

Weather



National Weather Service

Tonight: Partly cloudy, with a low around 43. South wind around 10 mph becoming east.

Saturday: Mostly sunny, with a high near 74. Breezy, with a south wind 10 to 15 mph increasing to between 20 and 25 mph. Winds could gust as high as 35 mph.

Saturday Night: Partly cloudy, with a low around 42. Breezy, with a west wind between 15 and 25 mph, with gusts as high as 35 mph.

Sunday: A 40 percent chance of showers. Partly sunny, with a high near 59. Windy, with a northwest wind 15 to 20 mph increasing to between 25 and 30 mph. Winds could gust as high as 35 mph.

Sunday Night: Partly cloudy and breezy, with a low around 35.

Monday: Mostly sunny, with a high near 59.

Monday Night: Partly cloudy, with a low around 37.

Tuesday: Mostly sunny, with a high near 68.

Tuesday Night: Partly cloudy, with a low around 42.

Wednesday: Sunny, with a high near 73.

Wednesday Night: Partly cloudy, with a low around 45.

Thursday: Mostly sunny, with a high near 77.

Thursday: High, 74; Low 41. Precip: Thursday Trace. Month: 1.84 inches. Year: 3.54 inches. Normal: 3.98 inches. Sunrise and Sunset: Saturday 7:08 a.m. 8:21 p.m. Moon: waning, 37 percent. Sunday 7:06 a.m. 8:22 p.m. Moon: waning, 27 percent. Monday 7:05 a.m. 8:23 p.m. Moon: waning, 19 percent (U.S. Naval Observatory)

County commissioners address road complaint

From "COUNTY," Page 1

Loos said last year, the agency served 5,187 patients throughout northwest Kansas. 286 of those came to the branch office in Thomas County, and 38 of those are considered to have a severe and persistent mental illness - adults with life-long mental health disorders - and 67 have serious emotional disturbances, mostly young people who have been taken out of the home or kicked out of school.

Big Brothers Big Sisters coordinator Orvella Romine and chairman Doug Finley presented commissioners with a plaque in appreciation of a \$1,250 donation from the Drug and Alcohol Fund.

Romine added that the organization is looking for men, couples or families to join as "bigs." She said they have six boys on the list waiting for a match.

"These boys have enough women in their lives," Romine said. "What they really need is a good male role model."

Sheriff Rod Taylor asked permission to extend posts and fence straight south into the impound lot to create a larger yard for prisoners. He said that the yard needs to extend 50 feet

away from the building for fire safety, but it currently goes only 25 feet.

The expansion won't be as simple as it was originally thought, he said, since a building shared with the city may need to be moved, no one knows exactly how far south deteriorating underground sewer lines run and they are afraid extending the yard would interfere with possible building expansion.

No decisions were made, but everyone agreed the insurance company should be contacted regarding leaks in the roof over the dispatch area.

Emergency Medical Services director Joe Hickert provided a monthly report. He said the service is roughly even on local runs with last year but the crew has taken three times more transfers than last year. This affected the number of patient miles driven, he said, 2,296 miles this month compared to 389 last year.

Hickert added that a part-time paramedic, Russell Rodenbeck, has been promoted to a full-time position. Rodenbeck will start his extended schedule later in April.

"Russell has wanted to make a career in EMS for a long time,"

said Hickert. "He has the drive, the passion and the intelligence that we are looking for."

Rodenbeck joins Hickert as the only two paramedics working for the department. A third, training coordinator Candy Bryant, is currently in training.

Hickert also warned commissioners that he'll be requesting another ambulance by the end of the year. He said they had two transfers at the same time in March and the Colby crew had to borrow an ambulance from Brewster.

Landfill supervisor Larry Jumper was given approval to have Rubble Inc. crush a little over 1,000 tons of concrete excavated from the old city pool. They charge \$8.50 per ton plus a \$1,700 "mobilization fee"; Jumper said he's seen this fee be as high as \$5,000 and this is a great deal.

He said much of the concrete and material from the old pool, which is being taken out by McCormick Excavation and Paving, hasn't made it to the landfill.

"They are doing an excellent job of recycling everything," said Jumper. "I haven't seen anybody recycling as much as they are."

Fitness center offers kids class, professional massage services

From "KIDS," Page 1

has three professional massage therapists on staff who offer a wide range of services. She said Michelle Goetz Bremenkamp and Amber Wills have just returned from a continuing education Reflexology workshop in Boulder, Colo.

Mazanec said Bremenkamp is available for appointments on Mondays and Wednesdays, Wills takes clients a couple Saturdays each month and her daughter, Raya Wagoner, who lives in Sharon Springs, will be in Colby on Friday, April 27, for appointments.

