

Weather



National Weather Service Tonight: Partly cloudy, with a low around 43. North wind 10 to 15 mph becoming southeast 5 to 10 mph after midnight.

Thursday: Sunny, with a high near 82. Southwest wind 5 to 15 mph.

Thursday Night: Partly cloudy, with a low around 51. South wind 5 to 10 mph becoming west after midnight.

Friday: Sunny, with a high near 77. North wind 10 to 15 mph.

Friday Night: Mostly clear, with a low around 45.

Saturday: Sunny, with a high near 70.

Saturday Night: Mostly clear, with a low around 39.

Sunday: Sunny, with a high near 74.

Sunday Night: Mostly clear, with a low around 46.

Monday: Sunny, with a high near 84.

Monday Night: Partly cloudy, with a low around 52.

Tuesday: Mostly sunny, with a high near 82.

Monday:	High, 67; Low 38
Tuesday:	High, 85; Low 44
Precip:	Monday None Tuesday None Month: 0.61 inches Year: 10.78 inches Normal: 17.78 inches (K-State Experiment Station)
Sunrise and Sunset	
Thursday	7:30 a.m. 7:44 p.m.
	Moon: waxing, 27 percent (U.S. Naval Observatory)

County lifts burn ban in Thomas

From "COUNTY," Page 1

warning, which can be found at the National Weather Service website at www.crh.noaa.gov/gld. If there is no warning, the person conducting a burn should then call their fire department to notify officials.

"Mostly, we want people to let us know so we don't unknowingly respond to a non-emergency fire," McLemore said.

He said people can use their best judgement when deciding if it is safe enough to set a fire, especially when burning trash. For information on fire codes, rules and laws in Kansas, go to

the fire marshal's website, www.ksfm.ks.gov/codes-rules-laws.

Rick Dickman, president of the Colby Kiwanis Club, was at the meeting and said he was glad to hear the ban had been lifted. He said the club hopes to have a citywide fireworks display - normally done on the Fourth of July - on Saturday, Oct. 6, to mark Thomas County's birthday. The show was postponed originally for safety reasons.

In other business:
• Harms reported that the state Department of Labor had inspected county operations last Wednesday.

A "safety consultant" from

the Division of Industrial Safety and Health, Sharlie Staab, wrote the county up on 16 items which need to be corrected by Monday, Nov. 19. Her report gave a description of the violations found, potential effects and recommended ways to fix the problems.

Harms said it has been 10 years since the last inspection, so she is pleased with outcome.

"The consultant said she leaves most road and bridge departments with three pages of violations," said Harms. "Ours was about a half page long."

Some of the violations included access to electrical breaker

boxes being blocked by stored items in the courthouse boiler room and at the landfill, the health department refrigerator containing blood and other bodily specimens was not labeled with a biohazard warning, grinders and drills at the landfill and road and bridge department did not have proper guards on them, fire extinguishers throughout the county did not show they'd been visibly inspected monthly, employees have conducted electrical work without safety training or licenses and staff at the sheriff's department had not received annual training on bloodborne pathogens.

Colby school board hears energy update

From "SCHOOL," Page 1

high school also needs several improvements, which the district should consider fixing immediately. Piping for chilled water for the cooling system, for instance, has had to be replaced several times, possibly because of corrosion. An upgrade with an air filter might stop this, Strom said. An air handler in the roof above the high school gym could attract water which would drip onto the gym. This happened once, and it cost \$100,000 to fix the gym floor.

Projects at the high school would cost \$200,000 to \$260,000 to complete and save \$32,000 a year, Strom said. The representatives also suggested upgrades to the doors, windows and roofs of the buildings. This, he said, would keep energy from escaping and also keep the temperature for the buildings even.

The cost would be \$380,000 to \$490,000 for windows and doors for the elementary and middle schools, and \$780,000 to \$1.5 million for the roof of the middle and high schools. These upgrades would save much less, only \$2,681 a year at the lower schools and \$322 a year at the high school. Additional upgrades could be done to the lighting systems for the schools.

The next step, Strom said, would be for 360 Energy Engineers to do an investment-grade audit, which would cost the district money. In it, the company would design upgrades and bid out the jobs. But the timeline for this process is far from decided.

"More than likely, the district is going to decide on projects that are going to be much smaller than those estimates," Strom added.

Harrison said later that the board would discuss the upgrades at the next board meeting, on Monday, Oct. 15.

In other business, the board:
• Heard reports from the principals, superintendent and board members.

