

Weather



National Weather Service  
**Tonight:** A chance of snow showers between 9 p.m. and 3 a.m. Mostly cloudy, with a low around 11. Blustery, with a north wind 10 to 15 mph increasing to between 20 and 25 mph. Winds could gust as high as 35 mph. Chance of precipitation is 30 percent. New snow accumulation of less than a half inch possible.  
**Tuesday:** Sunny, with a high near 30. North wind 5 to 15 mph becoming south.  
**Tuesday Night:** Mostly clear, with a low around 14. Southwest wind between 5 and 10 mph.  
**Wednesday:** Mostly sunny, with a high near 51. Breezy, with a west wind between 10 and 20 mph, with gusts as high as 30 mph.  
**Wednesday Night:** Partly cloudy, with a low around 25.  
**Thursday:** Mostly sunny, with a high near 42.  
**Thursday Night:** Partly cloudy, with a low around 30.  
**Friday:** Mostly sunny, with a high near 57.  
**Friday Night:** Mostly clear, with a low around 31.  
**Saturday:** Mostly sunny, with a high near 60.  
**Saturday Night:** Mostly clear, with a low around 34.  
**Sunday:** Mostly sunny, with a high near 56.  
  
**Sunrise and Sunset**  
Tuesday 8:02 a.m. 5:47 p.m.  
Moon: waning, 35 percent  
Wednesday 8:01 a.m. 5:48 p.m.  
Moon: waning, 24 percent  
(U.S. Naval Observatory)

Grant awarded to health dept.

From “GRANT,” Page 1

to work very hard to make sure that people actually use the trail.  
“So through the Achieve grant,” Evans added, “we will partner with businesses, schools, churches and community-based organizations to encourage them to adopt wellness policies and establish programs

that encourage physical activity. And we will continue to work on making Colby more livable by developing a walking- and bicycle-friendly community.”  
In addition to Rothchild, Evans and Spencer, coalition members who are part of the Achieve team include Megan Carmichael of Safe Routes to School, Diann Gerstner of Thomas County Extension, Courtney Mc-

Carty of Citizens Medical Center, Shelly Myers of the Thomas County Community Foundation, W.G. Romine II of Redeeming Love Ministries and Melany Wilks of the Pioneer Memorial Library.  
A listing of other Achieve communities can be found at [www.achievecommunities.org](http://www.achievecommunities.org). For information, go to [www.cdc.gov/healthycommunitiesprogram](http://www.cdc.gov/healthycommunitiesprogram).

Get healthy through fitness program

From “PROGRAM,” Page 1

staying fit,” she said. “There is also a lot of misinformation out there about dieting and exercise that we plan to clear up. Some of the assignments might be to read an article or watch a movie, something like that.”  
Because the goal is to improve lifestyles rather than just lose weight, points are earned in several ways, from the fitness test to completing the weekly assignments, and from keeping track of an exercise regimen to

actual weight loss.  
She said prizes will be awarded at the conclusion of the program based on points. Sponsorships are still available for area businesses and individuals who’d like to donate a prize for first and second places, both for individuals and teams.  
Rothchild said coalition members have been working alongside Courtney McCarty, a dietitian with Citizens Medical Center, to ensure that all of the assignments and fitness tests are based on fact.  
“Although the tests are optional, the health department and (Colby Community) college are offering fitness testing and blood tests at reduced prices,” Rothchild said. “The overall health of a person is portrayed in their lab work and can determine cholesterol and blood sugar levels, blood count, lipid profile, glucose and other chemistries, that has an overall impact on a person’s health.”  
She said that the blood tests will be offered for \$15 and a “Bod Pod” test to measure body

mass index will be available at the college for \$5. The blood tests will be offered at the beginning and again at the conclusion of the program.  
For information about the program and the coalition, contact Rothchild at (785) 460-4596 or [findir@thomascohealth.com](mailto:findir@thomascohealth.com) or Gerstner at (785) 460-4582 or [diann@ksu.edu](mailto:diann@ksu.edu). Blood work can be done from 7 to 10 a.m. Friday, Jan. 20, at the health department office.

Republican Huntsman out of GOP race today

From “GOP,” Page 1

bia. He stopped short of urging Perry, who has shown little traction in South Carolina, to quit the race.  
“That’s up to the candidates themselves to decide,” Santorum said.  
To stand out in a crowded field, Huntsman positioned himself as a tax-cutting, budget-balancing chief executive and former business executive who could rise above partisan politics. That would prove to be a hard sell to the conservatives dominating the early voting contests, especially in an election cycle marked by bitter divisions between Republicans and Democrats and a boiling antipathy for Obama.  
Huntsman also tried to offer