Mazanec said services include Reflexology therapy, deep-tissue massages, relaxation pampering and prenatal massages, just to name a few.

"Reflexology focuses on pressure points in the feet or other areas that are bothersome, such as the lower back or neck," said Bremenkamp. "All of the nerve endings in the body go to the hands and feet, and are related to different internal organs. By focusing on them in a specific pattern, we can help with a wide range of medical issues like ir-

ritable bowel syndrome, constipation, sleeping problems, stress and overall body health."

She said for \$30, this service lasts one hour and the treatment can be altered to meet the specific needs of the client.

Bremenkamp said deep-tissue massages are available to help with trigger points in the body and is especially beneficial for elderly people and others who have lost a loved one.

"It improves circulation and is especially beneficial when a significant other has passed away," she said. "Touch is so important, and when that is lost, it can affect a person's health."

She added that hour-and-a-half long relaxation massages are also available for people who are tired, stressed or just need time to themselves.

Prenatal massages are a specialty offered once a month by Wagoner. She uses a special pillow that cushions the tummies of mommies-to-be, said Mazanec.

Mazanec said she is especially excited to offer professional massage treatments, in addition to her special six-week walking programs.

Kan. grain elevator cited for violations

From "ELEVATOR," Page 1

A release from the Labor Department notes that grain dust is nine times as explosive as coal dust. The agency said problems included a lack of proper preventive maintenance and an inadequate emergency action plan.

Bartlett President Bob Knief said in a written statement that the company plans to prove wrong "OSHA's unfortunate citations and characterization." He

said the company disagrees with claims that there was a hazardous accumulation of dust before the accident and contends the grain and dust found by OSHA were deposited by the accident.

"The safety of our employees always has been and continues to be our highest priority," Knief said. "The accident ... was the darkest day in Bartlett Grain's 105-year history. We always will grieve that we cannot restore these men to their families and

friends or their co-workers at Bartlett. From that terrible day, we have believed and stated that we were operating responsibly." OSHA also cited a Bartlett contractor, Topeka-based Kansas Grain Inspection Services Inc., for one willful violation alleging a lack of fall protection for employees working on the top of rail cars, one serious violation alleging lack of a hazard communication program and one other-than-serious violation alleging it

President made \$789,674 last year

From "PRESIDENT," Page 1

By contrast, the top nominal rate for taxpayers with high incomes derived from wages, not investments, is 35 percent.

The White House released a copy of the president's tax return, which also shows charitable donations of more than \$172,000.

Obama is donating after-tax proceeds from his children's book to the Fisher House Foundation. The charity helps veterans and military families receiving medical treatment.

The family tax return is fairly simple by the standards of wealthy people with multiple assets and sources of income.

Obama listed his two daugh-

ters as dependents and his occupation as "U.S. President."

Michelle Obama listed her occupation as "U.S. First Lady." They listed 1600 Pennsylvania Ave. as their primary address. The first family reported income of \$1.7 million for 2010, much of it from the sale of the president's books. They paid federal taxes of \$453,770.

Their adjusted gross income for 2010 was far below the \$5.5 million they reported for 2009, also mostly from book sales.

Carney said Obama earned even less in 2011 because of "fluctuations" in book sales.

For Vice President Joe Biden and his wife, Jill, this year's tax return looks almost identical to

last year's.

Returns for 2011 released by the White House show the Bidens paid \$87,900 in federal taxes on adjusted gross income of \$379,035. Their income was \$143 below their 2010 return, but their tax bill was \$1,274 higher. In both cases, the effective tax rate was just over 23 percent.

On the latest return, the Bidens listed \$5,540 in donations to charity.

Most of the couple's income came from the vice president's salary of \$225,521 and Mrs. Biden's wages of just over \$82,000 for teaching at Northern Virginia Community College.

Duckwall-Alco March key revenue figure rises

ABILENE (AP) - Duckwall-Alco Stores Inc. said last Thursday that its revenue excluding fuel sales at stores open at least a year rose 2.3 percent in March, as warm weather boosted demand for outdoor items.

For the five weeks ended April 1, the company said its sales from continuing operations rose 4 percent to \$45 million.

Duckwall-Alco credited warm temperatures with boosting its outdoor living, sporting goods and horticulture sales.

Sales also continue to grow at its household commodities and home divisions, mainly as a result of higher demand for food, beauty care, furniture, plastic storage and seasonal items, the company said.

The Abilene-based discount chain runs about 214 stores, mostly in small towns in the middle of the country.

Its shares rose 16 cents, or 1.8 percent, to \$9.11 in morning trading. They have traded in a 52-week range of \$7.78 to \$13.

