FREE PRESS

Two area athletes selected as all stars

be played in Beloit on Saturday with two Golden Plains High School players on the roster.

The Division II game will be held at 1 p.m. at Trojan Field on North Hersey Avenue. Pregame activities will begin at 1:30 with introduction of the players.

Kalyn Weber and Cole Christensen of Rexford, both 2012 Golden Plains graduates, have been selected to play on the West squad.

Weber's football statistics and accomplishments include: junior to senior year, 3,180 yards, 52 touchdowns, selected Second Team All League running back, 2010, honorable mention; end in 2011. He had nine total

Man All Star Football games will Team running back; Second Team linebacker Western Kansas Liberty League; First Team All Area, Hays Daily News; First All District and State running back, KPreps, 2011.

> Golden Plains was the league and district champion in 2009.

Weber was a state track qualifier in 2011, class president and a member of the high school play cast. The son of Vicki Wark, he plans to attend Garden City Community College and play football.

Christensen's football statistics and accomplishments include being selected First Team All League tight end and defensive track.

The 27th Annual Kansas 8 All State junior year; 2011 First touchdowns, over 500 yards receiving and 141 tackles in 2010 and 2011. Golden Plains had a 7-3 record and was the league and district champion.

> Cole was a member of the allstate basketball team, selected as all-league center and participated in the state track meet. He enjoys hunting, fishing and camping.

> Activities and honors in school include Principal's Honor Roll, Student of the Week, National Honor Society and Sweetheart King 2012.

> He is the son of Parker Christensen and Penny Vogler and plans to attend Fort Hays State University and participate in



Recreation Department offers summer activities

ment plans several summer activities beginning this week:

the Colby Aquatic Park for men and women 16 and older.

The first is Aqua Zumba, known as the Zumba Pool Party, from 6:15 to 7 p.m. Wednesday and Friday evenings beginning June 6 through June 29. In July, this class will be held from 8:15 to 9 p.m. on Mondays and Wednesdays.

Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during the class.

and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends all together in a safe, challenging, water-based workout that's cardio-conditioning, body-toning and most of all, exhilarating.

Certified instructor Nicole Wei-

for this calorie-burning dance fit-• Two classes will be offered at ness party. Water shoes are recom-

stay hydrated. Participants will be chest deep in the pool.

offered by the aquatic park staff in Fike Park. Cost is \$5 per day. from 9 to 9:45 a.m. Tuesday and Register at the Recreation Depart-Thursday mornings beginning ment by Friday each week. June 5.

lazy river allows you to exercise from July 23 to 25 at the Commuwithout putting excess strain on nity Building. joints and muscles. Gentle activities in the warm water will help you gain strength and flexibility while decreasing pain and stiff-Integrating the Zumba formula ness. The daily fee is \$5, paid at the park.

> swim time for adults due to clean- the department by Tuesday, July ing schedules after these classes 10. begin.

with instructor Ray Schindler on 460-4440.

The Colby Recreation Depart- gel will teach the classes. The Saturday mornings June 9 and 23, daily fee is \$5 (paid at the park) July 7 and 21 and Aug. 4 and 11, for all ages.

Participants 5 to 9 will meet mended; bring drinking water to from 9 to 10 a.m., 10 to 13 from 10 to 11 a.m., 14 to 18 from 11 a.m. to noon and 19 and up from • A Water Walk class will be noon to 1 p.m. at the tennis courts

The department will be offer-This slow and easy class in the ing a dance camp for ages 5 to 10

Ages 5 to 7 will meet from 9 to 10:30 a.m. and 8 to 10 from 10:30 a.m. to noon. Cost is \$20, which includes a T-shirt.

The camp will be instructed by Colby High seniors Alexa Schin-There will not be any open lap dler and Jessi Kriss. Register with

For information or to register Other activities going on this for any of these activities, call summer include tennis clinics Recreation Director Stacy Lee at

Middle school boys place in Freedom League meet

Cole Ziegelmeier leaped over the hurdles at the Freedom League Track Meet in Scott City on May 11. Ziegelmeier has contributed points to the Golden Plains Middle School track team in several

By Russ Aumiller

events all season.

Golden Plains Middle School

The Golden Plains Middle School boys competed in the Freedom League Track Meet in Scott City.

Several of the boys placed in their events May 11 as their season came to a close. The eighth grade boys competed separately from the sixth and seventh graders, who were together.

Top places were as follows.

Eighth Grade

Koi Wessel: discus, sixth, 86 feet, 9 inches. Cole Ziegelmeier: 800 meters, third, 2:40.77; 1,600 meters, third, 5:55.98.

