Library has books on cookies, faith for your holiday reading enjoyment

The Pioneer Memorial Library staff wants to wish everyone a very Merry Christmas! We want to remind you to get your items to read, listen to and view early before Christmas. We will be open tonight night until 8 p.m., and then open until 5 p.m. on Friday. We will be closed Saturday, Sunday and Monday.

I am just returning after being out of the office for a day and a half with stomach flu or as my husband told me more correctly, "Gastroenteritis (also known as gastric flu, stomach flu, and stomach virus, although unrelated to influenza... (per Wikipedia)."

Needless to say that holiday goodies have not found their way back to my list of hopes and dreams for the holidays. I'm glad I told you about a recipe book or two last week. However, I can go and see sugar plums and such on display at Santa City in Fike Park. Remember that Santa City is open even on Christmas Eve. If you are looking for a fun activity for yourself, your family or you children, take them to Santa City. It also costs you nothing to enjoy. My husband and I always enjoy going through Santa City. Last year we had the joy of seeing a 3-year-old talk to Santa about his Christmas. We even ate a delicious, decorated sugar cookie.



Library Links

"Martha Stewart's Handmade Holiday Crafts: 225 Inspired Projects for Year-Round Celebrations," by Editors of Martha Stewart Living. What's nice about this book is if you missed using it for Christmas, you can start with New Years and a daily devotional for a person. then use it for each holiday thereafter. I found one craft I think I could make, "felt button covers" for Valentine's day (p. 43). And for the wheat farmers, "harvest sheaf centerpiece" (pp. 234-235).

Actually, many of the crafts and decorations would add elegance and creativity to many holidays. I would like all of you to invite me to your making of them so I tention, it reminded me of a day can watch in awe of your creative

If you are anything like me, I usually enjoy finding a book or two to read during the Christmas a bit introspective and lend themand overcoming.

The only truly holiday book One of his more recent books is who I believed was God, "I see

looks at life and its chaotic events come back to me when I hear or that may happen and just how we can see God in the midst of it all. A second book by Max Lucado is "Max On Life: Answers and Insights to Your Most Important Questions. This book has seven sections: Hope, Hurt, Help, Him/ Her, Home, Haves/Have-nots, and Hereafter. Within each section are short discussions about a question the author has posed. There are a total of 172 discussions to make up the book. This could almost be

Another new book that caught my eye was "The Color of Rain: How Two Families Found Faith, Hope, and Love in the Midst of Tragedy," by Michael Spehn and Gina Spehn. This book is about how two childhood friends find their lives intertwined through tragedy and victory.

When this book came to my atthat I had walked the Golden Gate Bridge in San Francisco. I found myself tired and on the opposite side of the bridge and needing a bathroom. Nearby, I spotted a grey and New Year's holidays that are porta-potty. Inside the porta-potty was a message, "No one sees you selves to issues of faith, struggle crying in the rain." I was struck by this message as I stepped out A favorite author of mine is into this grey misty day, and in the ever-thoughtful Max Lucado. my spirit came a message, from

His Becomes Yours." This book ment within my spirit has often see hopeless statements by others. Like this book, we can find faith, hope and love in our every circumstance, even in the face of death. Because, when we come to these stations in our lives, life is brought to the most basic and fundamental of all meaning and purpose.

Another meaningful book of a life changed in seconds by unimaginable circumstances is "Gabby: A Story of Courage and Hope," by Gabrielle Giffords, Mark Kelly and Jeffrey Zaslow. This book outlines her life since the shooting as told in conversational style by her husband Mark

Remember to bring in your canned foods to pay your fines to the Pioneer Memorial Library. Food for Fines runs until Friday. You can redeem your library fines, by simply filling out a small form available at the front desk; give the items and your slip to the library staff so they can remove any fines you have on your record. Food for Fines does not apply to lost or damaged items. If you have a lost item, please come in and talk to our library staff and solve the problem. We will be donating the food items to Genesis-Thomas County. If you have any questions, please do not hesitate to call us at

See you in the library!

Deaths

Willard Dean Palmgren

Willard Dean Palmgren, 78, a (Fran) Palmgren, Garry (Mar-Levant native, died Thursday, Oct. 20, 2011, at Southwest Medical Center in Liberal.

He was born Aug. 4, 1933, in Levant, the son of Willard Orin and Hallie Marie (Close) Palmgren.

He graduated from Levant High School in 1951. He was self-employed as an auto mechanic.

On Nov. 10, 1951, he married Myrtle Mae Searls in Colby.

He was preceded in death by his parents, a son, Steven Dean Palmgren, and a grandson, Cory Daniel Palmgren.

Survivors include his wife; four sons, Daniel Gene (Joan) Palmgren, Dale Wayne (Linda) Palmgren, Sammy Lynn (Susan) Palmgren, and Keith Leon (Mary) Palmgren; five brothers, Larry

tha) Palmgren, Chuck (Linda) Palmgren, Don (Gail) Palmgren and Denny (Beth) Palmgren; one sister, Brenda (Chuck) Smith; eight grandchildren; and five great-grandchildren.

Memorial services were held Tuesday, Oct. 25, 2011, at Brenneman Funeral Home Chapel in Liberal. The Hugoton Masonic Lodge gave Masonic Rites. A private family inurnment was to take place later.

Memorials may be sent to the Liberal Senior Center in care of the Brenneman Funeral Chapel, 1212 W. Second, Liberal, Kan., 67901. Condolences may be sent to the family at www.brennemanfuneralhome.com.