Briefly

Prairie Museum features art club's work

The Prairie Museum of Art and History has a free exhibit by members of the High Plains Art Club through May. Works include oils, acrylics, watercolors, mixed media and ceramics and subjects range from landscapes to portraits to flowers. Hours are 9 a.m. to 5 p.m. Monday to Friday and 10 a.m. to 5 p.m. Saturday and Sunday. Call Ann Miner at the museum, 460-4590, for information.

City to start pickup for grass clippings

The City of Colby will start separating grass from household trash on Monday, April 23. Leave your grass clippings unbagged in a tipper can marked "Grass," and have cans to the curb by 8 a.m. on your trash day. For information, call Anita Powell at Public Works, (785) 460-4420.

Heartland students put on Easter play

An Easter production, "Three Days," will be given one last time at the Heartland Christian School gym, 1995 W. Fourth St., at 4 p.m. Saturday. Donations will be accepted to help cover production costs. For information, Deena Bandy at 460-6419.

Bar to sponsor fund-raising poker tourney

Twisters Bar and Grill, 735 E. College Dr., will hold the annual Assault Poker Tournament on Saturday to raise money for Options, a nonprofit domestic and sexual assault services organization serving northwest Kansas. Registration will begin at 1 p.m. and play at 2 p.m. The suggested donation is \$30 at the door or \$25 during pre-registration. Cash and other prizes will be given away. Call Aimy Blake at (785) 462-0427 for questions or to register.

Free 'field day' Saturday at Prairie Museum

The High Plains chapter of the Kansas Anthropological Association will co-sponsor a free afternoon of activities and displays at the Prairie Museum of Art and History from 1 to 4 p.m. Saturday. Exhibits will include a mock paleolithic excavation, a chance to try your hand at throwing a spear with an atlatl and a stone-and-bone tool display; a Plains Indian hunting camp with tipi, hide tanning and stone tools; and an 1880s land claim office where you can register and locate your claim. Donations are always appreciated. For information, call Rob Aiken at 443-4388 or Ann Miner at 462-6399.

Berean Church offers 'Art of Marriage' class

Sunday is the last day to register for an "Art of Marriage" weekend conference to be held Friday and Saturday, May 4 and 5, at the Colby Berean Church, 1000 S. Franklin. Theme of the six-session video event is "Getting to the Heart of God's Design." Sessions will begin at 7 p.m. Friday and continue from 9 a.m. to 4 p.m. Saturday. Cost is \$25 person, including books and lunch. For information or to register, call the church office at (785) 460-2763, Jim and Shelly Myers at 462-9665 or Lynn and Tammy Higerd at 460-3152.

Class will teach about diabetes, eating

Citizens Medical Center will continue a monthly series of free classes on diabetes, "Journey for Control," from 7 to 8:30 p.m. Tuesday in the hospital conference room. The topic will be "Controlling Your Blood Glucose." Register by calling the Jeanene Brown at the hospital's education department, (785) 460-4850.

Kids, parents invited to 'Safe Routes' walk

Colby Middle and Grade School students and their parents are invited to join a Walk to School Day event hosted by Safe Routes to Schools on Wednesday. Grade schoolers should be dropped off between 7:30 and 7:40 a.m. at TNT Auction, 200 N. Franklin, and middle schoolers at the Law Enforcement Training Center, 360 N. Franklin. Anyone may join students, parents, teachers, police officers and Mayor Gary Adrian to encourage healthy walking habits. Call project director Megan Carmichael at (785) 465-9103 for information.

Learn to cook at free, fun Thursday classes

The last Kids-a-Cookin' hands-on cooking and nutrition class for third through fifth graders will be Thursday. Sign up for the free class by calling the city Recreation Department at 460-4440 so organizers will know how much food and materials to buy. Sessions will be cancelled if the enrollment is less than 10.

College plans class on using your iPhone

Colby Community College will offer a three-week seminar for iPhone users on Thursdays beginning next week. Students will meet from 6:30 to 8:30 p.m. in the Bedker Memorial Complex, room 712, next week, April 26 and May 3. Cost is \$20. The fee for those 65 and older will be paid for by the Thomas County Senior Grant. To register, contact Penny Cline at 460-5404 or penny.cline@colbycc.edu.

LOCAL TV Listings Sponsored by the COLBY FREE PRESS

Monday Evening April 16, 2012. Table with columns for time slots (7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various channels (KAKE/ABC, KBSL/CBS, KSNK/NBC, KSAS/FOX, Cable Channels, ESPN, ESPN2, FAM, FOOD, FX, HGTV, HIST, LIFE, MTV, NICK, SCI, SPIKE, TBS, TCM, TLC, TNT, TOON, TRAV, TV LAND, USA, VH1, WGN, Premium Channels, HBO, MAX, SHOW).