op, Colby

Implement, Dr. Shane Franz, Farm

Implement & Supply, Frontier

Ag Brewster, Frontier Ag Mingo

and Tom Sloan/Golden Harvest

Julie Saddler won an afghan

Many civic groups and vol-

made and donated by Margie

unteers helped to make the hog

roast possible including the Col-

by/Thomas County Chamber of

Commerce, scouters and family

and members of the Colby Ameri-

Kern gave each member a large

a scene on it for display at the

Christmas meeting. Members will

be asked to guess who the artist is

of each feather, after which they

be at 10 a.m. on Tuesday. Marga-

ret Denneler will be hostess and

Ruthie Hughes will have the pro-

gram. Interested persons are wel-

Meadow Lake bridge winners

on Tuesday were Gail Vacca, first;

Sarah Jane Barrett, second; Lyle

Worthy, third; Jean Snyder, fourth;

Joy Davis, fifth; and Larry Barrett,

Bridge Club

– Maxine Nelson, secretary

come to attend.

The next regular meeting will

may take their own work home.

like to invite family M. Deremer and friends to send

# Gem Hog Roast shows big turnout

The Gem Lions Club annual tickets sold for eight chances to hog roast, the evening Aug. 24, was another success.

Held at the Gem Community Building, estimates put attendance between 750 and 800 people.

The night's entertainment included a mix of bluegrass, folk and country music provided by Brandon McLemore, Rusty Helin, Monica Bugbee-Miller, Karla Haggard, Jared Haggard, Madisyn Haggard, Wayne and Millie Lauritsen and Scott Cameron. A horseshoe throwing tournament also took place.

Proceeds from the hog roast members of Boy Scout Troop 140 will go to needed community improvements. They came from can Heritage girls. donations for the meal along with

### **High Plains Art Club**

In addition to the regular meeting of the High Plains Art Club, a feather with instructions to paint workshop was presented by John Scott of Hoxie on Aug. 8 and 9 at the Colby United Methodist Church.

Scott assisted members with painting, drawing and uses of various other media.

Secretary Maxine Nelson gave blessing on a salad luncheon during the Tuesday meeting which was conducted by Bev Kern, copresident.

### Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.



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"It is a beneficial step for you, and it also helps NRCS," he said.

Banks said a conservation plan developed prior to applying through farm bill programs such as the Environmental Quality Incentives Program, the Conservation Stewardship Program, the Wildlife Habitat Incentives Program and others would add points to their application.

"The Fiscal Year 2012 application evaluation cutoff date for EQIP and WHIP funds has been set as Nov. 15," Banks said.

"A conservation plan has so many benefits," said Banks.

• Identifies issues that may result in a resource concern and diminished production.

• Adapts to your changing farm

#### Markets

Quotes as of close of previous business day **Hi-Plains Co-op** Wheat (bushel) \$7.75 Corn (bushel) \$7.43 Milo (hundredweight) \$12.55 Soybeans (bushel) \$13.10



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combination.

The conservation plan may be The timeline and practices to implement as well as methods are spelled out. A plan addresses the installation of new practices and maintenance of existing practices. One of the benefits of having a

a planning appointment, contact your local conservation district staff about your conservation plan. Information is available at www. ks.nrcs.usda.gov.





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fees or costs until your case settles. We practice law only in Arizona, but associate with lawyers throughout the U.S. GOLDBERG & OSBORNE

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featuring the best in bluegrass and acoustic musicians. (620) 221-3250, wvfest.com

Midwest Deutsche Oktoberfest September 17-18, Havs Join in the fun with polka music, presentations, entertainment, activities and German food. Crafts, old-time demonstrations, rides and games! (785) 625-5394, midwestdeutschefest.com

McPherson Scottish Festival September 23-25, McPherson Sixteen venues of family fun, 100 pipers and drummers, Celtic musicians, tossing the caber, Irish and Scottish dance. (620) 241-8507, macfestival.org

Medicine Lodge Peace Treaty Pageant September 23-25, Medicine Lodge Watch history unfold onto the landscape. Parades, craft shows, nightly historical melodrama, Kansas Championship Ranch Rodeo, Long-Horn Cattledrive and more! (620) 886-9815, peacetreaty.org

Cornstock - A.C. Cornfest September 24, Garnett Craig Morgan LIVE in Concert! Storm chaser

Reed Timmer, Pink Heals firetrucks, Lawn Mower Demo Derby & some corny events! (785) 448-6767, accomfest.com

#### Kansas 150 Festival

October 8, Wichita The Sunflower State's Biggest Birthday Bash Ever! Kansas Sunflower Parade, historic reenactors, "Home on the Range" concert and more! Find out more at KS150.org

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