

January events at library include both entertainment and education

Happy New Year to all! We have two events coming up in January at the Pioneer Memorial Library. The first is "Game Night" at 7 p.m. Thursday, Jan. 19. Due to popular demand, we have decided the library will host a game night where individuals or teams of people can come and play various board games or group games. We will not have the prizes as in Trivia Pursuit night, but we will have fun and food. We ask if you want a snack to bring something with you and we will supply the drinks.

The second event is entitled, "Who Are You?" This is a workshop on family history and genealogy at 7 p.m. Thursday, Jan. 26, at Pioneer Memorial Library. Come and learn how to use the computer to find out more about your heritage.

Participants and staff enjoyed Carol Rahn presenting information on the times and publishing of the King James Bible. She gave us a history lesson on the times in England, Scotland and Europe, using the book, "God's Secretaries: The Making of the King James Bible," by Adam Nicolson as the basis for her talk.

This week we are adding sev-



Melany Wilks

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eral CD audiobooks and the same book in print. The first is "The Drop," by Michael Connelly. This is Book 17 of the *Harry Bosch* series.

Detective Harry Bosch finds himself embroiled in two intense homicide cases. The first involves DNA that implicates a 29-year-old rapist now in jail, who would have been 8 years old in the case from 1989. The DNA brings into question his rape conviction of years ago and challenges the integrity of the crime lab's processing of evidence.

The second case is connected to Councilman Irvin Irving's son. Irving is no friend of Bosch, but still insists he discover whether his son jumped or was pushed from a window. This case brings Bosch into long-running political intrigue and much more.

A second CD audiobook and book in print is "D.C. Dead," by

Stuart Woods. This is Book 22 in the *Stone Barrington* series. Barrington is a partner at Woodman & Weld. He finds himself called to Washington by President Will Lee. This special assignment brings him into contact with an old heartthrob, now CIA agent Holly Barker. Together they must discretely investigate the D.C. world of high society, one which its participants do not want opened up to the world at large.

The third CD audiobook and book in print is found in the junior fiction section, named "War Horse," by Michael Morpurgo. This is the book the recently released movie is about. Albert's father purchases a red-bay foal. Albert loves the horse named Joey. His father is not a kind man and insists the horse earn his keep, so Albert trains the horse to work.

That works fine until Albert's father can get money by selling the horse to the German army. Here the horse is placed under cruel and inhumane warfare and work. During this time a young French maiden takes to caring for the horse and tries to save it. It is here when the red-bay's horse really meets the challenges of life. Albert and the maiden's fa-

ther meet and make an important agreement.

This book would be great for a youth to read and listen to while they are reading. It is these types of materials that help youth with issues of dyslexia and other reading challenges.

Other junior fiction items we have added are plentiful: "Tiger's Curse," (Book 1) and "Tiger's Quest," (Book 2), both written by Colleen Houck.; "Unfriended" by Katie Finn; "Miss Peregrine's Home for Peculiar Children," by Ransom Riggs; "The Emperor of Nihon-Ja," by John Flanagan, Book 10 of the *Ranger's Apprentice* series; "The Mark of the Golden Dragon: Being an Account of the Further Adventures of Jacky Faber, Jewel of the East, Vexation of the West, and Pearl of the South China Sea," by L.A. Meyer; "White Sands, Red Menace," by Ellen Klages; and "The Islands of the Blessed," by Nancy Farmer.

The library returns to its normal winter hours, opening at 9 a.m. and closing at 8 p.m. Monday to Thursday, 5 p.m. Friday and 4 p.m. Saturday. Sunday hours are 1 to 4 p.m.

See you in the library!

Deaths

Erban L. Williams

Erban L. Williams, 75, Hanover, father of Rod Williams and Scott (Donnie) Williams of Colby, died Friday, Dec. 23, 2011, at the Hanover hospital.

He was born Sept. 28, 1936, in Colby, the son of James and Ethel (Jordan) Williams, and graduated from Colby High School in 1955. Throughout high school, he worked at the Safeway store in Colby and the bowling alley. After school, he lived away from Colby for a time, but returned, leaving finally in 1980 when he moved to Denver.

He married Lois E. Jackson. They had three sons, Rod, Scott and Mark.

On March 18, 1980, he married Loretta Southard at Zion Lutheran Church in Denver.

He worked for Safeway for 20 years, then worked at Office Depot in Denver until he retired in 1998, when the couple moved to Hanover.

A member of the Elks Lodge, he enjoyed playing cards, horse-shoes, square dancing, going to car shows, tinkering in the garage,

wood carving, playing games, traveling and his grandchildren.

He was preceded in death by his parents, a son, Mark Allen Williams; three brothers, Leonard, Jordan and an infant brother; and an infant sister.

Survivors include his wife, of the home; two other sons, John (Cindy) Southard, Fairbury, Neb., and Paul (Karen) Southard, Brighton, Colo.; five sisters, Joy Williams, Goodland; Beth (Jay) DeMaranille, Basehor; Ruby (Ariegh) Agan, Liberal; Frances Sow-

ers, New Mexico; and Edith Clair, Wichita; two brothers, Jim (Carol) Williams, Bird City, and Orville Williams, Northglenn, Colo.; 13 grandchildren; and three great-grandchildren.

Services were Thursday, Dec. 29, 2011, at Zion Lutheran Church in Hanover, with the Rev. Jill Me-nard officiating and burial in the Hanover City Cemetery.