a different tenor, promising a campaign marked by civility.  
While Huntsman was often critical of his former boss – he joined those saying Obama had failed as a leader – and occasionally jabbed at Romney, he spent more of his time in debates pushing his own views for improving the economy rather than thumping the president or his opponents.  
In light of his work in the Obama administration, Republicans seemed wary of Huntsman. While he cast his appointment in August 2009 as U.S. ambassador to China as answering the call to serve his country, his critics grumbled that he had in fact been working on behalf of the opposition.  
Huntsman was conservative

in matters of taxes and the reach of the federal government, but he was out of step with most conservatives in his support of civil unions for gay couples. On matters of science, he poked fun at his skeptical rivals in a pre-debate tweet: “To be clear. I believe in evolution and trust scialentists on global warming. Call me crazy.”  
In the end, Huntsman didn’t seem to register, crazy or otherwise, with Republicans looking for an alternative to Romney or a winner against Obama. He was routinely at the bottom of national polls, barely registering at 1 or 2 percent, a reflection of the faint impression he made in the GOP debates.  
His campaign put all its emphasis on the New Hampshire

Briefly

Economic Development to meet on Wednesday

The Thomas County Economic Development Alliance board will meet at 8 a.m. Wednesday in Suite 12 at the county Office Complex, 350 S. Range Ave. For information, call 460-4511.

Kids-a-Cookin’ starts Thursday

The spring session of Kids-a-Cookin’ will start Thursday after school at the Community Building. This free program teaches hands-on food preparation and nutrition to third through fifth graders. All the sessions will be on Thursday, Feb. 16, March 15, and April 19. Sign up with Stacy Lee at the Colby Recreation Department, 460-4440.

‘Food for Thought’ to cover area railroads

Larry Dilts, author of “Colby’s Railroads: A Local History,” will present a lunchtime talk on area railroads at noon Thursday at the Prairie Museum of Art and History, 1905 S. Franklin Ave. A light lunch will be served during the free program. The talk is part of the museum’s ongoing “Food for Thought” series offered on the third Thursday of each month. For information, call Ann Miner at 460-4590.

Teams may register for ‘Melt Down’ program

Teams of up to six people may register for the Thomas County Melt Down fitness program until Friday. Contact county Health Director Kasiah Rothchild at (785) 460-4596 or [findir@thomascohealth.com](mailto:findir@thomascohealth.com) or Extension agent Diann Gerstner at (785) 460-4582 or [diann@ksu.edu](mailto:diann@ksu.edu) for information or to register.

Hays church planning worship night in Colby

The Celebration Community Church in Hays will have a night of worship featuring music by the ignite band Ignite at 6 p.m. Saturday in the Colby High School Auditorium. For information, call Debbie McNinch at (785) 824-8038.

Conservations awards coming up on Jan. 23

The Thomas County Conservation District’s 68th annual meeting and awards banquet will begin at 6:30 p.m. next Monday at the Colby United Methodist Church. Conservation poster winners will be recognized and two farm operators will receive the windbreak and conservation awards. Make reservations by Tuesday by calling Debbie Potter at the district office, 462-7482, extension 1303.

Church offering class on ‘Financial Peace’

Dave Ramsey’s Financial Peace University class, sponsored by Sacred Heart Catholic Church in Colby, will be offered from 7 to 9 p.m. on Sundays beginning this weekend in the basement of the church, 1065 W. Fifth St.. To register, call Steve and Sara Juenemann at (785) 460-7725 or 443-1083.

Kansas liquor stores back state measure to allow tastings

TOPEKA (AP)—Some Kansas liquor store owners are hoping the Legislature makes it legal for them to hold tastings in which customers can sample certain products before buying them.  
A measure introduced in the state Senate by several liquor marketing associations is the result of a controversy that emerged after retailers started arranging tastings near their liquor stores.  
The *Topeka Capital-Journal* (<http://bit.ly/Acm4ek>) reports that because state law blocked consumption of alcoholic beverages inside stores, proprietors staged events nearby. That stopped after representatives of the Kansas Department of Revenue issued a policy memorandum in August declaring the agency’s interpretation of state law prohibited samplings, whether free or not, “in, on, or about the licensed premises.”  
The Senate measure would allow retailers to host in-store tastings for people interested

in trying unfamiliar beers, wines or distilled spirits.  
Regulators concluded no tastings would be authorized for party or smoke shops, parking lots, sidewalks or alleys adjacent to liquor store property.  
R.E. “Tuck” Duncan, a Statehouse lobbyist working with organizations seeking to get the bill passed, said the intent was to establish in state law the opportunity for liquor stores to host tastings similar to those well known to wine country enthusiasts.  
A Senate hearing on the bill is likely in a few weeks, and Duncan said the measure hasn’t sparked an outpouring of criticism.  
“The prospects are very good, but being a liquor bill, I’m cautiously optimistic,” Duncan said.  
Individual portions for tastings would be limited to one-half ounce for distilled spirits, one ounce for wine and two ounces for beer or malt beverage.

