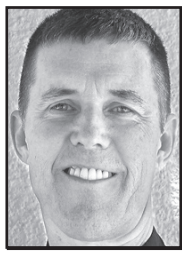


Do you boast about weaknesses?

I will not boast about myself, except about my weaknesses. Even if I should choose to boast, I would not be a fool, because I would be speaking the truth. But I refrain, so no one will think more of me than is warranted by what I do or say.



Robert Alexander
• From the Pulpit

I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses ... for when I am weak, then I am strong (2 Corinthians 5-6, 9b, 10b)

Imagine *Sports Illustrated* doing their annual swimsuit issue with out-of-shape, ugly women. Imagine someone advertising some exercise program using a 95-pound weakling as their main spokesman. Imagine a National Football League team drafting a guy in the first round who was a bench warmer in high school and college.

I'm sure the magazine's subscribers would flood the editors with their anger, the exercise program would not sell and the team would have had some very angry fans. (An NFL team actually drafted a handicapped former football player with their last draft choice of 2011, a very classy move.)

Would you listen to someone who boasted of his weakness? St. Paul boasted of his weakness. Why? Today's counselors would say that anyone who did that probably had a bad self-esteem or a bad relationship with a significant other.

But Paul did not have bad self-esteem. As for a bad relationship with a significant other, many theologians believe that Paul, because he was part of the Sanhedrin that required its members to be married, was divorced. If true, it tells me that he could teach about the importance of marriage not only from his knowledge of Scripture but also from the knowledge of the pain that divorce brings.

Actually Paul had very good self esteem - or better yet, he had Christ-esteem because when he was weak he considered himself strong - strong in the Lord Jesus,

the most important significant other.

We are weaklings. Sin makes us so. Our sinful nature makes us so from our conception and we can't shake it no matter how hard we try. Every day we sin in thoughts, words and deeds. When we confess this and our sins we do it in confidence, that God will forgive us for Christ's sake. He doesn't let us down. Forgiveness through the Lord Jesus Christ makes for strong people.

When it comes to good works, we're weaklings. Isaiah tells us that all our good works are like filthy rags. Our sinful nature taints even the good things we do.

When we confess that our good works, no matter how much the world lauds them, cannot get us God's love and get us into heaven, then we can be confident that God does love us and that heaven is ours through Jesus. We can be strong in Jesus Christ who made that all possible by being weak on the cross from which he showed His mighty over sin, death and the devil in His resurrection.

Through faith Christ lives in us, motivates us and blesses us to do good works that benefit our neighbors and his kingdom. It's a faith relationship that gives us a good esteem, a Christ-esteem.

What weaknesses do you have? Lift them up to the Lord, repenting of the sins and knowing that in Jesus you are forgiven. Then live free knowing that he will use you in this world in very powerful ways. He did it with Paul, he can do it with you. In Christ any weakness can be a strength.

God's blessing forever.

Bob Alexander is pastor of the Trinity Lutheran Church in Colby. He may be contacted at (785) 462-3497 or pastor_bob_o_link@yahoo.



Hollie Porter and Shane Timson

Couple to marry in Overland Park rite

Hollie Porter of Gardner and Shane Timson of Colby plan to marry Saturday, Oct. 1, 2011, at the Overland Park First Assembly of God Church.

The bride is the daughter of John and Ellen Porter of Gardner and grew up in the Kansas City area.

She graduated from Johnson County Community College in 2003 and the University of Kansas in 2005. In 2010 she completed a Master of Science

in education from Mid-America Nazarene University and currently works for Colby Public Schools.

The groom is the son of Tony and Ila Timson of Atwood.

He is a 1998 graduate of Colby Community College in mass communications and is a radio personality for KRDO, KXXX and KGCR.

The couple plans to live in Colby following their wedding.

Tobacco Quitline online

The Kansas Tobacco Quitline recently added an online tobacco cessation counseling service, Web Coach. The online service available at www.QuitNow.net/Kansas provides counseling and support materials based on individuals' readiness to quit tobacco use. The program, which is free to Kansas residents, will help tobacco users create an easy-to-follow quitting plan that will help them prepare, take action and live without tobacco.

Web Coach provides online access to trained cessation coaches by live chat and e-mail. Users will also gain membership to a private, online community where they can complete activities, watch videos and join in discussions with others in the program. Interactive trackers on the Web site measure the money saved and progress made

during the quitting process. Studies have found that using a tobacco Quitline can more than double a person's chances of successfully quitting tobacco.

The Kansas Department of Health and Environment's Tobacco Use Prevention Program manages the Kansas Tobacco Quitline (800) QUIT-NOW or www.QuitNow.net/Kansas.

For additional information on the Kansas Tobacco Use Prevention Program visit www.kdheks.gov/tobacco.

Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Babies

Grant Ellison Tuttle

Grant Ellison Tuttle, son of Eli and Katie Tuttle of Shawnee, was born Thursday, July 28, 2011, at the University of Kansas Hospital in Kansas City, Kan. He weighed 9 pounds, 1.8 ounces and measured 20.6 inches.