A memorial fund will be designated later. Contributions may be sent in care of the Hanover Mortuary, 110 S. Hollenberg, Hanover, Kan., 66945.



E. Williams

Walk Kansas set to start in March

Walk Kansas, 2012, is scheduled to begin March 18.

The eight-week K-State Research and Extension fitness challenge emphasizes walking for health, and encourages teams of six to cover the equivalent of the 423-mile distance across Kansas, said Sharolyn Jackson, state coordinator for the health-promoting program.

If that doesn't seem far enough, fitness enthusiasts can sign up to walk 1200 miles - the same distance as around the state's perimeter, said Jackson, who is a K-State Research and Extension family and consumer sciences area spe-

cialist based in Manhattan.

The program was introduced in 2001, and intended to encourage heart-healthy exercise close to home and at a time that fits in with already busy schedules.

Walk Kansas has become popular with families and friends and is being incorporated into worksite wellness programs, Jackson said.

This year, the program also will be part of a high school wellness program, said Jackson, who added that the team approach can be a motivating factor in covering the distance and improving health.

Most teams cover the distance during the eight weeks and par-

ticipants applaud improved health from adding physical activity to their day, Jackson said. She cited reports of improved energy, more restful sleep, stress management, lower blood pressure and cholesterol, and weight loss.

While the focus is on walking because it can be easy, convenient and only requires a comfortable pair of shoes, the program has grown to include comparable heart-healthy aerobic exercise. Biking, swimming, water aerobics, and dance are examples.

Walking at a heart-healthy rate can allow some, but not much conversation, said Jackson, who encourages at least 10-minute segments of exercise to improve cardiovascular health.

The goal, she said, is 30 minutes of physical activity five or more days each week, for a total of 2-1/2 hours or 150 minutes of physical activity.

The goal for the K-State Research and Extension programs is to provide encouragement to add or maintain health-promoting physical activity and reduce the risk of chronic illness.

The program cost is usually \$10 or less, but varies slightly among extension offices. The price includes a weekly newsletter with food, nutrition, health and physical activity tips, and recipes, with a follow-up quarterly newsletter.

Information is available at local Extension offices and at www.walkkansas.org.

Patrol reports one fatality

The Kansas Highway Patrol report for the New Year's weekend holiday activity runs from 6 p.m. Friday through midnight Monday. Over the weekend the Patrol worked one fatal crash; it was in the southwest region of the state and has one fatality.

The following summary includes all the areas on which the Patrol collected information over the weekend, comparing it to the same dates a year ago.

Activity	2012	2011
Total Fatal Crashes	1	3
Total Fatalities	1	4
DUI Related Crashes	3	6
DUI Related Fatalities	0	0
DUI Arrests	40	35
Speed Citations	729	861
Speed Warnings	749	910
Adult Seatbelt Citations	245	276
Adult Seatbelt Warnings	41	35
Teen Seatbelt Citations	16	4
Teen Seatbelt Warnings	0	0
Child Restraint Citations	34	17
Child Restraint Warnings	0	2
Motorists Assisted	869	946

Corrections

The deadline to register for a training session to show adults how to recognize and prevent sexual abuse of children was reported incorrectly in the Wednesday, Jan. 4, issue of the *Colby Free Press*. Call Paige Campbell at Northwest Kansas Prevention of Child Abuse and Neglect, 460-8177, by next Thursday, Jan. 12. The class will run from 9:30 a.m. to noon Thursday, Jan. 19, at Smoffee's

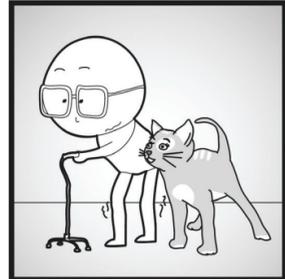
downtown. The mistake was a reporting error.

☆☆☆☆☆

The *Colby Free Press* wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

it's not a cat's fault

by TheShelterPetProject.org



Adam Spencer Galden

Adam Spencer Galden, 41, of Colby died December 28, 2011 surrounded by his family at Lutheran Medical Center in Wheatridge, Colorado of multiple organ failure. He was born on February 26, 1970 in Goodland, KS to Dona (Stegman) White and Randy Galden.

He lived most of his life in Kansas and Colorado. He graduated from Colby High School in 1989 and Colby Community College in August of 1995. He worked in Construction for most of his life until his health became an issue and he had to take disability.

Adam enjoyed camping, hiking, and exploring the mountains of Colorado. He loved to paint and draw and watching his favorite TV shows. He would spend many hours working on his cars and pickups that he owned through the years with his friends. He loved hanging out with his Brother, Sister, nephews and all his friends.

He is survived by his mother and stepfather Dona (Stegman) and John White, Colby; his father Randy and Mary Jane Galden, Selden; a brother Stephen Galden, Colby; a sister Valerie and JC Colgan of Colby; stepsisters Stacy Brown, North Platte, Ne; Leslie and John Napolitan, Buckeye, Az; Dina Williams, Wichita, Ks; stepbrothers Brian Brown, Selden, Ks; Craig White, Topeka, Ks; nephews Bryce Colgan; Dalton Colgan; Zac Brown; Brock Brown; Nicoli Poitra; Cody Napolitan; nieces Alana Williams; and Madison Napolitan. And two grandmothers, numerous aunts and uncles and cousins.

Bowl Watch Party
Friday, January 6th



Kansas State Wildcats VS Arkansas Razorbacks

Game Time @ 7 p.m.
Drink specials all evening



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