Chairmen of the House and Senate committees likely to handle the bill indicated they are not troubled by its concept.  
Salina Republican Sen. Pete Brungardt, chairman of the Senate Federal and State Affairs Committee, said the principle has been used at farm wineries in Kansas that legally provided samples, and retail liquor stores should reasonably be able to market their products in the same manner.  
Rep. Steve Brunk, a Wichita Republican who is chairman of the House Federal and State Affairs Committee, said he was familiar with Macadoodles establishments in southern Missouri, where in-store tastings and a “Wine 101” course for novices are offered.  
Alcoholic Beverage Control director Doug Jorgensen, who is a former special agent with the Kansas Bureau of Investigation, said his agency is neutral on the measure.

LOCAL

TV Listings

Sponsored by the

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Wednesday Evening											
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
KAKE/ABC	Middle	Suburg.	Family	Happy	Revenge		Local	Nightline	Jimmy Kimmel Live		
KBSL/CBS	NCIS		Criminal Minds		CSI: Crime Scene		Local	Late Show Letterman	Late		
KSNK/NBC	Whitney	Chelsea	Harry's Law		Law & Order: SVU		Local	Tonight Show w/Leno	Late		
KSAS/FOX	American Idol				Local						
Cable Channels											
A & E	Storage	Storage	Dog Bounty Hunter	Dog Bounty Hunter	Dog Bounty Hunter		Storage	Storage			
AMC	Die Hard 2						Die Hard-Veng.				
ANIM	Planet Earth		Planet Earth		Planet Earth		Planet Earth		Planet Earth		
BRAVO	Top Chef: Texas	Top Chef: Texas	Top Chef: Texas		Happens		Top Chef: Texas		Happens		
CMT	Overboard				Overboard						
CNN	Anderson Cooper 360	Piers Morgan Tonight	Anderson Cooper 360		E. B. OutFront		Piers Morgan Tonight				
COMEDY	Chappelle	Chappelle	South Pk	South Pk	South Pk	South Pk	Daily	Colbert	South Pk	Futurama	
DISC	Sons of Guns	Sons of Guns	Ragin' Cajuns		Sons of Guns		Ragin' Cajuns				
DISN	Random	Princess Protection Program	Jessie	Wizards	Phineas	Phineas	Wizards	Wizards			
E!	(500) Days of Summer		The Soup	After Lat	Chelsea		E! News		Chelsea		
ESPN	NBA Basketball		NBA Basketball								
ESPN2	College Basketball	College Basketball			Australian Open						
FAM	Bringing Down	Invention-Lying	The 700 Club		Prince		Prince				
FOOD	Restaurant: Im.	Restaurant: Im.	Restaurant: Im.		Rachael v. Guy		Restaurant: Im.				
FX	2012				Planet of the Apes						
HGTV	House	Income	Income	Kitchen	Property Brothers		Property Brothers		Income	Kitchen	
We Celebrate Hometown Life											
American Profile			Stories from hometowns just like yours. Look for us each week in this paper.								
HIST	Pawn	Pawn	Larry the Cable Guy	American	American		Larry the Cable Guy	Pawn	Pawn		
LIFE	Monster	Monster	24 Hour Catwalk	Dance Moms			Dance Moms	Monster	Monster		
MTV	Teen Mom 2		True Life	True Life			True Life	Teen Mom 2			
NICK	George	George	George	George	George		Friends	Friends	Friends	Friends	
SCI	Ghost Hunters		Ghost Hunters	Face Off			Ghost Hunters	Face Off			
SPIKE	UFC Unleashed		UFC Unleashed	Ink Master			MANswers	MANswers	MANswers	MANswers	
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Big Bang	Big Bang	Conan	Office	Office		
TCM	World-Henry				Manchrian Can.					All Fall	
TLC	Hoard-Buried		Toddlers & Tiaras	Toddlers & Tiaras			Toddlers & Tiaras		Toddlers & Tiaras		
TNT	Law & Order		Law & Order	Leverage			Southland		CSI: NY		
TOON	NinjaGo	MAD	King/Hill	King/Hill	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Chicken	Aqua Unit	
TRAV	Mysteries-Museum		Hidden City		Off Limits		The Dead Files		Hidden City		
TV LAND	Home Imp.	Home Imp.	Raymond	Raymond	The Exes		Cleveland	King	King	King	
USA	Law & Order: SVU		Law & Order: SVU		White Collar		Royal Pains		Law & Order: SVU		
VH1	Mob Wives		Mob Wives		Mob Wives		Baseball Wives		Love & Hip Hop		
WGN	How I Met	How I Met	How I Met	How I Met	WGN News at Nine		30 Rock	Scrubs	Scrubs	Sunny	
Premium Channels											
HBO	Unstoppable		Black Swan		Angry	Angry	Paradise Lost 3				
MAX	Naked Gun	Naked Gun 2 1/2: Fear			Naked Gun 33 1/3		RoboCop 2			Sex Games	
SHOW	Fair Game	The Mechanic			Lies	Californ.	Shameless		Piranha		