Elementary Principal Lance Krannawitter reported that enrollment was at 390, up from 362 at the end of last year. Enrollment has grown since Monday by four students.

Middle School Principal Rob Ross reported that girl's basketball coaches, the last open positions for coaching at the school, should be hired soon. Enrollment at the middle school has remained the same, he said.

High School Principal Jeff Wallingford reported an enrollment of 314 students of Sept. 2. With the students at the Thomas County learning center the total comes to 366. Thursday night school began last Thursday, he said. He added that this was the first time he'd seen teachers volunteer for so much extra work. School officials said 15 to 20 kids came the first time.

Harrison reported good scores on the annual ACT test reports. District students did better than last year and scored above the state average in every category. She was not so pleased about new guidelines for school lunches, which include smaller portions for students.

• Approved the Children's Internet Protection Act policy. To comply with the federal law, the district outlines steps it will take to prevent access to inappropriate online content, including installing blocks and filters to restrict computers and monitoring students' computer use. Students will be taught appropriate online behavior.

• Discussed registration for a regional summit of the Kansas Association of School Boards Oct. 10 at the Northwest Kansas Educational Service Center in Oakley.

• Approved out-of-district student attendance and transportation requests for three students.

• Approved the fund raisers for teams, clubs and groups for the year. Some discussion was made as to whether every fund raiser was being approved at one time, and the answer was yes.

• Discussed which out-of-district field trips and activities would be allowed this year.
• Approved a resignation from Mason Fromholtz, a high school paraprofessional and an employment recommendation for Edward Dankenbring Jr. as a groundskeeper. Four supplemental contracts were approved, for Brad Bennett as seventh grade basketball coach, Dustin Chartier as middle school football assistant coach and Kim Munk and Rhonda McLaughlin as student council co-sponsors.

Dankenbring will be paid \$11 an hour. Bennet's contract is for \$1,931 this year, Chartier's is for \$1,448 and Munk's and McLaughlin's contract is for \$1,512.

Agency urged to set standards for arsenic in rice

From "RICE," Page 1

"Our advice right now is that consumers should continue to eat a balanced diet that includes a wide variety of grains - not only for good nutrition but also to minimize any potential consequences from consuming any one particular food," she said.

The agency today released 200 of an expected 1,200 samples after the magazine Consumer Reports released its own study and called for federal standards for arsenic in rice. The FDA will not complete its study until the end

of the year, Hamburg said, and cannot draw any conclusions from the results until then.

Both studies show relatively similar levels of arsenic in rice. The FDA's analysis, including 200 samples, showed average levels of 3.5 to 6.7 micrograms of inorganic arsenic per serving. *Consumer Reports*, with 223 samples, found levels up to 8.7 micrograms. A microgram is one billionth of a kilogram.

It is almost impossible to say how dangerous these levels are without a benchmark from the federal government. *Consumer*

Reports uses New Jersey's drinking water standard - a maximum of 5 micrograms in a liter of water - as comparison because it is one of the strictest in the country. But it is unclear how accurate it is to compare arsenic levels in water and arsenic levels in rice - most people consume more water than rice, so drinking water standards may need to be tougher.

It is because of this uncertainty that consumer groups have urged the FDA to set a standard.

Urvashi Rangan of *Consumer Reports* says the group is not try-

ing to alarm rice eaters and parents feeding their children rice, but to educate them so they can diversify their diets. Consumers should be more protected since arsenic is a known carcinogen, she said.

The *Consumer Reports* study found higher levels of arsenic in brown rice than white rice, a result of how the two different types are processed. It also found higher levels in rice produced in southern U.S. states than in rice from California or Asia.

Rice growers jumped on the report. A statement from the in-

dustry group USA Rice Federation said that U.S. rice growers do not use arsenical pesticides.

Illinois Attorney General Lisa Madigan joined with Consumer Reports today, also calling on FDA to set standards, particularly for baby food. She, like the magazine, urged parents to limit the amount of rice they feed their children.

The FDA was not willing to go that far, however. Hamburg cautioned that neither the FDA nor *Consumer Reports* had tested enough samples to be certain of any trend.

Briefly

Business After 5 Thursday at Legion

The Colby-Thomas County Chamber of Commerce will hold its monthly Business After 5 from 5 to 7 p.m. Thursday at the Colby American Legion, 1850 W. Fourth St. Everyone in the business community is invited to come out and see all the changes the Legion has made and enjoy hors d'oeuvres and beverages. For questions, call the Chamber at 460-4509.