Grandparents are Stan and Maradith Molstad of Colby and Genia and the



Grant Tuttle

late Linden Tuttle of Tribune. Great-grandparents are Mary Molstad and Gary and Pat Sloan, all of Colby, Bill and Gerry Tuttle of Tribune and Eugene Courange of Pratt.

Dorothy Sloan of Colby is the baby's great-great-grandmother.

Makynslee Shea Vargas

Makynslee Shea Vargas, daughter of Brena Jones and Homero Vargas of Selden, was born Saturday, Sept. 10, 2011, at Citizens Medical Center in Colby. She weighed 8 pounds, 4 ounces and measured 20 inches.

Sisters Siena and Estella Vargas welcomed the baby home.

Grandparents are Michelle and Dick Snider of Colby, Rick and Kim Jones of Colby and Olga and Domingo Vargas of Selden.

Senior Progress Center

Have fun at the Senior Progress Center Tuesday with a Wii game.

Activities for the week: **Monday:** 10:30 a.m. shuffle board. **Tuesday:** 10 a.m. exercise; 10:30 a.m. Wii game. **Wednesday:** cookies and hot drinks. **Thursday:** 10 a.m. exercise; 10:30 a.m. pinochle. **Friday:** 10 a.m. exercise; 10:30 a.m. pool game.

Menus for the week: **Monday:** hamburger, tater tots, Italian blend vegetables, cottage cheese with fruit. **Tuesday:** chili, five-cup salad, crackers, cinnamon roll. **Wednesday:** oven-fried chicken, mashed potatoes with gravy, green beans, peaches. **Thursday:** cook's

choice entree, hash brown casserole, peas and carrots, gelatin with fruit. **Friday:** lasagna, broccoli/cauliflower salad, cook's choice fruit, garlic bread, pudding.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center. Home delivery is available, as is pick-up service. A contribution of \$3 per meal is suggested for seniors, \$5.25 for others. For anyone under 60, home delivery is \$5.75.

Make reservations at (784) 460-2901 by noon the day before.

Quilting class starts in Logan

The Dane G. Hansen Memorial Museum is holding a seven-week quilting workshop beginning Tuesday, Oct. 4.

Janie Lowry from Stockton will be the instructor. She is known in the area for her quilting expertise.

Classes will be from 6:30 to 9:30 p.m. Tuesdays from Oct. 4 through Nov. 15 in the Hansen Plaza Community Room, 110 West Main in Logan. The first class will be an orientation class.

For information or to register by phone, call (785) 689-4846.

Red Barn

Activities for the week: **Monday:** 2 p.m. Barnswallow's. **Wednesday:** 10 a.m. ladies' Bible study. **Thursday:** 2 p.m. "Come on Down." **Friday:** 9:30 a.m. coffee klatch; 2:30 p.m. "Stitch and Chatter."

Markets

Quotes as of close of previous business day

Hi-Plains Co-op	
Wheat (bushel)	\$7.11
Corn (bushel)	\$6.78
Milo (hundredweight)	\$11.27
Soybeans (bushel)	\$12.28

Snakes put cemetery on hold

QUINCY, Mass. (AP) - Plans to expand a Quincy cemetery are on hold because of snakes.

The city wants to convert about 18 acres of wooded property near Pine Hill Cemetery because it is quickly reaching burial capacity.

But the area is a state-designated habitat for endangered rattlesnakes and copperheads, so the city needs state permission for the expansion.

Reginald Zimmerman, a spokesman for the state Executive Office of Energy and Environmental Affairs, says the snakes have been

sighted in the cemetery within the last 25 years, the legal requirement to establish an area as a protected rare species habitat.

Kristen Powers, director of Quincy's Park and Forestry Department, tells the *Patriot Ledger* (<http://bit.ly/oa3ZFb>) the city will offer another parcel of land as protected rare species habitat in exchange for permission to expand the cemetery.

We want your local news: e-mail to colby.editor@nwkansas.com

Worship in the church of your choice this weekend.

Services Directory

Levant Community Church

Schedule of church services

GATEWAY FELLOWSHIP, 2nd and Sunrise, Oakley. Pastor James Bloom, Sunday Morning Worship and Children's Church 10:15 a.m., Wednesday evening Bible Study and Intercessory Prayer 6:30 p.m. 785-671-4020.

COLBY INDEPENDENT BAPTIST CHURCH, 730 E. 3rd (former Jaycee's building), Pastor Bernard Heinz, 785-460-0313, Sunday School 9:30 a.m.; Sunday Morning Worship 10:30 a.m.; Sunday Evening 6:00 p.m.; Wednesday Evening 7:00 p.m.

ASCENSION-ON-THE-PRAIRIE EPISCOPAL, Rev. Don Martin, College Drive & Wheatridge Rd., 785-462-3041, Holy Eucharist, 9:00 a.m. every Sunday, Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May.

