### Baby Blues • Rick Kirkman & Jerry Scott







#### **Blondie •** Chic Young







**Hagar the Horrible** • Chris Browne





#### **Mother Goose and Grimm •** Mike Peters

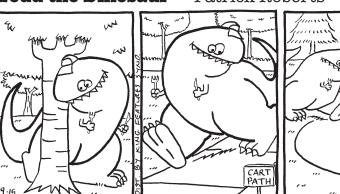


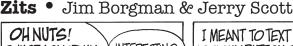
**Sally Forth •** Greg Howard





**Todd the Dinosaur** • Patrick Roberts











HEY, WHERE'S THIS

'DOG LEG" ON THE

GOLF COURSE YOU'VE

BEEN TALKIN' ABOUT?







#### Dr. Joyce **Brothers**

Ask Dr. Brothers

# Daughter fears every animal

**Dear Dr. Brothers:** My 6-year-old daughter is terrified of animals. Whether it's the dog we see on the sidewalk or a bird flying, she screams and tries to run away. She's never had any bad experiences with animals, so I don't know what she's scared of. I've tried explaining there's nothing to fear, but she's still scared. What can I do to help her get over this inexplicable fear? – R.R.

Dear R.R.: As you know by now, it doesn't always take a bad experience with something for us to become scared of it. Attempting to explain to a 6-year-old why there's no rational reason to be scared of a puppy or a goat is futile, since that fear has caught hold. Instead, you need to support her feelings and slowly introduce her to animals in a controlled, unthreatening manner. You might think her fears are unreasonable, but by acknowledging the importance of her emotions, you give her the confidence to face these fears.

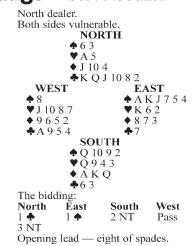
There are plenty of ways you can start to work through your daughter's fear. Having her put herself in the place of the animal - through drawing, reading or playing - can help her understand and feel more powerful the next time she encounters an animal. You also can help her learn about animals from a distance - a museum, zoo or even television or the Internet can help. It's important to instill confidence in your daughter, but also teach her self-comforting skills. Rather than rushing to calm her down, teach her how to calm herself when she confronts something scary. This will give her the ability to stand up to potentially more serious scary situations later in life. In no time, your daughter should at least be able to interact with animals with less fear.

Dear Dr. Brothers: A friend of mine's daughter is showing signs of an eating disorder. She's in her early teens and picky about what she eats. My friend refuses to admit there's anything wrong, claiming that her daughter is healthy and she'll grow out of this stage. Is there anything I can do to persuade my friend to look more closely at her daughter's eating habits? – E.P. Dear E.P.: In this case, it may be difficult to

change anything without first getting through to your friend. If she denies there's anything going on, her daughter can't hope to see the truth. You don't want to scare your friend, but should impress upon her the seriousness of adolescent eating issues. Your friend would be wrong to think it's just a phase or her daughter will grow out of being picky, if she is using "pickiness" as a cover who get into unhealthy eating or exercising habits retain these habits as they move into adulthood.

Early identification and prevention of eating disorders is critical for healthy development and healthy eating throughout life. If your friend can't see there may be something going on and begin to address it now, she may be setting her daughter up for a lifetime of disordered eating. If her daughter is concerned about her weight or health, she needs to be led to healthy options. There may be other underlying issues, and eating disorders are sometimes only one sign of larger problems. (c) 2011 by King Features Syndicate

#### **Bridge** • Steve Becker



#### The Merrimac Coup

It is an essential principle of declarer play that when the outcome is in doubt, you proceed on the assumption that the cards are divided in a way that permits the contract to be made. To play otherwise would be self-defeating.

The same principle applies to defensive play. A defender should not credit declarer with a hand that makes the contract impregnable.

Consider this deal, where East applied the principle very effectively. He won the opening spade lead with the king and returned the king of hearts! From then on, South was fighting a losing bat-

tle. He won with the ace and returned the king of clubs, but West, of course, ducked. This rendered the dummy useless to declarer, and he eventually finished down two.