Sixth/Seventh Grade Jesus Aragon: 1,600 meters, fifth, 6:18.9. Bodie Sauvage: high jump, fifth, 3'10". Dawson Spresser: triple jump, sixth, 26'7.75".

Relays

4 x 100-meter relay team: Luke Wessel, Devin Davidson, Zak Brown, Clayton Bange, fourth, 1:12.49. 4 x 200-meter relay team: Spresser, Sauvage, Koi Wessel, Kade Wessel, fifth, 2:16.29.

800-meter medley relay team: Spresser, Aragon. Kade Wessel, Koi Wessel, sixth, 2:27.22.



HAYDYN BEST

Rockies defeat Dodgers 3-2

DENVER (AP) – Alex White delivered a win, and a much-needed day off for some of Colorado's relievers.

White gave the overworked pitching shutout ball into the seventh inning Sunday in a 3-2 win over the Los Angeles Dodgers.

The Rockies took two of three from the NL West leaders. White (2-3) gave up two runs and two hits in 6 2-3 innings.

"That's the best game he's pitched since he's worn a Rockies uniform. He was terrific," Colorado manager Jim Tracy said. "He broke bats, got ground balls...."

White, acquired last July in the deadline deal that sent Ubaldo Jimenez to Cleveland, made his 13th start for the Rockies and sixth this year.

White said "fastball command without a doubt" was the difference between this and his past starts. Not going over his head with his hands in his delivery, White said, helped him to stay balanced and be "better able to consistent in my delivery.'

After reliever Rex Brothers gave up a hit in the seventh, Matt Belisle retired the four batters he faced.

Rafael Betancourt, pitching for the first time in six days, set down the side in order in the ninth to earn his 10th save. A.J. Ellis, who had homered earlier, was the second batter Betancourt faced and drove a fly to deep left that Carlos Gonzalez caught on the warning track

Asked whether he thought he just yielded a game-tying homer, Betancourt said, "Here in Denver, sometimes you never know."

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Colorado starters had combined Dee Gordon and Belisle came on first two games of the series. Josh lanos. Outman reached a pitch limit after 3 1-3 innings in his first start this Rockies bullpen a bit of rest, season Friday, then a knee injury middle and on the edge of the outforced Juan Nicasio out after 1 2-3 innings Saturday.

the rotation.

The Rockies scored an unearned run in the first, aided by Ellis' until Jerry Hairston Jr. grounded a passed ball, and added two more runs in the sixth with two out on a in the fourth. In the sixth, White single by Todd Helton and a double by Jordan Pacheco.

Nathan Eovaldi (0-2) lost in his tired Andre Ethier on a fly out. second start since being recalled to replace injured Ted Lilly in the the first was scored by Dexter Dodgers' rotation.

less until the seventh when he to third on a passed ball, Fowler walked James Loney with one out and Ellis hit a two-run homer Herrera made a sprawling stop of down the left-field line.

After White issued his seasonhigh fifth walk to Adam Kennedy stead threw to first. with two outs, he was pulled.

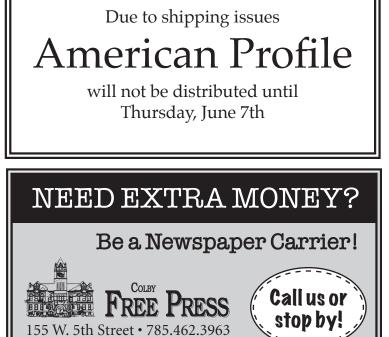
for a total of five innings in the to face pinch hitter Alex Castel-

Second baseman D.J. LeMahieu, shading Castellanos up the field, made a backhanded stop of his hard grounder and pumped his White restored some order to fist after throwing to first for the final out of the inning.

> White held the Dodgers hitless single into left field with two out walked Bobby Abreu with two out, and he stole second. But White re-

The Rockies' unearned run in Fowler, who led off with a single White held the Dodgers score- and stole second. After moving scored when third baseman Elian Marco Scutaro's hard grounder but had no play at home and in-

Fowler's hit was the Rockies Brothers gave up an infield hit to only one through four innings.

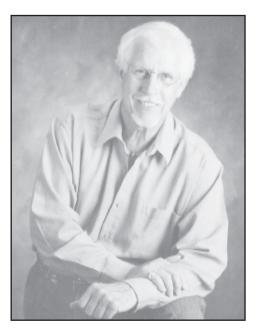


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