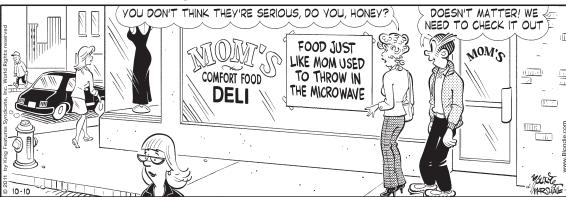
Baby Blues • Rick Kirkman & Jerry Scott



Beetle Bailey • Mort Walker



Blondie • Chic Young



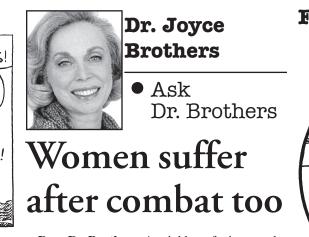
Hagar the Horrible • Chris Browne



Mother Goose and Grimm • Mike Peters



Sally Forth • Greg Howard



Dear Dr. Brothers: A neighbor of mine was deployed in the Middle East and recently returned. She wasn't supposed to be on the front lines, but because of guerilla tactics, she was in combat more than expected. She's suffering from Post-Traumatic Stress Disorder (PTSD) and struggling to work and act normally. I wonder whether this is personal, or based on her gender. Are women more likely than men to experience psychological problems following combat? - T.K.

Dear T.K.: It's terrible that your neighbor is finding it hard to reintegrate into civilian society, but if you investigate, you'll find this is a common problem for military personnel. According to a report in the Journal of Abnormal Psychology, women are no more or less likely to suffer psychological problems after military duty than men. Depression rates also seem about the same. Rates of substance abuse were higher in men possibly reflecting differences in the ability to work through stress and emotional issues.

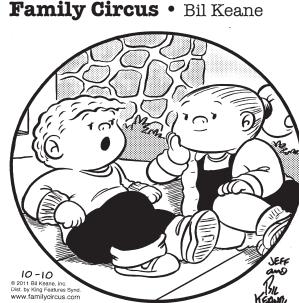
Rather than standing by and speculating on your neighbor's emotional well-being, you can try to help. While you might not be a close friend, you still can welcome her back and let her know you're there to support her. With more women being exposed to combat, it behooves us to determine gender differences that might key us in to different risk factors for them. It also is necessary to know how to tailor our approaches to treating these service people based on their gender.

Dr. Brothers: My family recently was put in the position of having to make a difficult endof-life medical decision on behalf of my elderly mother-in-law. We spent a lot of time talking this over with our doctor, but in the end, the decision was up to us. Since this time, although I know we made the right decision, I can't help feeling guilty. Is there anything we or our doctors could have done, to ease my guilt at this point? - M.T.

Dear M.T.: These decisions are never easy, and if you were able to make them with no negative feelings, that wouldn't necessarily be emotionally healthy. If you're sure you made the right decision, there should be little reason for you to feel guilty. By giving you the final say, your doctor was giving you the knowledge and experience you needed to make an informed decision, empowering you to do what you felt was best. While χ this can feel like it lays the blame on you, it is an effective way to make sure you are convinced that the right action was taken.

A recent study in the Journal of Consumer Re- S search investigated the feelings of people put in a similar situation. This study found that when family members were given the final say in these Rdecisions, they were, like you, confident the right decision had been made, but also experienced more negative emotions surrounding the decision than those whose doctors made the final decision for them. The thing to remember is that you can work through your guilt and grief.

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"I wish today was somebody's birthday. My tummy could really use some cake."

Conceptis Sudoku • Dave Green

		-						
	6	1				5	9	
9				8				4
	5		1		3		8	
		8		6		4		
	4						1	
		2		5		7		
	9		2		5		7	
4				7				1
	2	3				9	4	
	lty Lov							10/1

Difficulty Level 🖈

This is a logic-based number placement puzzle. The goal is to enter a number, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral.

The solution to the last

Sudoku puzzle is at right.