State officials issue lottery scam warning

TOPEKA (AP) - Kansas offi- nings in the so-called winner's cials are warning consumers about account. scammers who contact them by phone or e-mail saying they've won a prize in a foreign lottery.

A joint statement from the Attorney General Derek Schmidt and the Kansas Lottery cautions man says the public warning was against providing personal financial information to strangers who promise to deposit lottery win- the past two weeks.

State officials also say that if a

call or e-mail requests payment of a fee to process a lottery prize, it's

Schmidt spokesman Jeff Wagaprompted by dozens of calls and complaints from Kansans during

that we just placed on the shelf is "God's Story, Your Story: When you crying in the rain!" That state-Public invited to Flint Hills meeting

Tuesday, Jan. 17. The summit will bring together stakeholders from throughout the Flint Hills Region and across Kansas from 9 a.m. to 4 p.m. in the Shawnee Ballroom at the Capitol Plaza Hotel and Convention Center in To-There is a \$20 registration fee and lunch will

be provided for those who register in advance. Because of space constraints, there is a limit of 300 participants. A legislative reception will follow from 4:30 to 6:30 p.m.

The January meeting is a follow up to the first summit held in May, and is focused on growing the Kansas economy and creating ties throughout the Flint Hills of Kansas.

Everyone is invited to attend the second jobs. Gov. Sam Brownback's administration this summit to help develop an ongoing strategy for the Flint Hills region. Stakeholders and policy makers will make presentations to help participants understand the challenges and strategies. During breakout sessions, participants will discuss specific issues and offer feedback, recommendations and direction for the future. In addition to Brownback, Kansas Wildlife, Parks and Tourism Secretary Robin Jennison will also attend.

Public involvement is crucial to the success of the program. The second summit will be another step to creating thriving rural communi- 2281.

Governor's Flint Hills Visioning Summit on will continue to use the input gathered from streamed live over the Internet for those unable to attend in person. Links will be displayed on the Kansas Department of Wildlife, Parks and Tourism website at www.kdwp.state.ks.us, on the Summit website at fhs.ksoutdoors.com and on the Kansas tourism industry website at TravelKSIndustry.com

To register or learn more about the meeting, visit the Flint Hills Visioning Summit website at fhs.ksoutdoors.com or contact Linda Craghead, Asst. Secretary, Kansas Department of Wildlife, Parks and Tourism at Linda. craghead@ksoutdoors.com or call (785) 296-

Presentation portions of the summit will be

Expert helps keep poinsettias alive till Christmas MANHATTAN – With the moisture daily. Stick your finger ate drafts – hot or cold. They like

settias can bloom until May.

than just keeping the plants alive through Christmas. But, it isn't difficult," said Ward Upham, K-State Research and Extension hor-To remain attractive, he ex-

plained, poinsettias have three fairly specific needs. "Moisture can be the make-or-

break factor," Upham said. "If the plants dry out to the point of wilting, poinsettias drop leaves. If they're too wet, they develop root

"I suggest checking poinsettias"

For watering, Upham recommends: Carry the plant to a sink. Use warm water. Apply until water runs from the pot's drainage hole. Let the pot sit a while and/or up in the pot's saucer.

brightest area available - up to can be significantly colder than and including sunny windows, he

"Fortunately, their temperature needs aren't too different from human comfort zones," Upham added. "Poinsettias don't appreci-

tween 60 and 65 de0grees. "With poinsettias, though, temperatures above 75 degrees shorten bloom life. Those below 60

Window display sites can be discard drainage water that ends tricky, he warned. Contact with cold windowpanes can damage Poinsettias prefer living in the plants. The air close to windows the average room temperature, particularly at night.

"Some people draw the drapes proper care, many modern poin- an inch into their soil. When the daytime temperatures between 65 each night between poinsettias soil is dry at that depth, give them and 75 degrees and nighttimes be- and nearby windows," Upham poinsettias away from windows at night."

Poinsettias can live to bloom again next Christmas, he said. Information on extended poinsettia care is available at county and district K-State Research and Extension offices and on the Web at http://www.ksre.ksu.edu/library/ hort2/mf521.pdf.

K-State's Walk Kansas to begin on March 18

MANHATTAN - K-State creased energy, greater muscle Research and Extension's Walk Kansas Program will begin March 18.

The annual eight-week fitness challenge encourages teams of six to compile miles equivalent to walking the 423 miles across the state of Kansas, said Sharolyn Jackson, K-State Research and Extension state coordinator for the program.

Though introduced as a walking program 10 years ago, the challenge has grown to also include other exercise, such as swimming, biking, playing team sports and pushing a lawn-

about 20,000 participants, with representatives from almost all usually is \$10 or less, varies of Kansas' 105 counties, said with Extension offices, and cov-Jackson, who noted that the ers a weekly participant newsspringtime challenge offers an letter with health and physical incentive to get up, get outside, and improve health.

Previous participants have reported benefits such as in- at www.walkkansas.org.

strength, a more optimistic outlook, improved stress management, more peaceful sleep, and lower blood pressure and cholesterol, she said. Many also lose weight, said

Jackson, who added that 89 percent of the participants polled increased fruit and vegetable consumption during the program. Seventy-five percent of those polled expected to continue to eat health-promoting foods after the program ended.

The team approach is a motivating factor, and Walk Kansas has become popular with families, friends, neighbors, and as a Walk Kansas typically draws wellness activity, she said.

The cost to participate, which activity tips, healthy eating recommendations and recipes.

More information is available

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The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

Wishing all a Merry Christmas



wonderful holiday.

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