Family Circus • Bil Keane

# Heloise

Hints from Heloise

# Slice sprouts through the core

Dear Heloise: To lessen the cooking time for Brussels sprouts, I slice an "X" into the root end of each sprout. As I do this, I give the knife a little twist. You can hear the leaves in the core tear apart just a bit. This gives the hard core of each sprout more exposure to the boiling water. -Dana F., Spokane, Wash.

Dana, fresh brussels sprouts are tasty! This is the recommended way to prepare sprouts before cooking because the leaves tend to cook faster. Cutting the core helps it cook more evenly with the leaves, but don't overcook sprouts! – Heloise

SEND A GREAT HINT TO: Heloise P.O. Box 795000

San Antonio, TX 78279-5000 E-mail: Heloise@Heloise.com

**TESTING BAKING POWDER** Dear Readers: Baking powder usually lasts six months to a year after being opened. However, when in doubt about whether it is still active, do this quick and easy test.

Take 1 teaspoon of baking powder and place it in a cup of hot water. If the baking powder starts to bubble, you will know that it is still good to use! - Heloise

#### SIFTING FLOUR

Dear Heloise: I have been sifting a 5-pound bag of flour and returning it to a canister or the bag all at one time. This saves a step when baking. – Ellen in Florida Ellen, a great way to think ahead. However,

most all-purpose flours manufactured today are sifted before packaging. But once brought home, the flour may have condensed or settled, and if so, it will need to be sifted again.

You have to read the recipe carefully, because if it says "1 cup sifted flour," then the flour needs to be sifted before measuring. However, if the recipe says "1 cup flour, sifted," then the flour is sifted after measuring. You sift flour to get out any lumps and aerate it. Aerating dry ingredients, like flour, helps them accept liquids more easily and evenly. - Heloise

#### FREEZING CELERY

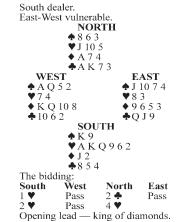
zen. This is good for soups and stews, although I ZFVRJ HKVUHIDJ DHO KVQR Dear Heloise: I have learned celery can be frohave put it in my turkey stuffing, too. I place the stalks in the blender with water, chop, then drain. After it is drained, I put it in a gallon freezer bag H U J I J L V T S A O and flatten it out. This makes it possible to break off the amount you need when cooking. - Pat H., via e-mail

This is one way to freeze celery, but by draining it you are losing a lot of nutrients. - Heloise **GREAT GRAVY** 

Dear Heloise: My mom taught me to use cold liquid to mix my flour or cornstarch and then whisk it into the hot liquid - never a lump! - Janet C., Ellicott, Colo.

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## **Bridge** • Steve Becker



#### It's All Very Logical

Assume you're in four hearts and West leads the king of diamonds. Your potential losers are two spades, a diamond and a club, but there's a chance of escaping a spade loser if the clubs are divided 3-3 or, failing that, if East has the ace of spades. Your best play is to duck the king of diamonds

at trick one. You hope West will shift to a spade or lead a low diamond, which you'd let run to your jack. Either of these plays would solve your problem immediately.

But West shifts to a trump, which you win with the nine. It is here that you make your bid for fame and glory. You lead the jack of diamonds, and when West covers with the queen, you let him hold the trick! This unusual maneuver is not an act of char-

ity on your part; rather, it is an avoidance play designed to prevent East from gaining the lead later with a club and playing a spade through your king. Nothing can be lost by allowing West to win the diamond jack with the queen, as you are merely exchanging a club loser for a diamond

The great advantage of ducking West's diamond queen is that you can now try for a 3-3 club division without running the risk of East gaining the lead with a club. Regardless of what West does next, you are

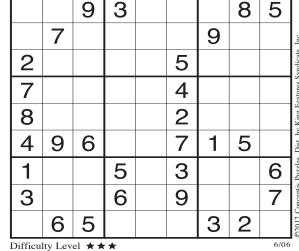
home. Let's say he plays another diamond. You discard a club on the ace, cash the ace of trumps and A-K of clubs and ruff a club. When the suit divides 3-3, you enter dummy with a trump and discard a spade on the seven of clubs to make the contract.

Observe that if you fail to make the avoidance play, you go down one against correct defense. Observe also that even if the clubs fail to divide evenly, you can still get back to dummy with a



"I know it's important to recycle, but shouldn't I finish drinking it first?"

#### Conceptis Sudoku • Dave Green



This is a logic-based number placement puzzle. The goal is to enter a num-

ber, 1-9, in each cell in which each row, column and 3x3 region must contain only one instance of each numeral.

The solution to the last Sudoku puzzle is at right.