State officials to explain health plans here

State officials will be in Colby for a meeting to explain KanCare on Monday, one of eight to be held across the state to provide details about the transition from the old Medicaid program and HealthWave. The session for clients will begin at 6 p.m. at the Cultural Arts Center at Colby Community College. For information, call Miranda Steele at (785) 296-5795.

Commodities to be given out here Monday

U.S. Department of Agriculture commodities will be distributed from 1 to 2 p.m. Monday at the Retired and Senior Volunteer Program office in the Senior Progress Center in Fike Park. Distribution is first come, first-served, but you may send a signed permission slip with another person. Bring a sack or box. For questions, call the office at 462-6744.

Flu clinic will be offered at 4-H Building

Flu shots will be given for anyone who wants one from 2 to 5:45 p.m. Tuesday in the Thomas County 4-H Building on Olive Street. Cost is \$25; bring cash, a check or a copy of your insurance card. Everyone will need to complete and print an online consent form, found at thomascountyks.com. For information, call the flu line at 460-4599 or Angie Gaede at 460-4596.

Dove Award winner coming to Oakley

Dove Award winner Matthew West and his Into the Light Tour will appear at 6:30 p.m. next Wednesday at the Oakley High School Auditorium. Joining him will be Mikeschair, Lindsay McCaul and Everfound. For details, go to www.kgcr.org or call David Kumer or James Claassen at KGCR Radio, (785) 694-2877.

Pickup of grass clippings ends Sept. 28

The Colby Sanitation Department will stop the separate pickup of grass clippings on Friday, Sept. 28. You may put clippings in with regular trash until spring. For information, call the Public Works Department at 460-4420.

Baptist church plans free lunch here

Everyone is invited to come share a free lunch from 11 a.m. to 1 p.m. Saturday, Sept. 29, at the First Baptist Church, Webster and Grant. Bring a friend. For information, call Norma Higerd at 462-7806.

LOCAL TV Listings Sponsored by the COLBY FREE PRESS

Thursday Evening September 20, 2012										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
KAKE/ABC	Wipeout		Grey's Anatomy		Scandal		Local	Nightline	Jimmy Kimmel Live	
KBSL/CBS	Big Bang	Big Bang	Two Men	Two Men	Person of Interest		Local	Late Show Letterman	Ferguson	
KSNK/NBC	SNL	All Night	Office	Parks	Rock Center		Local	Tonight Show w/Leno	J. Fallon	
KSAS/FOX	The X Factor		Glee		Local					
Cable Channels										
A & E	The First 48		The First 48		The First 48					
AMC	Crocodile Dundee		Crocodile Dundee II							Airplane!
ANIM	River Monsters		River Monsters		Swamp Wars		River Monsters		River Monsters	
BRAVO	Real Housewives		Real Housewives		Real Housewives		Happens	Real Housewives	Jersey	
CMT	Reba	Reba	Bayou Billionaires		Redneck Rehab		My, Redneck Wedding		Bayou Billionaires	
CNN	Anderson Cooper 360		Piers Morgan Tonight		Anderson Cooper 360		E. B. OutFront		Piers Morgan Tonight	
COMEDY	Chappelle	South Pk	Futurama	Futurama	Futurama	Futurama	Daily	Colbert	Tosh.0	Daily
DISC	Auction	Auction	Auction	Auction	Texas Car Wars		Auction	Auction	Texas Car Wars	
DISN	Good Luck	Lemonade Mouth			Phineas		Jessie	Vampire	Wizards	Wizards
E!	The Soup	Kardashian		Carly Rae	Jonas		Chelsea		E! News	Chelsea
ESPN	Coll. Football Live		College Football						SportsCenter	
ESPN2	MLS Soccer				Baseball Tonight		SportsCenter		NFL Live	
FAM	Mrs. Doubtfire				The 700 Club		Prince		Prince	
FOOD	Chopped		Chopped		Chopped		Food Truck Race		Chopped	
FX	How I Met	How I Met	Two Men	Two Men	Wilfred	Louie	Biased	Louie	Wilfred	Biased
HGTV	Buying and Selling		Extreme Homes		Hunters	Hunt Intl	Abroad	Hunt Intl	Extreme Homes	
HIST	Pawn	Pawn	Pawn	Pawn	Cnt. Cars	Cnt. Cars	Picked Off		Pawn	Pawn
LIFE	Project Runway		Project Runway		Prom	Prom	Prom	Prom	Project Runway	
MTV	Awkward.	Awkward.	Awkward.	Awkward.	Awkward.	Awkward.	Awkward	Awkward.	The Inbet	
NICK	Full Hse.	Full Hse.	The Nanny	The Nanny	George	George	Friends	Friends	Friends	Friends
SCI	American Were		Underworld				American Were			
SPIKE	iMPACT Wrestling				MMA Uncensored Live		Raw	Ways Die	Ways Die	Ways Die
TBS	Fam. Guy	Fam. Guy	Big Bang	Big Bang	Big Bang	Big Bang	Conan		Office	Office
TCM	Mickey		Hearts and Flowers		Down	Don't	Bright Ey	Gymnasium Jim		The Extra
TLC	Say Yes	Say Yes	Four Weddings		Bling It On		Four Weddings		Bling It On	
TNT	The Mentalist		The Mentalist		The Mentalist		CSI: NY		CSI: NY	
TOON	MAD	Regular	King/Hill	King/Hill	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Childrens	Eaglehear
TRAV	Bizarre Foods		No Reservation		Mysteries-Museum		Mysteries-Museum		No Reservation	
TV LAND	Cosby	Cosby	Everybody-Raymond		Raymond	Raymond	Raymond	King	King	King
USA	NCIS		NCIS		NCIS		Court Affairs		Good Luck Chuck	
VH1	Mean Girls				Rehab With	Dr. Drew	T.I.-Tiny		Love & Hip Hop	
WGN	How I Met	How I Met	How I Met	How I Met	WGN News at Nine		30 Rock	30 Rock	Rules	Rules
Premium Channels										
HBO	Despicable Me		What's Your Number?				Real Sex			
MAX	Speed				Underworld				Lingerie Feature 5	
SHOW	Source	Our Idiot Brother			Willie Barcena		Gigolos	Polyamory	Gigolos	Fall