Now let's assume that East had not led the king of hearts at trick two and had returned a low heart instead. In that case, South would win with the queen, establish dummy's clubs and, with the ace of hearts still in dummy, have no trouble scoring 10 tricks. The spectacular king-of-hearts play has a sound

foundation. East reasons that if declarer has the ace of clubs, the contract cannot be defeated. He therefore assigns that card to West. Once East makes this assumption, it follows

that the only way to neutralize dummy's clubs is to dislodge dummy's side entry. East cannot be absolutely certain that his plan will succeed, but he knows that unless he attacks boldly, his cause

is almost surely lost. Note that South can't thwart East's plan by ducking the first heart. In that case, East simply

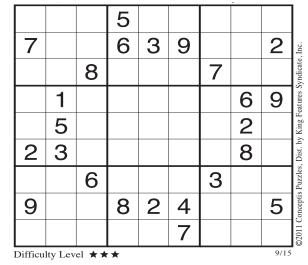
continues hearts to achieve the same result. (c)2011 King Features Syndicate Inc

## Family Circus • Bil Keane



"How does this childproof cap know how old I am?"

#### Conceptis Sudoku • Dave Green



This is a logic-based number placement puzzle.

The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral. The solution to the last

Sudoku puzzle is at right.

6	3	9	7	4	2	1	8	5
4	1	5	8	6	9	2	7	3
2	7	8	5	1	3	9	6	4
7	8	3	6	9	4	5	1	2
1	5	4	3	2	7	8	9	6
9	2	6	1	8	5	3	4	7
3	4	1	9	5	6	7	2	8
8	6	7	2	3	1	4	5	9
5	9	2	4	7	8	6	3	1
Difficulty Level ★★★								

#### Cryptoquip

QP NARR ZL YLNH AH QAOXLDV

LHP LT XQP ZDPFXPOX

for anorexia. According to a recent study, teens XQWZO. QP'O YPTAHAXPRV

XQP XLWZQ LT RPZPHY.

Yesterday's Cryptoquip: IF SOMEBODY LOVES SHAVING HIS HEAD AND GOING BALD, HE MUST REALLY HAVE A HAIR-FREE ATTITUDE.

Today's Cryptoquip Clue: R equals L

DOWN

1 "Oh, woe"

3 "You Bet

Your Life"

4 Workplace

"under the

spreading

chestnut

President

2 Lasso

host

tree" 5 Cushy

6 Expert

7 Past

8 Tenth

9 Some

large

**10** "Here's

11 Brewery

16 Journey

55 Referee's 20 Loudness 41 Kills,

supply

beetles

my ante'

segment

23 Singer

**24** USO

25 Okla-

Guthrie

audience

often

homa

26 Sheriff

Andy

27 Oil cartel

duties

for 24-

Down

37 Camelot

ruler

39 Dangle a

carrot 40 Blonde

shade

"Sopra-

vessel

43 Pinnacle

44 Assess-

ment

45 La Scala

show-

Smith

46 Holler

49 Will

stopper

42 Gravy

nos"-style

35 "Help!"

29 Knock

30 Some

Taylor's

bailiwick

#### **Crossword** • Eugene Sheffer

Umberto

36 Author

	5 Lovers'	37 Venom-
	quarrel	ous
	9 Captain	vipers
	Kirk, to	<b>38</b> Bungle
	pals	<b>40</b> Ess
-	12 Clay-rich	preceder
	soil	41 Not just
-	<b>13</b> Unre-	plump
	strained	<b>43</b> In the
	revelry	wrong
-	14 Actress	direction
	Thurman	47 Support-
•	<b>15</b> Prank	ing
	victim,	48 Mad Tea
	perhaps	Party
-	<b>17</b> Zero	attendee
-	<b>18</b> Two trios	51 Remote
-	<b>19</b> Occur-	<b>52</b> Prune,
	rence	pre-
2	<b>21</b> Symbol	withering
	for	<b>53</b> Elec. co.,
at	mercury	e.g.

ACROSS

1 Weapons

22 Chocolate 54 Pigpen substitute 24 Smelling 27 Rowing need

> 28 Hide in the bushes 31 McKinley's first lady

32 Old televangelism initials

call (Abbr.) 56 Authentic 22 Snag Solution time: 25 mins.

a bit off

33 Space 34 "Simon —"			E L S E O R E R A N T M O S S G O T A L T O  Yesterday's answer 9-15							50 Pirates' potation		
1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15				16						17		
18								19	20			
			21			22	23					
24	25	26			27				28		29	30
31					32					33		
34			35		36				37			
		38		39				40		-		
41	42						43			44	45	46
47				48	49	50						