COLLEGE DRIVE ASSEMBLY OF GOD, 245 W. College Dr., Colby. Pastor Steve Todd. Sunday School 9 a.m. for all ages. Worship 10:15 a.m. Kid's Church for Kindergarten-5th grade during Worship Service. Nursery available for kids birth - 5 yrs old. Wednesday night: Family night September - May. Meal served 6 - 6:30 p.m. CD Kidz for kids birth - 5th grade, Youth Group for 6th - 12th graders and Adult Bible Study at 7 p.m. 785-462-8234. cdag@st-tel.net.

BEREAN CHURCH, 1000 S. Franklin, 785-460-2763, www.colbyborean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. and Saturday, 5:30 p.m.. Pastor Mark Carlton, Senior Pastor and Pastor Jason Purdy, Youth Pastor. Middle School Group Wednesday 7 p.m. at the Attic and High School Youth Group Sunday 6 p.m. at the Attic. AWANA Wednesdays at 7 p.m. at the church.

FIRST BAPTIST CHURCH, (Affiliated with American Baptist Churches USA) Rev. Craig Crossman, 615 W. Webster, 785-462-2867. Sunday School: 9:15 a.m.; Family Worship: 10:30 a.m.; RC Club 2nd and 4th Sundays at 2 p.m.

COLLEGE VIEW BAPTIST CHURCH (Affiliated with Southern Baptist), 1185 Wheatridge Rd. at College Drive, 785-460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship Services, 10:45 a.m. Prayer Service at 6:30 p.m. on Wednesday's. Contemporary Evening Service at 4 p.m. through the semester.

PLEASANT HOME CHURCH, Pastor, Perry Baird, 785-728-7380, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m. (MST)

WINONA METHODIST CHURCH, 501 Bellview Ave. Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

MINGO BIBLE CHURCH, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Pastor Tom Peyton. Sunday School: 9:30AM - all ages. Worship Services: 10:45AM. Sunday Evenings 6:30. 3rd Sunday informal fellowship - bring a snack to share! First Sunday of month - carry-in dinner following morning worship.

SACRED HEART CATHOLIC, 785-462-2179, Father Dana Clark, Pastor, Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

FIRST PRESBYTERIAN CHURCH, Rev. Carol Rahn, 515 W. 4th, 785-462-6342, Sunday Worship 11:00 a.m. Podcasts of the worship services are available at the church website colbypres.org.

WESLEYAN CHURCH, 320 W. Pine - 785-462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS, 1145 S. Franklin - 785-460-6605, President Andy Rose, 785-460-6807. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open, 7-9 p.m. Thursdays or by appointment. Call 785-462-3571.

REDEEMING LOVE MINISTRIES, INC., 345 N. Franklin, Dr. W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 9 a.m., Sunday worship, 10 a.m., Wednesday, R.L.M Training Centers (Bible School), 6p.m. Shop online at: www.rlmregionalchurch.com.

COLBY UNITED METHODIST CHURCH, Rev. James Mardock, pastor, 950 S. Franklin, 785-460-6521, Sunday Worship Services at 8:30 and 11:00 a.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. www.colbyumc.org

CHURCH OF CHRIST, Minister, Jarrod Spencer. 510 E. 4th. Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Wednesday, Bible Study 7:00 p.m. www.colbychurch.com

OASIS WORSHIP CENTER, Colby, Pastor J. Curry, 785-462-0913. Sunday Service at 2 p.m.

FIRST CHRISTIAN CHURCH, (Disciples of Christ), Pastor Lyle Knebel, 385 W. 3rd - 785-460-2718, Sunday Morning Worship and Children's Church at 10:00 a.m.

OUR SAVIORS LUTHERAN CHURCH, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.

TRINITY LUTHERAN CHURCH, Rev. Robert Alexander. East 5th & Country Club, 785-462-3497, Services, Sat., 5:30 p.m., Sunday; Sunday School and Adult Bible Class 9:00 a.m.; Services, 10:30 a.m. Visit us at www.trinitycolby.com.

LEVANT COMMUNITY CHURCH, 205 1st St., Pastor Charles Taff, 785-586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.

BREWSTER UNITED METHODIST CHURCH, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.

THE SHEPHERD'S STAFF, REXFORD, Joan Dingworth, Director, 785-687-2565.

REXFORD COMMUNITY CHURCH, Rexford, Pastor Lane Purcell, 785-687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.

BREWSTER COMMUNITY CHURCH, Mike Pinkelman, Pastor, Brewster - 785-694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men's Bible Study, Wed. 7:00 p.m. - Children's Ministries (Royal Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory & Prayer, Tue. 5:00 p.m. - Women's Bible Study.

This feature is sponsored by these business firms as a contribution to the religious life of the community.

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Donald W. Ziegelmeier

July 27, 1936 - September 16, 2010

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