Friday Evening September 21, 2012

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
KAKE/ABC	Shark Tank		Primetime: What		20/20		Local	Nightline	Jimmy Kimmel Live	
KBSL/CBS	Undercover Boss		CSI: NY		Blue Bloods		Local	Late Show Letterman	Ferguson	
KSNK/NBC	ALMA Awards		Grimm		Dateline NBC		Local	Tonight Show w/Leno	J. Fallon	
KSAS/FOX	Bones		The Mob Doctor		Local					
Cable Channels										
A & E	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
AMC	Nacho Libre				Back to School				Nacho Libre	
ANIM	Tanked: Unfiltered		Tanked: Unfiltered		Tanked: Unfiltered		Tanked: Unfiltered		Tanked: Unfiltered	
BRAVO	Real Housewives		Meet the Parents		Meet the Parents				Meet the Parents	
CMT	Reba	Reba	Cowboys Cheerleaders		Cheer		Cowboys Cheerleaders		Cowboys Cheerleaders	
CNN	Anderson Cooper 360		Piers Morgan Tonight		Anderson Cooper 360		E. B. OutFront		Piers Morgan Tonight	
COMEDY	Tosh.0	Tosh.0	Tosh.0	40-Year-Old Vir						
DISC	Bering Sea G.		Bering Sea G.		Yukon Men		Bering Sea G.		Yukon Men	
DISN	ANT Farm	Code 9	Fish Hook	Gravity	ANT Farm	Good Luck	Good Luck	Good Luck	Austin	Vampire
E!	Kardashian		Kardashian		Fashion Police		Chelsea	E! News	Chelsea	Chelsea
ESPN	College Football						SportsCenter		SportsCenter	
ESPN2	Pardon	High School Football					Nation		Baseball Tonight	
FAM	Miss Cong	Miss Congeniality 2					The 700 Club		Prince	Prince
FOOD	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
FX	Salt				The Ultimate Fighter		Salt			
HGTV	White Room		You Live in What?		Hunters	Hunt Intl	Hunt Intl		Hunt Intl	Vacation Homes

American Profile We Celebrate Hometown Life
Stories from hometowns just like yours. Look for us each week in this paper.

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
HIST	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers	
LIFE	Orphan				Project Runway				Orphan	
MTV	Challenge	Awkward.	Awkward.	Awkward	Drumline				Wild/Out	
NICK	Victoriou	Victoriou	The Nanny	The Nanny	George	George	Friends	Friends	Friends	Friends
SCI	WWE SmackDown!				Have		Alpha		Have	
SPIKE	Jurassic Park				Jurassic Park III					Doom
TBS	Payne	Payne	Worse	Worse						