		-	_	_			_	_	
1	4	6	2	3	7	5	9	8	
9	7	8	1	6	5	3	4	2	
3	5	2	4	8	9	7	1	6	
4	6	7	5	1	2	9	8	3	
2	9	5	3	7	8	1	6	4	
8	3	1	6	9	4	2	5	7	
5	8	3	7	4	1	6	2	9	
6	1	4	9	2	3	8	7	5	
7	2	9	8	5	6	4	3	1	
Difficulty Level *									

### Cryptoquip

HDDΖFJ

UHQJ SA ZJFUHA. OJVODJ

LHDD ZFJT OVT-SUHASHAR.

Yesterday's Cryptoquip: NOVEL ABOUT THE VERY SMART PURCHASE MADE BY A PROMINENT NAVIGATOR: "GOOD BUY, COLUMBUS."

Today's Cryptoquip clue: D equals L

**DOWN** 

23 Gomor-

48 "Ameri-

49 Honey-

can -

comb

ment

50 Hearty

brew

51 Cistern

choose

**52** Eggs 53 "- not

compart-

### **Crossword** • Eugene Sheffer

41 Milk-

**ACROSS** 

1	Little		maid's	1	Wading		rah's
	devil		perch		bird		sister
4	Julie of	43	Part of	2	50-Down		city
	"The		SMU		ingredient	25	Rani's
	Talk"		(Abbr.)	3	Wan		raiment
8	Pokes	44	Unseld	4	List	26	Hodge-
12	Sheepish		of basket-		after a		podge
	remark?		ball		movie	27	Night
13	European		fame	5	Scuttle		light?
	capital	46	Column	6	Ostrich's	28	Wedding
14	Nastase		style		kin		exchange
	of tennis	50	Hobby	7	Bottle	29	Aid
	lore	55	Praise in		feature		and —
15	Under		verse	8	Small bus	30	"Arrive-
	the	56	Volcanic	9	Foreman		derci"
	weather		outflow		foe	31	Respect-
16	Learning	57	Redact	10	Life story,		able
18	Trusty	58	Fa		briefly	35	Corrode
	mount		follower	11	D.C.	38	Diet-
20	Family	59	And		title		friendly
21	Disen-		others	17	Pick a	40	However,
	cumbers		(Abbr.)		target		in verse
24	Physi-	60	Horse-	19	Historic	42	Meadow
	cist's		back		time	45	Dance
	funda-		game	22	Use a		lesson
	mental	61	Right		rotary	47	Schnozz

particle angle phone 28 Holiday 32 Harvard rival 33 Japanese sash Hawkins Day 36 Carnival

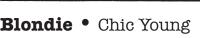
city 37 Healthy state **39** Site

Yesterday's answer 6-6

54 Lubricate 13 16

trump to try leading a spade to the king as your last resort. (c)2012 King Features Syndicate Inc.

## Mort Walker ANOTHER ONE? YOU KNOW HIM ... WHY CAN'T HEJUST HE'S ALWAYS STICK WITH HIS TRYING TO GET NAMES MORE RESPECT



IF THIS KITE

WAS FABRIC

INSTEAD OF

WOULD LAST

Beetle Bailey •

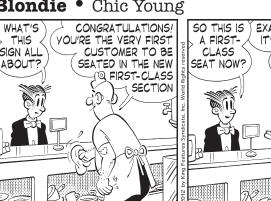
DID YOU SEE THE

GENERAL'S NEW

NAME PLATE?

PAPER, IT

LONGER.



Baby Blues • Rick Kirkman & Jerry Scott

I GUESS ...

BUT WHERE COULD WE GET

A PIECE OF FABRICTHAT BIG?



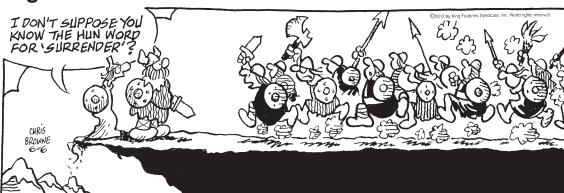


WHY IS THERE A PAIR OF YOUR

ABOVE THE HOUSE?

UNDERWEAR HOVERING FIFTY FEET

**Hagar the Horrible •** Chris Browne



**Mother Goose and Grimm** • Mike Peters

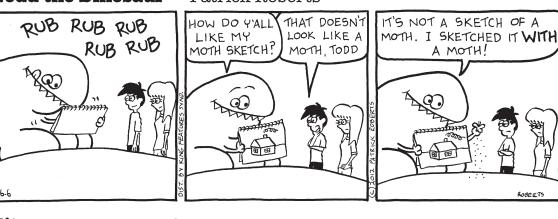








**Todd the Dinosaur** • Patrick Roberts



**Zits** • Jim Borgman & Jerry Scott