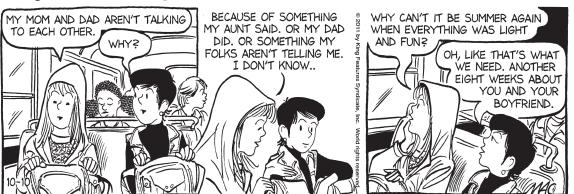
4 9 2 5 6 3 7 | 1 | 8 1 5 8 7 9 2 3 6 4 6 8 1 4 7 9 2 5 3 5 2 9 1 3 8 6 4 7 7 3 4 2 5 6 8 9 1 2 4 7 9 8 5 1 3 6 9 1 3 6 4 7 5 8 2 8 6 5 3 2 1 4 7 9

Cryptoquip

QZFY	FXB	PUXE	М НХ	ТC	E
RRPL JX	FTLS	S P X V F	QZPCE	EZV	S
L I F D Z V S	JX	X C F :	" B I M	J Y	Р
X L H P D F	UP	QZJY	MXT!	"	

Yesterday's Cryptoquip: THE FELLOW WROTE A THICK BOOK ABOUT GAS, OIL AND COAL. ONE MIGHT CALL HIM A MAN OF FUEL WORDS.

Today's Cryptoquip Clue: X equals O



Todd the Dinosaur • Patrick Roberts



Zits • Jim Borgman & Jerry Scott



Bridge • Steve Becker

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West de	aler.				
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♥ A K J 9 8 7 6 5 4 3					
♦ 5 2					
	.				
The hid	-				
The bid			~ -		
West	North	East	South		
5 ♦	Pass	Pass	5 🎔		
Pass	Pass	Pass			
			an an da		
Opening	g lead — a	ce of dial	nonus.		

Famous Hand

This deal occurred during the 1967 European Championship match between Great Britain and Lebanon. When the British held the East-West cards at the first table, the bidding went as shown. West led the ace of diamonds, collecting the seven, six and deuce. West then had to decide what to do next.

The British pair were using standard signaling methods, which meant that East's play of the six 22 at trick one could have been based on either the 24 singleton six or the doubleton 6-5. Understandably, West led the ace of clubs at trick two, hop-28 ing that his partner's play on this trick would guide him to the proper lead at trick three. Unfortunately for Britain, declarer ruffed, drew trumps 32 and claimed 11 tricks for plus 650. A diamond 33 continuation at trick two would have beaten the 34 36 contract.

At the second table, the bidding followed an entirely different course: ~ ...

[*] West	North	East	South
$1 \blacklozenge$	2 🕈	Dble	2 ♥ (!)
3 🎔	Pass	3 🔶	4♥
5 ♦	Dble	Pass	5 🌪
Pass	Pass	Dble	

The British South's two-heart bid, holding 10 virtually certain tricks opposite a partner who had overcalled on the two-level, was a magnificent example of British understatement. However, his strategy was not justly rewarded, as the Lebanese East-West pair cooperated perfectly to defeat five hearts.

West led the jack of spades, and even though declarer played low from dummy, East overtook the jack with the queen. East then returned his singleton diamond to West's ace. This combination of plays left no doubt in West's mind that the six was a singleton, so he led another diamond, and the Lebanese team gained 850 points on the deal.

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Crossword • Eugene Sheffer

ACROSS 1 Ho Chi Minh Trail locale, for short 4 Recede 7 Reveille's opposite 11 Death notice 13 Rocky peak 14 Chills and fever 15 Actress Farmiga 16 Dined 17 TV's "Warrior Princess" 18 Billy Joel song, "The Down- easter —" 20 Main- tained 22 Pen fluid 24 Become more intense 28 Bag inside a football 32 Worship 33 Staffer	J A M B S A B O R T M A N I A A G A M P A M I N E S P L A N E T	stuff 4 Greek vowel 5 This and that 6 Beagle or boxer, e.g. 7 Write-off on your 1040 8 One's years	 Stuffy people? Moreover Madow Small barrel Corn concoction "- Brocko-vich" Adjoining Soak up some rays Lemon's cousin Hebrew month Scepter Morning moisture -tac-toe Tribal emblem NASA scrub Picture of health? Pound of poetry Tress G8 member
34 Deity 36 Alterna- tive to	SANTAN KINLA	T Y L E T A - I M A G E G D I N A R	52 Erstwhile acorn
Windows 37 Intelligent	SLY AP Saturday	E E R A S E /'s answer 10-10	54 "Holy cow!"
1 2 3	4 5	5 6 7	8 9 10
11	12 13	14	-
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18	19 2	20 21	
	22 23	24	25 26 27
28 29 30	3	31 32	
33	34	35 36	
37	38 3	39 40	
41	42	43	
	44 4	46	47 48 49
50 51 52	53	54 55	
56	57	58	
59	60		61